

# Enhancing Operational Efficiency: Exploring the Integration of SOPs Using Virtual Reality and Smart Glasses Technology in Food Manufacturing

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**How to cite this paper:** Nishar, S. (2023) Enhancing Operational Efficiency: Exploring the Integration of SOPs Using Virtual Reality and Smart Glasses Technology in Food Manufacturing. *Intelligent Control and Automation*, 14, 37-44.  
<https://doi.org/10.4236/ica.2023.143003>

**Received:** August 2, 2023

**Accepted:** August 28, 2023

**Published:** August 31, 2023

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## Abstract

This paper explores the integration of Standard Operating Procedures (SOPs) using virtual reality and smart glasses technology in food manufacturing. The study employs a thorough methodology, combining observational insights to develop a comprehensive SOP. Implementation at different firms resulted in significant improvements, reducing product waste and enhancing overall efficiency. The use of virtual reality further augments SOP adoption. The findings underscore SOPs' transformative influence, offering a tangible solution to challenges in the food production sector. Recommendations include regular SOP reviews and ongoing training for sustained success. Different firms exemplify SOPs as indispensable tools for operational excellence.

## Keywords

Smart Manufacturing, Standard Operating Procedures, 5S, Six Sigma, Lean Manufacturing, Augmented Reality, Smart Glasses, Food Manufacturing, TR Toppers, Industry 4.0

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## 1. Introduction

It is challenging to emphasize the importance of simplified operations in the fast-paced environment of the food sector. The paper focuses on the complex changing procedures that many companies have put in place in their vertical packaging machines, a crucial junction in their production line. It became clear that handling this significant aspect of manufacturing requires a rigorous approach. This is a deliberate reaction to the need to uphold uncompromising product quality and reduce operational challenges, not just a procedural formal-

ity [1]. SOPs are essential for establishing sustained quality, distinguishing a market leader in the constantly changing culinary world as the industry navigates the complex difficulties of the food sector.

### **Theory**

The theoretical foundations underline the crucial part that Standard Operating Procedures (SOPs) play in organizational effectiveness. These procedures are the cornerstone for achieving operational regularity and efficiency [2]. SOPs fundamentally serve as a well-organized framework that captures the core of best practices. Their importance is in providing employees with a thorough road map that serves as a compass to direct them toward achieving their best performance. SOPs are essential for minimizing process variations and guaranteeing consistent results since they clearly define the particular stages and techniques to be followed [3]. They are the unseen designers of the operational success landscape, encouraging a coordinated strategy that boosts productivity and develops a culture of dependability and accuracy inside a firm.

## **2. Literature Review**

Examining the vast body of research on Standard Operating Procedures (SOPs) in the food business reveals a widespread consensus about their enormously beneficial impact. Numerous studies support the idea that SOPs are essential for improving operational effectiveness, reducing mistakes, and eventually improving the overall quality of food products. The common thread across these studies is how crucial SOPs are to creating a practical and quality-focused operational framework in the food production industry [3].

The recorded data repeatedly highlights that businesses that use standardized procedures reap real rewards, with simpler operations leading to increased output. Following SOPs makes mistakes less likely, resulting in a more dependable and consistent manufacturing process [4]. Additionally, the higher quality of finished goods is a recurring theme, highlighting SOPs as a critical component in establishing and upholding high standards in the food business.

### **Materials**

Investigating the materials section sheds light on the material components forming this crucial process's foundation. The cutting blades, which are precise and sharp and provide clean and effective film corrections, exemplify surgical accuracy [2]. With their superior adhesive capabilities, tapes transform into the quiet builders of stability, securing the film in its intended location [5]. While waiting for their moment in the limelight, the movie rolls, providing a never-ending reel of packing perfection. Together, these components create a film-changing process that is a symphony of efficiency and dependability, which eventually helps to explain the overall success of a firm's ground-breaking vertical packing machines.

## **3. Methodology**

A thorough methodology was used in this study to explore the nuances of the

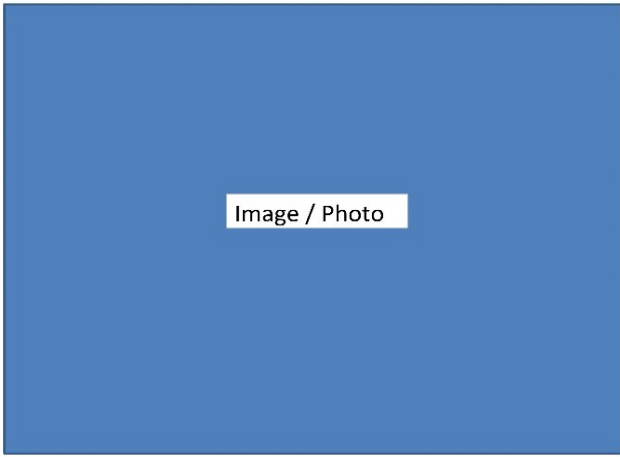
film-changing process from a holistic perspective. The study's basis was built by carefully watching and recording the procedures of seasoned staff. The main goal was to develop a thorough Standard Operating Procedure (SOP) that included all aspects of the film-changing process. This required teamwork, including cross-functional insights, to guarantee a comprehensive and uniform SOP [1]. The research aimed to discover the intricacies of the process and create a solid framework that could act as a trustworthy manual for those involved in film modifying by combining collective knowledge and experiences as shown in **Figure 1**. The result is a comprehensive SOP that reflects a synthesis of pragmatic knowledge and group feedback and is ready to improve consistency and efficiency in the film-altering workflow.

#### 4. Discussion

The discussion section carefully examines the challenges faced throughout companies' transformation into a movie studio before implementing Standard Operating Procedures (SOPs). Various operating approaches added to the problems, ranging from irregular sealing to the regrettable waste of goods [6]. The advent of SOPs, however, stood out as the linchpin of resolution, bringing in a methodical and consistent approach that cut over the differences amongst operators. This revolutionary change lessened the difficulties and engendered a sense of unity, guaranteeing a smooth workflow. The SOPs guided companies through the turbulent waters of inconsistency, acting as guiding stars, finally directing the ship toward operational excellence and efficiency.

##### Analysis

Following adopting Standard Operating Procedures (SOPs), significant

Production One - Bagger		<b>TRTÖPPERS</b>
Procedure:	Menu Functions	
Figure #1	Operation: Main Screen	
Directions:	The picture showing the start of the menu bar for the bagger	Directions: Defining each term of the menu bar.
		1- Message: - It displays the current status of the machine, including error message. 2- Make Bags: - It would just make bag without the scale. 3- Fill Bags: - It would make bag with scales. 4- Stop: - It would END the whole process. 5- Actual Speed: - It's the actual rate the bags are produced at that time. 6- T/Port Inch: - Pull the film of the bag length without sealing it. 7- Menu Left: - Allows you to use left side of the 'Feature menu bar'. 8- Film Alignment: - Used to align the film to the center. 9- Menu Right: - Allows you to use right side of the 'Feature menu bar'.
Tools needed: <input type="text"/> QA Reference: <input type="text"/>		Revision Date: <input type="text" value="11/19/2018"/> Page: <input type="text" value="1 of 5"/>

**Figure 1.** Bagger machine standard operating procedures for navigating the machine's interface.

advances are revealed by thoroughly analyzing the data gathered through-out the investigation. The noticeable results include a significant reduction in product waste, a significant improvement in the effectiveness of the film-changing procedure, and an all-around more efficient operational frame-work. These noticeable gains highlight the tangible advantages of incorporating SOPs, illuminating their crucial function in enhancing operational performance.

The decrease in product waste stands out as a measurable accomplishment, denoting a wise use of resources. Operational efficiency and cost-effectiveness are both boosted by the improved film-changing process efficiency. The operational process has been generally streamlined, reflecting a more coordinated and synchronized system, reducing bottlenecks and improving resource usage [6]. This comprehensive investigation supports the idea that SOPs catalyze beneficial change inside a company, encouraging a culture of accuracy, consistency, and continual progress.

### Findings

The study's results illuminate a fascinating narrative about the transformative power of SOPs in the intricate food production industry. A crucial development emerges, emphasizing the unquestionably beneficial influence that SOPs have on transforming the filmmaking process [7]. Those who strictly followed these standardized processes were the standard-bearers for improved uniformity. This newly discovered regularity, in turn, acted as a powerful deterrent to the all-pervasive specter of mistakes, helping to reduce cinematic blunders noticeably.

The symbiotic link between SOP adherence and increased overall efficiency became startlingly apparent beyond the context of mistake reduction. The study's discriminating lens captures a landscape where the application of SOPs catalyzes a smooth and well-choreographed dance of production aspects, eventually



**Figure 2.** The use of SOP through virtual reality by using oculus quest.

raising the total operational efficiency quotient [8]. Analyzing these results shows that SOPs are practical tools with significant real-world applications rather than just theoretical ideas.

These reverberating conclusions highlight the practical applicability of SOPs in the crucible of real-world production circumstances. They act as more than just rules of procedure; they become the cornerstone of a tradition of accuracy, dependability, and brilliance in the dynamic tapestry of filmmaking [7]. The research, therefore, serves as a rallying cry for the use of SOPs as indispensable tools, advancing the cinematic landscape toward a future in which accuracy, order, and artistic vision harmoniously combine.

## 5. Result

The implementation of Standard Operating Procedures (SOPs) in firms resulted to a positive transformation that is well noticeable [8]. The revolution that followed was terrific, ushering in a brand-new period distinguished by improved consistency and operational excellence. The impact was significant, as shown by a significant improvement in overall efficiency and a noticeable decrease in product waste.

With the adoption of SOPs, the film-changing process was no longer operator-dependent and adopted a standardized methodology that stayed constant regardless of the specific operator engaged. The operation's cornerstone, this devotion to a standard and organized method, ensured that each stage of the film-changing process adhered to a well-established protocol [7]. The result was a production line that was more dependable and organized, with one component integrating into the next without any gaps. The persistent efficacy of firms standardized methods saw a noticeable improvement in day-to-day operations and laid the groundwork for long-term success.

### Implementing SOP through VR

Implementing SOP through VR was safer as the operators were well trained and learned best practices before getting into production room. Since we are moving more towards industrial 4.0 we also need to adapt new technology and make things more effective [6]. The use of virtual reality (VR) technology as shown in the **Figure 2** has fundamentally changed how businesses spend money on personnel skill development and simulation training for large machinery. It used to be costly, time-consuming, and sometimes risky to create physical settings for training situations requiring large machinery. However, by simulating these events in a virtual setting, VR offers a revolutionary answer by providing the following advantages.

**Cost-effective training:** Cost-efficient instruction Businesses may design and create virtual duplicates of real-world equipment and settings using VR. By doing so, it becomes unnecessary to build actual training facilities, which may be quite expensive [9]. Employees may practice operating large machinery in a highly realistic way with the use of VR simulators, which reduces the need for

equipment, fuel, maintenance, and other resources.

**Improved safety:** There are inherent dangers while using heavy equipment. Employees may learn and practice in a safe, controlled environment using VR training [10]. Workers can improve their abilities without putting themselves in risk or harming expensive equipment by modeling various scenarios. This feature of VR training helps to reduce accidents, which lowers possible liabilities and raises general safety awareness.

**Realistic experiential learning:** Virtual reality (VR) offers a very immersive experience that lets users “step into” computerized representations of their workplaces. They are able to operate machinery, adhere to SOPs, and solve issues in a setting that closely mirrors the circumstances they would encounter in the field. Employees are helped to develop the practical skills and confidence needed for their work positions via this hands-on, experiential learning.

**Adaptive training scenarios:** VR simulations allow for the creation of diverse training scenarios. Employees can learn to operate heavy machinery in different weather conditions, difficult terrains, or emergency situations [11]. Such experiences prepare them for a wide range of challenges they might encounter on the job. By adapting the difficulty level and complexity, VR can cater to both novice trainees who need basic understanding and experienced individuals who seek advanced training.

**Feedback and performance analysis:** VR training platforms often provide real-time performance feedback and assessment capabilities. Supervisors or trainers can track trainees’ progress, identify areas that need improvement, and offer guidance accordingly [10]. This data-driven approach helps monitor the effectiveness of training programs, identify weak areas, and refine the training curriculum to ensure optimal skill development.

In summary, VR revolutionizes investment in heavy machinery simulation and employee training by providing a cost-effective, safe, and realistic virtual environment [7]. It enables companies to train employees efficiently, improve their skills, and enhance overall operational effectiveness. With the advancements in VR technology, the potential for immersive and effective training experiences will only continue to grow.

### **Recommendations**

The practical application of Standard Operating Procedures (SOPs) has unquestionably produced positive results in operational efficiency. Nevertheless, maintaining and enhancing this success requires a commitment to ongoing development [12]. A keystone in this journey is the regular reviews and updating of SOPs, which enable firms to effortlessly incorporate new best practices and maintain the forefront of industry standards.

Additionally, spending money on regular training and refresher courses is a wise strategic choice. Organizations strengthen their operational back-bone by ensuring that every team member is familiar with and skilled in the established procedures [11]. This proactive strategy promotes a culture of excellence and

flexibility while guarding against complacency.

## 6. Conclusion

In conclusion, the adoption of Standard Operating Procedures (SOPs) emerges as a pivotal strategy for companies navigating the complexities of the food production sector. The discussion reveals that SOPs act as a linchpin, addressing operational challenges and fostering a sense of unity amidst diverse operating approaches. The transformative impact is evident in the streamlining of processes, reduction of bottlenecks, and improved resource utilization. Analyzing the results underscores SOPs as practical tools, catalyzing a well-choreographed dance of production aspects. Beyond mere bureaucratic protocols, SOPs become dynamic instruments driving positive change, ensuring the harmonious marriage of accuracy and productivity in the intricate realm of food manufacturing.

## Conflicts of Interest

The author declares no conflicts of interest regarding the publication of this paper.

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