

A Postmortem Study of a Patient with Low Titer Nicotinic Acetylcholine Receptor Ganglionic Antibody: Implications for Clinical Neurologic Disease

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Abstract

Small fiber polyneuropathy is a well-recognized syndrome mitigated by somatic sensory afferent and autonomic efferent nerve fibers that respectively mediate pain, heat and cold temperature afferent and autonomic efferent function in the skin. A patient with low serum titers of neuronal acetylcholine receptor ganglionic antibodies and autonomic failure had symptomatic small fiber polyneuropathy late in life in the setting of autoimmune dementia and encephalopathy and prostate cancer. Large and small fiber polyneuropathy and dysautonomia were detected in routine electrodiagnostic and autonomic laboratory studies, and epidermal nerve fiber analysis of the calf and thigh. Clinical improvement for one year concomitant with intravenous immune globulin therapy preceded a clinical decline in neurocognitive function and death. Postmortem examination showed typical features of Alzheimer disease with neuropathic neuropathological changes in the peripheral nervous system, and viable autonomic ganglia consistent with a channelopathy mechanism involving postsynaptic neuronal nAChRs.

Keywords

Dysautonomia, Ganglionic Receptor Antibodies, Small Fiber Neuropathy

1. Introduction

Small-fiber polyneuropathy (SFPN) is a disorder of thinly myelinated A- δ and unmyelinated C fibers that classically affects somatic sensory and autonomic functions [1] [2]. There is no known association of nicotinic acetylcholine receptor (nAChR) ganglionic antibodies in patients screened with SFPN [3]. Nei-

ther is there a known association between nAChR ganglionic antibodies, autoimmune autonomic failure (AAF) or SFPN and presumed autoimmune dementia and encephalopathy (ADE) that brought the patient to medical attention.

2. Patient Report

In the summer of 2016, a 78-year-old man with numbness, tingling and limb pain had lightheadedness and cognitive decline for one year. He was treated for prior Lyme exposures. Neurological examination in June 2016 showed impaired short-term registration, stocking vibratory and cold temperature sensory loss, Romberg sign, tandem imbalance, grade 4+/5 leg distal leg strength, hyporeflexia, and Babinski signs. Autonomic testing (WR-Testworks, Minnesota [MN]) showed a supine systolic blood pressure (SBP) of 134 mmHg and heart rate (HR) of 57 beats per minute (bpm). Head-up tilting led to symptomatic orthostasis with a minimum SBP of 70 mmHg at 3.6 minutes without a compensatory HR change, followed by a period of prolonged hypotension and near-syncope. Electrodiagnostic studies showed a distal left fibula compound muscle action potential amplitude of 0.3 mV and motor nerve conduction velocity of 30 meters per second. Bilateral tibial and right fibular motor, and bilateral superficial fibular and sural sensory responses were absent. Concentric needle electromyography showed chronic neurogenic changes without active or chronic denervation at rest. Epidermal nerve fiber densities (ENFD) (**Figure 1(A)**) were consistent with a non-length dependent process (mean left calf: 3.2 ENF/mm; mean left thigh 2.3 ENF/mm) consistent with SFPN. Left sural nerve biopsy showed a demyelinating component in 32.7% of teased nerve fibers; with excessive thinly myelinated fibers in epoxy resin sections, consistent with chronic inflammatory demyelinating polyneuropathy (CIDP). Left soleus muscle biopsy (**Figure 1(B)**) showed mild neurogenic changes and perivascular inflammation. Blood studies showed total prostate specific antigen (PSA) 4.6 ng/mL (normal ≤ 4 ng/mL). Whole body ^{18}F Fluorodeoxyglucose positron emission tomography (PET) showed temporoparietal and frontal lobe hypometabolism, with a focus of intracapsular prostatic cancer, later confirmed on magnetic resonance imaging of the pelvis. However, there were discernible metastatic foci. Cerebrospinal fluid (CSF) protein was 65 mg/dL (normal > 50 mg/dL) without inflammation or infection. Mayo Clinic (MN) Autoimmune Dementia panel in serum and CSF showed a serum nAChR ganglionic antibody level of 0.05 nmol/L (normal ≤ 0.02 nmol/L) with otherwise normal values. Athena Diagnostics (Massachusetts [MA]) ADmark[®] analysis was inconclusive for symptomatic Alzheimer disease (AD) and consistent with ADE. The patient was treated with six months of 2 grams per kilogram intravenous immune globulin (IVIg) with stabilization of his disorder. However, after discontinuation of IVIg was followed by continued deterioration, and death in June 2018 in hospice.

Postmortem examination at New York University Langone Health showed foci of intracapsular well-differentiated prostatic adenocarcinoma; and frequent

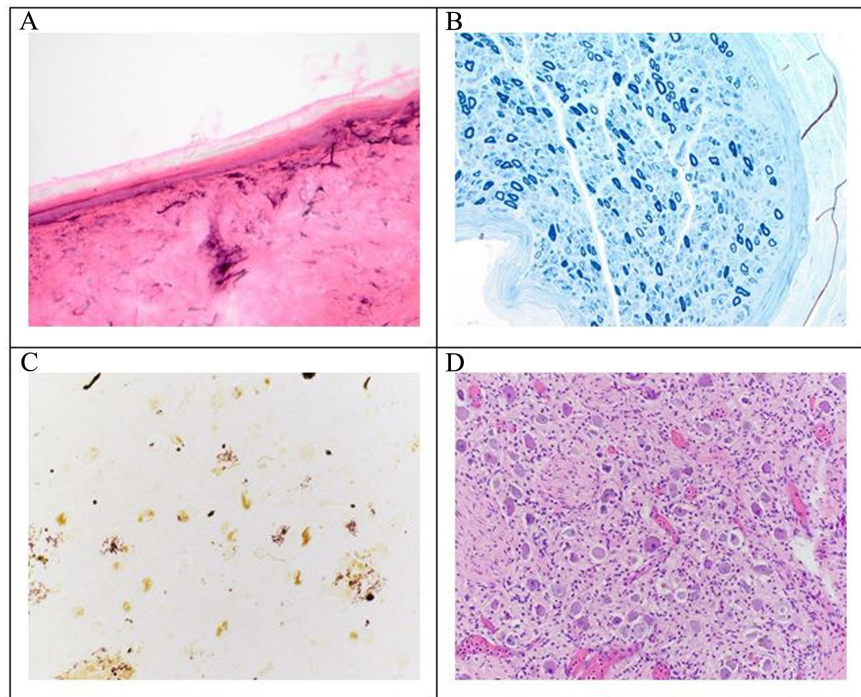


Figure 1. (A) Epidermal nerve fiber analysis. There are reduced densities of epidermal nerve fibers in the calf and thigh (shown) (PGP 9.5 & Eosin, 200 \times); (B) Epoxy resin transverse section of nerve. There is a moderate degree of axonal loss, and occasional regenerative clusters and thinly myelinated fibers in each fascicle suggesting segmental remyelination (Toluidine blue, $\times 600$); (C) Postmortem hippocampus brain section. Typical plaques and tangles of Alzheimer disease are evident in the CA1 subsector (Bielschowsky silver stain, 40 \times); (D) Postmortem autonomic ganglia. An autonomic ganglia shows well-populated neurons (Hematoxylin and eosin, Luxol, 20 \times).

neuritic plaques and neurofibrillary tangles (**Figure 1(C)**) in sections of hippocampus, amygdala and association cortex without microglial nodules or inflammation. Spinal nerve roots and peripheral nerves showed patchy myelin loss. Autonomic ganglia were unremarkable (**Figure 1(D)**).

3. Discussion

This is the first and only postmortem examination of a patient with nAChR ganglionic antibodies. Circulating nAChR ganglionic antibodies are associated with autoimmune autonomic neuropathy and ganglionopathy, and AAF [4] [5] and viable autonomic ganglia, as in the present case, keeping with a mechanism of channelopathy involving postsynaptic neuronal nAChRs [6] [7] [8]. In life, this patient was thought to have ADE on the basis of circulating nAChR ganglionic antibodies and occult malignancy, with a stabilizing response of IVIg, however, postmortem examination was consistent was AD. Similar to AAF due to circulating nAChR antibodies, there is a paucity of pathologically-proven cases of ADE to facilitate meaningful comparisons of the expected features of either syndrome with a given serum antibody titer. Nonetheless, nAChR antibody titers predict the clinical features of AAF in life [4] [9], and possibly the cognitive im-

pairment of reversible early and late-onset ADE or associated AD [10] [11].

4. Conclusion

Extraordinary advances have occurred in the importance of studying nAChR ganglionic antibodies. This patient report establishes its relevance to central, peripheral and autonomic nervous system aspects of neurological disease.

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Disclosure

The author does not have conflicts of interest to disclose. The patient's family consent to this publication.

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