

Effect of Monosodium Glutamate on Behavioral Phenotypes, Biomarkers of Oxidative Stress in Brain Tissues and Liver Enzymes in Mice

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Abstract

The effects of oral administration of low doses of monosodium glutamate (MSG) on behavioral phenotypes, biomarkers of oxidative stress in the brain and liver enzymes in mice were evaluated in this study. Mice were treated orally with MSG (100, 250 and 500 mg/kg) daily for 21 days before testing for behavioral phenotypes; memory, anxiety, spontaneous motor activity (SMA) and depression. Thereafter, the brain levels of malondialdehyde (MDA) and glutathione (GSH) as well as the activities of liver enzymes, aminotransferase (AST) and alanine aminotransferase (ALT) were determined spectrophotometrically. MSG did not produce significant ($P > 0.05$) impairment of memory in the Y-maze test. It also failed to modify the behaviors of mice in the elevated plus maze and light/dark transition tests of animal models of anxiety. MSG had no significant effect on SMA but produced depressive-like symptoms in the forced swim test at a dose of 500 mg/kg. Moreover, it increased the levels of MDA and decreased GSH concentrations in brain tissues of mice. The activity of AST and ALT were elevated in the blood of MSG-treated mice suggesting liver injury. Taken together, these findings suggested that MSG induced oxidative stress in the brain and impaired liver functions but did not produce any behavioral abnormalities in mice at lower doses.

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Keywords

Monosodium Glutamate, Depression, Oxidative stress, Liver Enzymes

1. Introduction

Monosodium glutamate (MSG) commonly known as Aji-nomoto, is the sodium salt of glutamic acid [1]. Glutamate is one of the most abundant naturally occurring amino acids found in most foods such as dairy products, meat, fish and many vegetables such as mushrooms and tomatoes [2]. MSG is well-known as food additive, and is widely used across the globe to enhance the taste and flavor of a variety of food preparations including many processed foods and snacks. Despite its widespread use as food flavor, there are reports which indicate that MSG is toxic to humans and laboratory animals especially at high doses [3]. Also, MSG has been alleged to cause asthma, urticaria, atopic dermatitis, ventricular arrhythmia, neuropathy and abdominal discomfort [4]. It has also been implicated in male infertility by causing testicular damage and abnormal sperm cell morphology [2]. Moreover, it has been reported that MSG is neurotoxic, capable of producing degeneration of population of neurons, accompanied by pathological conditions, such as stroke, epilepsy, schizophrenia, anxiety, depression, Parkinson's disease, Alzheimer's disease, Huntington's disease, and amyotrophic lateral sclerosis [2] [5]. This could be due to its well known excitotoxic effect, as MSG can overexcite neuronal cells to the point of damage or death, resulting in brain injury, mostly accompanied by oxidative stress [5] [6]. However, the role of MSG in these neuropsychiatric disorders still remains vague and warrants further investigations.

Although the effects of MSG have been extensively studied for over a century, it will still continue to be evaluated for safety profiles in light of current scientific knowledge and methods of testing [2] [7]. Dietary intake of MSG in United Kingdom has been estimated to be about 4 grams per week, which is comparable to U.S. estimates of roughly 0.55 grams for the average consumers, spread out over the period of the day [2]. Previous studies revealed that MSG was neurotoxic and produced seizures, memory deficits, anxiety and other neurological disorders in rodents [5] [6] [8]-[11]. However, the doses used in these studies were too high and far above the possible amount consumed by humans. Moreover, MSG in some of these studies was mixed with the animal food, which further compromised the result outcomes, as it was difficult to ascertain the amount consumed by the animals [2]. The route of administration also influences the toxicity profiles of MSG, especially as the human body is known to effectively metabolize added glutamate in the same manner as it metabolizes glutamate found in many foods [5] [8]-[11]. Thus, the use of route that bypasses the gastrointestinal tract will jeopardize the extrapolation of animal data to humans [12].

The liver is the major organ involved in the metabolism of MSG, thus making it more vulnerable to the toxic effect of this commonly consumed food additive. Previous studies have confirmed that MSG is toxic to the liver cells through generation of excess ammonium ions and reactive oxygen species [1] [3] [13]. The ammonium ion overload is known to trigger the formation of reactive oxygen species, which react with polyunsaturated fatty acids of cell membrane leading to impairment of mitochondrial and plasma membranes accompanied by leakage of liver enzymes such as ALT and AST [14]. Elevation of serum ALT and AST levels are used routinely as biomarkers of liver injury [15]. Moreover, previous studies have shown that MSG impaired liver function and elevated serum ALT and AST levels in rats [1] [3] [13] [15]. However, it is worthy to note that liver impairment will lead to increased blood level of MSG, which may further enhance its neurotoxic effects. This study is therefore designed to examine the effects of oral administration of MSG on behavioral phenotypes, biomarkers of oxidative stress and liver enzymes in mice at lower doses.

2. Materials and Methods

2.1. Experimental Animals

Male Swiss mice (20 - 22 g, 7 weeks old) used in the study were obtained from the Central Animal House, University of Ibadan. The animals were housed in plastic cages at room temperature and normal relative humidity, and they had free access to commercial food pellets and water *ad libitum*. The animals were acclimatized for one week and were kept under 12 hr light/dark cycles throughout the experiments. The experimental procedures were carried out in compliance with National Institutes of Health Guide for Care and Use of Laboratory Animals.

2.2. Drugs and Chemicals

Commercial MSG (West African Seasoning Co. Ltd. Lagos, Nigeria), trichloroacetic acid-TCA (Burgoyne Burbidges & Co., Mumbai, India), thiobarbituric acid-TBA (Guangdong Guanghua Chemical Factory Co., Ltd), 5, 5'-dithio-bis (2-nitrobenzoic acid)-DTNB (Aldrich, Germany) and tris (hydroxymethyl)-amino-methane (Tris-buffer) (Hopkin & Williams Company, USA) were used in the study.

2.3. Drug Preparation

MSG was dissolved in distilled water immediately before use and the doses of 100, 250 and 500 mg/kg of MSG used in this study were chosen based on information obtained from previous reports [2] [16].

2.4. Behavioral Assessment

Male Swiss mice were randomly distributed into various treatment groups ($n = 5$) and were treated orally with MSG (100, 250 and 500 mg/kg) or distilled water (10 ml/kg) daily for 21 days before testing for behavioral phenotypes; memory, anxiety, SMA and depression. Each of the apparatus used for the behavioral tests was cleaned with 10% ethanol before the first test and also in between tests.

2.4.1. Performance of Mice in Y-Maze Task

The Y-maze test was used to assess the effect of MSG on working memory in mice [17]. Mice were placed individually in the Y-maze and allowed to explore all the three arms freely for 5 min period. Mice were placed in the Y-maze 30 min after the last treatment. The parameters assessed were number of arm entries and alternations. An entry was scored when the four paws of the animals were completely in the arm of the Y-maze. The percentage alternation, which indicated memory performance, was calculated by dividing the total number of alternations by the total number of arm entries, minus two and multiplied by 100 [17].

2.4.2. Behavior of Mice in the Elevated Plus Maze (EPM) Test

The EPM test was used to assess the level of anxiety-like behavior in mice according to the method previously described [18]. Mice were placed individually in the centre square facing an open arm of the EPM immediately after each test of the Y-maze task and were allowed to explore the maze for a period of 5 min. The parameters measured were the total time spent in the open and closed arms as well as the frequency of transitions into the open and closed arms of the EPM.

2.4.3. Behavior of Mice in the Light/Dark Transition Test

The light/dark transition test was further used to evaluate the effect of MSG on anxiety-like behavior in mice [19]. Mice were placed individually in the light/dark box immediately after completion of each test of the EPM maze task. Thereafter, the number of entries and time spent in the light and dark compartments of the box were measured for a period of 5 min.

2.4.4. Performance of Mice in the Open Field Test

The open field test was used to assess the effect of MSG on SMA according the method previously described [20]. Mice were placed in the center of the open field arena immediately after the light/dark transition test. Then, the number of line crossed and duration of ambulation were measured for a period of 5 min.

2.4.5. Behavior of Mice in the Forced Swim Test (FST)

The forced swim test was employed to assess the effect of MSG on behavioral depression according to the method previously described by Porsolt *et al.* [21]. Mice were forced to swim individually for 6 min in a glass jar of height 20 cm, diameter 10 cm and filled with fresh water at room temperature to a depth of 15 cm. The FST was carried out immediately after completion of each test of the open field paradigm. The parameters measured were first occurrence of immobility (the period the animal swims continuously before the first pause of swimming activity), duration of immobility (the total time during which the animal is immobile) and total time spent in active swimming (the total duration during which the animal swims throughout the experimental period).

2.5. Biochemical Assays

After testing for behavioral functions, the animals were decapitated under ether anesthesia and the brains were immediately removed and kept in the refrigerator for 30 min. Thereafter, the whole brain was weighed and homogenized with 10% w/v sodium phosphate buffer (0.1 M, pH 7.4).

2.5.1. Estimation of Brain Glutathione Concentration

Aliquots of brain tissue homogenates of individual mouse in the respective treatment groups were taken and the concentration of reduced GSH, which serves as a measure of oxidative stress, was determined using the method of Moron *et al.* [22]. Equal volume (0.4 ml) of brain homogenate and 20% TCA (0.4 ml) were mixed and then centrifuged using a cold centrifuge at 10,000 rpm at 4°C for 20 min. The supernatant (0.25 ml) was added to 2 ml of 0.6 mM DTNB and the final volume was made up to 3 ml with sodium phosphate buffer (0.2 M, pH 8.0). The absorbance was then read at 412 nm against blank reagent using a spectrophotometer. The concentrations of GSH in the brain tissues were expressed as micromoles per gram tissue ($\mu\text{mol/g}$ tissue).

2.5.2. Estimation of Brain Level of Malondialdehyde

The brain level of MDA, a major biomarker of lipid peroxidation, was estimated according to the method of Adam-Vizi and Seregi [23]. An aliquot of 0.4 ml of the sample was mixed with 1.6 ml of Tris-KCl buffer (pH 7.4) to which 0.5 ml of 30% TCA was added. Then, 0.5 ml of 0.75% TBA was added and placed in a water bath for 45 minutes at 80°C. This was then cooled in ice and centrifuged at 3000 rpm for 15 minutes. The clear supernatant was collected and absorbance measured against a reference blank of distilled water at 532 nm using a spectrophotometer. The MDA concentration was calculated using a molar extinction coefficient of $1.56 \times 10^5 \text{ M}^{-1}\cdot\text{cm}^{-1}$ and values were expressed as μmoles of MDA per gram tissue.

2.6. Assessment of Liver Function Enzymes in the Blood

Alanine aminotransferase (ALT) and aspartate aminotransferase (AST) activities in serum were determined spectrophotometrically. Another set of mice ($n = 5$ per group) received MSG (100, 250 and 500 mg/kg) or distilled water (10 ml/kg) daily for 21 days. Thirty minutes after the last treatment, blood was collected from each animal through ocular puncture and centrifuged at 10000 rpm for 15 min using cold centrifuge. Serum was collected separately and 0.1 ml of each sample was mixed with sodium phosphate buffer (100 mmol/L, pH 7.4), L-aspartate (100 mmol/L), and α -oxoglutarate (2 mmol/L). Thereafter, the mixture was incubated for exactly 30 min at 37°C. Then, 0.5 ml of 2, 4 dinitrophenylhydrazine (2 mmol/L) was added to the reaction mixture and allowed to stand for exactly 20 min at 25°C. Thereafter, 5.0 ml of sodium hydroxide (0.4 mol/L) was added and the absorbance was read against the reagent blank after 5 min at 546 nm [24].

2.7. Statistical Analysis

Data were analyzed using Graph Pad Prism software version 4.0 and expressed as mean \pm S.E.M. Statistical analysis was done using one-way ANOVA, followed by Newman-Keuls post-hoc test. P values < 0.05 were considered statistically significant.

3. Results

3.1. Effect of Monosodium Glutamate on Memory Performance

The effect of MSG on working memory as assessed by the alterations in alternation behavior of mice in the Y maze paradigm is shown in **Figure 1**. One-way ANOVA showed that there were no significant differences between treatment groups: $[F(3, 16) = 1.078; P = 0.3866]$. Moreover, MSG (100, 250 or 500 mg/kg, p.o) given daily for 21 days did not produce memory impairment, as it failed to significantly ($P = 0.3866$) alter the alternation behavior in comparison with control (**Figure 1**).

3.2. Effects of Monosodium Glutamate on Anxiety

The effects of MSG on anxiety as assessed by the EPM test are shown in **Figure 2(a)** and **Figure 2(b)**. One-way ANOVA revealed that there were no significant differences between treatment groups: open arm entry $[F(3, 16)$

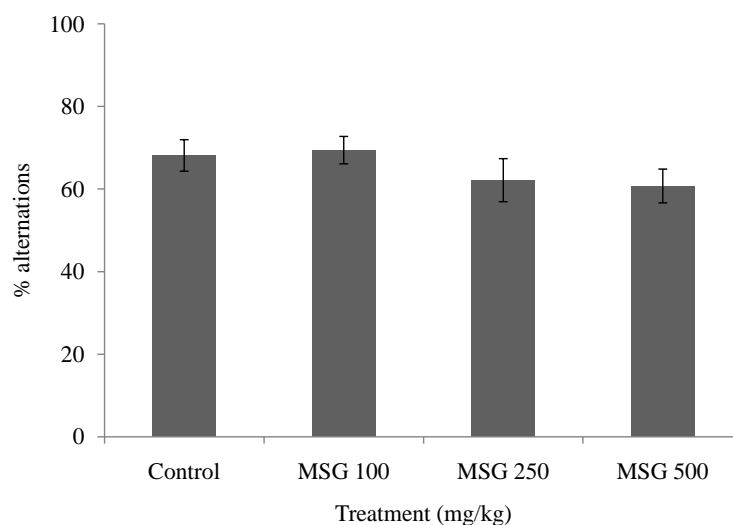
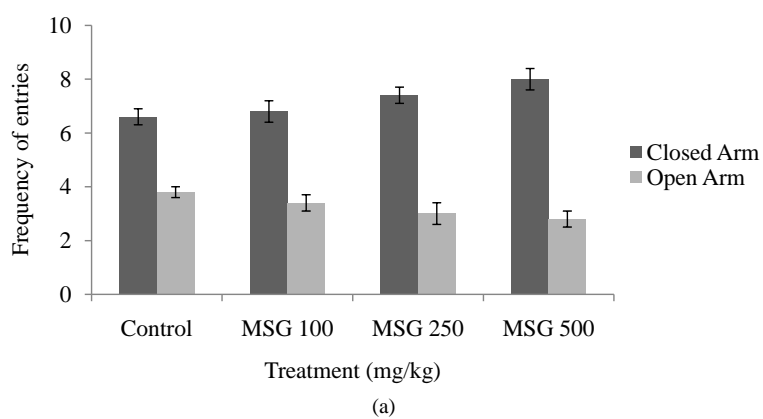
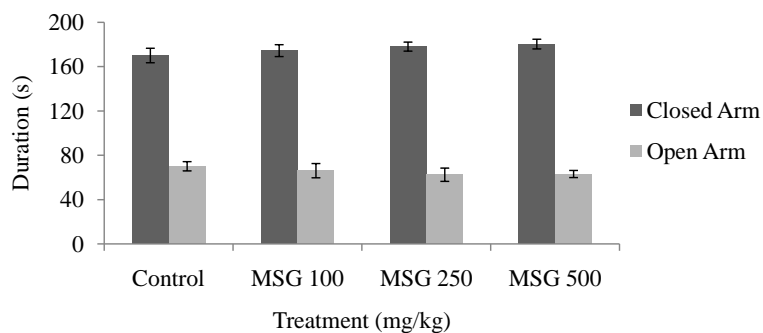


Figure 1. Effect of monosodium glutamate on percentage alternations in the Y-maze. Values represent the Mean \pm S.E.M for 5 animals per group. $P > 0.05$ compared with control.



(a)



(b)

Figure 2. Effects of monosodium glutamate on the frequency of entries (a) and duration of stay (b) the arms of the elevated plus maze. Each column represents the Mean \pm S.E.M for 5 animals per group. $P > 0.05$ compared with control.

= 0.3224, $P = 0.8091$]; closed arm entry [$F(3, 16) = 0.7767$, $P = 0.8091$]; duration of time spent in open arm [$F(3, 16) = 0.4590$, $P = 0.7147$] and duration of time spent in closed arm [$F(3, 16) = 0.7620$, $P = 0.5317$]. Furthermore, MSG did not significantly ($P > 0.05$) modify the behavior of mice in the EPM test when compared with control (Figure 2(a) and Figure 2(b)). In addition, the effect of MSG on the performance of mice in the

light/dark transition test, as measured by the amount of time spent in the light and dark compartments are shown in **Figure 3**. One-way ANOVA showed that there were no significant differences between treatment groups: time spent in light compartment [F (3, 16) = 0.3368, $P = 0.7990$] and time spent in dark compartment [F (3, 16) = 0.6455, $P = 0.5970$]. Thus, MSG did not significantly ($P > 0.05$) alter the performance of mice in the light/dark transition test, as measured by the amount of time spent in the light and dark compartments of the light/dark box (**Figure 3**).

3.3. Effect of Monosodium Glutamate on Spontaneous Motor Activity

The effect of MSG on SMA which was assessed by the number of line crossed and duration of ambulation in the open field test are presented in **Table 1**. One-way ANOVA revealed that there were no significant differences between treatment groups: number of line crossed [F (3, 16) = 0.4413, $P = 0.7266$] and duration of ambulation [F (3, 16) = 0.6358, $P = 0.6028$]. Oral administration of MSG (100 - 500 mg/kg, p.o) daily for 21 days did not produce significant alteration in the number of line crossed ($P = 0.727$) and duration of ambulation ($P = 0.603$) in mice when compared with control (**Table 1**).

3.4. Effect of Monosodium Glutamate on Performance of Mice in Forced Swim Test

Table 2 showed the effects of oral administration of MSG on performance of mice in the forced swim test. One-

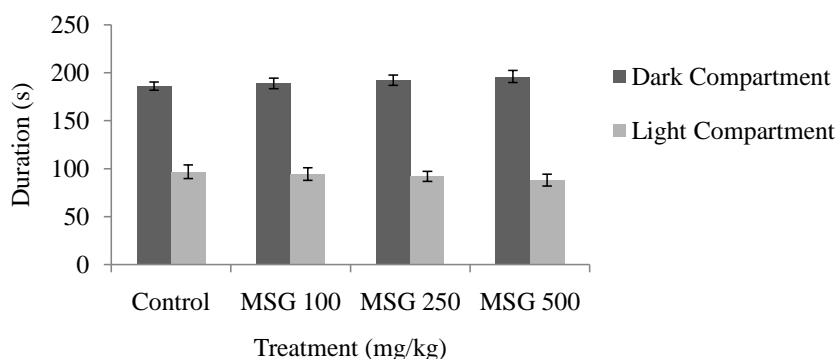


Figure 3. Effect of MSG on time spent in the dark and light compartments. The values represent the Mean ± S.E.M for 5 animals per group. $P > 0.05$ compared with control group.

Table 1. Effect of monosodium glutamate on spontaneous motor activity in mice.

Treatment Group	Dose (mg/kg)	Number of line crossed	Duration of ambulation (s)
Control	-	74.40 ± 3.88	81.00 ± 3.59
MSG	100	75.20 ± 3.68	84.20 ± 4.53
MSG	250	77.80 ± 4.50	86.40 ± 3.47
MSG	500	80.60 ± 4.74	88.00 ± 3.51

Values represent the Mean ± S.E.M for 5 animals per group. $P > 0.05$ compared with control.

Table 2. Effect of monosodium glutamate on performance of mice in the forced swim test.

Treatment Group	Dose (mg/kg)	Latency to Immobility (s)	Total Swimming time (s)	Duration of Immobility (s)
Control	-	38.00 ± 3.39	126.20 ± 5.12	142.40 ± 6.07
MSG	100	42.20 ± 2.13	129.40 ± 3.14	138.00 ± 5.36
MSG	250	40.40 ± 3.27	120.40 ± 3.39	148.20 ± 4.21
MSG	500	35.20 ± 4.01	110.20 ± 4.24*	170.00 ± 4.55*

Values represent the Mean ± S.E.M for 5 animals per group. * $P < 0.05$ compared with control.

way ANOVA revealed that there were no significant differences between treatment groups: latency to immobility [F (3, 16) = 0.8620, $P = 0.4809$]. Moreover, MSG (500 mg/kg) given daily for 21 days did not significantly prolong the latency to immobility ($P = 0.4809$). However, MSG at a dose of 500 mg/kg, significantly increased the duration of immobility ($P = 0.020$) and also reduced the total time spent in active swimming ($P = 0.0240$) when compared with control, which suggests depressive-like effect (Table 2).

3.5. Effect of Monosodium Glutamate Produces Increase in Oxidative Stress in Mouse Brain

The effects of MSG on MDA and GSH, the major biomarkers of oxidative stress are shown in Table 3. One-way ANOVA revealed that there were significant differences between treatment groups; MDA [F (3, 16) = 8.628, $P = 0.0012$] and GSH [F (3, 16) = 8.116, $P = 0.0016$]. Post-hoc analysis by Newman Keuls test showed that MSG (250 and 500 mg/kg) significantly elevated MDA level ($P = 0.0012$) but decreased GSH content ($P = 0.0016$) in the brain tissue of mice suggesting increased oxidative stress (Table 3).

3.6. Effects of Monosodium Glutamate on Liver Enzymes

The activities of AST and ALT enzymes in the blood obtained from MSG-treated mice are shown in Figure 4(a) and Figure 4(b). One-way ANOVA revealed that there were significant differences between treatment groups: AST [F (3, 16) = 46.6, $P = 0.001$] and ALT [F (3, 16) = 9.754, $P = 0.002$]. Post hoc analysis by Newman Keuls test showed that MSG (100, 250 and 500 mg/kg) given orally for 21 days produced a significant elevation of liver function enzymes; AST ($P = 0.001$) and ALT ($P = 0.002$) in comparison with control suggesting liver injury (Figure 4(a) and Figure 4(b)).

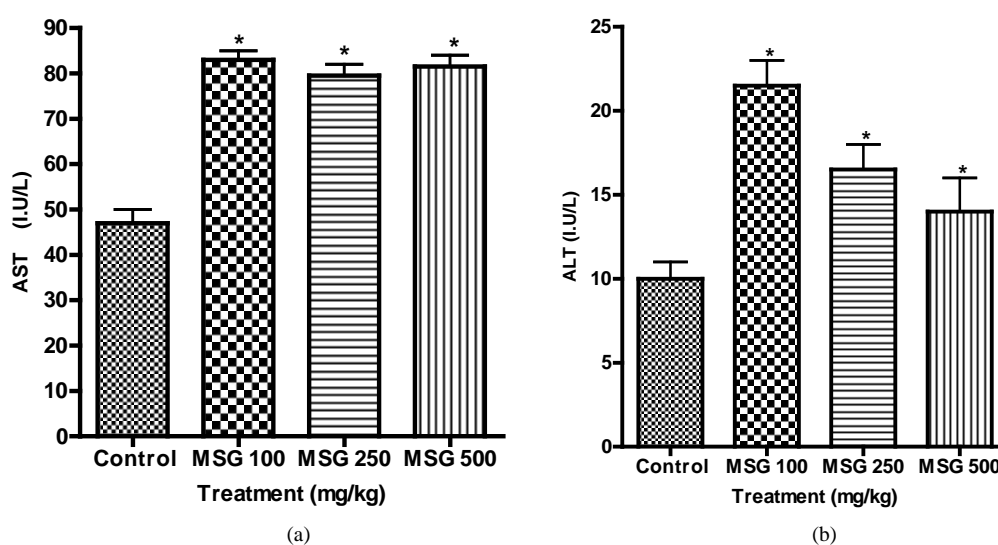


Figure 4. Effects of monosodium glutamate on aspartate aminotransferase (a) and alanine aminotransferase (b) activities in the blood. Columns represent the Mean \pm S.E.M for 5 animals per group. * $P < 0.05$ compared with control group.

Table 3. Effects of monosodium glutamate on the brain levels of malondialdehyde and glutathione in mice.

Treatment Group	Dose (mg/kg)	GSH ($\mu\text{mol/g}$ tissue)	MDA ($\mu\text{mol/g}$ tissue)
Control	-	26.88 \pm 1.44	60.06 \pm 4.52
MSG	100	24.38 \pm 1.17	66.54 \pm 4.11
MSG	250	20.04 \pm 1.34*	78.03 \pm 3.82*
MSG	500	18.50 \pm 1.46*	86.97 \pm 3.81*

Values represent the Mean \pm S.E.M for 5 animals per group. * $P < 0.05$ versus control.

4. Discussion

The results of this study showed that oral administration of 100 - 500 mg/kg of MSG daily for 21 days did not significantly alter the patterns of alternation behaviors of mice in the Y-maze test. The Y-maze test is a recognized animal model routinely used for the evaluation of memory performance in rodents. This test is based on the ability of rodents to remember the sequence of arms entry, commonly known as spontaneous alternations [25]. The list of arms visited is believed to be held in spatial working memory, thus serving as a measure of short-term memory [26]. Previous preclinical studies have shown that intraperitoneal or subcutaneous injection of MSG or given with animal foods at doses 4 - 8 g/kg produced neuronal degeneration resulting in loss of memory [5] [8]-[19]. However, Hashem *et al.*, [27] reported that 3 g/kg/day of MSG mixed with rat foods for 14 days produced degenerative changes in the cerebral cortex of the brain region. The dosages of MSG used in these studies were very high and the methods of administration, as well as force feeding, did not accurately represent the way humans consume MSG [2] [11]. High oral doses of MSG have been reported to be well tolerated by humans as well as adult gerbils as it did not produce any neurological changes [4] [12]. These findings further confirm that the neurotoxic effects of MSG are determined mainly by the quantity administered and the route of administration. The lowest dose used in most studies was 2 g/kg of body weight, which corresponded to an ingestion of 140 g in a 70 kg man, while the average daily intake of MSG had been estimated to be 0.3 - 1.0 g [4]. Thus, further animal studies involving the effects of MSG on the brain should be done by using doses similar to human intake. In addition, oral route should be considered for further studies, since MSG is known to be completely metabolized by the liver with evidence of high first pass effect [2] [12] [28]. Another key factor influencing MSG-induced neurotoxicity is the age of the animals and the deleterious effects of MSG are commonly reported in neonatal brains [2]. This has been attributed to the fact that MSG did not readily cross the blood brain barrier to exert its neurotoxic effects in adult brains [2]. Thus, future extrapolation of animal data to human settings should be done with considerations of these vital issues; relating to doses, route of administration and age of the animals.

The effect of MSG on animal behavior was further evaluated in this study using EPM and light/dark transition tests in mice. The EPM and light/dark transition tests are animal models widely used for evaluation of agents with anxiolytic or anxiogenic property [22]. The behavioral changes seen in EPM and light/dark transition tests are due to the natural aversion of rodents for open and light environments. Thus, the measures of anxiety in the EPM test are based on the alterations in the number of open arm entries and the total time spent in the open arm arena [22]. Whereas, the increase in duration of time spent in the dark compartment of the light/dark box indicates a state of anxiety in rodents [22] [29]. However, oral administration of 100 - 500 mg/kg MSG did not significantly alter the behavioral performance of mice in the EPM and light/dark transition tests. This finding further supports the notion that MSG given orally in doses that correspond to its average dietary intake is well tolerated by animals and humans [12]. On the other hand, there are reports in literature, which showed that MSG produced anxiogenic effect through stimulation of sympathetic nervous system [5]. However, these studies used parenteral routes or forced feeding and high doses (4 - 8 g/kg) of MSG, which tended to compromise the clinical implications of these findings. In addition, the hyperlocomotion seen in rodents treated with high doses of MSG may have also resulted from increased sympathetic discharges or activation of glutamate receptors [30]. However, the results of our study showed that MSG did not significantly modify SMA, which further suggested that its neurotoxic effect was determined by the quantity taken. The tendency of MSG to induce behavioral depression was also assessed using FST. The FST induces depressive-like symptoms in rodents that resemble endogenous depression in humans [21] [31]. The parameters measured in this test include the first occurrence of immobility, duration of immobility and total time spent in active swimming. The first occurrence of immobility signals the onset of hopelessness or despair while prolonged duration of immobility reflects a state of behavioral depression [21] [30]. In this study, oral administration of MSG at 500 mg/kg but not at lower doses induced depressive-like symptoms in the FST in mice but this finding needs further investigations.

The biochemical assays carried out in this study showed that MSG (250 and 500 mg/kg) produced significant elevation of MDA levels accompanied by depletion of GSH concentrations in mouse brain, which suggested increased oxidative stress. Oxidative stress occurs when reactive oxygen species (ROS) accumulate in cells, either from excessive production or insufficient degradation, resulting in cellular damage [32]. Previous preclinical studies have shown that MSG at various doses induces oxidative stress in many organs of the body and also damages liver cells [1] [13]. Increased reactive oxygen species (ROS) had been implicated in the massive neu-

ronal cell destructions associated with prolonged and high doses of MSG [33]. Perhaps, oxidative stress may be playing a vital role in MSG-induced neurodegeneration in discrete brain regions in early postnatal mice [34]. Thus, memory impairment linked with high doses of MSG may be mediated through oxidative stress. Indeed, several studies had implicated oxidative stress in the pathology of Alzheimer disease, a neurodegenerative disorder associated with memory loss [35] [36]. However, results of our studies indicate that MSG did not impair memory in Y-maze paradigm. This finding suggests that the degree of lipid peroxidative tissue damage might not have been severe enough to compromise memory function and other behavioral phenotypes. MSG also elevated the serum ALT and AST levels, which were routinely used as biomarkers of liver injury [15]. Thus, increase in serum ALT and AST levels might perhaps be an indication of liver damage in MSG-treated animals. MSG is known to dissociate to glutamate, which in turns produces ammonium ions that cause toxicity to the liver [3]. The ammonium ion overload that occurs as a result of increased level of glutamate following MSG intake damages the liver and thus, the release of ALT and AST enzymes [3]. Ammonium ion overloads also trigger the formation of reactive oxygen species, which react with polyunsaturated fatty acids of cell membrane leading to impairment of mitochondrial and plasma membranes accompanied by leakage of liver enzymes such as ALT and AST [14]. Tawfik & Al-Badr [3] also showed that MSG impaired liver function and elevated serum ALT and AST levels in rat at doses lower than those used in this study. Although impaired liver function may result in increased blood level of MSG, the implications of such finding on brain functions need further investigations.

5. Conclusion

The results of this study suggested that MSG induced oxidative stress in mouse brain and elevated serum liver function enzymes but did not produce significant behavioral abnormalities at lower doses in mice.

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Conflict of Interest

Authors declare that there is no conflict of interest.

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