

# Clinical Outcome of Low Dose Contrast during Percutaneous Coronary Intervention in Patients with Moderate to Severe Kidney Impairment

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## Abstract

**Background:** Chronic kidney disease patients are at a greater risk for nephropathy requiring dialysis after percutaneous coronary intervention. Such patients are usually deferred due to fear of “Renalism”. **Objectives** This study assesses the outcome of Low dose contrast protocol during PCI in CKD patients whose e-GFR < 60 ml/min/1.72 m and investigates a safety margin for contrast use in these high-risk categories. **Methods:** Patients were into three groups according to CV/e-GFR ratio: Group (A) low-dose: CV/e-GFR ratio < 2.0 Group (B) medium-dose: CV/e-GFR ratio > 2.0 and < MACD (5× bodyweight\\$.creatinine). Group (C) high-dose: CV/e-GFR ratio > MACD. **Results:** A total of 73 patients were enrolled. Average age was 54 ± 8 years, 81.4% were male and 18.6% were females and 52% were diabetic. Mean baseline e-GFR was 40 ± 8.0 ml/min/1.73 m<sup>2</sup>. Contrast Volume used in group A was (58.26 ± 15.05) (n = 24), in group B (109.42 ± 17.11) (n = 26) and in group C (304.5 ± 60.30) (n = 23), respectively. The incidences of CI-AKI in the 3 groups were 0%, 11.5% and 35%, respectively (p = 0.02). All-cause death 0%, 17% and introduction of maintenance hemo dialysis was 0%, 11.5% and 26%, respectively (p < 0.01). **Conclusion:** Low dose contrast protocol is safe, effective and easily applicable technique without CI-AKI or death. CV/e-GFR < 2 is a safe ratio and can be achieved without IVUS use with good outcomes.

## Keywords

Chronic Kidney Disease (CKD), Maximum Allowed Contrast Dose (MACD), Contrast Induced Acute Kidney Injury (CI-AKI), Low Dose Protocol, Contrast Volume to e-GFR Ratio

## 1. Introduction

Contrast-induced acute kidney injury (CI-AKI) is one of the complications following coronary angiography (CAG) and percutaneous coronary intervention (PCI), especially among patients with chronic kidney disease [1]. CI-AKI after PCI has a poor prognosis and is at high risk for major adverse cardiac and cerebrovascular events (MACCE) in the long-term clinical course [2] [3] [4] [5].

Prophylaxis against CI-AKI using drugs such as N-acetylcysteine, sodium bicarbonate, or atrial natriuretic peptide remains controversial [6] [7]. Also, prophylactic hemodialysis done after cardiac catheterization or intervention in patients with CKD is proved not to prevent CI-AKI [8]. Although currently, an evidence-based strategy has been limited to volume hydration before, during and after the procedure, A new study named AMACING Trial challenges the Cornerstone of Prophylaxis *i.e.* IV hydration. In a randomized trial comparing intravenous saline to no hydration, patients at high risk for contrast nephropathy gained no added protection from hydration during elective procedures that required iodinated contrast. “The AMACING study found that no prophylaxis is to be not inferior to prophylactic intravenous hydration in the prevention of contrast-induced nephropathy, as well as cost-saving”. Moreover, they add that hydration itself appeared to increase the risk of complications [9]. Therefore, CKD patients are still deferred from intervention, due to this fear of “Renalism” [10].

Some literature reported a significant correlation of contrast volumes with the incidence of CI-AKI, thus techniques to minimize contrast seem to be the most effective in preventing CI-AKI especially in patients with moderate and severe kidney impairment AKI [11] [12] [13] [14] [15]. In this study, we are trying to prove that PCI can be done in these patients safely and assessing incidence of CI-AKI after PCI as well as, trying to investigate a safety margin of contrast below which contrast use can be safe without need for dialysis or occurrence of CI-AKI these high-risk patients.

## 2. Aim of Study

To assess incidence of CI-AKI in patients with moderate to severe kidney impairment undergoing PCI using a contrast minimizing technique “ Low dose contrast protocol “ as well as investigating a safety margin for contrast use in these patients.

## 3. Patients and Methods

This study is a single-center, prospective study aiming to assess clinical outcome of PCI both elective and primary in chronic kidney disease patients with moderate and severe degrees using a contrast minimizing technique. We called the technique “Low dose contrast protocol”. Also, we are investigating a cut-off value for safe contrast use in such patients.

### Study population Inclusion Criteria:

- 1) Patients eligible for PCI according to European Society of Cardiology

**(ESC) guidelines [16]:**

- a) Acute ST-elevation myocardial infarction (STEMI).
- b) Non-ST-elevation acute coronary syndrome (NSTE-ACS).
- c) Unstable angina.
- d) Chronic Stable angina.
- e) Anginal equivalent (eg, dyspnea, arrhythmia, or dizziness).
- f) Evidence of myocardial ischemia on non invasive stress testing.

**2) CKFD Patients with moderate to severe renal impairment (e-GFR < 60 ml/min/1.72m).****Exclusion criteria:**

- a) End stage renal disease (patients on regular dialysis) or very severe impairment of renal functions GFR < 15 ml/min/1.73 m.
- b) Severely impaired systolic function (EF < 35%).
- c) Decompensated heart failure symptoms and signs e.g. congested neck veins, lower limb oedema and pulmonary venous congestion.
- d) Hypersensitivity or allergy to contrast material.
- e) Recent exposure to contrast material within 7 days.

**Endpoints:**

Primary endpoints are occurrence of death due to any cause or hemodialysis after procedure and during in-hospital course. Secondary endpoints include development of CIN with rise of, 5 mg/dl of serum creatinine or 25% of baseline, occurrence of stroke, MI and death.

**Laboratory examination:**

Serum creatinine was measured pre and post procedure and then estimated glomerular filtration rate was calculated for all patients using the Japanese Modification of Diet in Renal Disease (MDRD) study equation released by the Japanese Society of Nephrology [17].

$$\text{Estimated GFR (ml/min/1.73m}^2\text{)} = 186 \times (\text{Creat}/88.4)^{-1.154} \times (\text{Age})^{-0.203} \\ \times (0.742 \text{ if female}) \times (1.210 \text{ if black})$$

**Patient subgroups:**

Patients are divided according to contrast volume to e-GFR ratio into 3 groups:

- a) Group A: 24 patients had PCI using low dose contrast protocol, CV/e-GFR ratio < 2.
- b) Group B: 26 patient had PCI with moderate amount of dye, CV/e-GFR > 2 and less than MACD.
- c) Group C: 23 patient had PCI using large amounts of dye, CV/e-GFR > MACD.

**Pci procedure:**

Use small diameter catheters (*i.e.*, 5 - 6 French) without side-holes.

Limit the volume of contrast injected from the catheter to 1 - 2 cm<sup>3</sup> per injection using a 3-cm syringe.

Procedures were done using low osmolar contrast.

All contrast injections require simultaneous cine angiogram, *i.e.* “no dye without the cines eye.”

During PCI, before the exchange of devices such as balloon catheters, remove contrast from the guide catheter by back bleeding contrast out of the “Y” connector.

If available, display previous angiographic images (including angiography from past procedures) alongside active fluoroscopy screen as a reference to use as guidance during guide wire, balloon, stent.

Absolutely no contrast “puffing” during the procedure. Minimizing contrast during procedure by using CV/gfr ratio  $< 2$ .

Mixing saline with dye although it decreases lesion opacification.

IVUS using to maximize contrast restriction was not available, hence we targeted a reasonable ratio  $cv/eGfr < 2$  and we called this approach low dose contrast.

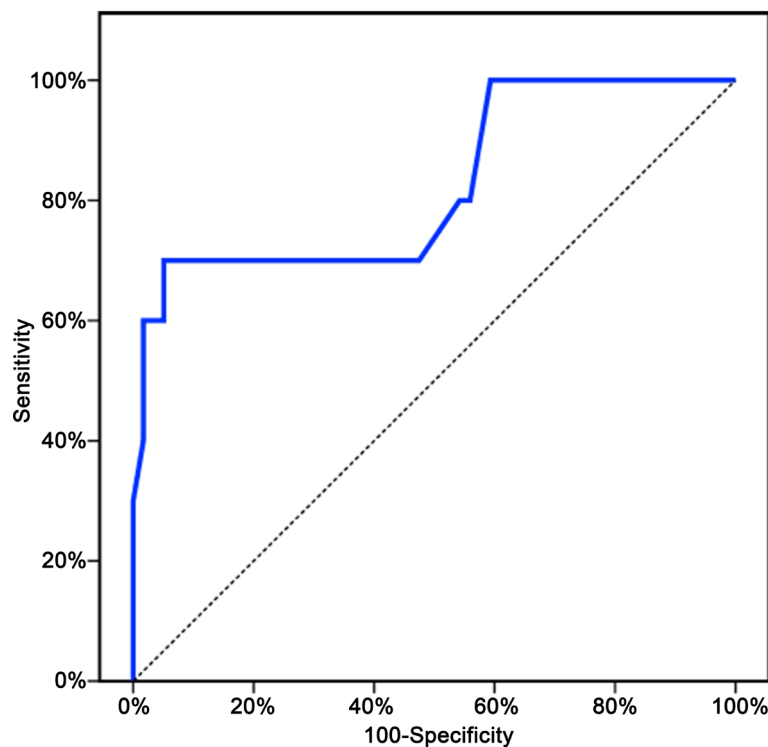
#### Statistics:

Continuous variables were expressed as mean  $\pm$  SD Categorical variables were expressed as counts and percentages, and the Chi-square test & Anova test & student t-test & Kruskal Wallis test and Whitney man u test was used for comparison. ROC curve analysis was done to predict cut off value for CIN incidence using  $cv/e$ -GFR ratio and (sensitivity & specify) for all patients as well as diabetic and non-diabetics and All analyses were performed with the SAS 9 (Figures 1-3).

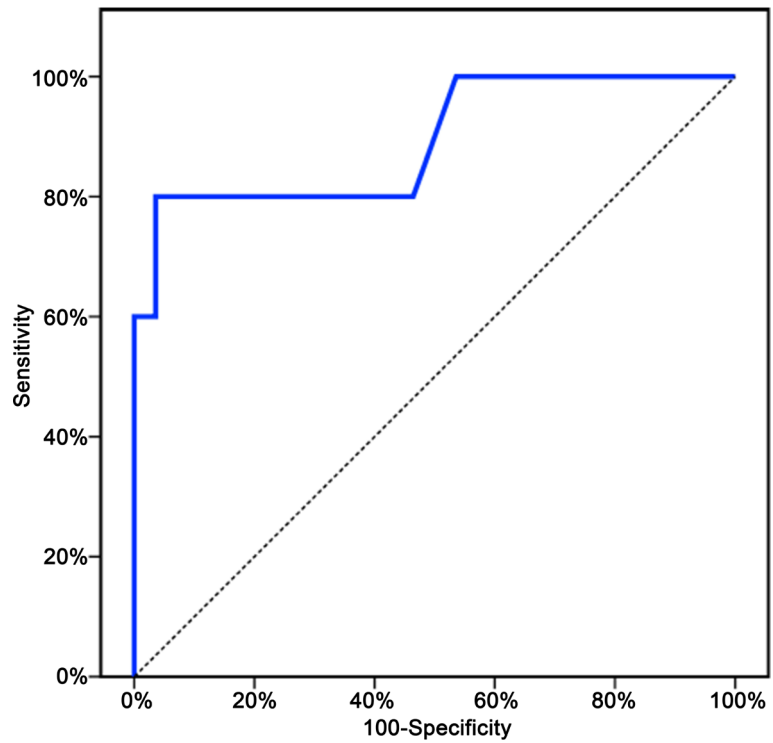
## 4. Results

### Patient characteristics

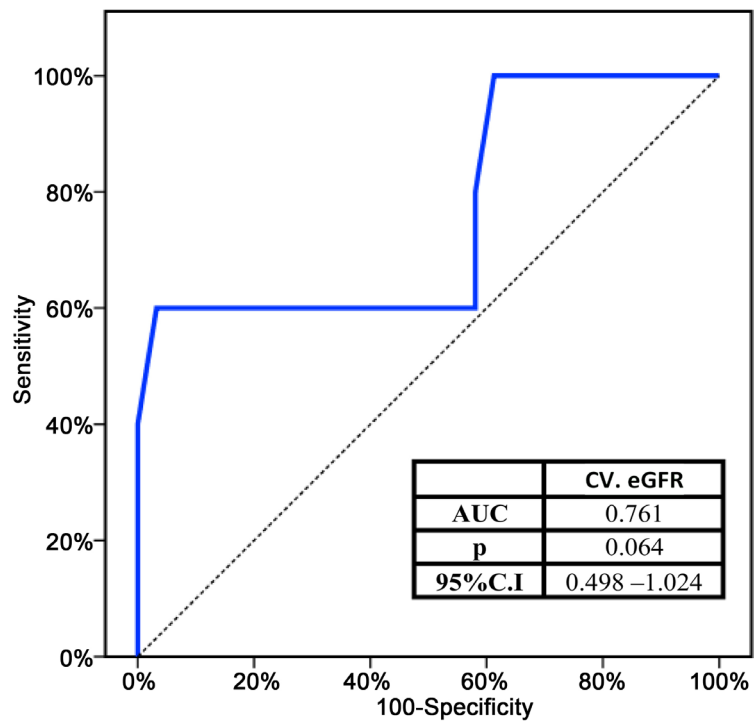
This study included 73 patients presented to the Menoufia university hospital



**Figure 1.** ROC curve for CV. E-GFR to predict CIN cases for total sample (n = 73).



**Figure 2.** ROC curve for CV. eGFR to predict CIN cases for non-diabetic cases (n = 35).



**Figure 3.** ROC curve for CV. eGFR to predict CIN cases for diabetic cases (n = 38).

and the National Heart Institute with coronary artery disease either stable or acute coronary syndrome associated with CKD whose e-GFR were less than 60 m/min/1.73 and were treated with either primary or elective PCI, and they were

investigated for the occurrence of contrast-induced nephropathy (CIN)), defined as an increase of 25% or more or an absolute increase of 0.5 mg/dl or more in serum creatinine level from baseline value (measured on admission) within 48 - 72 hours of radio-contrast administration.

Patients were divided into 3 groups according to the contrast dose **Table 1**.

(18%) 17 patients were females and 57 patients were males (81.4%) and mean age among the total patients was  $54 \pm 8$  and mean body weight was  $85 \pm 6$  kg among patients.

There was no statistically significant difference between the 3 groups as regards to age, sex or body weight **Table 2**.

Group A 17 patients were smokers (73.9%), 12 patients were diabetic (52.2%), 10 patients were hypertensives (43.5%) and 6 patients were dyslipidemics (26.6%).

Group B 21 patients were smokers (80.8%), 14 patients were diabetic (53.8%), 10 patients were hypertensives (38.5%) and 5 patients were dyslipidemics (19.2%).

Group C 12 patients were smokers (60%), 12 patients were diabetic (50.0%), 13 patients were hypertensives (65%) and 3 patients were dyslipidemics (15%).

Overall incidence of dyslipidemia 18%, 52% Diabetes, 45.2% hypertension and 68.4% smokers.

There is no statistically significant difference as regard risk factors (HTN, DM,

**Table 1.** Distribution of the studied cases according to (n = 73).

	No.	%
Low-dose (group A)	24	33.3
Medium-dose (group B)	26	37.7
High-dose (group C)	23	29.0

**Table 2.** Comparison between the three studied groups according to demographic data.

	Group A (n =24)		Group B (n =26)		Group C (n =23)		Test of Sig.	P
	No.	%	No.	%	No.	%		
<b>Gender</b>								
Male	18	78.3	21	80.8	17	79.8	F = 0.383	MCp = 0.925
Female	6	21.7	5	19.2	6	20.2		
<b>Age (years)</b>								
Min. - Max.	36.0 - 70.0		40.0 - 75.0		36.0 - 80.0		F = 0.802	0.453
Mean $\pm$ SD.	52.70 $\pm$ 10.03		55.81 $\pm$ 8.12		55.50 $\pm$ 9.67			
Median	54.0		54.0		55.50			
<b>Weight (kg)</b>								
Min. - Max.	70.0 - 105.0		66.0 - 105.0		74.0 - 101.0		F = 0.485	0.618
Mean $\pm$ SD.	84.0 $\pm$ 8.80		83.88 $\pm$ 9.95		86.25 $\pm$ 7.26			
Median	82.0		85.0		86.0			

Smoking and dyslipidemia) **Table 3.**

The mean ejection fraction was  $51.43 \pm 9.43$  in group A, while in group B was  $51.46 \pm 8.02$  and in group C was  $47.25 \pm 9.80$ . There was no statistically significance between the 3 groups ( $p = 0.223$ ) **Table 4.**

Pre GFR in group A was ranging from 22.38 to 58.25 and in group B was ranging from 22.9 to 58.25 while in group 3 from 24.4 to 58.0 without any clinical significance [ $p = 0.091$ ] (**Table 5**).

ROC curve analysis between contrast volume and Egfr showed that CV/Egfr > 6 is the cut off value to predict CIN in total number of patients with sensitivity of 70% and specificity of 94.92% and 70% ppv and 94.9% NPV (**Table 6**).

CV/Egfr > 5.2 is the cut off value to predict CIN in non diabetic patients with sensitivity of 80% and specificity of 96.43% and 80% ppv and 96.4 NPV (**Table 7**).

**Table 3.** Comparison between the three studied groups according to risk factors.

	Group A (n = 24)		Group B (n = 26)		Group C (n = 23)		$\chi^2$	P
	No.	%	No.	%	No.	%		
Smoker	17	73.9	21	80.8	12	60.0	2.480	0.289
DM	12	52.2	14	53.8	12	50.0	0.067	0.967
HTN	10	43.5	10	38.5	13	65.0	3.452	0.178
Dyslipidaemia	6	26.1	5	19.2	3	15.0	0.846	MCp = 0.700

$\chi^2$ : Chisquaretest; MC: Monte Carlo; p: p value for comparing between the three groups; \*: Statistically significant at  $p \leq 0.05$ .

**Table 4.** Comparison between the three studied groups to (EF).

EF	Group A (n = 24)	Group B (n = 26)	Group C (n = 23)	F	p
Min. - Max.	30.0 - 65.0	35.0 - 65.0	30.0 - 70.0		
Mean $\pm$ SD.	$51.43 \pm 9.43$	$51.46 \pm 8.02$	$47.25 \pm 9.80$	1.533	0.223
Median	50.0	51.50	45.0		

**Table 5.** Comparison between the three studied groups according to cv. Egfr and Pre GFR.

	Group A (n = 24)	Group B (n = 26)	Group C (n = 23)	F	p	Post hoc test		
						A vs. B	A vs. C	B vs. C
<b>cv.eGFR</b>								
Min. - Max.	0.60 - 1.90	2.10 - 4.20	4.10 - 11.0					
Mean $\pm$ SD.	$1.47 \pm 0.38$	$2.83 \pm 0.57$	$6.93 \pm 2.10$	118.304*	<0.001*	0.001*	<0.001*	<0.001*
Median	1.50	2.70	6.45					
<b>Pre GFR</b>								
Min. - Max.	22.38 - 58.25	22.90 - 58.25	24.40 - 58.0					
Mean $\pm$ SD.	$37.69 \pm 10.06$	$39.35 \pm 8.74$	$45.07 \pm 8.06$	3.888*	0.025*	0.797	0.025*	0.091
Median	38.17	40.0	44.80					

F: F for ANOVA test, Pairwise comparison bet. Each 2 groups was done using Post Hoc Test (Tukey CV/Egfr ratio in group A was ranging between.6 to 1.9 and in group B was ranging from 2.1 to 4.2 while in group C ranges 4 to 11.

CV/Egfr > 7 is the cut off value to predict CIN in diabetic patients with sensitivity of 60% and specificity of 96.77% and 75% ppv and 93 NPV (Table 8).

#### Lesion and procedural characteristics

There was no statistically significant difference between the 3 groups Table 9.

#### Contrast dye volume and clinical outcomes

In group A least amount used was 40 ml and maximum amount was 80 ml with mean  $58.26 \pm 15.05$  ml.

In group B 90 ml contrast was the least amount of contrast used and 150 ml was maximum amount used with  $109.42 \pm 17.11$  ml. In group C contrast volume was ranging between 200 and 450 ml with mean  $304.5 \pm 60.30$  ml Table 10.

**Table 6.** Agreement (sensitivity, specificity) for CV. eGFR to predict CIN cases for total sample (n = 73).

	Cut off	Sensitivity	Specificity	PPV	NPV
CV. eGFR	>6	70.0	94.92	70.0	94.9

AUC: Area Under a Curve, P value: Probability value, CI: Confidence Intervals.

**Table 7.** Agreement (sensitivity, specificity) for CV. eGFR to predict CIN cases for non-diabetic cases (n = 35).

	Cut off	Sensitivity	Specificity	PPV	NPV
CV. eGFR	>5.2	80.0	96.43	80.0	96.4

**Table 8.** Agreement (sensitivity, specificity) for CV. eGFR to predict CIN cases for diabetic cases (n = 38).

	Cut off	Sensitivity	Specificity	PPV	NPV
CV.eGFR	>7	60.0	96.77	75.0	93.7

**Table 9.** Comparison between the three studied groups according to procedure.

Procedure	Group A (n = 24)		Group B (n = 26)		Group C (n = 23)		$\chi^2$	MCp
	No.	%	No.	%	No.	%		
Elective	17	73.9	23	88.5	18	80.0	1.753	0.434
Primary	7	26.1	3	11.5	5	20.0		

$\chi^2$ : iChi square test; MC: Monte Carlo; p: p value for comparing between the three groups overall number of elective PCI procedures was 56 cases and 14 primary PCI procedures. Number of elective procedures in group A was 17 cases (73.9%) and 7 primary cases and in group B elective cases was 23 (88.5%) and 3 primary cases (11.5%) and in group C 16 elective (80%) and 4 primary cases (20%).

**Table 10.** Comparison between the three studied groups according to Amount dye.

Amount of dye	Group A (n = 24)	Group B (n = 26)	Group C (n = 23)
Min. - Max.	40.0 - 80.0	90.0 - 150.0	200.0 - 450.0
Mean $\pm$ SD.	$58.26 \pm 15.05$	$109.42 \pm 17.11$	$304.5 \pm 60.30$
Median	60.0	105.0	300.0

F: F for ANOVA test, Pairwise comparison bet. each 2 groups was done using Post Hoc Test (Tukey).



All cases were done using low-osmolar non ionic contrast. Type A lesions were 23 cases (32.8%) and type B were 34 cases (48.7%), while type C lesions were 13 cases (18.5%). There was with no statistically significance ( $p = 0.006$ ) between the 3 groups **Table 11**.

In group A incidence of CIN, Dialysis and mortality was 0%.

In group B there was 11.5% CIN and 11.5% dialysis and 0% mortality.

In group C incidence of CIN was 35.5% and 26% dialysis and 17% mortality.

Overall incidence of CIN was 0, 11.5%, 35%, overall incidence of dialysis was 0, 11.5%, 26% while overall incidence of mortality was 0, 0, and 17%.

There is strong statistically significance between the 3 groups **Table 12**.

Syntax score was measured for all cases, in group A the syntax score was ranging between 2 and 21 and in group B range between 3- 22, in group C ranging between 7 - 22.

There were no statistically significant difference between the 3 groups ( $p = 0.057$ ) **Table 13**.

**Table 11.** Comparison between the three studied groups according to type contrast and type lesion.

	Group A (n = 24)		Group B (n = 26)		Group C (n = 23)		$\chi^2$	P
	No.	%	No.	%	No.	%		
<b>Type contrast</b>								
Low osmolar	24	100.0	26	100	20	100		
<b>Type lesion</b>								
A	12	52.1	9	39.1	2	8.6	12.478	MCp = 0.006
B	9	23.5	18	52.94	7	20.5		
C	2	15.3	1	7.69	10	76.9		

$\chi^2$ : iChisquare; MC: Monte Carlo; \*:Statistically significant at  $p \leq 0.05$ .

**Table 12.** Comparison between the three studied groups according to CIN incidence, dialysis and mortality.

	Group A (n = 24)		Group B (n = 26)		Group C (n = 23)		$\chi^2$	MCp
	No.	%	No.	%	No.	%		
Mortality	0	0.0	0	0.0	4	17	5.184*	0.021*
CIN	0	0.0	3	11.5	8	35.5	10.207*	0.003*
Dialysis	0	0.0	3	11.5	6	26	12.309*	<0.001*

$\chi^2$ : Chi square; MC: Monte Carlo; p: p value for comparing between the three groups; \*: Statistically significant at  $p \leq 0.05$ .

**Table 13.** Comparison between the three studied groups according to syntax score.

Syntax score	Group A (n = 24)	Group B (n = 26)	Group C (n = 23)	H	p
Min. - Max.	2.0 - 21.0	3.0 - 22.0	7.0 - 22.0		
Mean $\pm$ SD.	8.39 $\pm$ 5.52	9.23 $\pm$ 4.62	10.15 $\pm$ 4.28	5.728	0.057
Median	7.0	8.0	8.0		

H: H for Kruskal Wallis test.

## 5. Discussion

Contrast-induced nephropathy is defined as impairment of renal function occurring within 48 hours after administration of contrast medium. It's manifested by an increase in serum creatinine level of 0.5 mg/dl or by a relative increase of 25% over the baseline value [18].

This study suggests that PCI can be done in moderate and severe chronic kidney disease patients with elevated serum creatinine levels and e-GFR < 60 mL/min/1.73m<sup>2</sup> safely without incidence of CIN, dialysis or mortality using low dose contrast protocol even without IVUS use.

CKD is defined as kidney damage or glomerular filtration rate (GFR) < 60 mL/min/1.73m<sup>2</sup> for 3 months or more, irrespective of cause. This definition is accepted by Kidney Disease Quality Outcome Initiative (K/DOQI) [19].

The current study includes 73 CAD patients with moderate to severe kidney impairment with e-gfr < 60 ml/kg/1.73min indicated for percutaneous coronary intervention. The patients were divided into 3 groups according to the amount of dye:

Group (A): which included [20] whose cv/gfr ratio < 2.

Group (B): which included [21] patients in whom cv/gfr ratio > 2 but still < MACD.

Group (C): which included [22] patients in whom the cv/gfr ratio has exceeded MACD.

In group (A) PCI was done to 23 patients with e-GFR ranging between 22.38 - 58.25 with mean  $37.69 \pm 10.06$  using a minimized amount of dye by low dose protocol and CV was restricted using cv/e-GFR ratio < 2.

Surprisingly none of the 24 patients of group (A) developed CIN; which is defined as a rise of serum creatinine level. 5 mg/dl or 25% above basal serum creatinine and also 0% incidence of dialysis and mortality.

Keshav R. Nayak *et al.* described a novel technique to minimize contrast during PCI in patients with severe kidney impairment whose e-GFR < 30 mL/min/1.73m<sup>2</sup>.

They reported 3 cases of CAD with e-GFR < 30 mL/min/1.73m<sup>2</sup>, PCI was done to RCA, LAD, RCA using 7.5, 14, 10 ml contrast using IVUS. The 4<sup>th</sup> patient underwent a diagnostic study and multi-vessel PCI without the use of any contrast media using previous angiographic images and extensive intravascular ultrasound (IVUS) employment. None of the 4 patients showed any deterioration of renal function during a 7-day follow-up period [21].

This is similar to a study by N.Ogata *et al.* PCI was done in 18 patients with e-GFR < 30 mL/min/1.73m<sup>2</sup> using ultra low dose protocol or maximum minimized contrast protocol with cv/e-GFR < 1, IVUS use has helped in minimizing amount of contrast. The overall incidence of CIN was 0% and 0% in dialysis and mortality [15].

Although cv/e-GFR was different with extreme reduction in the Japanese study, incidence was the same in our study because we included patients with e-GFR < 60 mL/min/1.73m<sup>2</sup> *i.e.* moderate to severe kidney disease, while N. Ogata

*et al.* all patients were  $e\text{-GFR} < 30 \text{ mL/min/1.73m}^2 \text{ ml/kg/min}$  and the relatively small number of patients in both studies.

Mehran *et al.* previously published a simple risk score for CI-AKI after PCI based on a retrospective large cohort analysis. According to Mehran *et al.* incidence of CIN in CKD patients was 30% [22].

In our study, CIN incidence in group (C) which had relatively large amounts of dye was 35%.

According to a study by Zach Rozenbaum *et al.* 30 patients with stage 3b-5 chronic kidney disease referred for coronary angiography. The most common indication was NSTEMI (25 patients) followed by stable angina pectoris (5 patients), and 16 patients underwent subsequent coronary angioplasty. CIN occurred in 3 patients increase in serum cystine level but not on creatinine levels 48 h following coronary procedure [20].

Safe limit for contrast use has been studied in many studies. Maximum allowed contrast dose calculated as 5 times body weight/serum creatinine has been reported.

This formula has been applied retrospectively in 16,592 patients undergoing cardiac catheterization to determine its utility in predicting the risk of post-procedural dialysis [23].

Cigorra *et al.* has also validated this formula in 115 patients with chronic kidney disease (serum creatinine above 1.8 mg/dl) underwent cardiac catheterization and angiography, after which the level serum creatinine was measured daily for five days. The amount of contrast material that was given adhered to the limit in 86 patients (Group I) and exceeded it in 29 (Group II). Contrast-induced renal dysfunction (an increase in serum creatinine greater than or equal to 1.0 mg/dL) occurred in two (2%) patients in Group I and in six (21%) patients in Group II ( $p < 0.001$ ) [11].

In our study PCI was performed on 20 patients with CKD,  $e\text{-GFR}$  less than  $60 \text{ mL/min/1.72 m}$  using amounts of contrast exceeding MACD (5 bodyweight/serum creatinine) without application of low dose contrast protocol. CIN occurred in 7 patients (35%) and 30% required dialysis and 15% deaths.

The most important risk factor for nephropathy after exposure to iodinated contrast media is preexisting renal impairment. The risk of CIN is elevated and becomes clinically important in patients with chronic kidney disease characterized by an estimated glomerular filtration rate  $< 60 \text{ mL/min/1.73 m}$ .

As a result contrast volume to creatinine clearance has been studied [18] [24] [25]. Altmann DB *et al.* studied contrast volume to creatinine clearance in 152 CKD Patients and found that cut off value of 6 is predictive of CI-AKI [26].

This is similar to our results: ROC curve for CV/eGFR to predict cut-off value for CIN for total number of cases (70) was done with cut-off value  $> 6$  and sensitivity 70%, specificity 94.92% and PPV 70.0% and NPV 94.5%.

The cut-off value to predict CIN was calculated for both diabetics and non-diabetic patients using ROC-curve analysis for CV/e-GFR.

.For non-diabetic patients a cut-off value  $> 5.2$  is predictor with Sensitivity 80% and specificity 96.43% and PPV 80% and NPV 96.4%.

For diabetic patients, a cut-off value  $> 7$  is predictor with Sensitivity 60% and specificity 96.77% and PPV 75% and NPV 93.7%.

According to a study by Laskey *et al.* on 3179 patients, cv/cc over 3.7 was a strong and independent predictor of CI-AKI [12].

Also cv/e-gfr ratio  $< 1$  was used in a study by N.ogata *et al.* on 18 patients with severe kidney impairment e-GFR  $< 30$  mL/min/1.73m<sup>2</sup> and 0% incidence of CIN, Dialysis, and mortality. According to these investigators cv/e-GFR  $< 1$  was a safe margin in severe CKD and should be a target of IVUS guided PCI [15].

According to our study cv/e-GFR  $< 2$  was safe and reasonable margin for contrast use especially in moderate CKD and in absence of IVUS as a tool to minimize contrast as none of our patients developed CIN, Dialysis or mortality.

## 6. Study Limitations

The current study had the following limitations:

- 1) The sample size was rather small and the follow-up time was short-term.
- 2) Selection bias towards a more simple lesion.
- 3) Application of low dose contrast in complex bifurcation and CTO needs further research and expert operators
- 4) Rationale of minimized contrast in this study *i.e.* CV/e-GFR  $< 2$  was relatively small as its single-center study and rationale of low dose contrast in CKD patients is still underutilized in real-world practice due to fear of renalism.

## 7. Conclusion

- 1) PCI can be done in moderate to severe kidney impairment e-GFR  $< 60$  mL/min/1.73 m<sup>2</sup> using low dose contrast protocol without CIN or dialysis.
- 2) Low dose contrast protocol is easy and applicable approach in CKD pts during pci especially in simple pci and coronary angiography group.
- 3) CV/e-GFR  $< 2$  is a safe limit to minimize contrast in CKD pts mainly moderate to severe disease. Further studies need to be done on severe CKD e-GFR  $< 30$  mL/min/1.73 m<sup>2</sup>.
- 4) CV/e-GFR is one of predictors of CI-AKI in CKD pts during pci with cut-off value  $> 6$  to predict CIN.
- 5) CV/e-gfr  $< 1$  can be achieved and may be a target of ivus guided PCI.
- 6) Complex pci *i.e.* bifurcation and CTO in CKD pts can be done using low dose contrast protocol but need expert operator and IVUS guidance.

## 8. Recommendations

- 1) CKD patients needing PCI shouldn't be deferred due to fear of renalism especially who needs primary PCI with contraindication or failed thrombolytic therapy.
- 2) Such kind of patients PCI can be done with low dose contrast protocol.

3) CV/e-gfr ratio < 2 is accepted ratio to minimize contrast especially in moderate to severe kidney disease and absence of IVUS and in primary PCI.

4) Further reduction to CV/e-GFR < 1 should be targeted to IVUS guided PCI.

5) CKD with e-GFR < 30 mL/min/1.73m<sup>2</sup> and complex anatomy *i.e.* bifurcation or CTO should be performed by expert operator in such techniques and in ivus use.

6) Potentially nephrotoxic drugs, including aminoglycoside antibiotics, anti-rejection medications, metformin and non-steroidal anti-inflammatory drugs (NSAIDs) should be withheld before the procedure which is also not applicable during emergent situations.

7) Dehydration should be avoided; hydration has been proven to be safe, cheap, effective and rapid method that can be easily applied to all patients and during emergency (e.g; primary PCI). Therefore prophylaxis is crucial, especially in patients considered to be at high risk for CIN.

8) Using low or iso-osmolar contrast agents in patients at risk for development of CIN.

### Conflicts of Interest

The authors declare no conflicts of interest regarding the publication of this paper.

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