



Special Issue on Stress and Mental Health

Call for Papers

Stress and Mental Health is an academic topic that explores the relationship between psychological stress and its impact on individual mental wellbeing, including the development of coping strategies. This academic topic delves into the psychological and physiological impact of stress on individuals, examining how various factors contribute to mental health challenges. Researchers investigate coping mechanisms, risk factors, and intervention strategies to enhance our understanding of stress-related disorders, fostering advancements in mental health promotion and treatment.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on **Stress and Mental Health**. Potential topics include, but are not limited to:

- Psychological impact of stress
- Physiological responses to stress
- Coping mechanisms
- Protective factors and resilience-building
- Stress, cognition and behaviors
- Emotional impact of stress
- Stress-related mental health issues:
- Evaluation, intervention and therapies
- Stress and depression
- Stress and motivation
- Personality disorder
- Childhood trauma and stress
- Occupational stress and management
- Stress and addiction
- Gender factors and differences
- Social and family support
- Stress during pregnancy
- Well-being, lifestyle and satisfaction
- Stress and public health
- Risk factors for stress-related disorders
- Trauma and stress disorders
- Cultural influences on stress
- Preventive approaches

Authors should read over the journal's [For Authors](#) carefully before submission.



Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly notice that the “**Special Issue**” under your manuscript title is supposed to be specified and the research field “**Special Issue – Stress and Mental Health**” should be chosen during your submission.

According to the following timetable:

Submission Deadline	May 16th, 2024
Publication Date	July 2024

For publishing inquiries, please feel free to contact the Editorial Assistant at submission.entrance1@scirp.org

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