



Special Issue on Depression, Anxiety and Mental Health

Call for Papers

Depression, Anxiety and Mental Health focuses on the understanding, assessment, and treatment of mental health disorders, particularly depression and anxiety. It involves studying the causes, symptoms, and impacts of these disorders on individuals, as well as exploring various therapeutic approaches and interventions. This field of research delves into the complexities of depression and anxiety, including their psychological, social, and biological factors. It investigates the prevalence of these mental health disorders in different populations, the risk factors associated with their onset and persistence, and the impact they have on individuals' overall well-being and quality of life. It is important to note that this academic topic also emphasizes the importance of destigmatizing mental health issues, raising awareness, and promoting strategies for maintaining mental well-being. It emphasizes the need for supportive environments, access to mental health resources, and the development of policies to address the mental health needs of individuals and communities.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on **Depression, Anxiety and Mental Health**. Potential topics include, but are not limited to:

- Assessment & psychometrics
- Psychological treatment and psychotherapy
- Prevention and early intervention
- Cognitive theories of depression
- Cognitive-behavioral therapy
- Cognitive impairment
- Patterns of emotions
- PTSD
- Suicide ideation and prevention
- Personality and depression
- Relationship between anxiety and depression
- Depression in children and adolescents
- Cultural, social, and contextual factors
- Gender and sex differences
- Resilience factors and well-being
- Mental health and public policy

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).



Please kindly notice that the “**Special Issue**” under your manuscript title is supposed to be specified and the research field “**Special Issue – Depression, Anxiety and Mental Health**” should be chosen during your submission.

According to the following timetable:

Submission Deadline	November 21st, 2023
Publication Date	January 2024

For publishing inquiries, please feel free to contact the Editorial Assistant at submission.entrance1@scirp.org

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