

The Community of Parasites Infecting *Clarias gariepinus* in the Tanzanian Waters: A Case of Lake Victoria

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Abstract

Quantitative variations in parasites were investigated with respect to sex and size of *Clarias gariepinus*, season and localities sampled. Parasitic infection in male and female fish was not significantly different; prevalence (Man-Whitney paired sample test, $U = 135.5$, $p = 0.7697$), mean intensity ($U = 136$, $p = 0.7829$). Based on Kruskal-Wallis test analysis, the prevalence and mean intensity of five parasite species varied significantly among the three localities sampled. Adult parasites in *Clarias gariepinus* showed high abundance during the dry season while the larval forms showed high abundance in the wet season. In most of the parasite species analyzed the abundance varied significantly with host size. The abundance of *Dolops ranarum*, *Paracamallanus cyatopharynx* and *Eumaseusia bangweulensis* for instance, increased with fish size, while that of *Diplostomum mshonense*, *Tylodelphys* species, *Astiotrema reniferum*, piscicolid leeches and *Monobothrioides woodlandi* increased initially but decreased as fish length reached 31 - 40 cm. Total parasite burden increased in fish of 20 - 40 cm standard length. Generally, most parasites were highly overdispersed and the negative binomial model described their distribution.

Keywords

Population Biology, Parasites, *Clarias gariepinus*, Lake Victoria, Tanzania

1. Introduction

Fish provides the necessary proteins for human health worldwide. In Tanzania specifically Lake Victoria, communities rely on catfishes as one of the major protein sources. The catfishes are members of the order Siluriformes and comprise about 2800 species worldwide [1]. There are three families in the African suborder Silu-

roidea that contain species suitable for aquaculture. These are the Claroteidae (formerly Bagridae), the Schilbeidae and the Clariidae. In Tanzania, the family Clariidae has six genera with 21 representative species that occupy varying habitats in streams, rivers and lakes [2]. Lake Victoria alone has three genera with six species namely: *Clarias gariepinus* (Burchell, 1822), *Clarias wernerii* (Boulenger, 1906), *Clarias alluaudi* (Boulenger, 1906), *Clarias liocephalus* (Boulenger, 1898), *Clariallabes petricola* (Greenwood, 1956) and *Xenoclarias eupogon*. *Dinotoptera* and *Bathyclarias* are endemic to Lakes Tanganyika and Malawi, respectively [3].

Several comprehensive reviews of parasites of *Clarias gariepinus* from Lake Victoria basin are available [4]-[6]. Many data on the systematics of the parasites of *Clarias gariepinus* from the continental Africa and elsewhere are available in scientific papers [7]-[9]. However, studies dealing with quantitative data and ecology on *C. gariepinus* in Lake Victoria basin are still scarce. In addition, among the clariids, parasites of *C. gariepinus* are so far the only extensively studied while those of other species in the family are poorly known.

In the present paper the metazoan parasite fauna of *Clarias gariepinus* from the Mwanza Gulf, Lake Victoria (Figure 1) is discussed. It is anticipated that the study will show the abundance, distribution and seasonality of parasites in the localities surveyed.

2. Materials and Methods

2.1. Study Site

Figure 1 illustrates the area where this study took place. Sampling was carried out at three sites along the Mwanza Gulf namely, Butimba/Kirumba bays (BK), Nyegezi bay (N) and Lake Malimbe (LM) along Luanso bay. The two sites, Butimba/Kirumba and Nyegezi bays form a continuum along the shore of the gulf and therefore bear the features of the main lake. Nyegezi bay is located at 2°35'S, 32°55'E. The eastern part of Nyegezi bay is muddy and is fringed by abundant vegetation. It is relatively shallow with a maximum depth of nearly 9 m in some parts. A single seasonal stream empties into the eastern part of the bay. The western shore is mainly sandy and rocky.

Butimba/Kirumba bays are located at the entrance of the gulf, most part of which is sandy and rocky and along the shores are industries and human habitats. Two streams enter the lake via these bays; Mirongo empties into Kirumba bay and Malama into the eastern part of Butimba bay. The bottom at the mouth of these streams is mainly muddy and fringed by vegetation cover.

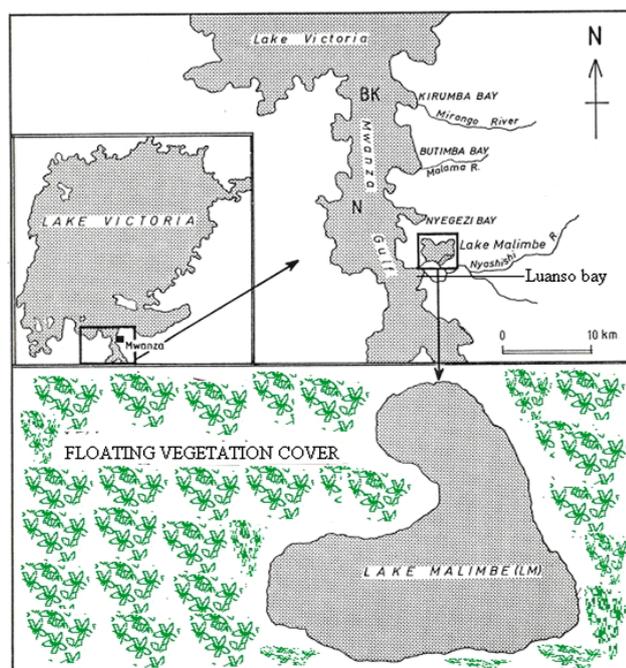


Figure 1. The Mwanza Gulf showing the three localities sampled [Butimba/Kirumba bays (BK), Nyegezi bay (N) and Lake Malimbe (LM)].

Lake Malimbe (2°34.471'S, 32°53.867'E) adjoins Lake Victoria, located about 10 km from Mwanza town, off the eastern part of the Mwanza Gulf. It is a satellite lake, with a surface area of about 10 km². Floating macrophytes such as *Papyrus* and *Phragmites* cover most of the lake. The remaining open water area is about 0.5 km² with a maximum depth of 2.5 m. Entry to the Lake is very difficult especially during the rainy season. There are no tributaries from the main lake and the main source of water is from seepage and rain run off. The bottom of the lake is essentially muddy. During much of the year (perhaps most years) Malimbe is cut off from the main lake. Connection is re-established in the rainy season from March-May particularly in years with exceptionally heavy rains like the El Niño of 1998.

2.2. Methods

Initially, 2004-2006, the study was intensive being sponsored by the Lake Victoria Environmental Management Project (LVEMP) and samples were collected twice per year *i.e.* wet (November to May) and dry (June to October) season. Later, 2007 to 2013, this was a monitoring period sponsored by Lake Victoria Research Initiative (VicRes); samples were collected once per year alternating between wet and dry seasons. About 18 - 50 fish depending on the availability were examined per every visit. Fish were caught by longlines and handlines with baited hooks. Dead fish were transported in an ice-cooled box and live fish in buckets filled with water from the lake to the laboratory. Examination of fish for parasites, handling and processing of parasites followed standard procedures as described by Moravec *et al.* [10] [11].

Comparison of abundance in relation to locality was analyzed by Kruskal-Wallis test. Comparison of abundance in relation to sex and size of the host were analyzed by Man-Whitney paired sample test and Kruskal-Wallis test, respectively. Seasonality of parasites distribution and abundance were analyzed by Friedman's test [12]. Friedman's test was done by Statistica Package Version 9 (2009) while Kruskal-Wallis and Man-Whitney tests (U) were done using InStat Version 3.1. Most of the parasite's count data did not fit in the normality test and hence nonparametric test were employed in this study. Ecological terms are as defined by Margolis *et al.* [13].

3. Results

3.1. Parasite Abundance in Relation to Sex

The abundance of parasites between male and female fish were not significantly different, prevalence (Man-Whitney tests, $U = 135.5$, $p = 0.7697$), mean intensity ($U = 136$, $p = 0.7829$). **Table 1** is a summary of the results for *C. gariepinus* sampled for the period stated. The results show that relatively more female than male fish were infected by most parasites though mean intensity was considerably higher in male than in female fish. The number of female fish examined from each locality did not differ from that of male fish ($t = 1.85$, $p = 0.082$). Due to the similarities observed, the data for both male and female fish were pooled in subsequent analysis.

3.2. The Abundance of Parasites with Respect to Localities

The abundance of five parasite species was significantly different among the three localities sampled. The digenean *D. masonense* was more abundant at Nyegezi bay than at Butimba/Kirumba bays and Lake Malimbe. *Tylodelphys* species, *P. clarias*, *M. woodlandi* and *P. cyathopharynx* were more abundant at Lake Malimbe than at Butimba/Kirumba and Nyegezi bays. *D. ranarum* was only observed in Lake Malimbe while piscicolid leeches and *Eustrongyloides* species only from Nyegezi bay. *Proteocephalus* species was found only from Butimba/Kirumba bays (**Table 2**).

3.3. Seasonal Variation of Parasites Abundance

Although most parasites occurred in all the localities, marked differences in the pattern of occurrence were observed. *D. masonense*, *Tylodelphys* species, *P. clarias* and *P. cyathopharynx* occurred consistently in the three localities throughout the study period, except some few months at Butimba/Kirumba bays. The prevalence of *D. masonense* varied during the study period as was at Nyegezi and Butimba/Kirumba bays when the occurrence of the digenean fell below 76%. However, the variations were not statistically significant (Friedman's test $\chi^2 = 2.97$, $p = 0.227$), as was *P. clarias* ($\chi^2 = 3.5$, $p = 0.174$). Prevalence of *Tylodelphys* species ($\chi^2 = 104$, $p = 0.005$) and *P. cyathopharynx* ($\chi^2 = 19.45$, $p = 0.001$) varied significantly during the study period. In general, prevalence

Table 1. Mean intensity (in parentheses) and prevalence of parasites in male and female *Clarias gariepinus* in Mwanza Gulf, Lake Victoria (Pooled data).

| Parasite | n _f | Female | n _m | Male |
|------------------------------------|----------------|----------------|----------------|----------------|
| <i>Diplostomum mashonense</i> | 515 | 87.88 (536.36) | 426 | 87.84 (540.83) |
| <i>Tylodelphys</i> sp. | 181 | 30.89 (93.30) | 146 | 30.10 (104.62) |
| <i>Dolops ranarum</i> | 20 | 3.41 (3.10) | 14 | 2.89 (3.64) |
| <i>Spinitectus petterae</i> | 5 | 0.85 (4.40) | 9 | 1.86 (3.33) |
| <i>Procamallanus laevionchus</i> | 12 | 2.05 (2.08) | 11 | 2.27 (2.45) |
| <i>Polyonchobothrium clarias</i> | 178 | 30.38 (2.70) | 146 | 30.10 (2.86) |
| <i>Astiotrema reniferum</i> | 29 | 4.95 (5.62) | 30 | 6.19 (5.67) |
| <i>Allocreadium mazoensis</i> | 15 | 2.56 (5.20) | 22 | 4.54 (8.32) |
| Piscicolid leeches | 12 | 2.05 (3.50) | 17 | 3.51 (3.29) |
| <i>Monobothrioides woodlandi</i> | 37 | 6.31 (5.0) | 29 | 5.98 (14.76) |
| <i>Paracamallanus cyatopharynx</i> | 168 | 28.67 (3.11) | 161 | 33.20 (4.06) |
| <i>Contracaecum</i> sp. | 28 | 4.78 (14.57) | 19 | 3.92 (25.84) |
| <i>Euclinostomum</i> sp. | 5 | 0.85 (9.60) | 5 | 1.03 (6.80) |
| <i>Gyrodactylus</i> sp. | 31 | 5.29 (5.10) | 24 | 4.95 (3.63) |
| <i>Eumaseia bangweulensis</i> | 32 | 5.46 (5.81) | 30 | 6.19 (5.77) |
| <i>Eustrongyloides</i> sp. | - | - | 1 | 0.21 (1) |
| <i>Proteocephalus</i> sp. | - | - | 1 | 1.44 (7) |
| Total No. of fish examined | 586 | | 485 | |

of most autogenic parasites was high during the dry season but declined in the rainy season. Prevalence of allo-genic species such as *Tylodelphys* species and *Contracaecum* species were high in the rain season. Monthly variation in mean intensity showed no consistent pattern during the study period. However, for most autogenic parasites the highest mean intensity was recorded during the dry season and that of allogenic parasites increased during the rainy season.

3.4. Seasonal Variation of the Variance to Mean Ratio

All parasites recorded from *C. gariepinus* were overdispersed. The dispersion index (variance to mean ratio) among localities was not significant. The degree of overdispersion fluctuated in the same pattern as the prevalence and intensity of infection. The dispersion index also indicated that the number of heavily infected fish increased in the wet season for parasites using *C. gariepinus* as intermediate host, and the rise in infection was high in dry season for parasites using *C. gariepinus* as a definitive host. Some of the parasites however, did not show a consistent pattern probably due to low number of hosts infested.

3.5. Prevalence of Parasites with Respect to the Length of *C. gariepinus*

Prevalence of parasites in each size group of fish is shown in **Table 3**. In most of the parasite species analyzed prevalence varied significantly with host size. The prevalence of *D. ranarum*, *P. cyathopharynx* and *E. bangweulensis* increased with fish size. The prevalence of *D. mashonense*, *Tylodelphys* species, *A. reniferum*, piscicolid leeches and *M. woodlandi* increased initially but decreased as fish length reached 31 - 40 cm. The remaining parasite species did not show a recognizable pattern.

Table 2. Mean intensity (in parentheses) and prevalence of parasites on *Clarias gariepinus* from Mwanza Gulf, Lake Victoria.

| Parasite | Butimba/Kirumba | Nyegezi | Malimbe | Rmk |
|-------------------------------------|-----------------|----------------|----------------|-----|
| <i>Diplostomum mashonense</i> | (420.7A) 85.2A | (716.1B) 86.4A | (461.7A) 91.2A | * |
| <i>Tylodelphys</i> sp. | (58.9A) 8.05A | (158.5B) 23.7B | (77.8A) 53.9C | * |
| <i>Dolops ranarum</i> | - | - | (3.5) 8.06 | - |
| <i>Spinitectus petterae</i> | (1.5) 2.67 | (1.9) 2.66 | (3.0) 0.50 | ns |
| <i>Procamallanus laevionchus</i> | (1.0) 2.67 | (3.0) 1.06 | (2.24) 4.28 | ns |
| <i>Polyonchobothrium clarias</i> | (2.77A) 31.5A | (2.48A) 21.01B | (2.90A) 38.04A | * |
| <i>Astiotrema reniferum</i> | (7.0) 8.05 | (1.67) 8.79 | (5.0) 8.06 | ns |
| <i>Allocreadium mazoensis</i> | (10) 3.69 | (8.5) 3.72 | (12.67) 3.02 | ns |
| Piscicolid leeches | - | (1.56) 6.12 | - | - |
| <i>Monobothrioides woodlandi</i> | (2.17A) 4.03A | (3.5A) 0.53B | (11.15B) 13.1C | *** |
| <i>Paracamallanus cyathopharynx</i> | (2.31A) 15.77A | (1.93A) 20.47B | (4.46B) 15.6A | *** |
| <i>Contracaecum</i> sp. | (9.9) 4.03 | (9.94) 4.52 | (13.9) 4.53 | ns |
| <i>Euclinostomum</i> sp. | (3.0) 0.34 | (2.0) 0.80 | (3.17) 1.51 | ns |
| <i>Gyrodactylus</i> sp. | (2.62) 4.36 | (2.32) 5.9 | (3.39) 4.53 | ns |
| <i>Eumaseusia bangweulensis</i> | (4.0) 5.34 | (6.79) 6.38 | (5.02) 9.52 | ns |
| <i>Eustrongyloides</i> sp. | - | (1.0) 0.27 | - | - |
| <i>Proteocephalus</i> sp. | (7.0) 0.34 | - | - | - |
| Total No. of fish examined | 298 | 376 | 397 | |

Kruskal-Wallis test, $p > 0.05$, considered not significant. *Significant; **Very significant; ***Extremely significant and "ns": not significant. Figures with different letters are statistically different.

3.6. Mean Intensity of Parasites According to the Length *C. gariepinus*

Mean intensity was calculated for each parasite species within each fish size group. The data obtained were compared using Kruskal-Wallis test. For most parasite species mean intensity varied significantly among fish of different sizes. For *D. mashonense*, *Tylodelphys* species and *M. woodlandi* for instance, mean intensity increased as the fish size increased but decreased in fish over 31 - 40 cm long. In other parasites, *P. clarias*, *D. ranarum*, *P. cyathopharynx*, *E. bangweulensis* and *A. mazoensis*, mean intensity increased as fish size increased without a decline in fish over 31 - 40 cm. In some parasites, the rise in mean intensity observed was not consistent, as there was an initial rise followed by a decline and a rise again.

The mean number of parasites irrespective of species, excluding *D. mashonense* and *Tylodelphys* species increased with fish size up to 31 - 40 cm size class and declined thereafter (Figure 2). The mean number of parasite species per fish increased in the first group of fish size, remained constant in the subsequent three groups before declining to 6 species in fish over 40 cm standard length (Figure 3).

3.7. Variation of Frequency Distribution with the Length of *C. gariepinus*

The distribution of the intensity of infection of parasites in *C. gariepinus* showed that the zero class was the greatest in most parasites except in *D. mashonense* where the zero class was always smaller than the next class in the series. The number of hosts with low intensity of parasites was always higher than the number of heavily infected hosts. The distribution of the intensity of parasites was aggregated; hence the negative binomial fitted the distribution of all parasites analyzed.

Table 3. Prevalence of parasites according to the length of *C. gariepinus*.

| Parasite | 4 - 10 cm | 11 - 20 cm | 21 - 30 cm | 31 - 40 cm | <40 cm | Rmk |
|------------------------------------|-----------|------------|------------|------------|--------|-----|
| <i>Diplostomum mashonense</i> | 66.18 | 87.95 | 92.17 | 91.74 | 85.88 | ns |
| <i>Tylodelphys</i> sp. | 22.06A | 29.75A | 37.95B | 33.03A | 22.35A | * |
| <i>Dolops ranarum</i> | 0 | 0.56A | 0.60A | 9.17B | 11.76B | * |
| <i>Spinitectus petterae</i> | 0 | 1.51 | 3.01 | 0.46 | 1.18 | ns |
| <i>Procamallanus laevionchus</i> | 1.47 | 1.13 | 3.61 | 3.21 | 3.53 | ns |
| <i>Polyonchobothrium clarias</i> | 26.47A | 32.58B | 36.14B | 23.85A | 24.71A | * |
| <i>Astiotrema reniferum</i> | 0 | 2.26A | 4.22A | 14.22B | 10.59B | * |
| <i>Allocreadium mazoensis</i> | 0 | 1.13A | 9.64B | 4.13C | 7.06B | * |
| Piscicolid leeches | 0 | 3.77A | 4.82A | 0.46B | 0 | * |
| Monobothrioides woodlandi | 1.47A | 1.51A | 4.82A | 17.43B | 12.94B | ** |
| <i>Paracamallanus cyatopharynx</i> | 2.94B | 25.42A | 34.94A | 44.05A | 43.53A | *** |
| <i>Contracaecum</i> sp. | 5.88 | 4.33 | 4.82 | 3.21 | 5.88 | ns |
| <i>Euclinostomum</i> sp. | 1.47A | 0.38B | 0.60B | 2.75A | 0 | * |
| <i>Gyrodactylus</i> sp. | 5.88A | 4.14A | 10.24B | 5.50A | 0 | * |
| <i>Eumaseia bangweulensis</i> | 2.94A | 3.95A | 3.01A | 7.80B | 18.82B | * |
| <i>Eustrongyloides</i> sp. | 0 | 2.5 | 0 | 0 | 0 | - |
| <i>Proteocephalus</i> sp. | 0 | 0 | 0 | 0 | 3.0 | - |
| Total No. of fish examined | 68 | 531 | 166 | 218 | 85 | |

*Significant; **Very significant; ***Extremely significant; "ns": Not significant, $p > 0.05$, considered not significant. Figures with different letters are statistically different.

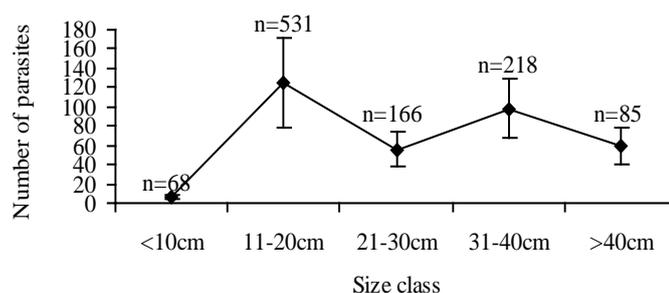


Figure 2. Mean number of parasites per fish, irrespective of species according to fish size (excluding *D. mashonense* and *Tylodelphys* sp.) (Error bars are \pm SD).

The behaviour of the index of dispersion (Variance: mean ratio) with the length of *C. gariepinus* like mean intensity fell into two categories; in the first group there was an initial rise as fish size increased, followed by a decline in the fish over 40 cm standard length (*D. mashonense*, *Tylodelphys* sp. and *M. woodlandi*). The second category showed continuous increase in the dispersion index as the fish increased in size.

4. Discussion

4.1. Abundance of Parasites According to the Sex of *C. gariepinus*

The present study suggests that male and female *C. gariepinus* do occupy the same ecological guild and hence

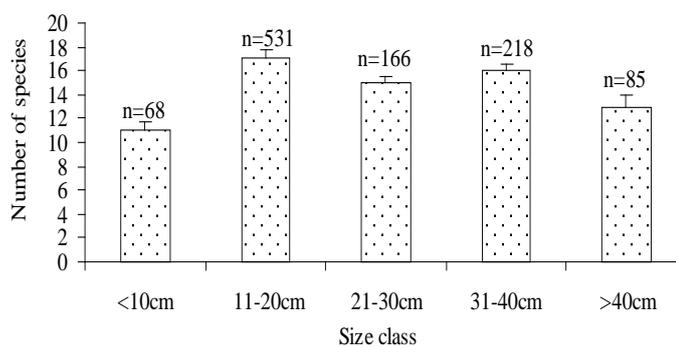


Figure 3. The number of parasite species per fish according to the length of *C. gariepinus* (Error bars are \pm SD).

the prevalence and mean intensity of their parasite fauna were found to be similar. Similar studies found the same results [14]. Furthermore, it has been found that female vertebrates are less heavily infected with parasites than males [15]. Elevated levels of oestrogen are believed to protect female hosts from parasitic infections [16]. On the other hand Reimchen [17] suggested that competition for mates and subsequent elevation of testosterone levels could lead to immunosuppression in male hosts, hence an increase in susceptibility to parasitic infections. This could account for the relatively high mean intensity values observed in male as compared to female *C. gariepinus* in the present study.

4.2. Variation of Parasite Abundance among the Three Localities Surveyed

Previous studies have revealed variation in prevalence of parasites of fishes among lakes [18], rivers [19] and among sampling stations in large bodies of water [20]. The present study, like previous studies cited above, has demonstrated the existence of variation of prevalence and mean intensity of parasites in the same host species from different localities in the same lake. The variation observed indicates the presence of an uneven distribution in terms of species and density [21] of parasites intermediate hosts, some of which constitute food items for *C. gariepinus* among the localities surveyed [22]. This further affects the type and quantity of food materials taken by *C. gariepinus*, consequently differences in prevalence and mean intensity of parasites recruited among the three localities.

4.3. Abundance of Parasites According to the Length of *C. gariepinus*

Host size is suggested as the most important predictor of parasite load [21]. In the present study, two patterns were observed between parasites prevalence and mean intensity on the one hand and fish length on the other. The first pattern showed an initial rise in prevalence and mean intensity followed by a decrease in large fish. This is by far, the most commonly observed pattern in parasitological studies [23]. In the second pattern prevalence and mean intensity increased continuously with increasing length of *C. gariepinus*. The second pattern is similar to the first but differs due to low representation of large fish in samples.

In fish populations, the intensity of infection by metazoan parasites increases with the size of fish as observed in the present study. The increase sometimes stops beyond a certain host size, but the positive relationship generally holds when several classes are pooled. Large fish provide more internal space for parasite establishment and incur higher infection rates as they eat more parasitized prey [24]. Several biological parameters or ecological processes can determine which types of parasites are likely to correlate closely with host size. Density-dependent regulation of parasite numbers, for instance, may obscure the relationship between fish size and intensity of infection by preventing the accumulation of large numbers of parasites even in the largest fish [25]. Another example is the differences in the life span exhibited by different parasite taxa within a fish host; this could result in different rates of parasite accumulation as a function of fish size. Larval digeneans, for example, are long-lived in fish hosts and tend to accumulate over time and hence for these parasites intensity tends to correlate with fish size [24].

In the present study, it was observed that prevalence and mean intensity of the ectoparasites (*D. ranarum*, piscicolid leeches and *Gyrodactylus* species) and those of larval trematodes (*D. mashonense*, *Tylodelphys* species

and *Clinostomum* species) increased with the size of *C. gariepinus*. Pennycuik [16], and Amundsen *et al.* [21] stated that large fish represent greater targets for the ectoparasites and parasites dependent on skin penetration; and that larger fish also circulate more water over their gills and oral cavity than do smaller fish, thus bringing more ectoparasites and cercariae into contact with them. This argument may account for the high prevalence and mean intensity of ectoparasites and larval digeneans in larger fish observed in the present study.

Furthermore, it has been suggested that a prolonged life span of the parasite may contribute to maintain a basic infection level within the host population, and thus act as a stabilizing factor for the parasite population as it will contribute infective stages for the next generation of fish [21]. It is therefore to be expected that there will be a steady increase in the mean intensity of parasites with increase in size of fish. However this was not always the case in the present study as heavily infected fish were not always the largest ones [24]. Morphological and behavioural changes, and development of immunity in older fish that would render them less accessible to invading parasites have been cited as possible causes of the lower intensity often observed in large fish [21].

Irrespective of the variations described for the individual parasite species with fish size, the total parasite burden was greatest in the largest fish. The mean number of parasite species also increased with fish size initially then decreased in larger fish, probably due to development of immunity towards certain parasite species and/or behavioural and diet changes in large and old fish. Similar observations and conclusions have been reached in other studies [24].

4.4. Frequency Distribution of the Parasites of *Clarias gariepinus*

Most of the parasites recovered from *C. gariepinus* at the three localities sampled showed an overdispersed distribution. The dispersion index like mean intensity presented two patterns with respect to host size. The first pattern was that of an initial increase in overdispersion followed by a decline in fish over 40 cm and the second was a continuous rise in dispersion index with host size. The decline of the dispersion index accompanied by a decreased mean abundance may be suggestive of parasite-induced host mortality [26].

When the distribution of parasites is overdispersed a large number of parasites are accommodated in a smaller number of hosts. It should also be noted that most parasites are harmful to their host and the more parasites there are in a host the larger are the adverse effects. With an overdispersed distribution there will be a smaller number of hosts with many parasites and these may die and reduce the parasite population by many more individuals than it does the host population and hence the infection is kept to a moderate level (density-dependent regulation) [24]. On the other hand heavily infected fish may be eaten by a predator; this is advantageous to the parasite if it requires its host to be eaten by another host for the parasite to develop to the next stage of the life cycle [27]. However, if there are few hosts with large numbers of parasites then the chances for the predator finding these will be slight even if susceptibility to predation is greatly increased. There is thus an optimum shape for the distribution in which a large number of the parasites is in a fairly small number of the hosts [28]. Thus with overdispersed distribution the effect of the parasites on the host population is minimal and the distribution is advantageous to both host and parasite in ensuring continuous development of the parasite with minimal losses to the host population.

Overdispersion has been attributed to the heterogeneous distribution of the infective stages of the parasites such that when a fish visits such lacunae with infective stages of parasites, it results in heavy infections. Also behavioural differences and/or genetic factors and random continuous re-exposure of fish to infection over time have been cited as attributing factors to overdispersion [29].

4.5. Seasonality of Abundance and Frequency Distribution of Parasites

Results showed that mean intensity and prevalence of all parasites (with the exception of *D. mashonense*, whose prevalence was almost constant throughout the study period), varied with the seasons in all localities sampled. The mean intensity and prevalence of parasites using *C. gariepinus* as an intermediate host (*D. mashonense*, *Tylodelphys* species, *Contracaecum* species and *Clinostomum* species) were high during the rain season and tended to decline in the dry season. However mean intensity and prevalence of *Tylodelphys* sp. at Malimbe were low during the rain season. Fluctuations in prevalence and mean intensity of parasites such as metacercariae of trematodes, which utilize snails as first intermediate hosts, could be attributed to the fluctuations in the population of their snail intermediate hosts in the shores of the Mwanza Gulf. These shores are characterized by seasonal flood plains fringed with marshes and vegetational cover. Concentrations of snails are high in the flood plain

pools during the dry season, but infectivity in *C. gariepinus* is low due to the water-land barrier separating fish from these intermediate hosts in the pools. At the onset of the rain season the snails are washed into the shores of the main lake where the parasite infective stages come into contact with *C. gariepinus*, hence resulting in high prevalence and mean intensity.

Also *C. gariepinus* is known to traverse long distances into the wetlands where they may be trapped in the pools of water at the onset of the dry season and predated by piscivorous birds, with subsequent removal of parasites from the pool. This could also account for the seasonal variations observed. Nkwengulila [29] reported increased prevalence and mean intensity of the parasites of *Clarias* species during the dry season contrary to the results of the present study. These seemingly contradictory observations might be attributed to the differences in the size and nature of the water bodies involved. Nkwengulila [29] studied *D. mashonense* in *C. gariepinus* from Mindu Dam in Tanzania. The volume of water in small water bodies tends to decline in the dry season; consequently contact between parasites and fish hosts is increased. This is probably not the case in large water bodies like Lake Victoria whose volume of water remains almost constant throughout the year. The intermediate hosts for some of the parasite's infective stages, such as snails, tend to accumulate in the shallow waters of lakes [30], mainly in the pools of the nearby wetlands. Contact between fish and the intermediate hosts of the parasite infective stages is thus blocked during the dry season and is only re-established at the onset of the rain season as discussed above.

Parasites using *C. gariepinus* as a definitive host showed high prevalence and mean intensity during the dry season. It should be noted that the intermediate hosts for most of these parasites are the planktonic crustaceans and aquatic insects, and that most are acquired through the food chain. In the dry season, concentration of planktonic crustaceans, aquatic insects and zoobenthic organisms is high along the shores of Lake Victoria. It has been demonstrated that zooplankton accumulates in the littoral shallow waters due to accelerated reproduction; in addition embryonic development and hatching of parasite eggs occur along the shallow waters [30]. The presence of the definitive hosts (fish) in synchrony with the increased density of parasite's intermediate hosts leads to increased frequency of contact between the fish hosts and the infective stages of the parasites, thereby increasing prevalence and mean intensity in the fish host.

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