



Special Issue on Stress and Mental Health

Call for Papers

Stress is a physical, mental, or emotional factor that causes bodily or mental tension. Stresses can be external (from the environment, psychological, or social situations) or internal (illness, or from a medical procedure). Management of stress is one of the keys to a happy and successful life in modern society.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on **Stress and Mental Health**. Potential topics include, but are not limited to:

- Causes and treatment
- Evaluation and prevention
- Interventions and therapy
- Coping strategies
- Stress, behaviors and cognition
- Emotional behaviors and stress management
- Stress-associated diseases
- Chronic stress
- Stress and motivation
- Occupational stress and management
- Posttraumatic stress disorder
- Personality disorder
- Psychiatric factors and disorders
- Well-being, lifestyle and satisfaction
- Childhood trauma and stress
- Substance abuse and stress
- Gender factors and differences
- Social and family support
- Stress during pregnancy

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly notice that the “**Special Issue**” under your manuscript title is supposed to be specified and the research field “**Special Issue – *Stress and Mental Health***” should be chosen during your submission.

According to the following timetable:



Submission Deadline	December 8th, 2020
Publication Date	February 2021

For publishing inquiries, please feel free to contact the Editorial Assistant at submission.entrance1@scirp.org

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