

# Table of Contents

**Volume 13    Number 2**

**May 2023**

**Multi-Symptom Relief for Cough & Cold: Benefits of Adding Vicks VapoRub to the Treatment Regimen**

D. Whiteford, J. Rios, D. Hengehold, S. Aspley.....9

**A Pleural Effusion Secondary to Unusual Dual Pathology: A Case Report**

M. K. Mahlangu, M. J. Mpe.....28