

Cyberattack Ramifications, The Hidden Cost of a Security Breach

Meysam Tahmasebi

Department of Cybersecurity, EC-Council University, Albuquerque, USA Email: sirmeysam@gmail.com

How to cite this paper: Tahmasebi, M. (2024) Cyberattack Ramifications, The Hidden Cost of a Security Breach. Journal of Information Security, 15, 87-105. https://doi.org/10.4236/jis.2024.152007

Received: September 25, 2023 Accepted: February 26, 2024 Published: February 29, 2024

Copyright © 2024 by author(s) and Scientific Research Publishing Inc. This work is licensed under the Creative Commons Attribution International License (CC BY 4.0).

http://creativecommons.org/licenses/by/4.0/ **Open Access**

 (\mathbf{i})

Abstract

In this in-depth exploration, I delve into the complex implications and costs of cybersecurity breaches. Venturing beyond just the immediate repercussions, the research unearths both the overt and concealed long-term consequences that businesses encounter. This study integrates findings from various research, including quantitative reports, drawing upon real-world incidents faced by both small and large enterprises. This investigation emphasizes the profound intangible costs, such as trade name devaluation and potential damage to brand reputation, which can persist long after the breach. By collating insights from industry experts and a myriad of research, the study provides a comprehensive perspective on the profound, multi-dimensional impacts of cybersecurity incidents. The overarching aim is to underscore the often-underestimated scope and depth of these breaches, emphasizing the entire timeline post-incident and the urgent need for fortified preventative and reactive measures in the digital domain.

Keywords

Artificial Intelligence (AI), Business Continuity, Case Studies, Copyright, Cost-Benefit Analysis, Credit Rating, Cyberwarfare, Cybersecurity Breaches, Data Breaches, Denial of Service (DOS), Devaluation of Trade Name, Disaster Recovery, Distributed Denial of Service (DDOS), Identity Theft, Increased Cost to Raise Debt, Insurance Premium, Intellectual Property, Operational Disruption, Patent, Post-Breach Customer Protection, Recovery Point Objective (RPO), Recovery Time Objective (RTO), Regulatory Compliance, Risk Assessment, Service Level Agreement, Stuxnet, Trade Secret

1. Cyberattack Ramifications, The Hidden Cost of a Security **Breach**

Cybersecurity breaches have emerged as a prevalent and pressing challenge, in-

fluencing every aspect of our intertwined digital society. The immediate aftermath of such breaches is often highlighted by monetary setbacks and operational interruptions. Having said that, it merely scratches the surface of the broader, more obscure consequences. Beneath these immediate impacts lie a plethora of intangible impacts like the decline of brand value, loss of market, dwindling stakeholder trust, and persistent strategic upheavals.

The immediate effects of a cybersecurity incident are undeniably substantial, but they might pale in comparison to the long-lasting ramifications that unfurl in the subsequent months and years. It could potentially put the very existence of the business in jeopardy.

This research explores the complex outcomes of cybersecurity breaches. It delves into the immediate reactions, regulatory impacts, hidden costs related to brand value, and operational challenges following cybersecurity breaches, providing a comprehensive view of the overall damage. It aims to highlight the full range of results from cybersecurity breaches, including both the obvious and hidden impacts. It sheds light on the challenges businesses encounter after a breach and suggests possible paths to recovery.

Recent analysis confirms these concerns. While many believe that larger corporations with vast resources are the main targets, it's clear that small and medium-sized businesses (SMBs) are also heavily targeted by cyber threats. Recent data showcases an alarming rate of breaches amongst businesses of all sizes. This highlights the vulnerabilities of SMBs and underscores a key insight: Cyber threats don't often discriminate based on the size of the organization. The wide variety of data breaches, ranging from personal details to crucial internal data, further showcases the widespread risks present across different business models.

2. Problem Statement

Cybersecurity incidents can and will happen. The question shouldn't be if but when. The bigger problem is that the initial effects of a security breach capture most of the attention, but they often represent just the surface of the problem. Digging deeper, the direct financial costs of a cyber-attack are only a small part of the overall impact, with most costs unfolding over long periods, sometimes even lasting decades. Initial assessments reveal that just a fraction of the full impact of a cyber breach is evident right after the incident occurs. The vast amount of data presents a significant challenge for security professionals. Additionally, the multitude of variables makes it hard for companies to fully comprehend the financial extent and depth of these intrusions. This research aims to bridge the gap in understanding. It seeks to highlight the full range of costs, both obvious and hidden, resulting from cybersecurity incidents.

Recent trends highlight that organizations of various sizes face strikingly similar types of cyberattacks. Despite having fewer resources than larger enterprises, small and medium-sized businesses (SMBs) are reporting a concerning number of cyber incidents. Beyond the immediate damages, there are deeper issues like eroded trust, a damaged brand reputation, and potential legal troubles. The full effects of these underlying issues aren't always immediately visible. For example, you can't measure a drop in market share just a week after a breach, but you might know the downtime it caused. These hidden consequences can be easily missed, complicating our understanding of the full scope of cybersecurity issues.

3. Objectives of the Project

The centerpiece of this research is an examination of data breaches, going beyond the initial surface impacts to uncover the intricate maze of resultant costs and effects. This research seeks to classify and organize these costs, mapping out a detailed progression of an incident. This will capture both the immediate impacts and the long-term consequences of cybersecurity incidents. While this research considers the direct, measurable damages, it particularly focuses on distinguishing between tangible and intangible outcomes. It highlights the lasting effects that can persist and change for years after an incident.

To understand the complex nature of these breaches, this study integrates insights from various sources. It draws from industry narratives, real breach incidents, and internationally accepted benchmarks to provide a comprehensive, informed, and detailed perspective. This wealth of information lays the groundwork for a primary goal of the project: to offer practical, strategic advice. With a deep understanding of the challenges, the project aims to equip organizations with effective strategies. These strategies aim not just to reduce risks but also to navigate the complex aftermath of a cybersecurity breach.

What sets this research apart is its focus on understanding the variety and magnitude of cyber threats that different businesses face. A central part of the study involves analyzing emerging patterns, especially when compared to hidden costs such as decreasing brand value, lost trust from stakeholders, and potential legal consequences. This analysis serves as a foundational framework. Using it, the research aims to offer a comprehensive perspective, outlining the complete range of challenges and outcomes arising from data breaches.

4. Literature Review

Cybersecurity breaches have widespread effects, impacting many areas of a business. It's important to recognize that what's immediately visible after a cyber incident only reveals a fraction of the true impact. This situation is often likened to an iceberg, where most of it remains hidden below the surface, representing the hidden fallout from the breach. A significant portion of these hidden costs relate to factors that are hard to measure or that develop over extended periods, with some effects lasting for years after the incident. This study suggests that to truly understand the impact of a cyber incident, one should look at its effects for at least five years following the event, highlighting its long-lasting consequences.

This research is bolstered by insights from industry experts and reviews of actual incidents. In outlining the financial fallout post-breach, we lean on au-

thoritative studies, highlighting factors like the increase in cybersecurity insurance premiums. Key publications from respected organizations like the National Institute of Standards and Technology (NIST), combined with assessment tools like the Capability Maturity Model Integration (CMMI) scores, provide essential frameworks. These guidelines emphasize the need for robust cybersecurity practices and detail the clear outcomes of any lapses. Adding to these scholarly and professional perspectives are formal breach reports. Some of these events gained international attention, clearly showcasing the intricate difficulties businesses encounter post-breach.

This study emphasizes the broad reach of cyber threats, pointing out areas that might be overlooked but significantly influence the overall cost of a breach or incident. Looking closely at the data shows it's not just about how often these incidents happen; many of them result in confirmed data leaks. This supports the 'iceberg' analogy. These numbers represent more than just figures; they hint at a range of consequences, including operational issues, damage to brand reputation, and potential legal complications. Integrating these factual findings into the wider academic conversation enriches the ongoing discussion, emphasizing the importance and intricacy of solid cybersecurity measures.

5. Methodology Adopted

The foundation of this study's methodology is based on a detailed qualitative approach. To deeply understand the various outcomes of cybersecurity incidents, we leaned on key insights from major industry reports. These reports, filled with both numbers and in-depth analyses, provided a broad view of my research.

Recognizing the constantly changing nature of cybersecurity, I avoided forcing our findings into rigid categories. Instead, I aimed to capture the evolving patterns and changes as they naturally appeared in the cybersecurity field. This approach was taken to keep my discussions genuine and reflective of real-world situations.

The study was guided by a set of public and confirmed cyber breach incidents. Incorporating these cases helped the research closely relate to real-world events, linking theoretical aspects with practical situations. Throughout this research, I only used authentic and validated data, and I avoided speculative estimates or assumptions, making sure every fact and figure mentioned was backed by credible sources from reputable institutions such as Deloitte, Verizon, and IBM Security.

I have selected a wide range and types of reports to have a broader picture of cyber incidents. IBM collected data through over 3,475 separate interviews with individuals at 553 organizations that suffered a data breach between March 2022 and March 2023 [1]. Verizon's 2023 Data Breach Investigations Report examined 16,312 incidents, of which 5199 were confirmed data breaches [2]. I have used Survey reports such as Cymulate's Data Breaches Study: Methods, Implications, and Prevention report. It consists of a survey of 858 senior decision-makers

[3]. The 2023 Threat Hunting Report from CrowdStrike, derived from the Falcon OverWatch Threat Hunting platform, offers insights from a year's worth of proactive, intelligence-driven threat hunting [4]. Additionally, the Deepwatch ATI 2023 Annual Threat Report is referenced to shed light on their observations of the threat landscape [5]. JupiterOne's 2023 State of Cyber Assets Report (SCAR) was also heavily used [6]. The data sample analyzed for SCAR is sourced from the organizations that use JupiterOne's Cyber Asset and Attack Surface Management (CAASM) product. Utilizing these reports enhances the reliability of the findings.

I incorporated insights from top industry entities like the DHS's Centers of Excellence, Cybersecurity & Infrastructure Security Agency, MITRE ATT&CK Evaluations Results, and the National Cyber Investigative Joint Task Force (NCIJTF). I consistently aligned my methodology with globally recognized industry benchmarks. Central to this approach were the standards set by the National Institute of Standards and Technology (NIST) Special Publications.

My primary approach is qualitative, but it's enhanced with quantitative data from other sources. While I didn't gather this numerical data myself, its insights significantly shaped my discourse. By comparing data from known breaches with information from industry reports, I developed the subsequent analysis. This mix of statistics and real-world examples offers depth to the research, helping stakeholders understand the diverse effects of cybersecurity breaches.

6. Timeline Stages

Deloitte provides an infographic as seen in **Figure 1**, detailing the recovery process after a cyber incident [7]. It suggests that the initial response, labeled "Incident Triage," which involves immediate actions like halting ongoing compromises and engaging with stakeholders, forms less than 10% of the holistic impact and is typically addressed within days or weeks of the incident's discovery.

Following this, the "Impact Management" phase, spanning the initial year, delves into tasks such as interim infrastructure establishment, initiation of legal proceedings, and intricate stakeholder relationship management. However, the majority of the recovery timeline, both in duration and comprehensive impact, is dominated by the "Business Recovery" phase, extending up to five years. Here, businesses confront the challenges of mending operational damages, overhauling processes, and making significant investments in cybersecurity enhancements for bolstered resilience.

Cyber incidents have both immediate and long-term costs for organizations. Right away, there might be costs for ransoms or system repairs. But over time, other costs, like higher insurance premiums or a drop in market share because of a damaged reputation, can arise. This highlights the importance for businesses to plan financially for the long term after an incident, considering both the immediate effects and the ongoing challenges that could continually impact resources and require adjustments to the organization.



Source: Deloitte.

Figure 1. The long trail of cyberattacks impacts analysis.

7. Public Relations

Public relations involve costs tied to communicating with outsiders. When a cyber incident occurs, many stakeholders need to be updated. People impacted by the breach should be notified quickly. As per the General Data Protection Regulation (GDPR), companies are legally required to tell customers about a security breach within 72 hours. For many organizations, this is a tight deadline.

The real challenge here is the timing. Organizations must share information about the incident at their most vulnerable moment. Notifications must include details like the nature of the breach, the damage it caused, and its cause. Sharing this sensitive information can be risky as it can attract more threats if it falls into the wrong hands. The situation becomes riskier if the root cause is unknown. The complexity deepens if an organization chooses to withhold information about the breach from the public, hoping to keep it under wraps. Such a decision, besides being risky, violates laws like the GDPR.

Federal, State, and industry-specific regulations each have their own notification requirements and timelines. It can be costly for organizations to ensure stakeholders are properly informed and comprehend the cyber incident. Referring back to Deloitte's infographic, this initial notification is part of the first stage of the incident triage phase.

According to IBM's Cost of Data Breach Report of 2023, the notification cost segment rose from USD 310,000 in 2022 to USD 370,000 in 2023, which represents a 19.4% increase. Post-breach response costs rose by just USD 20,000. Notification costs include activities that enable the company to notify data subjects, data protection regulators, and other third parties.

Monitoring a brand's reputation after a cyber incident is a complex task. It involves a team of specialists working hand in hand with the marketing department. Together, they devise a strategy to mitigate the damage, take control of the situation, and restore the brand's image. According to the stages mentioned above, brand monitoring begins in the second phase and will extend into the third, as prolonged marketing efforts may be needed to gauge and address the impact. The same steps and methods apply to companies that use trade names rather than traditional brands.

Interacting with the media and public requires well-prepared and skilled personnel. There are instances where senior leaders have opted to represent their organizations and, due to ill-advised remarks, exacerbated an already challenging situation [8]. A notable example is BP CEO Tony Hayward's regrettable comment, "I'd like my life back," amidst the Gulf of Mexico oil spill crisis. His subsequent actions, such as sailing on his yacht during the immediate days after the incident, were highly insensitive and poorly received, especially when so many individuals were mourning lost loved ones. The tragedy resulted in the deaths of 11 workers on the platform and caused extensive property damage to residents around the Gulf of Mexico, and caused irreparable environmental harm from the oil spill. Such comments and actions during a crisis can severely harm an organization's reputation and the trust the public places in its leadership.

Organizations experience a sharp increase in PR-related costs post a cyber incident, emphasizing the magnitude of efforts required to manage external communications and restore brand image. This rise is particularly noticeable for businesses operating in highly regulated sectors, where strict compliance and reporting standards further amplify PR challenges.

In addition to the basic communication costs, there are also added expenses for brand monitoring and damage control efforts. To combat negative publicity and restore public trust, organizations often need to increase their marketing budgets.

Even though many organizations have plans in place for crisis communication, most discover that their current strategies fall short during an actual cyber incident. This highlights a significant disconnect between planning and real-world execution, adding to public relations challenges and costs.

8. Legal Fees and Litigations

Attorney fees and litigations reside above and below the water level of the cybersecurity iceberg. The effort usually starts once the organization realizes the cyber incident. From this moment on, any misbehavior or wrong actions of senior management can cause more damage to the organization due to such sensitive circumstances. While the cost of legal advice won't be the main factor in choosing representation, by then, it could be a case of too little, too late.

The legal fees include legal advisory fees, settlement costs, and actions the organization may take to defend its interests. Other than the cost directly related to the incident, there are some proactive measures that the organization must follow to show its responsibility to the customers. These measures are a recovery of damages from assertive litigation pursued against an attacker and recovery pursued through litigation. The organization might want to take legal action regarding the theft of Intellectual Property (IP) since it is likely for the intellectual property to end up on the black market [9]. The organization might also take legal action against whoever utilizes its intellectual property. As we can see, the legal costs associated with cyber incidents span from the second stage to the end of the third stage. In the case of significant cybersecurity incidents, the legal ramifications might go well beyond the third stage [10].

Legal consequences stemming from cyber incidents have grown significantly in recent years. A substantial portion of organizations that underwent a major cyber event encountered at least one type of litigation, with many facing several lawsuits. Furthermore, the average legal fees associated with cyber incidents have been on the rise, underscoring the increasing challenges of handling the legal repercussions following these events.

9. Improvements Post-Incident

Organizations are increasingly realizing the importance and cost-effectiveness of proactive cybersecurity measures. Investing in preventive measures can save organizations multiple times the costs they might incur post-incident. The journey typically begins when an organization receives notification of a breach, progressing to damage control, system monitoring, and establishing secure states. The steps of identification, containment, eradication, and recovery can span months once an incident has been flagged.

Understanding the breach's point of entry is crucial. It allows organizations to address the root vulnerabilities that led to the incident. Enhancements to cybersecurity, whether direct or indirect expenses, often involve technical upgrades to the infrastructure. These range from establishing robust security controls to reduce risks to enhancing monitoring capabilities. The faster an incident is detected, the better the chances of minimizing damage and associated costs. Sometimes, a holistic approach is required, where processes surrounding the compromised areas are redesigned to prevent future breaches.

Post-incident recovery is vital. It often brings into play business continuity and disaster recovery plans. Avoiding the recurrence of such incidents necessitates investments in layered defenses, additional security controls around compromised systems, vulnerability repairs, and improvements in identity and access management. Actions like establishing a Security Operations Center (SOC), performing enterprise-wide cyber risk assessments, upgrading the network infrastructure, and setting up data classification and loss prevention programs are commonly undertaken. It's crucial to understand that cybersecurity improvement isn't a one-time affair. It's an ongoing, iterative process that requires regular monitoring and refinement.

The essence of this approach revolves around being proactive. Organizations that prioritize their cybersecurity infrastructure from the outset are less prone to severe threats compared to those taking a reactive stance. The aftermath of a breach usually results in significant expenditure, often far surpassing the costs of routine updates and maintenance. Post-incident, it's common to see an increase in cybersecurity budgets, funding initiatives like enhancing the SOC, network improvement, and robust data loss prevention strategies. Implementing these controls is notably more cost-effective when designed and set up before an incident occurs. The same level of protection can often be attained at a fraction of the costs incurred after an incident.

A comprehensive cybersecurity strategy entails preparedness. Organizations with set continuity and disaster recovery plans recover faster from cyber incidents. Effective incident response protocols can significantly diminish the aftermath of breaches. Moreover, continuous training for staff is invaluable, helping reduce incidents caused by human errors. While addressing post-incident issues is vital, a proactive approach to cybersecurity, combined with ongoing vigilance, is the most cost-effective and secure method for organizations in the long run.

10. Technical Investigation

Technical investigations following a compromise are unavoidable, but they are usually costly for an organization. Determining the sequence of events during a cyber incident is typically the starting point. Identifying the parties responsible is critical, not only to pinpoint the adversary but also to uncover potential vulnerabilities in the organization's defense systems. It might be even essential to assess if certain individuals may have been negligent or failed to exercise proper care.

Investigators often rely on interviews to gather insights. However, it's crucial to ensure these discussions respect everyone's rights. While extracting information from cooperative individuals is termed an "interview," seeking details from

someone accused has a different connotation: "interrogation." Collecting data should follow legal and ethical standards. A mistake, especially by a less experienced investigator, could lead to major legal troubles for the organization.

First responders play a significant role in preventing the spread of a compromise and taking measures to minimize its effects on systems and infrastructure. Technical advisors, on the other hand, delve deeper into analyzing the incident and weighing the pros and cons of certain controls. A cybersecurity investigation usually requires digital forensics experts to give their views on the incident. Software engineers specialized in malware and threat analysis are among the other experts called upon.

The nature and intricacy of the breach dictate the need for recovery and future enhancements in cybersecurity. Given the comprehensive assessment and involvement of various experts, it's understandable why these investigations are expensive. Typically, these technical assessments take place in the early stages of the incident timeline.

Let's not forget that breaches aren't exclusive to large enterprises; small businesses too often find themselves at the receiving end, highlighting vulnerabilities across the board [11] [12]. Keep in mind the role of internal actors in several breaches. It emphasizes the importance of internal scrutiny during technical investigations.

A key observation is the considerable duration it often takes to identify breaches. Such delays can intensify potential damages and complicate investigations. Longer timelines mean investigators must comb through substantial data and logs, inherently inflating associated costs. As noted by IBM, the costs tied to detection and escalation have surged, becoming one of the leading expenditure categories related to data breaches. This upward trend continues, with the costs witnessing a notable rise, underscoring the ongoing challenges in this domain.

11. Regulatory Compliance

Regulations ensure organizations follow certain standards. When a breach occurs and an organization is found non-compliant, it can face severe penalties from regulatory bodies. Such a breach attracts more attention from these entities, pushing the organization into the spotlight for compliance evaluations. In certain extreme situations, penalties might be so stringent that they disrupt core business activities; for example, an e-commerce platform might be restricted from processing credit card transactions [13].

Almost all security reports stress the critical role of regulatory compliance on a global scale. Many breaches target financial data, emphasizing the importance of adhering to financial regulations. For example, standards like the Payment Card Industry Data Security Standard (PCI-DSS) exist to safeguard credit card information. Falling short of these regulations could lead to hefty fines. A significant portion of breaches involves hacking, highlighting the need for organizations to adhere to industry-specific security norms. This layered regulatory approach mandates organizations to protect not only customer data but also the integrity of their digital infrastructure.

Regulatory compliance is not just about avoiding direct penalties; its impact is complex. A tarnished reputation, dwindling trust, and jeopardized business collaborations can have long-lasting repercussions. After a security breach, an organization's commitment to upholding regulations is a must in shaping public perception. Operational disruptions and the associated customer attrition can incur significant expenses. Add to this the efforts needed to rebuild the organization's reputation and win back the trust of stakeholders, and the full scope of the challenge becomes evident.

12. Post-Breach Customer Protection

Customers are often the direct victims of cybersecurity breaches. Detecting and responding to such anomalies can be resource-intensive. Direct costs post-breach include services to identify unauthorized actions, shield customers from potential misuse of compromised personal data, and compensate for the damage resulting from such misuse. Distinguishing legitimate actions from unauthorized ones demands another resource-intensive approach.

Some organizations, in an attempt to automate detection, have prematurely employed Artificial Intelligence (AI). However, inadequately designed AI systems can inadvertently cause more harm. Instances exist where not only did victims suffer identity theft due to a breach but were further impacted by flawed machine decisions.

Calculating the actual cost of a cyber incident is necessary for affected organizations. Regrettably, the true expense often surpasses initial estimates. Added to this are costs associated with credit monitoring or identity theft protection services. Consider the implications for a businessperson with frequent financial transactions – any disruption can be irrecoverable, and the organization often bears the financial responsibility. Such protection costs span the entire lifecycle of post-breach actions.

Emphasizing the human element in cybersecurity is essential. A significant proportion of breaches involve human factors, underscoring the need to prioritize the end user. This focus isn't just about employee behavior but extends to ensuring customers are shielded post-incident.

Significantly, many victims of these breaches are small businesses. Despite their limited resources compared to larger enterprises, they shoulder the weighty responsibility of protecting their clients. Post-breach protection becomes even more critical given this context.

Web breaches are becoming more common due to increased online business interactions. After a breach, businesses should not only help affected customers but also work with partners to strengthen their online platforms for safer use. The surge in phishing attacks serves as a reminder of the vulnerabilities in direct customer interactions. Beyond merely reacting to breaches, organizations might benefit from educating their customers on spotting and reporting suspicious activities, turning them into a proactive defense line.

13. Insurance Premium Increases

Cybersecurity insurance, once considered a luxury, is now essential. Many investors and sponsors now expect organizations to have this insurance in place. If a company faces a cyber breach, obtaining a new insurance policy can be daunting. Insurers might be reluctant, requiring the company to demonstrate thorough care and diligence [14].

For a company that's experienced loss—be it intellectual property, trade secrets, or Personally Identifiable Information (PII)—the scrutiny can be challenging. The renewal of cyber risk insurance policies can also prove difficult. If a firm's cyber risk program isn't highly rated, insurance premiums can skyrocket, potentially putting the company's future in jeopardy. It's worth noting that even organizations with commendable ratings can face steep hikes in insurance premiums.

Many insurance companies rigorously scrutinize potential policyholders before providing coverage. This scrutiny often resembles an audit, delving deep into a company's operational details. However, these reviews differ from the standard System and Organization Controls (SOC) audits. While a company might be open to sharing information during a formal audit, there could be reservations about divulging details to an insurance provider. Such evaluations frequently involve multiple stakeholders, each incurring their own set of costs.

To address and possibly reduce these increased premiums, many organizations are looking into improving their incident-handling procedures. Effective incident handling can minimize the damage from security breaches. If an incident does occur, it indicates lapses in early detection or oversight. Enhancements in this area not only better protect the organization but also demonstrate responsibility, possibly leading to reduced insurance costs.

The cyber threat landscape is always evolving. Although traditional threats like malware and phishing are still prominent, many breaches are driven by financial motives and may manifest differently. These nuances influence insurance evaluations and premium determinations.

In the broader cybersecurity landscape, threats keep evolving. Ransomware accounts for a considerable portion of breaches, and it's a significant concern for insurance companies due to its disruptive nature. The fact that a sizable percentage of breaches are tied to unpatched vulnerabilities—despite available fixes—signals a possible negligence. Insurance companies view this as a concern and charge higher premiums as a result.

Cybersecurity insurance is a business enabler these days, but dealing with it after a breach can be challenging. Companies must tackle both the immediate consequences of a breach and its lasting financial impact, particularly when working with insurance providers. To maintain reasonable insurance premiums, it's vital for organizations to invest in cybersecurity hygiene continuously and vigilantly.

14. Loss of Intellectual Property

Intellectual Property (IP) is the cornerstone of an organization's competitive advantage. The theft or compromise of IP, like cutting-edge technologies, can jeopardize an organization's standing in the market, often beyond repair.

Trade secrets, a form of IP, are unique. They don't need registration, and their value lies in the owner's ability to keep them confidential. Although owners can act against those who disclose their secrets, they can't stop others from utilizing them [15]. This lasting secrecy offers them a monopolistic advantage, setting them apart from patents. Cyber intruders are heavily drawn to trade secrets. Once these secrets are out, nothing stops them from being sold or replicated in the market. Organizations can pursue legal action against unauthorized disclosures, but the legal process can be costly, and outcomes aren't always favorable [16]. Such compromises can lead to significant financial instability, with potential investor pullouts due to loss of market competitiveness.

On the other hand, patents have a lifespan. While they require public registration, they allow owners to take legal action against unauthorized marketing or sales related to the patented item. They need to be innovative, practical, and not evident to be registered.

Copyrights stand differently. They exist the moment something is created and don't necessarily require registration. However, registering can simplify proving ownership in case of disputes. Criminals usually access such materials to profit by selling them on the black market, blatantly bypassing the original creator's dues. Pirated films and music are classic examples of this.

Losing intellectual property can damage investment opportunities. Building trust with investors is a long process, and a single cybersecurity breach can break that trust instantly. This impacts not only potential business partnerships but also the company's fundamental value. This not only affects mergers and acquisitions but also erodes the core value proposition of a company. When a movie is distributed illegally across the globe, its earnings take a severe hit, often making it hard to recover.

15. Increased Cost to Raise the Debt

The first predictable impact is the drop in credit rating. It takes an organization a decade to build excellent credit with financial institutions by making responsible decisions, being on time with payments, and maintaining the hygiene of financial books. Cyber incidents can wash away years of effort to build good organizational credit. The victim faces higher interest rates for borrowed capital when raising or renegotiating existing debt. This is an area that is similar between an individual and an organization.

The victim is perceived as a higher-risk borrower, and financial institutions

can quickly lose faith in doing business with the victim. Financial institutions are conservative when they make decisions. Banks and financial institutions prioritize stability. All their decisions are based on the risk with a margin for error. Since they have thousands of clients, they cannot risk their existence based on unrealistic evaluations of the clients. Then, when giving funds to a customer, they must ensure that the customer has assets to return to the financial institution in case of bankruptcy. Since cybersecurity can cause bankruptcy, financial institutions are even more careful to hand-pick their customers for high loans with low-interest rates. The high-risk borrowers are inevitability forced into working with financial organizations that might not be their first preference. It seems the victim is out of options; they must adjust their preference criteria and adapt themselves to working with not-so-interesting financial institutions with much higher interest rates. The financial ramifications of such situations evolve over time, with the true costs only becoming clear in the latter stages of recovery.

16. Devaluation of Trade Name

Intangible costs can often overshadow tangible ones. While tangible damages are visible and quantifiable, the intricate and layered nature of intangible damages means their true impact might remain concealed for years. The trade name was not created overnight; having a well-known trading name took years of effort, creativity, dedication, investment time, and resources. Organizations often seek public attention as a form of free advertising. However, appearing in headlines as a victim of a cybersecurity breach can tarnish their reputation. It suggests to potential customers a lack of due diligence and concern for safeguarding their interests. No company wants to be labeled as irresponsible in the media spotlight.

Let's assume an organization that offers Fire Prevention and Fire Protection services. A fire in its headquarters can end the life of such an organization. Existing customers will question, "If they can't protect their own premises from fire, how can they protect ours?" This doubt prompts customers to seek alternatives, evaluating other providers to take over their fire safety needs. The potential new customers will stay away from the organization since they have a terrible reputation. In this simple example, the brand name equals the company's survival.

The diminishing value of the symbols, marks, or characters that an organization uses to identify its offerings can be challenging to measure. The financial repercussions of a damaged brand or trade name may not be immediately evident, and organizations typically initiate corrective actions right after the incident. However, sometimes, by the time these actions are taken, it's already too late. Ultimately, taking preventative steps is often more cost-effective than resorting to reactionary measures and subsequent damage control.

17. Impact of Operational Disruption or Destruction

Operational disruptions, whether due to a direct or indirect cause, can lead to substantial costs for an organization. Such disruptions can breach Service Level

Agreements (SLAs), which outline specific service standards an organization commits to. Failure to meet these standards can have severe repercussions. Depending on the SLA's nature, penalties might range from waiving service fees to shouldering the client's overhead costs or even termination of contracts, accompanied by associated fines.

The cost of a service interruption falls into a highly variable cost category. A compromised organization must face a significant impact due to service disruption since the losses tied to manipulation or alteration of normal business operations can be beyond the tolerable threshold. Imagine a service disruption by Amazon. According to Macrotrends' website, Amazon's annual revenue in 2021 was \$469.822B, a 21.7% increase from 2020. This equals about a million dollars a minute; imagine how much a service disruption can truly cost Amazon.

For robust operational continuity, organizations must have in place a business continuity and disaster recovery plan. Essential metrics, like the Recovery Time Objective (RTO) and Recovery Point Objective (RPO), guide these plans. The RTO represents the duration an information system can be non-operational before it adversely impacts the organization, while the RPO denotes the maximum allowable data loss period [17].

To ensure efficient recovery, organizations often utilize recovery sites. The three primary types are cold, warm, and hot sites, each varying in readiness and resources. A cold site is a basic facility with essential infrastructure, a warm site is partially equipped, and a hot site is fully equipped, operational, and ready to take over immediately.

Understanding RTO, RPO, and the types of recovery sites is key because of the expenses involved in restoring operations after a disaster. Whether it's a cyber breach resulting in data leaks, a denial-of-service attack crippling business functionality, or even an intricate malware like Stuxnet causing nuanced but impactful damage, the potential losses are immense.

Stuxnet, presumably the first known cyberwarfare weapon, was a sophisticated malware that inflicted significant damage without causing visible disruptions. It's estimated that the creation of Stuxnet cost roughly \$1 million, but the damages it caused were extensive [18].

Moreover, cyber incidents aren't confined to the digital realm. They can cause tangible damage to infrastructure and assets. Costs can stem from equipment repairs, establishing temporary infrastructure, reallocating resources, and missed opportunities from halted operations. Other predictable costs might involve hiring external professionals for damage control and resource augmentation. Operational disruption costs are managed primarily in the incident's initial stages, emphasizing the importance of immediate action and a solid contingency plan in place.

18. Human Impacts

Cybersecurity is not merely a technological battle; it's a deeply human one.

When terrorists manipulate water purification systems, it's not just machinery they tamper with; they threaten the very essence of life, the water we drink, turning an essential life source into a potential silent killer. If a hospital's power is cut, it's not just the lights that go off. The life-giving hum of a ventilator, the rhythmic beeps of a heart monitor — these can be silenced, leaving patients in the dark, both literally and metaphorically. And when a medical IoT device malfunctions in the midst of a complex surgery, it's not just a technological glitch; it's a precise moment when hope can turn to despair, and a life-saving procedure can become life-threatening [19] [20].

Our skies, once considered the safest means of transport, now hide invisible threats. Modern jetliners, the marvels of our age, can be turned into instruments of terror, not by hijackers passing through airport security, but by faceless entities exploiting digital vulnerabilities, potentially causing destruction far beyond the devastation of past tragedies.

Yet, it's not always about malice. An untimely system update in a surgical suite doesn't come with malicious intent. Still, its consequences — a pause, a reset — can spell the difference between life and death.

Behind every device, every system, and every line of code, there are people — fathers, mothers, siblings, friends — each with hopes, dreams, fears, and futures. As we reflect on these true costs, we must ask ourselves a haunting, heart-wrenching question: How can you quantify the loss of life?"

19. Recommendations

Cyberattacks present a complex and intertwined challenge, riddled with both tangible and intangible repercussions. This research highlights the pressing need for organizations to transition from a reactive stance to a proactive, integrated, and comprehensive approach to cybersecurity. Such a paradigm shift is pivotal in addressing the expansive consequences of breaches.

A forward-looking approach to cybersecurity is paramount. While the upfront costs of robust preventative measures may seem significant, they often pale in comparison to the financial, operational, and reputational aftermath of a cyber breach. By making informed investments in cybersecurity, businesses can prioritize critical aspects like post-breach customer protection. Embracing principles such as "Secure By Design" and "Secure By Default" ensures that security remains a cornerstone during all stages of digital projects. An organization's approach to security should be dynamic and emphasize continuous security integration.

True resilience goes beyond mere prevention. By understanding and adapting to an organization's unique threat landscape, coupled with a prepared incident response team and investing in training, businesses can fortify their defenses. Such a strategy ensures swift containment and recovery in the face of threats.

The aftermath of cyberattacks isn't solely confined to immediate tangible losses. Breaches can cast prolonged shadows on brand equity, trade names, and

the intangible yet invaluable asset of customer trust. The road to cybersecurity doesn't end at addressing present challenges but extends to safeguarding long-term reputation and business continuity. In the ever-shifting landscape of cyber threats, an agile, informed, and holistic strategy is an organization's best defense against both immediate and insidious threats.

Building on our findings, we strongly recommend that organizations elevate their cybersecurity measures, not just as a matter of business continuity but as a societal obligation. Businesses must prioritize cybersecurity measures that acknowledge and actively mitigate the very real human consequences of breaches. Beyond financial and reputational costs, there lies a stark reality where individual lives are disrupted, trust is eroded, and personal well-being is jeopardized. Every cyber breach has a human face, and it's paramount that organizations remember this when crafting and implementing their cybersecurity strategies.

20. Conclusion

Cybersecurity breaches serve as poignant markers of the inherent vulnerabilities that permeate modern organizations. This research delves into the layered consequences of such intrusions, shedding light on their extensive impact on businesses and, crucially, their clientele.

While organizations, armed with resources and strategic insight, navigate these turbulent terrains, their choices are typically anchored in thorough risk evaluations, cost-benefit analyses, and established tolerance levels. Yet, amid these strategic decisions, the customers often find themselves on the sidelines. Distanced from high-level discussions and lacking extensive resources, they face the long-lasting and deep effects of breaches. For many, it's not just a momentary setback; it's a long journey to reclaim their digital identity, rebuild security, and regain lost trust.

The analogy of an "iceberg" neatly shows the nature of our findings. Although the immediate impacts of cybersecurity breaches are often clearly visible, there exists a deep and lasting undercurrent of effects that largely remain hidden from view. As we move on, it becomes imperative for organizations to view cybersecurity not just as a technical or financial hurdle but as a profound ethical responsibility. By combining knowledge, empathy, and foresight in cybersecurity, businesses can not only strengthen their own defenses but also protect their valued customers. Together, we can stand strong against the challenges posed by cyber adversaries.

Conflicts of Interest

The author declares no conflicts of interest regarding the publication of this paper.

References

[1] IBM Security (2023) Cost of a Data Breach Report 2023.

https://tinyurl.com/2s4dmzj6

- [2] Verison (2023) 2023 Data Breach Investigations Report. Reduce Risks with the 2023 Data Breach Investigation Report. <u>https://shorturl.at/fprD5</u>
- [3] Cymulate (2023) Data Breaches Study: Methods, Implications, and Prevention Report.
- [4] CrowdStrike (2023) Threat Hunting Report. <u>https://shorturl.at/gnyHL</u>
- [5] Deepwatch (2023) ATI 2023 Annual Threat Report. <u>https://www.deepwatch.com/2023-deepwatch-ati-threat-report/</u>
- [6] JupiterOne (2023) 2023 The State of Cyber Assets Report. https://info.jupiterone.com/scar-2023
- [7] Powers, E., Fancher, D. and Silber, J. (2019) Beneath the Surface of a Cyberattack, a Deeper Look at Business Impacts. Deloitte. <u>https://bit.ly/3xHQGIg</u>
- [8] Wang, P. and Park, S. (2017) Communication in Cybersecurity: A Public Communication Model for Business Data Breach Incident Handling. *Issues in Information Systems*, 18, 136-147. <u>https://iacis.org/iis/2017/2_iis_2017_136-147.pdf</u>
- [9] Carnovale, S. (2021) Guardians of Intellectual Property in the 21st Century: The Global Supply Chain Industry. Rutgers Business School. <u>https://bit.ly/3NhMAv7</u>
- [10] Saleem, H. and Naveed, M. (2020) SoK: Anatomy of Data Breaches. Proceedings on Privacy Enhancing Technologies, No. 4, 153-174. <u>https://bit.ly/3xBFyeB</u> <u>https://doi.org/10.2478/popets-2020-0067</u>
- [11] De Arroyabea, I. and De Arroyabea, J. (2023) The Severity and Effects of Cyber-Breaches in SMEs: A Machine Learning Approach. *Enterprise Information Systems*, 17, Article 1942997. <u>https://bit.ly/3y1P4cq</u> https://doi.org/10.1080/17517575.2021.1942997
- [12] Aguilar, L. (2015) The Need for Greater Focus on the Cybersecurity Challenges Facing Small and Midsize Businesses. U.S. Securities and Exchange Commission. <u>https://bit.ly/3HGj6Wn</u>
- [13] Neto, N. (2020) A Case Study of the Capital One Data Breach. SSRN. <u>https://tinyurl.com/ypz9fern</u>
- [14] Woods, D. and Moore, T. (2020) Does Insurance Have a Future in Governing Cybersecurity? *IEEE Security & Privacy*, 18, 21-27. <u>https://bit.ly/3mZf7up</u> <u>https://doi.org/10.1109/MSEC.2019.2935702</u>
- [15] Van Norman, G. (2017) Technology Transfer: From the Research Bench to Commercialization. *JACC Basic to Translational Science*, 2, 85-97. <u>https://bit.ly/39Ezk5W</u> <u>https://doi.org/10.1016/j.jacbts.2017.01.003</u>
- [16] Swift, O., Colon, R. and Davis, K. (2020) The Impact of Cyber Breaches on the Content of Cybersecurity Disclosures. *Journal of Forensic and Investigative Accounting*, 12, 197-212. <u>http://web.nacva.com/JFIA/Issues/JFIA-2020-No2-2.pdf</u>
- [17] Swanson, M., et al. (2010) Contingency Planning Guide for Federal Information Systems. National Institute of Standards and Technology (NIST) Special Publication 800-34 Rev. 1. <u>https://bit.ly/3N2hcAj</u>
- [18] Kwon, J. and Johnson, E. (2014) Security Practices and Regulatory Compliance in the Healthcare Industry. *Journal of the American Medical Informatics Association*, 20, 44-51. <u>https://bit.ly/3b37jVL</u> https://doi.org/10.1136/amiainl-2012-000906
- [19] Shaheen, S. (2014) Offense-Defense Balance in Cyber Warfare. In: Kremer, J.F. and Müller, B., Eds., *Cyberspace and International Relations*, Springer, Berlin, Heidelberg, 77-93. <u>https://doi.org/10.1007/978-3-642-37481-4_5</u>

[20] Meisner, M. (2017) Financial Consequences of Cyber-Attacks Leading to Data Breaches in the Healthcare Sector. *Copernican Journal of Finance & Accounting*, 6, 63-73. <u>https://bit.ly/39CqANA https://doi.org/10.12775/CJFA.2017.017</u>