

Pathogenesis of Neuropsychiatric Syndromes of Systemic Lupus Erythematosus

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Abstract

The pathogenesis of neuropsychiatric syndromes of systemic lupus erythematosus (NPSLE) is multifactorial and can involve various inflammatory cytokines, autoantibodies such as anti-neuronal antibodies, anti-ribosomal P antibodies, anti-NR2 glutamate receptor binding antibodies, anti-Sm antibodies, anti-U1-RNP antibodies and anti-phospholipid antibodies, and immune complexes (IC). Disruption of the blood-brain barrier (BBB) is integral to the neuropathology of SLE. Recently the possibility has been reported that aforementioned autoantibodies in the circulation may be strongly associated with disruption of the BBB. Each of these mechanisms might contribute to the pathogenesis of focal NPSLE (for example, cerebrovascular disease, movement disorders, myelopathy, seizures and cranial neuropathy) or diffuse NPSLE (for example, acute confusional state, psychosis and cognitive dysfunction) to varying degrees. In this review we focus on how the aforementioned autoantibodies, the BBB, IC and cytokines as well as chemokines are associated with the appearance of NPSLE.

Keywords

Neuropsychiatric Systemic Lupus Erythematosus, Anti-Ribosomal P Antibodies, Anti-NR2 Glutamate Receptor Binding Antibodies, Interleukin-6, Granulocyte-Colony Stimulating Factor, The Blood-Brain Barrier

1. Introduction

Neuropsychiatric manifestations are increasingly recognized in patients with systemic lupus erythematosus *Corresponding author.

How to cite this paper: Yoshio, T. and Okamoto, H. (2015) Pathogenesis of Neuropsychiatric Syndromes of Systemic Lupus Erythematosus. *Open Journal of Rheumatology and Autoimmune Diseases*, **5**, 46-56. http://dx.doi.org/10.4236/ojra.2015.52009 (SLE). These manifestations encompass a wide variety of neurologic and psychiatric features, and account for considerable morbidity and mortality in these patients. Neuropsychiatric SLE (NPSLE) involves both the central nervous system (CNS) and the peripheral nervous system, and ranges from subtle abnormalities of cognitive dysfunction and anxiety to overt manifestations, such as stroke, seizures and psychosis.

NPSLE, which involves only the CNS (central NPSLE), has been reported to occur in 14% - 75% of SLE patients. These large differences among the reports might be owing to differences in study design, ethnic and other demographic characteristics of cohorts, follow-up durations, and attribution of neuropsychiatric events to SLE.

In Japan our three-year prospective study showed that a large proportion (50%) of central NPSLE events occurred at disease onset or within the first 1 year after SLE diagnosis, and 25% of patients at disease onset or within the first 1 year after SLE diagnosis had central NPSLE events (unpublished data). In addition, 42% of central NPSLE events in the patients over the first 1 year after SLE diagnosis were reoccurrence of NPSLE (unpublished data). Furthermore our three-year prospective study predicted that of all 53,000 SLE patients in Japan about 1000 patients have central NPSLE every year (a year occurrence prevalence of central NPSLE in Japan is 1.9%) (unpublished data).

Three major SLE-related risk factors have been consistently associated with NPSLE. The first risk factor is the increased SLE disease activity, for example the increased SLEDAI scores, or major organ involvements other than CNS, or serological activity, for example high titers of anti-dsDNA antibodies and low serum complement levels. The second risk factor is the treatment with high doses of corticosteroids because this treatment might decrease the brain blood perfusion, resulting in the deterioration of diffuse neuropsychiatric symptoms. The third risk factor is the previous or concurrent major NPSLE events, particularly stroke, seizure disorders and diffuse neuropsychiatric manifestations, which predict similar, future neuropsychiatric events.

Although the relations between the occurrence and prognosis of NPSLE and genetic or environmental factors are investigated, the strongly significant relations have not been identified.

The pathogenesis of NPSLE is multifactorial and can involve various inflammatory cytokines, autoantibodies such as anti-neuronal antibodies, anti-ribosomal P antibodies (anti-P), anti-NR2 glutamate receptor binding antibodies (anti-NR2), anti-Sm antibodies (anti-Sm), anti-U1-RNP antibodies (anti-RNP) and anti-phospholipid antibodies (anti-PL), and immune complexes (IC). The most common microscopic brain finding in SLE seems to be microvasculopathy which though not specific, may be due to complement activation and anti-PL [1]. These NPSLE-associated autoantibodies culminate in neuronal dysfunction and vasculopathy, intrathecal production of inflammatory cytokines, and accelerated atherosclerosis. Post mortem histopathologic studies in patients with SLE have demonstrated an array of pathologies including multifocal microinfarcts, gross infarcts, hemorrhage, cortical atrophy, ischemic demyelination, and patchy multiple sclerosis-like demyelination [2]. Disruption of the blood-brain barrier (BBB) is integral to the neuropathology of SLE [3]. Recently the possibility has been reported that aforementioned autoantibodies in the circulation may be strongly associated with disruption of the BBB. Each of these mechanisms might contribute to the pathogenesis of focal NPSLE (for example, cerebrovascular disease, movement disorders, myelopathy, seizures and cranial neuropathy) or diffuse NPSLE (for example, acute confusional state [ACS], psychosis and cognitive dysfunction) to varying degrees.

The treatment with corticosteroids is widely used as the first choice in the management of NPSLE. Glucocorticoids are used in intravenously (usually 1 gram daily for 3 days as methylprednisolone pulse therapy, followed by daily high-dose oral prednisolone [1 - 2 mg per kg daily]) for acute and severe flares. Additional immunosuppressive agents (usually intravenous cyclophosphamide 500 - 1000 mg once a month) are often required until neuropsychiatric symptoms subside because many NPSLE patients do not respond to the treatment with corticosteroids. In patients with severe NPSLE refractory to immunosuppressive therapy, the use of plasma exchange, intravenous immunoglobulin and rituximab (a monoclonal antibody against CD20) has been reported in uncontrolled studies, with varying rates of success. Rituximab might be the most effective therapy for severe refractory NPSLE because a considerable number of observational studies and case reports have demonstrated encouraging early remission with rituximab in cases of severe refractory NPSLE. The randomized controlled trial study of rituximab against severe refractory NPSLE is requested to elucidate the effect of rituximab.

In this review we focus on how the aforementioned autoantibodies, the BBB, IC and cytokines as well aschemokines are associated with the appearance of NPSLE.

2. Anti-Phospholipid Antibodies

a-PL include anti-cardiolipin antibodies, anti- β 2 glycoprotein I antibodies and lupus anticoagulant [4]. Studies

have demonstrated a-PL-mediated direct neuronal injury in the absence of ischemia [5]-[8]. Persistently elevated anti-cardiolipin antibodies are associated with greater cognitive impairment [9] [10]. In a cohort of 1000 patients followed over 10 years, Cervera *et al.* demonstrated an increased risk of thrombotic events, the most common being stroke which was observed in 11.8% of the cohort [11]. Among SLE patients with and without active disease, both thrombotic events and cognitive impairment have been consistently linked to the presence of a-PL, such as lupus anticoagulant and anticardiolipin antibodies [12]-[15]. Additionally, transverse myelitis was highly associated with the presence of a-PL [16]. Significant correlations between anticardiolipin IgG antibodies and a reduction in psychomotor speed, and between anticardiolipin IgA antibodies and a reduction in conceptual reasoning and executive ability have been found [12]. Conversely the patients who present with typical focal findings, such as motor and cranial nerve deficits, seropositivity for a-PL were not typically associated with cognitive dysfunction and psychiatric disease [17]. While the role of these autoantibodies awaits elucidation, they certainly can act as proxies for disease markers which may aid in the diagnosis of NPSLE.

3. Anti-Neuronal Antibodies

The role of anti-neuronal antibodies in the pathogenesis of NPSLE has been appreciated since Bluestein et al. demonstrated that IgG anti-neuronal antibodies were present in much higher concentrations in the cerebrospinal fluid (CSF) from patients with active NPSLE [18]. Of interest, CSF IgG anti-neuronal antibodies were found to be significantly elevated in patients with diffuse NPSLE compared with focal NPSLE [19]. However, the epitopes to which CSF anti-neuronal antibodies were specifically directed have not been fully delineated. As reviewed below, anti-neuronal antibodies that react with SK-N-MC neuroblastoma cell lines may reflect the binding of autoantibodies such as anti-NR2, anti-P, anti-RNP to neuronal cells.

4. Anti-Sm Antibodies

It has been pointed out that anti-Sm might be involved in the pathogenesis of NPSLE [20] [21]. Especially, serum anti-Sm was associated with organic brain syndrome, consisting mainly of ACS of diffuse NPSLE [22]. Recently Hirohata *et al.* showed that CSF anti-Sm levels and Q albumin were significantly higher in ACS than in non-ACS diffuse NPSLE (anxiety disorder, cognitive dysfunction, mood disorder and psychosis) or in focal NPSLE, whereas there was no significant difference in the CSF anti-Sm index among the 3 groups. CSF anti-Sm was significantly correlated with CSF anti-NR2 in NPSLE. They also demonstrated that anti-Sm reacted with neuroblastoma cell lines [23]. This study indicated the possibility that the elevation of CSF anti-Sm and anti-NR2 due to the BBB damage plays a critical role in the pathogenesis of ACS, a severe form of diffuse NPSLE and that anti-Sm are yet other autoantibodies with presumed neural toxicity [23]. The influences of anti-Sm on the function and survival of neurons are currently undetermined and need to be explored in further studies.

5. Anti-U1-RNP Antibodies

Sato *et al.* demonstrated that CSF anti-RNP were associated with NPSLE and CNS manifestations in mixed connective tissue disease as a more specific marker of NPSLE than anti-P or anti-NR2 [24]. However, the elevation of CSF anti-RNP was not specific in ACS or diffuse NPSLE, since CSF anti-RNP was also elevated in patients with focal NPSLE, including aseptic meningitis, headache, demyelinating disorder or movement disorder [24]. Hirohata *et al.* also showed that CSF anti-RNP antibodies were elevated in focal NPSLE comparably to diffuse NPSLE, confirming the observation in the previous studies [24]. How anti-RNP are involved in the development of NPSLE is currently unknown. Although the possibility of induction of proinflammatory cytokines by anti-RNP was suggested [24], further studies are required to confirm this point.

Additionally anti-RNP may potently induce expression of interferons [25]. The association of anti-RNP with interferons (IFN) in the CSF is described in the section entitled **Immune complexes**.

6. Anti-NR2 Glutamate Receptor Binding Antibodies

N-methyl-D-aspartate (NMDA) receptors are one of the glutamate receptor families and its stimulation has been shown to cause excitatory synaptic transmission in the CNS [26]. DeGiorgio *et al.* demonstrated that a subset of murine anti-DNA antibodies cross-reacted with a sequence within the NMDA receptor subunit NR2 [27]. Fur-

thermore, they showed that injection of anti-NR2 (purified antibodies from the sera or CSF from NPSLE patients) into mice brain resulted in apoptosis of the neuronal cells without signs of inflammation [27]. Notably, Kowal *et al.* demonstrated that mice induced to express anti-NR2 in systemic circulation had no neuronal damage unless breakdown of the BBB took place [28].

Anti-NR2 antibodies were observed in 25% to 30% of patients with SLE and might also play a role in cognitive dysfunction and psychiatric disease [29] [30]. We reported a significant relationship between anti-NR2 titers and the presence of NPSLE, especially of complex presentation, such as when focal NPSLE and diffuse NPSLE occur concurrently in a single patient [31]. Accordingly, Hirohata *et al.* showed that CSF anti-NR2, but not serum anti-NR2, were closely associated with diffuse NPSLE [32].

These studies support the hypothesis that anti-NR2 in the CSF might be strongly associated with the appearance of NPSLE. It has not yet been elucidated whether anti-NR2 are produced outside the CNS and enter the CSF as a result of damage to the BBB or whether they are produced locally. The possibility of damage to the BBB by autoantibodies such as anti-NR2 in SLE patients is reviewed in the section entitled **The blood-brain barrier**.

7. Anti-Ribosomal P Protein Antibodies

Some studies suggested an association between serum anti-P antibodies and diffuse NPSLE of psychosis and depression [19] [33]-[36]. An international meta-analysis of 1537 patients with SLE found negligible value in anti-P titers for the diagnosis of NPSLE or for specific NPSLE manifestations [37]. The potential role of anti-P in the pathogenesis of NPSLE remains controversial.

However, Shoenfeld *et al.* recently demonstrated that anti-P induced depression in mice when injected intraventricularly [38]. Furthermore Matus *et al.* demonstrated that anti-P from human lupus serum induced calcium influx and subsequent apoptosis in cortical neurons in rats, which they characterized as a new P-antigen named neuronal surface P antigen (NPSA) [39]. Death of these neurons, found in the hippocampus, amygdala, and certain neo-cortical layers, account for a broad range of potential symptoms, including depression, memory deficits, and cognitive decline. More recently Bravo-Zehnder M. *et al.* showed that circulating anti-P from NPSLE patients could impair memory when accessing the hippocampus through a permeated BBB in mice and such an effect could occur in the absence of detectable neuronal apoptosis [40]. These results may extend the pathogenic potential of anti-P to cognitive impairment, which is frequent in SLE patients. It is controversial whether anti-P is present in the CSF of SLE patients. Sato *et al.* reported the lack of anti-P in the CSF of SLE patients [24]. But we demonstrated the presence of anti-P in the CSF of SLE patients and the significant association between the presence of anti-P in the CSF of SLE patients by Shoenfeld *et al.* [38] and Matus *et al.* [39] suggest that the presence of anti-P in the CSF of SLE patients may be closely associated with the pathogenesis of NPSLE, especially diffuse NPSLE.

8. Anti-Microtubule Associated Protein 2 (MAP-2) Antibodies

A cellular protein found strictly in neurons and essential to cytoskeletal integrity is MAP-2. The positive frequency of serum anti-MAP-2 antibodies in NPSLE patients was highly significant [42]. Using immunoproteomics, MAP-2B proteins were found to be preferentially recognized by sera from NPSLE patients, which further supported this association between the anti-MAP-2 antibodies and NPSLE [43]. However it has not been elucidated whether CSF anti-MAP-2 antibodies are associated with the pathogenesis of NPSLE. Further studies are necessary to investigate whether serum anti-MAP-2 antibodies enter the BBB and bind to neuronal tissues in the CSF of SLE patient, resulting in the neuronal dysfunction or damage.

9. The Blood-Brain Barrier

If autoantibodies such as anti-NR2, anti-Sm, anti-RNP and anti-P are pathogenic in NPSLE, these autoantibodies must be present in CSF of patients with NPSLE. However, it has not been elucidated whether anti-NR2 antibodies are produced outside the CNS and enter the CSF as a result of damage to the BBB or whether they are produced locally. Recently we demonstrated the *in vitro* activation of human endothelial cells by anti-NR2 (the enhanced production of cytokines such as interleukin-6 (IL-6) and IL-8 and the up-regulated expression of adhesion molecules such as endothelial leukocyte adhesion molecule 1 (ELAM-1), vascular cell adhesion molecule 1 (VCAM-1), and intercellular adhesion molecule 1 (ICAM-1) through the activation of NF- κ B pathway) [44]. Anti-P antibodies have also been shown to bind to endothelial cells and activate endothelial cells.

Our findings also support the possibility that anti-NR2, anti-P and other autoantibodies are produced outside the CNS and enter the CSF as a result of the inflammation of cerebral endothelial cells that is caused by at least anti-NR2 and anti-P antibodies.

Further studies are required to elucidate whether anti-NR2 antibodies in the CSF bind to neuronal tissue and cause neuronal dysfunction or damage and whether this causes the cognitive disturbance and memory loss commonly observed in SLE patients.

10. Anti-Endothelial Cell Antibodies

Conti *et al.* found that 64.7% of NPSLE patient's sera were positive for anti-endothelial cell antibodies (AECA), as compared to only 29.4% of non-NPSLE patients [45].

AECA have been previously characterized as inducers of increased endothelial cellular adhesion molecules, including ELAM-1, ICAM-1, and VCAM-1. We stimulated human umbilical endothelial cells with monoclonal antibodies targeted toward thrombomodulin, a proposed antigenic substrate of some AECA in SLE patients [46], and found increased endothelial production of IL-6 and IL-8 mediated through the NF- κ B pathway [47]. More recently, we demonstrated that anti-NR2 recognized antigenic targets on human umbilical endothelial cells, and induced the increased production of IL-6 and IL-8 from human umbilical endothelial cells and the up-regulated expression of adhesion molecules on human umbilical endothelial cells without IL-1 β co-treatment [44] as described in the section entitled **The blood-brain barrier**.

Collectively, AECA may consist of anti-NR2, anti-P and anti-PL antibodies and induce endothelial activation, which is pivotal in many inflammatory processes, while in the brain these antibodies play an important role in disruption of the BBB [48].

11. Immune Complexes

Since IFN- α was reported to be detected in the CSF from five out of six NPSLE patients and in the microglia and neurons following autopsy analysis of a patient who died from diffuse NPSLE [49], IFN- α has been suggested to be directly implicated as a causative factor in NPSLE. Furthermore, IC containing nucleic acid released by necrotic or late apoptic cells and IgG derived from sera with SLE patients were reported to induce the IFN- α production in plasmacytoid dendritic cells [50]. These IC were endocytosed by Fc γ receptors on plasmacytoid dendritic cells and induced IFN production by nucleic acid activation of toll-like receptors [51] [52].

Santer *et al.* presented the data showing whether NPSLE patient serum and/or CSF contain abnormally high IFN- α -inducing activity using a bioassay containing plasmacytoid dendritic cells and a source of antigen [25]. They found that NPSLE CSF induced significantly higher IFN- α compared with CSF from patients with multiple sclerosis or other autoimmune disease controls [25]. In addition to IFN- α , IC formed by CSF autoantibodies produced significantly increased levels of IFN- γ -inducible protein 10 (IP-10/CXCL), IL-8, and monocyte chemotactic protein 1 (MCP-1)/CCL2, all of which have been reported to be elevated in the CSF from NPSLE patients [25]. The generation of IFN in patients with SLE was caused, at least partially, by autoantibodies that bind to RNP particles released from dead and dying cells [25]. IFN-inducing activity in the CSF was correlated with serum anti-U1 RNP antibodies but not with other known antinuclear antibodies [25]. Therefore, anti–U1 RNP antibodies and their IC in CSF may have pathogenic roles in NPSLE.

We reported that CSF IgG-IC levels in NPSLE patients were significantly higher than non-NPSLE patients [53]. But the intrathecal IgG-IC was not associated with the intrathecal production of any cytokines and chemo-kines including IFN- α [53]. It is unclear whether the same findings as these *in vitro* results appear intrathecally in SLE patients and are associated with the pathogenesis of NPSLE.

12. Cytokines and Chemokines

Increased levels of cytokines and chemokines have been reported in the CSF of NPSLE patients and some reports have shown cytokines and chemokines such as IL-6, IL-1, IL-8, IL-10, tumor necrosis factor- α (TNF- α , IFN- α , MCP-1, IFN- γ inducible protein-10 (IP-10)/CXCL10 and regulated on activation normal T cell expressed

and secreted (RANTES) to be elevated intrathecally, thereby allowing these cytokines and chemokines to be used as diagnostic tools [54]-[58].

Recently we showed that the concentrations of IL-6, IL-8, IP-10, MCP-1 and granulocyte-colony stimulating factor (G-CSF)were higher in the CSF than those in the sera, respectively, while the concentrations of IL-1, IL-10, TNF- α RANTES and IFN- α in the CSF were very much lower than those in the sera, respectively in NPSLE patients [59]. These results suggested that the intrathecal concentrations of cytokines and chemokines are not influenced by the serum concentrations, indicating that the production of IL-6, IL-8, IP-10, MCP-1 and G-CSF might take place in the CNS [59]. These increased CSF cytokines and chemokines (IL-6, IL-8, IP-10, MCP-1 and G-CSF) may be associated with the pathogenesis and appearance of NPSLE. The measurement of these cytokines and chemokines, especially IL-6 might be useful for the diagnosis of central NPSLE.

As reviewed in the section entitled **The blood-brain barrier**, recently we demonstrated the *in vitro* activation of human endothelial cells by anti-NR2 (the enhanced production of cytokines such as IL-6 and IL-8 and the upregulated expression of adhesion molecules such as ELAM-1, ICAM-1 and VCAM-1) through the activation of NF-kB pathway [44]. IL-6, IL-8, IP-10, MCP-1 and G-CSF are produced by endothelial cells. Significantly increased IL-6, IL-8, IP-10, MCP-1 and G-CSF levels in the CSF than in the sera in NPSLE patients may be derived from endothelial cells of the BBB.

Although CSF IL-6, IL-8, IP-10 and MCP-1 levels have previously been reported to be higher in patients with NPSLE than in non-NPSLE patients [54]-[58], the increased levels of CSF G-CSF in patients with NPSLE have been not yet shown. Firstly we observed the significant increased levels of CSF G-CSF compared with serum simultaneous levels in patients with NPSLE and the significant increased levels of CSF G-CSF in patients with NPSLE compared with patients with non-NPSLE [59]. Recently CSF G-CSF levels have been reported to be significantly higher in patients with neuromyelitisoptica than in patients with other non-inflammatory neurological diseases [60]. Besides the function of hematopoietic effect, G-CSF can also act as neurotrophic factor, induce neuorogenesis and to counteract apoptosis. These properties play a major role in the development of treatments of neurological diseases such as cerebral ischemia [61] [62]. In patients with central NPSLE, G-CSF might act to treat the damaged CNS intrathecally.

Intrathecal production of these cytokines and chemokines by neuronal or glial cells may also take place. These cytokines and chemokines may increase the permeability of the BBB, thus providing access for circulating autoantibodies and leukocytes to the CNS. It is conceivable that both the degree of the BBB dysfunction and the type and titer of autoantibodies might be the determining factors in the development of certain diffuse NPSLE, such as psychosis and ACS.

13. Two Kinds or More Than Two Kinds of Autoantibodies

Since a number of autoantibodies have been reported to react to neurons, including anti-Sm [23], anti-P [63], anti-Ro antibodies [64], as well as some anti-cardiolipin [8] and anti-NR2 antibodies [27] [28] [32], it is possible that the patterns of expression of several antibodies or their combination in CSF may be different between diffuse and focal NPSLE. Moreover, Hirohata *et al.* suggested the possibility that anti-P, anti-Ro antibodies and some anti-cardiolipin antibodies are also involved in the development of ACS in combination with anti-Sm and anti-NR2 antibodies [23].

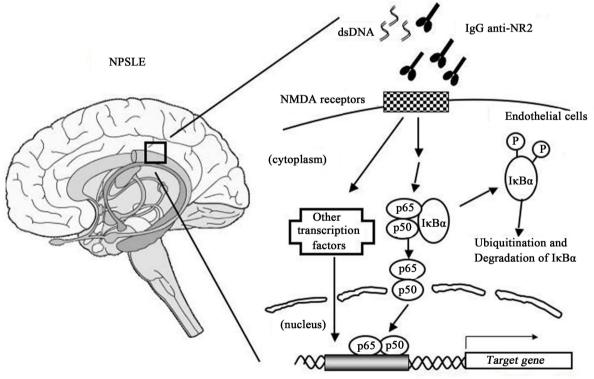
14. Conclusions

As reviewed above, many aforementioned autoantibodies in the CSF have reported to be significantly associated with the appearance of NPSLE and these autoantibodies might have important roles in the pathogenesis of NPSLE. Intrathecal IC which consists of aforementioned autoantibodies and their epitopes may bind to neuronal cells to promote inflammation with complements, resulting in damage to the brain and changes in the neuronal function through the activation of signaling pathways such as NF- κ B and caspase. This activation of signaling pathways promotes the release of cytokines and chemokines such as IL-6 from neuronal cells resulting in the pathology of NPSLE. This pathology in the CNS might reflect the elevation of autoantibody titers, presence of IC, and the increased cytokines and chemokines in the CSF of NPSLE patients.

These pathogenic autoantibodies have to be present intrathecally to work as triggering factors of inflammation in CSF. However, whether autoantibodies are produced intrathecally or enter the CSF through the breach of BBB remains unclear, thus far.

A growing body of evidence has shown that NPSLE is often associated with the presence of autoantibodies within the CNS, making the question of how these autoantibodies gain entry into this anatomically privileged space increasingly important. One possibility is *de novo* production of these autoantibodies in CSF, as opposed to entry from systemic circulation. If that is the case, these autoantibodies must be produced by plasma cells differentiated from activated B cells. In the case of multiple sclerosis (MS), B-cell counts and the B-cell attractant chemokine CXCL13 are increased in the CSF of MS patients [65]. Thus far, there is no definitive evidence suggesting that autoantibodies within the CNS are produced by B cells intrathecally. Therefore, B-cell counts and CXCL13 levels in CSF should be evaluated in patients with NPSLE to draw a clear picture that how some autoantibodies are elevated in the CSF of NPSLE patients. The other possibility is permeability changes in the BBB allowing the entry of pathogenic autoantibodies from systemic circulation to CSF, following the direct interaction with neurons. There is some evidence in the literature supporting this possibility. The presence of the elevation of Q albumin index in NPSLE patients might support entry of circulating autoantibodies across the BBB. Evidence points to entry of autoantibodies across the BBB, with entry into different brain regions and specific autoantibody subtypes potentially associated with the variable phenotypes found in both murine experimental models and NPSLE patients. There is strong support for the roles of AECA which include anti-NR2, anti-P and anti-PL antibodies, complement components, and environmental mediators in increasing permeability across the BBB, though in each of these cases, cytokines and chemokines have an essential role as well. Finally we propose a hypothesis by which IgG anti-NR2 antibodies activate the NF-kB pathway, resulting in the pathogenesis of NPSLE (Figure 1) [44].

Further studies are required to elucidate the role of pathogenic autoantibodies in the pathogenesis of NPSLE.



Cytokines and Chemokines

Figure 1. Schematic representation of the mechanism by which IgG anti-NR2 glutamate receptor antibodies activate the NF- κ B pathway, resulting in the pathogenesis of neuropsychiatric systemic lupus erythematosus (NPSLE). IgG anti-NR2 glutamate receptor antibodies that are cross-reactive with anti-double-stranded DNA (anti-dsDNA) antibodies might bind to endothelial cells (ECs) through N-methyl-D-aspartate (NMDA) receptor subunits NR2a and NR2b, resulting in activation of NF- κ B signaling by ECs, promoting the pathogenesis of NPSLE. Encircled p attached to I κ B α indicates phosphorylated I κ B α .

Conflicts

Authors have no conflict of interest to declare.

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