

# Life Cycle Energy of Low Rise Residential Buildings in Indian Context

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Received 6 October 2014; revised 6 November 2014; accepted 23 November 2014

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## Abstract

Life cycle energy of the building accounts for all energy inputs to the buildings during their intended service life. Buildings need to be constructed in such a way that energy consumption in their life cycle is minimal. Life Cycle Energy (LCE) consumption data of buildings is not available in public domain which is essentially required for building designers and policy makers to formulate strategies for reduction in LCE of buildings. The paper presents LCE of twenty (20) low rise residential buildings in Indian context. LCE of the studied buildings is varying from 160 - 380 kWh/m<sup>2</sup> year (Primary). Based on the LCE data of studied buildings, an equation is proposed to readily reckon LCE of a new building.

## Keywords

Life Cycle Energy, Residential Buildings, Embodied Energy, Operating Energy

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## 1. Introduction

Building construction sector is experiencing a fast-paced growth in developing countries, like India, due to growth of economy and rapid urbanization. A large number of buildings are being built for residential, commercial and office purposes every year. In India, 24% of primary energy and 30% of electrical energy is consumed in buildings [1]. The use of electricity in this sector is growing at the rate of 11% - 12% annually, which is 100% more than the average growth rate of 5% - 6% in the economy [2]. Besides the depletion of non-renewable energy sources, this energy use contributes greenhouse gases to the atmosphere, with consequent detrimental effects. In order to reduce the detrimental environment impacts of the buildings, new buildings need to be planned in such a way that energy consumption in their life cycle is minimal. In spite of the fast-paced growth of

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the building sector in India, Life Cycle Energy (LCE) consumption data for this sector is not available in the public domain; whereas a lot of work has been done in cold and western countries. Absence of macro-level data has been a barrier for the government to formulate effective policies to make the buildings energy-efficient.

Life cycle energy of the building accounts for all energy inputs to the buildings during their intended service life. It includes direct energy inputs during construction, operation and demolition phases of the buildings, and indirect energy inputs through the production of components and materials used in construction (embodied energy). If LCE is expressed in primary energy terms, it also gives a useful indication of environmental impacts attributable to buildings as primary energy consumption and associated emissions are proportional [3]-[5]. Life cycle energy evaluation of buildings becomes necessary not only for evaluating energy performance of the existing buildings but also to set a meaningful target for construction industry to construct new buildings with reduced energy demand, *i.e.* low energy buildings.

## Low Energy Buildings

It is reported in different case studies available in the literature that operating energy of the buildings has largest share (80% - 90%) and embodied energy constitutes 10% - 20% in its life cycle energy distribution. Thus, the most important aspect for the design of buildings which demand less energy throughout their life cycle (low energy buildings) is the reduction in operating energy [6]-[8]. In order to reduce operational energy demand of the buildings, passive and active measures such as providing higher insulation on external walls and roof, using gas filled multiple pane windows with low emissivity coatings, ventilation air heat recovery from exhaust air, heat pumps coupled with air or ground/water heat sources, solar thermal collectors and building integrated solar photovoltaic modules, etc. can be used. But, reduction in operating energy is generally accompanied by increase in embodied energy of the buildings due to energy intensive materials used in the energy saving measures and on-site power generating equipment integrated with building.

Though embodied energy constitutes only 10% - 20% to life cycle energy, opportunity for its reduction should not be ignored. There is a potential for reducing embodied energy requirements through use of materials in the construction that requires less energy during manufacturing [9]. While using low energy materials, attention must be focused on their thermal properties and longevity as they have impact on energy use in operating phase of a building's life cycle. Thus, energy saving measures aimed at reducing one phase of energy use (operating) has impact on other phase of energy use (embodied energy) of the building. Hence, holistic evaluation of the buildings covering all phases of energy use is required to assess energy performance of the buildings. Another opportunity for reducing embodied energy is through use of recycled materials in the construction.

The present paper focuses on evaluation and presentation of LCE data of low rise residential buildings in Indian context. LCE of the buildings was evaluated for existing (conventional) and modified designs. Building designs are modified by applying energy saving measures viz. thermal insulation on wall and roof, double pane glass for windows and with on-site power generation equipment (PV modules). Such a study is expected to be useful for building designers and policy makers for holistic evaluation of buildings from life cycle perspective.

## 2. Methodology

A total of 20 house designs (**Table 1**) are obtained from house builders, consultants and owners of the buildings. All buildings are conventional houses with RCC frame work, walls filled with fired clay bricks, and RCC roof. The buildings are categorized by number of floors they have viz. one storey, two storey, and multi storey. Each floor contains one or more family portions consisting of bed rooms, drawing room, living room, and a kitchen. Bedrooms and living hall are air conditioned. The information of buildings such as usable floor area, conditioned area, number of families living, operating hours, etc have been collected.

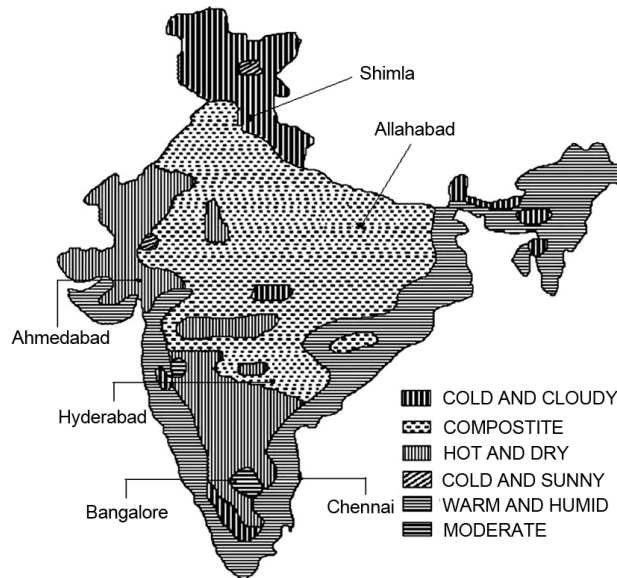
Electricity from the national grid is being used for all operations of the buildings like running air conditioners, domestic appliances, water heating and lighting etc. The indoor operating set point temperature is around 25°C for cooling, 18°C for heating and all lighting controls of the building are manual. Bed rooms and living hall are air conditioned using window air conditioners having COP of 3 for cooling and 0.9 for heating (electrical resistance heating) for design conditions. Though, electrical resistance heating is not advisable, it is common in India, as harsh winter in most parts of the country lasts only for one or two months and people do not use heat pump or boiler for heating. The air conditioner utilization is about 11 hours on an average for bedrooms and 4 hours for the living room starting in the evening hours for all working days. On holidays, air conditioners start working in the afternoon 13.00 hours onwards. Detailed estimation of energy required for the production (embodied energy-

EBE) and operation phases of the buildings from a primary energy perspective is being considered. LCE of the buildings are evaluated for different locations (Allahabad, Ahmedabad, Hyderabad, Chennai and Bangalore) under different climatic zones of India viz: hot and dry, warm and humid, moderate, and composite (**Figure 1**).

**Table 1.** Details of the buildings studied.

BIN	Name	Category	Floor Area (m <sup>2</sup> )	Conditioned area (m <sup>2</sup> )	Description	Location
1	Resha	One storey	80	36	Single family, 3 BR house	Hyderabad
2	Harish	One storey	90	42	Single family, 2 BR house	Hyderabad
3	Janardhan	One storey	102	55	Single family, 2 BR house	Hyderabad
4	Goud	One storey	86	47	Single family, 2 BR house	Hyderabad
5	Eashwer	One storey	185	104	Two families, 2BR portion-1, 1BR portion-1	Hyderabad
6	Srinivas	One storey	155	102	Two families, single BR portions-2	Hyderabad
7	Ravindra	One storey	107	71	Single family, 2BR house	Hyderabad
8	Adil	One storey	62	46	Two families, single BR portions-2	Hyderabad
9	Keerthi	One storey	104	86	Single family, 3BR house	Hyderabad
10	Abhishek	Two storey	256	136	Two families, 3BR portions-2	Hyderabad
11	Alwal	Two storey	135	80	Two families, single BR portions-2	Hyderabad
12	Nirmal	Two storey	235	155	Two families, 3BR portions-2	Hyderabad
13	Mahipal	Two storey	268	180	Multy families, single BR flats-8	Hyderabad
14	Anand	Duplex	183	100	Single family, 4BR house	Hyderabad
15	RG	Duplex	175	120	Single family, 4BR house	Hyderabad
16	Mahendra	Duplex	450	340	Single family, 4BR house	Ahmedabad
17	Kiran Arcade	Multi storey	1286	600	Multy families, single BR flats-15	Hyderabad
18	Renuka	Multi storey	590	350	Multy families, two BR flats-12	Hyderabad
19	Pradeep	Multi storey	854	430	Multy families, single BR flats-12	Hyderabad
20	Rock town	Multi storey	1280	1024	Multy families, 3BR flats-4, 2BR flats-8	Hyderabad

BIN: Building Identification Number.



**Figure 1.** Map showing locations of the cities under different climatic zones of India.

## Life Cycle Energy

LCE demand of the building is taken as the sum of the embodied energy of materials used in the construction (EBE) and operating energy (OPE) on an assumed lifespan of 75 years using following relation [10] [11]:

$$\text{LCE} = \sum m_i M_i + E_A L_b \quad (1)$$

where

$m_i$  = Quantity of building material ( $i$ ),

$M_i$  = Embodied energy of material ( $i$ ) per unit quantity (Table 2),

$E_A$  = Annual Operating Energy (primary),  $L_b$  = Lifespan of the building (75 years).

Energy used for on-site construction and demolition at the end of its service life are ignored in the study as they contribute little (1%) to LCE [10]-[14]. Unit for LCE is chosen as kWh (thermal). However, normalized LCE per unit floor area and per year is useful for quick comparison of energy performance of buildings of different sizes or different design versions of a building. Hence, LCE and other energy entities (OPE and EBE) of the building are normalized to kWh/m<sup>2</sup> year based on their floor area and assumed lifespan of 75 years. Quantity of materials is estimated from the technical drawings of the buildings using QE-Pro software [15]. Embodied energy per unit quantity of building materials are compiled from literature [16]-[19].

The energy used for the renovation of buildings is included in EBE of the building. Annual electricity demand of the building is estimated by energy simulation of the building using dynamic energy simulation tool design builder [20]. The evaluated energy (electricity) demand of the buildings is then converted into primary energy using a conversion factor of 3.4 [21] for the Indian context and is termed as annual operating energy ( $E_A$ ). Annual operating energy of the building is assumed to be same in future throughout its life span.

LCE demand is estimated for existing (conventional-Case A) and modified designs of the buildings for different climatic conditions of India. Building designs are modified by applying energy saving measures: adding 5 cm thick thermal insulation to wall and roof, and double pane glass for windows (Case B). LCE demand of the conventional building under particular climatic condition is taken as the base case for calculating energy savings. Further, LCE of the buildings is also evaluated with on-site power generating equipment (PV system). The embodied energy of PV modules, for initial installation and replacement, is included in calculation of EBE of the building. Number of times the PV modules are replaced is calculated using following relation:

$$N = (L_b / L_i - 1) \quad (2)$$

where

$N$  = No of times the PV modules are replaced in life span of building,

$L_b$  = Lifespan of the building,

$L_i$  = Lifespan of PV modules (Table 3).

**Table 2.** Embodied energy of building materials.

Name of the Material	Unit	Embodied Energy per Unit (GJ)	Reference Source
Cement	ton	6.7	[16]
Steel	ton	28.212	[16]
Fired clay bricks	m <sup>3</sup>	2.235	[16]
Aggregate	m <sup>3</sup>	0.538	[16]
Glass	ton	25.800	[17]
Copper	ton	110.000	[18]
Ceramic tiles	ton	3.333	[16]
PVC	ton	158.000	[16]
Marble/Granite	ton	1.080	[19]
AC blocks	m <sup>3</sup>	0.818	[16]
Fly ash bricks	m <sup>3</sup>	1.341	[19]
Expanded polystyrene (EPS)	m <sup>3</sup>	2.500	[19]
Aluminum	ton	236.8	[18]

**Table 3.** Particulars of PV modules.

Parameter	Value
Wattage per module	75 W <sub>p</sub>
Short circuit current $I_{sc}$	4.8 A
Open circuit voltage $V_{oc}$	21 V
Maximum current $I_{max}$	4.5 A
Maximum voltage $V_{max}$	16.5 V
Area of single module	0.6 m <sup>2</sup>
Type of cell	Single crystalline silicon
Number of cells in a module	36
Life span	30 years
Embodied energy of PV system (primary)	1710 kWh/m <sup>2</sup>

Electricity generated from PV modules is simulated using e-Quest software [22] for different climatic conditions of India. PV modules and storage devices (batteries) are designed as explained in the reference [23]. Specifications and other particulars of PV modules are shown in **Table 3**.

### 3. Results and Discussion

The results obtained from the life cycle energy analysis of the buildings under different conditions are presented herein. **Table 4** presents the life cycle energy (LCE) demand of the conventional buildings studied under different geographical locations of India. LCE of the buildings is varying from about 160 - 380 kWh/m<sup>2</sup> year. There is wide variation in LCE demand of the buildings. The reasons for this variation could be attributed to differences in climatic conditions, conditioned floor area and layout of the buildings. However, LCE range of buildings for composite, hot and dry, warm and humid climates is almost same and it is about 200 - 380 kWh/m<sup>2</sup> year whereas for moderate climate it is 160 - 270 kWh/m<sup>2</sup> year. Single storey houses require higher LCE than two and multi-storey house under similar operating and climatic conditions. This is due to the fact that, single storey houses require higher operating energy than two and multi-storey houses as they have higher external surface area per m<sup>2</sup> of usable floor area which results in higher thermal load and energy consumption by cooling and heating equipment. Besides this, embodied energy of single storey houses is also higher than two and multi-storey houses. With increase in number of floors, external surface area per usable floor area comes down and hence multi-storey houses show better energy performance among the three.

**Figures 2-4** show the variation of annual operating (electrical) energy demand of the buildings with conditioned floor area for different locations. It is observed that annual operating energy demand of the building is increasing with increase in conditioned floor area. Regression analysis is performed to obtain a relation between annual operating energy (electrical energy) and conditioned floor area of the buildings. A second order polynomial equation ( $R^2 = 0.98$ ) can be best fit curve among the others-linear ( $R^2 = 0.97$ ) and exponential ( $R^2 = 0.8$ ). The relation between conditioned floor area and annual operating energy cannot be linear at higher conditioned floor areas. The reason is generally higher conditioned floor areas exist in multi-floor buildings; with increase in number of floors, external surface area per unit floor area of the building comes down thereby reducing the rate of increase in air conditioning load and corresponding operating energy of the building. Hence, the relation between conditioned floor area and annual operating energy becomes non linear with increase in conditioned floor area.

Hence, second order polynomial equation can be chosen to estimate annual operating primary energy ( $E_A$ ) of the buildings.

$$E_A = 3.4(AX^2 + BX + C) \quad (3)$$

where

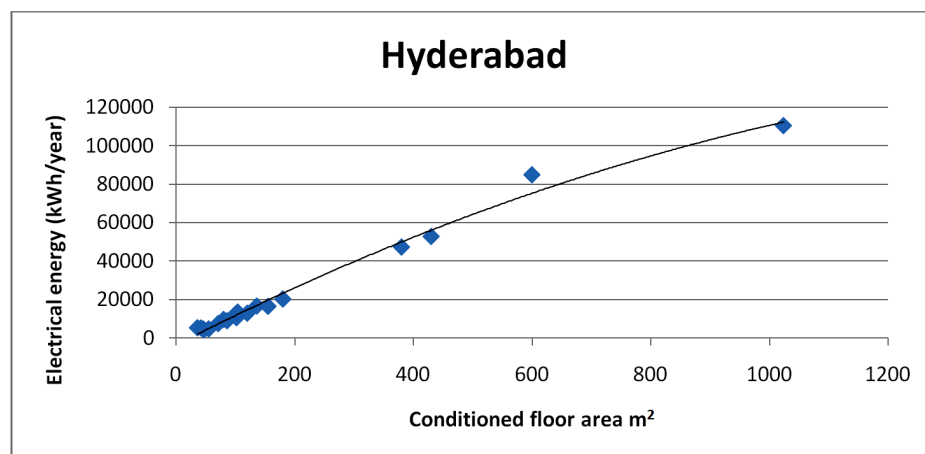
$X$  = Conditioned floor area of the building (m<sup>2</sup>),

$A$ ,  $B$  and  $C$  are regression coefficients and are shown in **Table 5**.

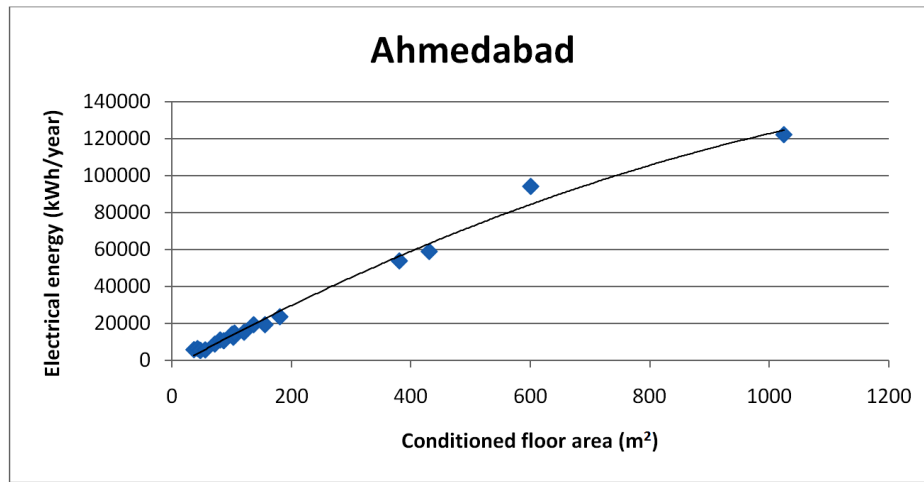
Further, it is observed that embodied energy of the buildings for single storey buildings is varying from 25 to 30 kWh/m<sup>2</sup> year (average 27.5 kWh/m<sup>2</sup> year) and for two and multi storey houses it is varying from 18 to 25 kWh/m<sup>2</sup> year (average 22 kWh/m<sup>2</sup> year) As variation in embodied energy of the buildings is not high, the average of the above values are taken as standard to represent embodied energy of single, two and multi-storey houses respectively.

**Table 4.** LCE demand of the residential buildings for different locations.

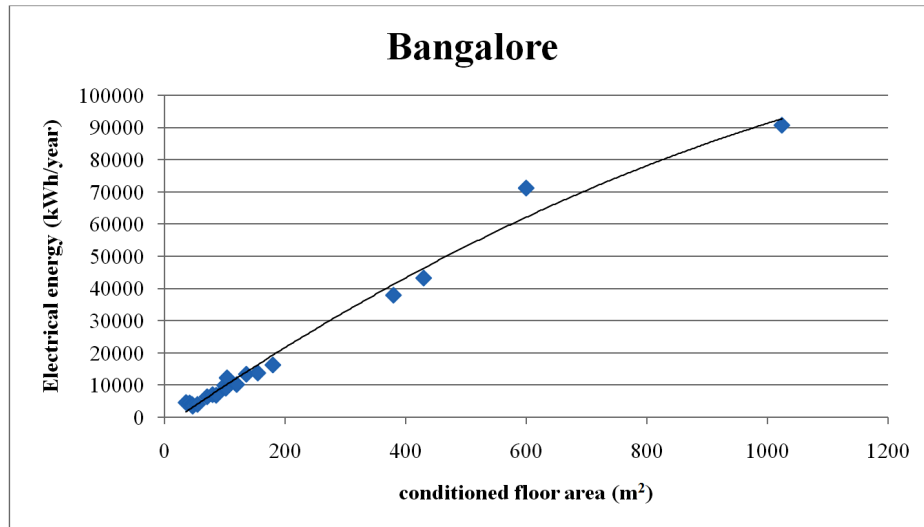
BIN	Name	Embodied energy kWh/m <sup>2</sup> year	Life cycle energy kWh/m <sup>2</sup> year				
			Hyderabad	Ahmedabad	Allahabad	Chennai	Bangalore
1	Resha	29.4	265	276	304	313	226
2	Harish	27.6	232	269	270	274	198
3	Janardhan	29	193	218	219	209	165
4	Goud	28	203	242	243	235	164
5	Eashwer	21	267	293	288	300	247
6	Srinivas	25	259	298	297	301	223
7	Ravindra	25.2	269	304	309	310	230
8	Adil	27.4	294	330	346	335	249
9	Keerthi	28	327	376	368	357	254
10	Abhishek	24.2	246	280	280	288	201
11	Alwal	18.5	266	297	291	290	197
12	Nirmal	23.5	271	305	315	300	230
13	Mahipal	18.3	278	318	325	322	225
14	Anand	21.5	255	285	288	294	207
15	RG Reddy	22	276	318	303	315	221
16	Mahendra	25	301	334	332	345	256
17	Kiran Arcade	22	247	272	276	280	210
18	Renuka	25	298	336	334	347	243
19	Pradeep	21	230	255	260	264	192
20	Rock town	23	317	349	346	364	269



**Figure 2.** Variation of electrical energy demand of the buildings with conditioned floor area (Hyderabad location).



**Figure 3.** Variation of electrical energy demand of the buildings with conditioned floor area (Ahmedabad location).



**Figure 4.** Variation of electrical energy demand of the buildings with conditioned floor area (Bangalore location).

**Table 5.** Regression coefficients for different locations.

	Hyderabad	Ahmedabad	Allahabad	Chennai	Bangalore
A	-0.043	-0.05	-0.055	-0.049	-0.035
B	157.4	177.3	182.1	182.4	129.6
C	-3388	-3601	-3951	-3941	-2925

Thus, to estimate LCE of the conventional buildings (in kWh/m<sup>2</sup> year) following equations is proposed:

$$\text{LCE} = \text{EBE} + E_A / FA_R \quad (4)$$

where

EBE = 27.5 for single storey houses; 22 for two and multi-storey houses,

$FA_R$  = Floor area (usable) of the building.

**Tables 6-8** present LCE of the buildings with passive features (thermal insulation on envelope and double pane glass for windows) for different locations. LCE savings with passive features is about 5% - 30% depending

**Table 6.** LCE and savings % (values shown in parenthesis) from energy saving measures (Ahmedabad location).

BIN	Name	Case A	Case B
1	Resha	309	256 (17.2)
2	Harish	273	232 (15)
3	Janardhan	218	174 (20.2)
4	Goud	245	203 (17.1)
5	Eashwer	293	260 (11.3)
6	Srinivas	298	243 (18.5)
7	Ravindra	305	254 (16.7)
8	Adil	330	274 (17)
9	Keerthi	376	265 (29.5)
10	Abhishek	279	256 (8.2)
11	Alwal	297	240 (19.2)
12	Nirmal	304	273 (10.2)
13	Mahipal	318	282 (11.3)
14	Anand	285	257 (9.8)
15	RG Reddy	318	285 (10.4)
16	Mahendra	334	312 (6.6)
17	Kiran Arcade	271	261 (3.7)
18	Renuka	336	310 (7.7)
19	Pradeep	258	237 (8.1)
20	Rock Town	349	335 (4)

**Table 7.** LCE and savings % (values shown in parenthesis) from energy saving measures (Hyderabad location).

BIN	Name	Case A	Case B
1	Resha	265	231 (12.8)
2	Harish	235	212 (9.8)
3	Janardhan	193	163 (15.5)
4	Goud	203	173 (14.8)
5	Eashwer	267	249 (6.7)
6	Srinivas	259	226 (12.7)
7	Ravindra	269	237 (11.9)
8	Adil	294	253 (13.9)
9	Keerthi	327	242 (26)
10	Abhishek	246	237 (3.7)
11	Alwal	266	220 (17.3)
12	Nirmal	271	254 (6.3)
13	Mahipal	278	257 (7.6)
14	Anand	255	238 (6.7)
15	RG Reddy	276	260 (5.8)
16	Mahendra	301	289 (4)
17	Kiran Arcade	247	244 (1.2)
18	Renuka	298	287 (3.7)
19	Pradeep	230	219 (4.8)
20	Rock Town	317	312 (1.6)

BIN: Building Identification Number.



on the type, layout, and conditioned floor area of the buildings and also climatic conditions of locality. Single storey houses have better LCE savings than two and multi-storey houses because reduction in thermal load per unit floor area, due to thermal insulation on envelope, is higher for single storey houses than two and multi-storey houses.

**Table 9** presents LCE savings of a single storey house with varying number of PV modules (on-site power generation) in combination with passive features. There is 30% to 70% reduction in LCE of the building. Use of PV modules seems to be most promising for primary energy reduction of the buildings.

**Table 8.** LCE and savings from energy saving measures for other locations.

Name of the building	Allahabad		Chennai		Bangalore	
	LCE	Savings %	LCE	Savings %	LCE	Savings %
Resha	251	17	259	17	209	8
Harish	233	14	236	14	187	6
Janardhan	175	20	169	19	152	8
Goud	200	18	191	19	155	5
Eashwer	259	10	260	13	233	6
Srinivas	243	18	238	21	211	5
Ravindra	256	17	264	15	218	5
Adil	282	18	271	19	229	8
Keerthi	263	29	251	30	206	19
Abhishek	252	10	265	8	195	3
Alwal	235	19	238	18	171	13
Nirmal	275	13	282	6	216	6
Mahipal	276	15	289	10	217	4
Anand	259	10	267	9	200	3
RG Reddy	283	7	293	7	216	2
Mahendra	305	8	316	8	241	6
Kiran Arcade	261	5	271	3	207	1
Renuka	310	7	324	7	240	1
Pradeep	237	9	245	7	188	2
Rock Town	331	4	354	3	266	1

**Table 9.** LCE and savings (values in bracket) for different cases of a house (Janardhan).

Case	Cities					Remarks
	Ahmedabad	Allahabad	Chennai	Bangalore	Hyderabad	
Case A	218	219	209	165	193	Conventional
Case B	174 (16)	175 (17)	169 (19)	152 (3)	163 (10)	Passive
Case B + 20 PV modules	128 (38)	131 (38)	120 (42)	111 (29)	117.4 (35)	On-site (part load)
Case B + 40 PV modules	72.4 (65)	76.8 (63)	65 (69)	62.4 (60)	62.5 (65)	On-site (part load)
Case B + Y No. PV modules	56.7 (73), Y = 60	56.7 (73), Y = 60	55 (74), Y = 52	55 (65), Y = 52	55 (70), Y = 52	On-site (self sufficient)

## 4. Conclusions

LCE of the buildings is varying from 160 - 380 kWh/m<sup>2</sup> year depending on the type (geometry) of the building and climatic conditions. With insulation on wall and roof along with double pane glass for windows, reduction in LCE of the buildings is about 5% - 30%. LCE of the buildings can be further reduced by on-site power generation from PV system (30 to 70%). A polynomial equation is proposed to readily reckon LCE of the new buildings. However, such equation needs to be improved when large number of LCE data is available in future.

The results of the present study are useful for building designers involved in design and construction of the energy efficient buildings and for policy makers to set meaningful targets. Some other cooling techniques like free cooling, evaporative cooling, solar air conditioning etc., may be tested to bring down LCE of the buildings. Use of energy efficient cooling/heating equipment and appliances would also reduce LCE of the buildings considerably.

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