

# Structure of Vegetables Farming and Farmer's Perception of Soil and Water Degradation in Two Periurban Areas in Yaounde Cameroon

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## Abstract

Vegetable farming is an activity sensitive to the dynamism of the population and to the level of intensification in the use of soil resources. A study was conducted in the peri-urban zones of Yaoundé to present the socioeconomic characteristics of vegetable farming and the farmers' perception of soil and water degradation as a result of this activity. A semi-structured questionnaire was administered to this purpose in 2016 in two vegetable farming sites in Yaoundé, namely Nkolbisson and Nkolondom III. Results showed that most vegetable farmers from both sites (around 75%) lack training in agriculture while 74 and 90 didn't benefit from training on management of pesticides. Spreading and landfilling of amendments are the two most popular ways of applying fertilizers. In fact, while the majority (35.4%) of these fertilizers is applied at planting time, the minority (4.9%) is applied several months before planting. Besides young plots are more exploited (52.4% and 30%) compared to older ones (2.4% and 5%) in Nkolondom III and Nkolbisson respectively, as they are more responsive to fertilizer application. As consequence, high rates of fertilizers are applied to the oldest farms. As for irrigation water, it is altogether polluted. Base on the above, the farmers' perception of degradation is seen through the degradation of soils properties with time in the order of 14.3% to 60% and 15% to 44% at Nkolbisson and Nkolondom III respectively resulting in a gradual decrease of crop production (up to 50%). It is also seen through the polluted produce obtained from irrigation and cleaning water.

## Keywords

Soil, Water, Degradation, Vegetable Farming, Cameroon

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## 1. Introduction

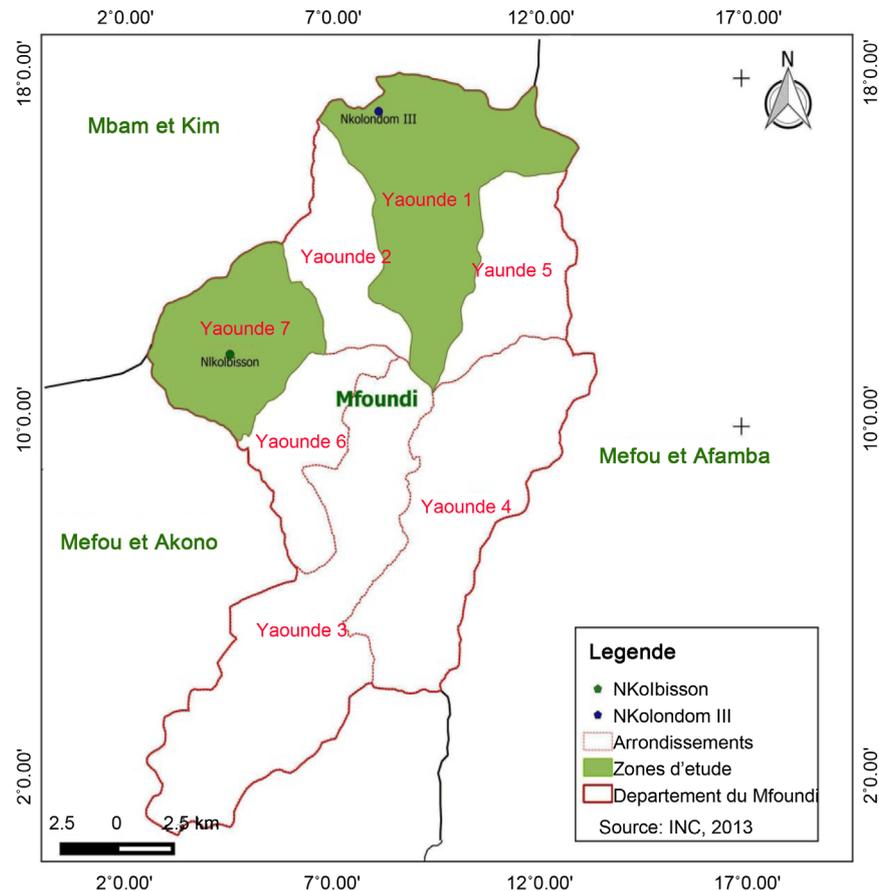
Water and soil are important natural resources that play a prominent role in domestic activities and agricultural development in most African cities, the pressure on the use of these resources is constantly increasing due to the exponential increase of the population orchestrated by rural exodus. In this situation, the design of food stuff supply is modified in urban and peri-urban areas of Yaounde in Cameroon [1]. Vegetables are valued by the population; therefore vegetable farming is not only a source of food supply but also a source of employment in agricultural sector [2]. This activity is mainly located in swampy lowlands, slopes, roadsides with heavy pressure on space [3]. Vegetable farming reveals an interaction among the categories of actors, spaces types, crops species, the products obtained and the average incomes generated [4]. It thus constitutes one of the main economic activities on which the population depends. This type of agriculture is demanding in terms of soil fertility management and water supply. There is a significant investment in crop techniques, fertilizers used, and pesticides treatments to meet the ever-increasing demand throughout the year. The increasing demand for vegetable produces leads to an intensification of their production [5] aiming to high yields, which may negatively impact the preservation of water and soil resources [6]. This study aimed at having a better knowledge of the characteristics of the vegetable farming in Yaounde, Cameroon.

## 2. Materials and Methods

### 2.1. The Study Sites

The study was carried out in July 2016 at the Nkolbisson (3°52'N and 11°27'E) and Nkolondom III (3°57'N and 11°31'E) peri-urban vegetable farming sites, West and North of Yaounde respectively (Figure 1). Yaounde, the capital of Cameroon enjoys a rolling topography with dominant slope between 10 and 18%. Steeper slopes (25% - 35%) occur locally whereas flatter tracts of land are found on small plateaus. The average annual rainfall among to 1600 mm and occurs in a bimodal configuration such that the first and second cropping seasons, separated by a 4-month dry season, last from mid-March to early July and from late August through mid-November respectively [7]. The duration of each of these seasons varies today and the rains in the second season are erratic due to global warming. The population of Yaounde was estimated in 2015 at 2.8 million [8].

The intertropical type of vegetation is observed in Yaounde with a predominance of humid forest. The city's hydrographic network is very diverse and consists mostly of streams, rivers and ponds. Apart from the hydromorphic soils located in the wetland, ferralitic soils predominate with good physical properties with internal drainage and good water retention capacity. These soils are acid with a low cation exchange capacity [9]. The lithological bedrock is essentially formed by the greening gneisses.



**Figure 1.** Geographical location of Nkolbisson and Nkolondom III sites.

## 2.2. Data Collection and Analysis

### 2.2.1. Targeted Actors and Parameters Taken into Consideration

The surveys were conducted during the month of July 2016 by using semi-structured questionnaires as described by Sinarinzi and Nisabw [10]. A total of 100 permanent or seasonal farmers were surveyed with 50 interviewers per site. Using the knowledge of local residents who have been working on vegetable farming, list of all farmers in each village was generated. To select farmers, a cluster sampling strategy was adopted. Using this list as sampling frame, households were selected in each site using a simple random sampling technique (RAND function in Excel 2010). The households were sorted using the random numbers from lowest to highest and the first 50 households were used as the sample. The data collected concerned the socio-economic characteristics of the farmers (age, sex, educational level, training and ethnicity), the area and number of years of farming in the site, cultural practices associated with crop production and the training of farmers on the appropriate use of pesticides and water.

### 2.3.2. Data Analysis

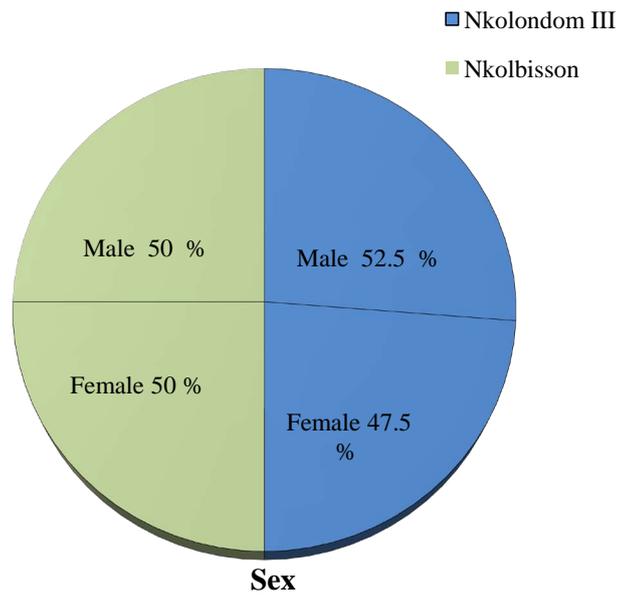
The processing of data survey from vegetable farming was done using Cs-Pro 6.2, SPSS 20.0 and Excel 2010.

### 3. Results

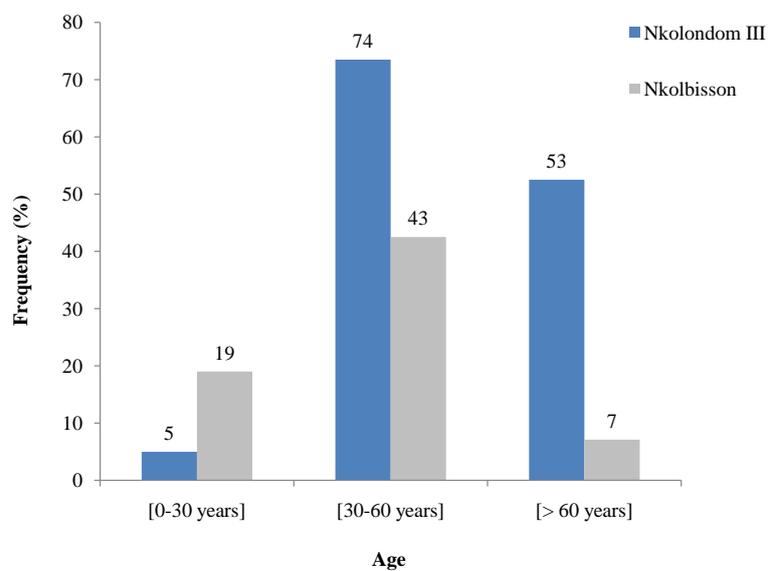
#### 3.1. Socio-Economic Characterization of Farmers

##### 3.1.1. Repartition of Farmers by Gender and Age

The results of surveys show that the farmers based at Nkolbisson and Nkolondom III sites were equal in the proportion of males to females (**Figure 2**) with age ranging between 30 and 60 years (**Figure 3**). In these sites and at Nkolbisson, the activities are executed by a majority of farmers aged between 30 and 60 (43%) and 0 to 30 years (19%) as compared with Nkolondom III where it occurs for farmers aged between 30 and 60 years (74%) and above 60 years (53%)



**Figure 2.** Repartition of farmers by gender at Nkolbisson and Nkolondom III.



**Figure 3.** Repartition of farmers by age at Nkolbisson and Nkolondom III.

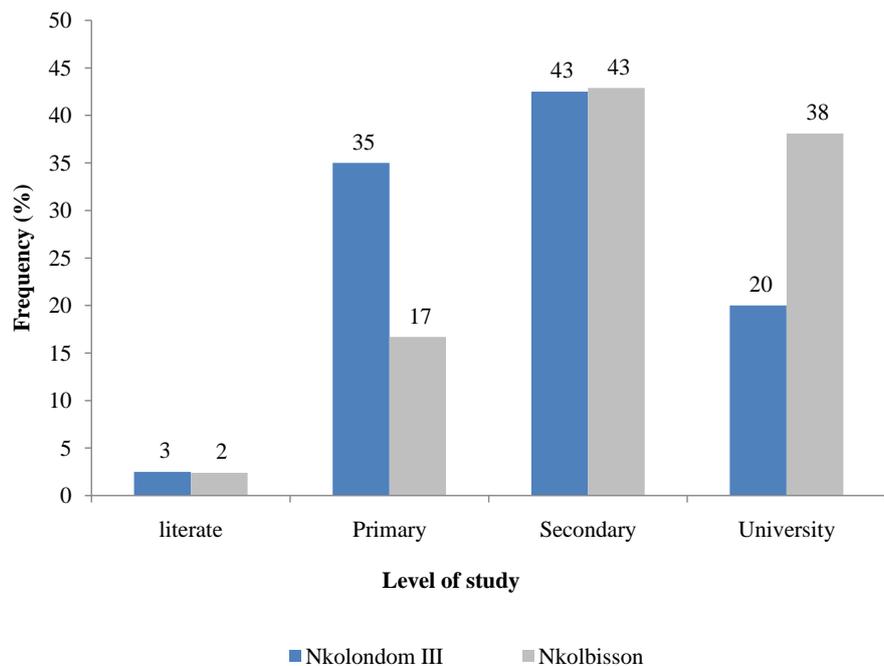
(**Figure 3**). Therefore, farmers at Nkolbisson are younger than those at Nkolondom III. The frequency of farmers above 60 years at Nkolondom III is 45.4% higher than those of Nkolbisson site.

### 3.1.2. Educational Level of Farmers

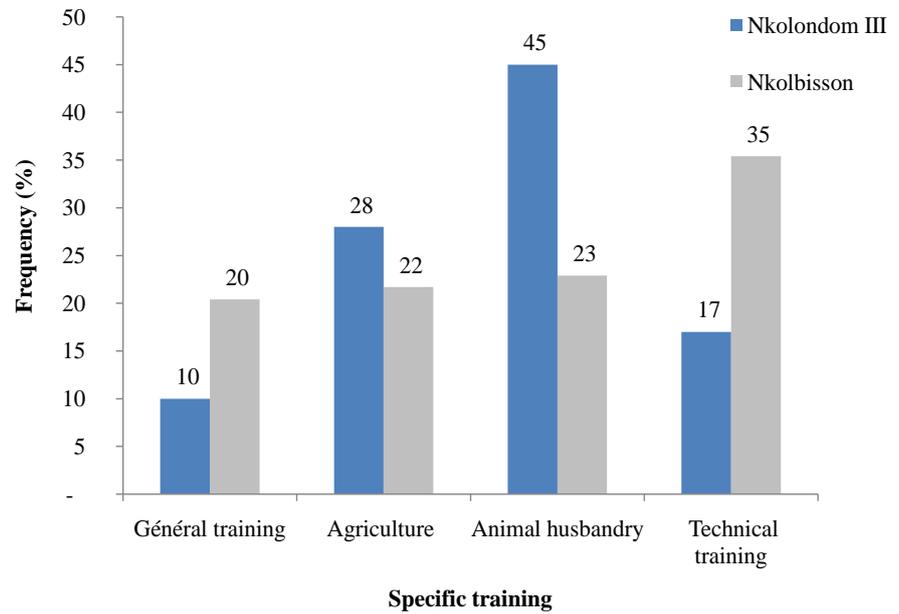
Irrespective of the site, survey results show that farmers are grouped into four classes according to their level of education (**Figure 4**). There was vegetable farming with no formal education (literate), others with primary, or secondary or university levels. Literate farmers accounted for the smallest proportion (2.5%), while those with secondary education constituted the largest proportion (43%) in both sites. However it is worth noting, that 20 and 38% of farmers at Nkolbisson and Nkolondom III respectively (showing a gap of 18% between the two sites), have attained a university study level (students and teachers of teacher training schools) and therefore practice this activity on a seasonal basis. In general, the percentage of vegetable farming with at least a secondary school level is higher in Nkolbisson (81%) as compared with Nkolondom III (63%).

### 3.1.3. Specific Training

In the both vegetable farming sites, there are four main classes of specific training: general education and technical education, agriculture and livestock (**Figure 5**). In Nkolondom III, there exist a high proportion of vegetable farming with training in animal husbandry (45%), while in Nkolbisson, those with technical education (35%) constitute the highest proportion. To sum up, the percentage of vegetable farming with specific training in agriculture is low in both sites: 22% in Nkolbisson and 28% in Nkolondom III with a difference of 6% between them.



**Figure 4.** Educational level of farmers at Nkolbisson and Nkolondom III.



**Figure 5.** Specific training received by farmers at Nkolbisson and Nkolondom III.

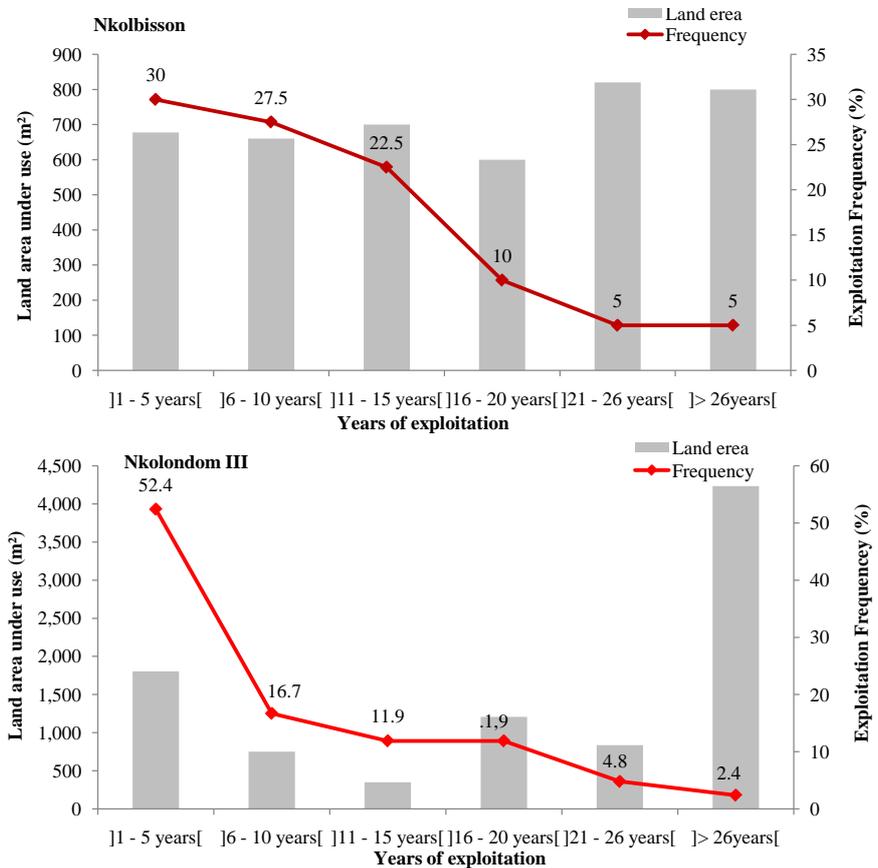
### 3.2. Level of Pressure on the Soils of Nkolbisson and Nkolondom III

Different levels of pressure were observed on the soils of Nkolbisson and Nkolondom III. The frequency of farming exploitation of these soils at Nkolbisson varies according to the number of years they have been cultivated and the area occupied. It decreases drastically by 30% to 5%. Plots under cultivation between 1 and 15 years are heavily exploited (80%) compared to those of over 16 years of cultivation (20%) (**Figure 6**). The same holds true for Nkolondom III where the frequency of farming of these plots also varies according to the number of years under use. The decrease was drastic in the other of 52.4% to 2.4%. Similarly, soils under cultivation between 1 and 5 years are heavily exploited (52.4%) compared with those of over 6 years of used (between 2.4 and 16.7%) (**Figure 6**).

The over farming of soils is more observed on plots under cultivation between 1 and 15 years at Nkolbisson (80%), whereas at Nkolondom III, it happens on plots between 1 and 5 years old (52.4%). On the other hand, the over exploitation is low on plot with more than 16 years under cultivation in both sites. The percentage of over exploitation soils under cultivation between 1 and 5 years is 22.4% higher at Nkolondom III than Nkolbisson site. In the contrary, this over activity is lower by 2.6% in Nkolondom III as compare to Nkolbisson in plots over 26 years under cultivation.

### 3.3. Nature/Type of Fertilizers and Rate of Application

The fertilizers and amendments used in the Nkolbisson and Nkolondom III vegetable farming were mostly chicken manure, crop residues, pig slurry and compound chemical fertilizer NPK. During these surveys, it appeared that farmers

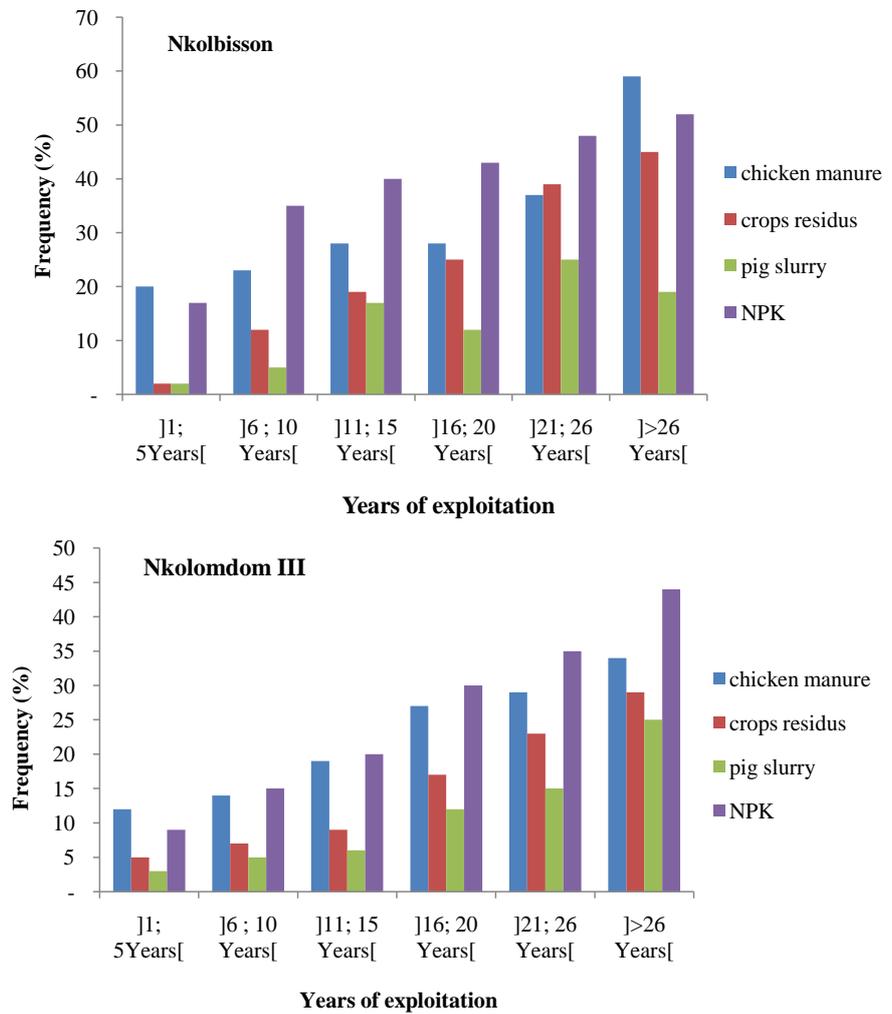


**Figure 6.** Level of pressure on the soil of vegetable farm of Nkolbisson and Nkolondom III.

derived the level of fertility from the time under cultivation. These farmers therefore apply fertilizers according to the age of the plots. That is, the older the plot (11 to 26 years), the more fertilizers it receives. Moreover, the quality of these fertilizers also varies according to the duration of exploitation. On plots used during 1 to 10 years, vegetable farming mostly apply chicken manure at an average rate of 4.5 - 6.66 kg/m<sup>2</sup>, but NPK 20-10-10 at a low rate of 0.03 to 0.20 kg/m<sup>2</sup> on average basis. There is a greater use of inputs on older farms (over 11 to 26 years). The rate of chicken manure applied on plots of more than 26 years old changed from simple to triple as compared to the one applied on younger plots with rates of 20% to 59% and 12% to 34% respectively in Nkolbisson and Nkolondom III. Therefore there is an increase of 8% and 29% from young to old plots respectively in Nkolbisson and Nkolondom III. The frequency of fertilizer application increases linearly with the age of the farms in both sites (Figure 7) and consequently, with high rates of NPK 20 10 10 which might contribute not only to degradation but also to the pollution of these soils.

### 3.4. Application of Fertilizers

The two most common ways of fertilizer applications in Nkolbisson and Nkolondom III sites are by simple spreading and landfilling. These fertilizers are

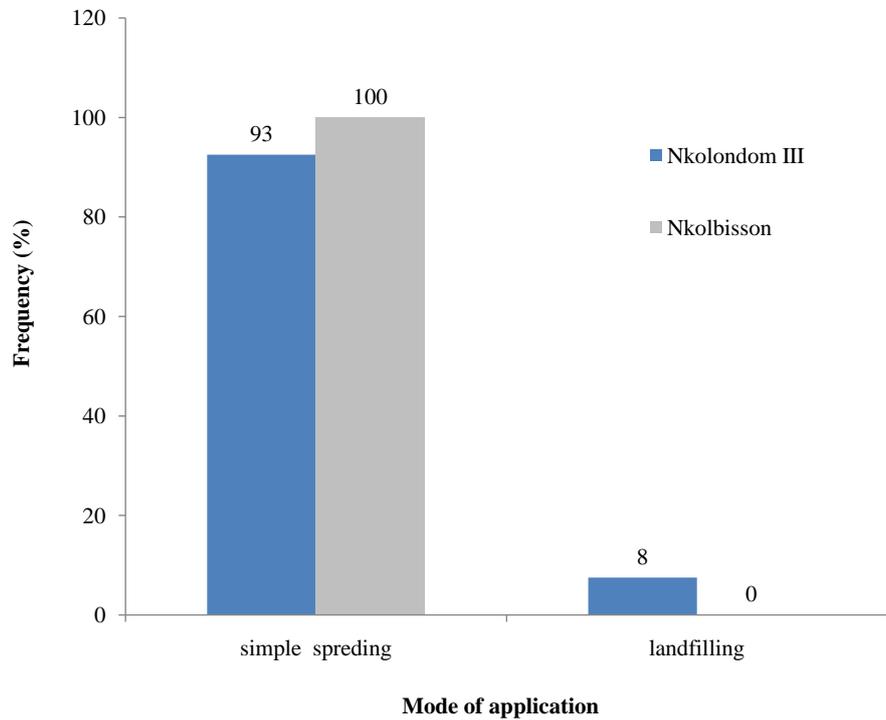


**Figure 7.** Nature/type of fertilizers and rate of application used in the Nkolbisson and Nkolondom III vegetable farming.

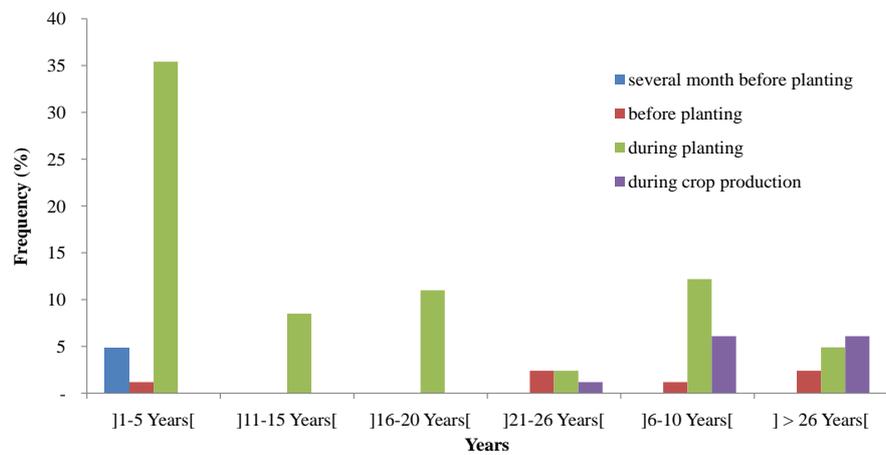
applied at 93% by simple spreading and 8% by landfilling at the Nkolondom III site (Figure 8). At Nkolbisson, only simple spreading is used for fertilizer application. In most cases 35.4% of these fertilizers are applied during planting, but in a few cases it is done at 4.9% several months before planting (Figure 9).

### 3.5. Water Used for Irrigation in Vegetable Farming

The irrigation water used by farmers in these areas comes mainly from streams. It is worth noting that in Nkolbisson water used to irrigate vegetables have a dual origin; where 40% are from small wells build near the plots and 60% from the streams (Figure 10). The water used to irrigate vegetables in Nkolbisson comes only from Abiergue stream which is highly polluted because it is the dumping ground for various excrement (human and animal waste), waste (garbage) and waste water from hospital, washing cars, motorcycles, harvested products, equipment used for the application of pesticides, as well as clothes and discarded dishes and traffic jam. Conversely, the irrigation water used in



**Figure 8.** Mode of application of fertilizers by Nkolbisson and Nkolondom III farmers.

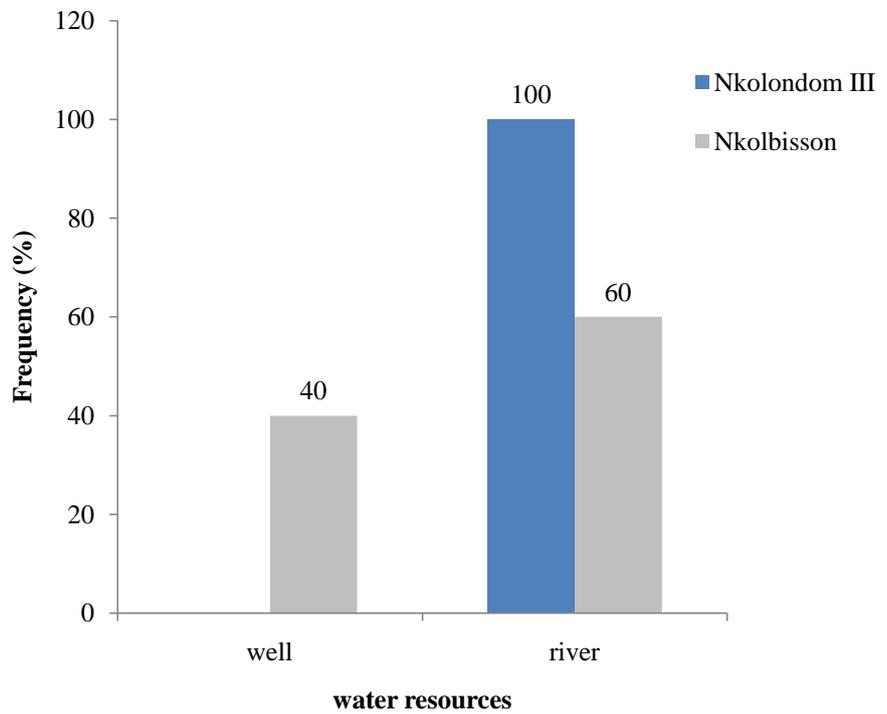


**Figure 9.** Time of application of fertilizers by Nkolbisson and Nkolondom III farmers.

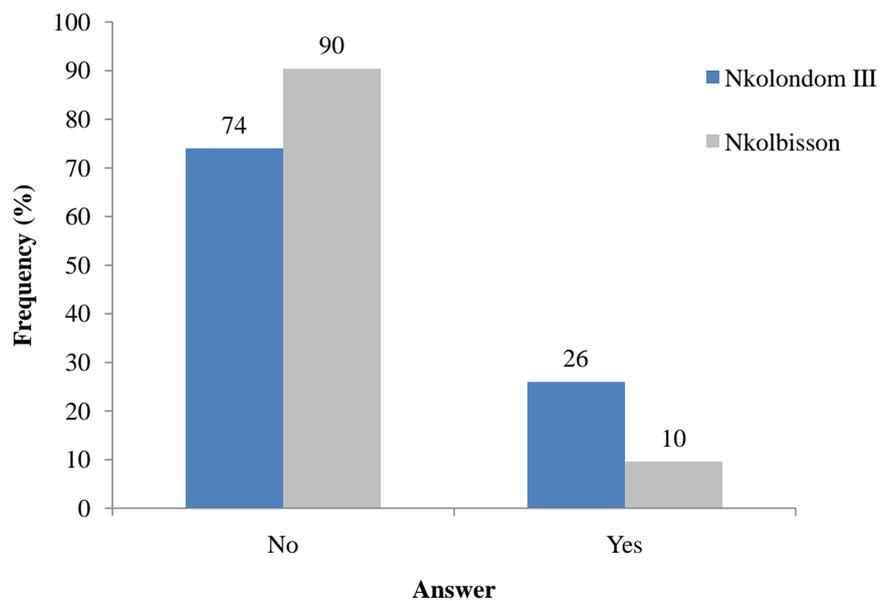
Nkolondom III comes from the Kankouna River, which appears to be less polluted because human activities are less accentuated around and in this water-course (only waste water from harvested products, equipment used for the application of pesticides, as well as clothes and discarded dishes).

### 3.6. Application of Agricultural Pesticides

Agricultural pesticides mainly insecticides and pesticides are applied at very high rates by farmers at the Nkolbisson and Nkolondom III sites. Most have not been trained (over than 74% in both sites) on the management of these products (Figure 11).



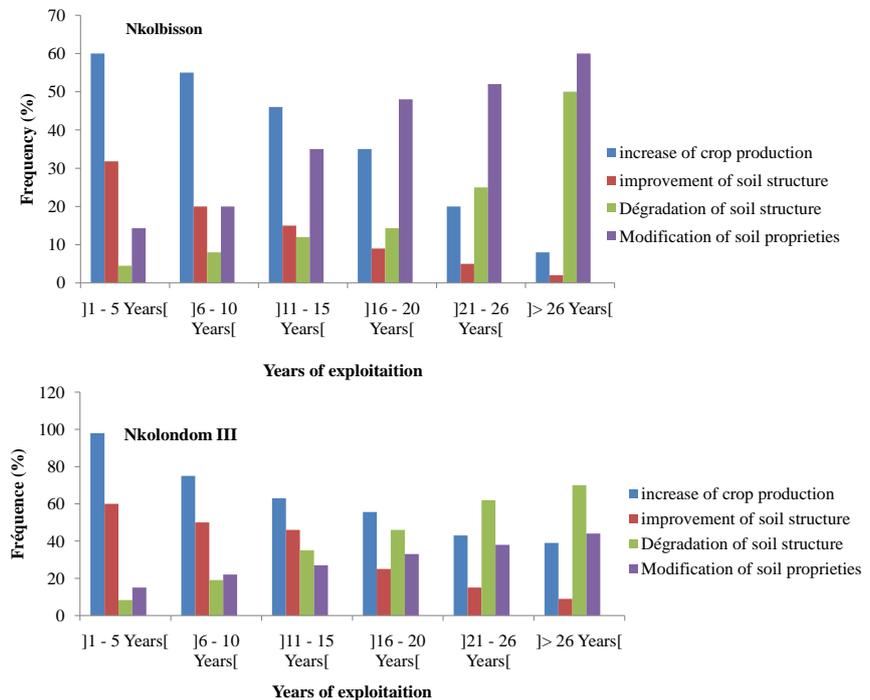
**Figure 10.** Water used for irrigation by Nkolbisson and Nkolondom III farmers.



**Figure 11.** Application of agricultural pesticides by Nkolbisson and Nkolondom III farmers.

### 3.7. Consequences of the Method of Fertilizer Application

Fertilizer application is never done after soil analysis in both Nkolbisson and Nkolondom III sites, leading to several consequences ranging from improvement to degradation of soil structure according to the number of years of exploitation (Figure 12). There is a potential degradation of 4.5% to 50% and



**Figure 12.** Consequences of the method of fertilizer application.

8.3% to 70%, as well as a change in soil properties in the range of 14.3% to 60% and 15% to 44% in Nkolbisson and Nkolondom III respectively. This worrying degradation coupled with the modification of soil properties is highly observed in plots of more than 26 years old at Nkolbisson, and above 16 years old at Nkolondom III. This degradation highlights the negative impact of the high use of chemical fertilizers on soil resources in these sites. A decline in crop production from 60% to 8% and 98% to 39% was observed and also the quality of the soil structure from 30.8% to 2% and 60% to 9% in the two sites (Figure 12). The decrease in agricultural production is higher (7%) in Nkolondom III as compare to Nkolbisson.

#### 4. Discussion

The socioeconomic data from the survey showed that farmers of the Nkolbisson and Nkolondom III sites are of equal proportion of men and women; Contrary to the trend observed in the Nkolbisson site in 2010 by Kouam and *et al.* [11] (percentage of men was superior of those of women). This situation may be due to urbanization, lack of jobs and dynamism of women who are now also conducting activities out of their homes. vegetable farming are mostly done at the Nkolbisson site by farmers age between 0 to 60 years while at Nkolondom III, it is carried out by those age over 30 years old.

Most vegetable farmers lack training in agriculture from both sites (around 75%) at Nkolbisson and Nkolondom III. This could be explained by the “high” level of intensification of this activity exerted on these soils. Indeed, new plots are more exploited compared to old plots because farmers consider that the for-

mer is more productive than the latter. This justifies the high rates of fertilizers applied on the older farms.

The fact that most (74.03% and 90.38% at Nkolondom III and Nkolbisson respectively) farmers lack training on the application of chemicals products can be a major problem for health and the environment as raised by Kanda *et al.* [12]. Their level of education indicates a poor knowledge on the use of pesticides, their remanence, their degree of pollution and their limit of efficiency according to the movement of pests [13]. The level and type of training of farmers explain the regression of the frequency of exploitation of the soils according to the number of years under use. Thus, vegetable farming is practiced with techniques that are inadequate for sustainable production, which leads to a change in land use [14].

The continued and high rate applications of chemical fertilizers in vegetable farming increases the health, soil and water pollution risks [15]. This could result in the degradation of groundwater quality, soil structure and changes in physicochemical properties, thus significantly reducing their fertility [16].

Wastewater used in this agriculture increases the risk of food and groundwater pollution [11]. Results of this study show that, the wastewater used comes from the basins of Abiergué and Kankouna for Nkolbisson and Nkolondom III sites respectively. These waters are suspected to be loaded with pollutants, Fecal Coliforms, Fecal Streptococci [17], which is not in line with the guidelines prescribed by OMS [18]). Human activities will have to be reoriented in these areas in order to guarantee the nutrition and health of the populations.

## 5. Conclusion

Human activities which lead to soil and water degradation as observed by farmers are increasing in vegetable sites with increasing number of years of exploitation. The negative effect of this way of farming on the natural resources used could be due to the poor know how of the farmers on the management of pesticides. While the soil gets degraded as result of its intensive manipulation, the use of chemical fertilizer at high rates and contaminated water from Abiergue and Kankouna polluted streams modifies soil physicochemical properties, then leading to the reduction of sustainable soil fertility.

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