

Trace Metal Analysis of Karuk Traditional Foods in the Klamath River

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ABSTRACT

This study evaluates the presence of trace metals in Klamath River water and three important Karuk traditional foods: freshwater mussels (*Gonidea angulata*), Chinook Salmon (*Oncorhynchus tshawytscha*) and Rainbow Trout (*Oncorhynchus mykiss*). Samples of these traditional foods together with water samples were collected from the Klamath River and measured for the total chromium (Chromium), cobalt (Co), copper (Cu), cadmium (Cd), tin (Sn), and lead (Pb) by inductively coupled plasma-mass spectrometry (ICP-MS). We found that cultural-use species in the Klamath and its tributaries are accumulating higher levels of lead, cadmium and tin downstream of a known Superfund site. Neither water, fish, nor mussel samples exceeded maximum intake levels of metal doses mandated by state or federal agencies for consumption intakes of 1.4 L per day of water, 0.5 kg per meal per day for fish, and 0.043 kg per meal for 30 meals per year¹.

Keywords: Trace Metals; Metals Analysis; Klamath River

1. Introduction

The Klamath River historically supplied an abundance of natural productivity that in turn supported culturally rich human activity [2]. More recently the Klamath region has been the site of significant conflict over water allocation, endangered species and the presence of multiple dams that are now under consideration for removal [3-6]. The Klamath River Basin is home to the three largest Native American tribes in the State of California and the largest tribe in Oregon. The middle Klamath Basin is the ancestral territory for the Karuk Tribe of California. For Karuk people cultural and subsistence uses of riverine species are at the heart of culture, social structure, spiritual life, and physical health, and form the basis of informal economic activity [7-9]. Yet today, impaired water quality compromises each of these concerns [8,10].

This study evaluates the presence of trace metals in Klamath River water and three important Karuk tradi-

tional foods: freshwater mussels (*Gonidea angulata*), Chinook Salmon (*Oncorhynchus tshawytscha*) and Rainbow Trout (*Oncorhynchus mykiss*). The contamination of Native foods is largely invisible both because state and federal standards presume lower levels of consumption and recreational rather than subsistence consumption, and because many of the food species consumed by Native people are simply not studied for contamination. On the Klamath, riverine organisms such as salmon and freshwater mussels are important traditional foods and cultural use species for the Karuk Tribe [7-9].

Trace metals, unlike more synthetic organic pollutants, can originate from both natural sources, such as bedrock or forest fires, and anthropogenic sources, including industrial activity, mining and agriculture [11-14]. Possible sources of trace metals in the Klamath River Basin include historical and current mining operations, forest fires, and agriculture. Trace metals are particularly likely to accumulate in salmon species while feeding in the oceans [12,15], while organisms such as Rainbow Trout and freshwater mussels spend their entire lives in river systems which may contain metals from mining activities, forest fires, and agriculture [16]. Freshwater mussels filter water through their gills and therefore bioaccumu-

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¹Traditional pre-contact Karuk salmon consumption was approximately 0.25 kg/day [1]. Current fish consumption is constrained by availability, however many tribal members would like to be consuming an average of 30 0.5 kg meals per year and some tribal members might in fact be doing so.

late toxins.

Two EPA listed Superfund sites in the Klamath River watershed are examples of historic mining as a possible vector: Grey Eagle Mine (EPA#: CAD980638860) and Celtor Chemical Works (EPA#: CAD000629923). Grey Eagle Mine was a copper mine, last operated during World War II, and Celtor Chemical Works was an ore processing plant for copper, zinc and precious metal extraction from 1958 to 1962 [17]. Celtor Chemical Works, on the other hand, has been completely remediated, and in 2006 EPA scientists formally certified that the site is ready for unrestricted use [18].

A third potential vector of contamination is present-day suction dredge mining on the Klamath². Suction dredging has been shown to release trace inorganic metals associated with gold-bearing minerals-such as copper, arsenic, lead and zinc [19]. Besides disturbing silt and changing the shape of the river, there is evidence that dredging mobilizes trace metals in the water column by resuspension of polluted sediments and subsequent desorption of metal pollutants, leading to their subsequent accumulation in the biota in the immediate area [20,21].

To what extent are trace metals entering the food web within the Klamath Basin? Does trace metal contamination pose safety threats for Karuk consumption of trout, salmon or freshwater mussels in the Klamath River? We analyzed concentrations of chromium, cobalt, copper, cadmium, tin and lead in three widely consumed Karuk cultural use species. This study used a unique and innovative sampling design that allowed for simultaneous evaluation of both a range of traditional foods and assessment of potential source vectors. Trout tissue sampling was used to evaluate trace metal levels in specific tributaries with known potential point sources and to distinguish between marine and freshwater sources (trout remain in the riverine system). Levels of trace metals have been shown to accumulate in salmon during the portion of their lives spent out in the ocean [15], thus, sampling of salmon tissue allowed for evaluation of marine sources of contamination. Finally, freshwater mussels are long-lived, sedentary filter feeders that are included in the traditional diet. Freshwater mussel tissue sampling was used to evaluate long-term trace metal in the main-stem of the Klamath River.

2. Materials and Methods

2.1. Study Site

The Klamath originates in south-central Oregon, east of the Cascade Range, flows for 423 kilometers crossing the California border and empties into the Pacific Ocean 26 kilometers south of Crescent City. The Klamath River

²As of 2009 the State of California has issued a moratorium on suction dredge mining in order to allow for a process of environmental review.

watershed drains about 12,900 km² in Oregon and 25,900 km² in California.

2.2. Sample Collection and Preparation

The sampling scheme took advantage of the unique life histories of three traditional Karuk food species to simultaneously evaluate the contamination of these foods, whether trace metals are entering tribal diets and potential source vectors. Sample sites ranged over the lower portion of the Klamath River starting at Copco 2 Dam and extending down to the mouth of the river (refer to **Figure 1** for sample locations), covering 312 km of the river.

2.2.1. Water Samples

In order to test for trace metal concentrations in the main branch of the Klamath River and/or any point sources that may occur along its length, water samples were taken over a one-week period (July, 2007) from sites 1-15 (**Figure 1**). Water sampling sites were spaced approximately 20 km apart from one another on the main branch of the Klamath River to determine if any point sources are introducing trace metals to the river system. The farthest site upstream (site 1) was just below Copco 2 Dam (312 km upstream) and the farthest downstream (site 15) was at Klamath Glen about 10 km from the mouth of the river. Three water samples, ~100 ml each, were collected from each site in 50-mL polypropylene bottles, and 1.00 mL of concentrated ultra-pure HNO₃ was added for preservation. Each sample was filtered through a 0.4- μ m polysulfone disposable syringe filter (Whatman) prior to analysis to yield dissolved metal concentrations.

2.2.2. Freshwater Mussels

As sedentary, filter-feeding organisms, bivalves have been shown to be a reliable keystone species for identifying trace-metal contamination [21]. Freshwater mussels (*Gonedia angulata*) in the Klamath River exist in adequate abundance to allow for sampling for trace metals. Samples of freshwater mussels and river water were taken at sites to evaluate whether mussels have been selectively filtering metals from river water. Mussel samples were collected at all water sampling sites that had an established healthy population of mussels living near the water collection site. Whole mussel samples were taken at sites 2-5, and 8-12 (**Figure 1**). Samples were double bagged in Ziploc[®] plastic bags and kept on ice until arrival at Whitman College (Walla Walla, WA, USA) where they were then frozen until processed. Processing mussels for ICP-MS analysis required first chemically digesting the samples by removing the mussel tissue, blending it with a small amount of 3 percent ultra-pure HNO₃, weighing out ~1.1 g of the slurry, adding 1.00 mL

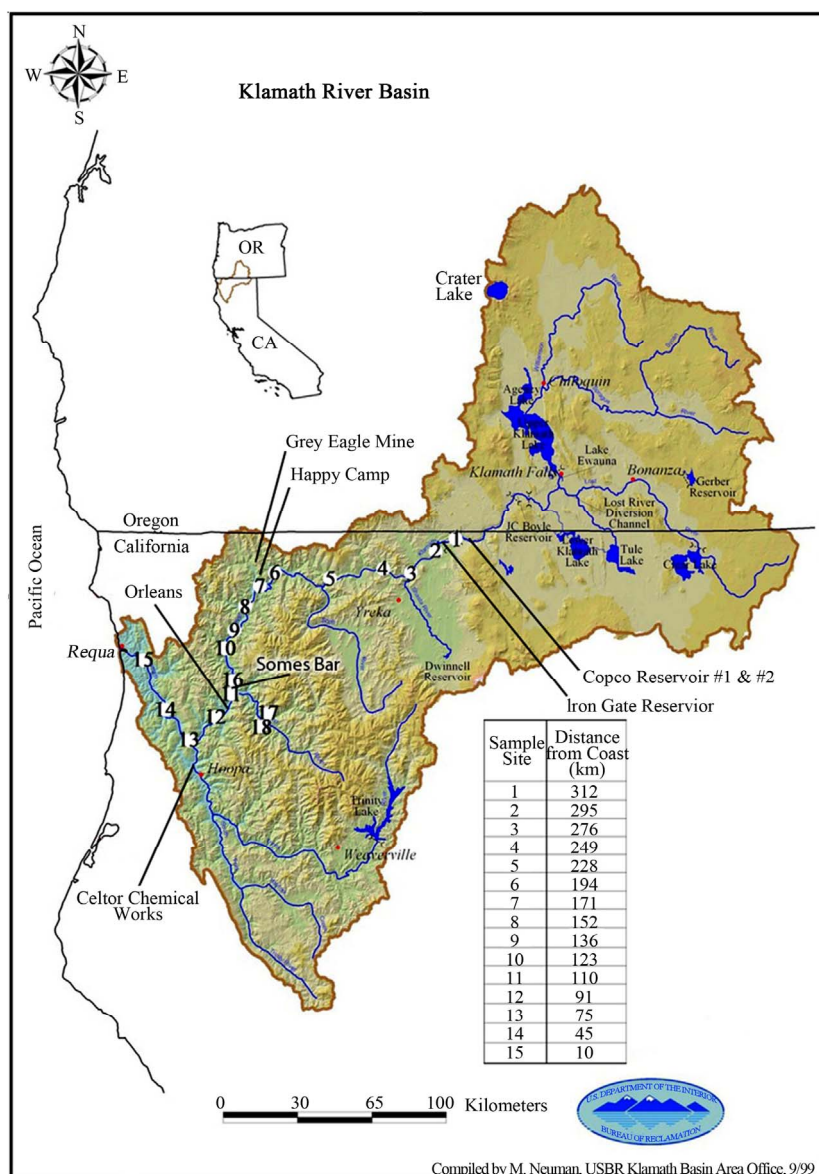


Figure 1. Map of the Klamath River Basin with numbered sampling sites.

of concentrated HNO_3 as well as 4.00 mL of concentrated ultra-pure H_2SO_4 , and allowing samples to digest overnight at room temperature. After the samples were fully digested into a liquid state they were diluted to 50.00 mL in a Class A volumetric flask using 3 percent ultra-pure HNO_3 , stored in a 150 mL plastic bottle, and then ~10 mL of the digested solution were filtered through a 0.20- μm Teflon or nylon-fiber filter cartridge into 15 mL polypropylene vials for analysis on an ICP-MS. Mussel preparation for analysis was done in accordance with standards established by the American Society for Testing and Materials [22].

2.2.3. Rainbow Trout

Rainbow Trout (*Oncorhynchus mykiss*) were collected

from specific tributary creeks with suspected contaminants. Rainbow Trout sampling sites were located on three tributaries of the Klamath River: Indian Creek (site 7; 171 km from the coast) and the North and South Forks of the Salmon River (sites 17 and 18 at approximately 140 km from the coast; refer to **Figure 1**). The Indian Creek location is downriver of an untreated EPA Superfund site, while the North and South forks of the Salmon River were subject to extensive historical placer gold mining and recent suction dredge activity (refer to **Figure 1**). Five trout were harvested from each of the three sites. Fish were double bagged in Ziploc plastic bags and kept on ice until arrival at Whitman College where they were then frozen until processed. In order to process the fish ~0.5 g of muscle was removed from beside a pecto-

ral fin, placed in a 15-mL plastic vial, and 1.00 mL of concentrated ultra-pure HNO₃ as well as 4.00 mL of ultra-pure H₂SO₄ were added. Samples were left to digest for several hours at room temperature, agitated once and then left to finish digesting until the following day. The remaining acidic liquid was then diluted to 100.0 mL in a glass Class A volumetric flask using double deionized water and stored in a 150 mL plastic bottle. Finally, ~10 mL were filtered through a 0.4- μ m polysulfone disposable syringe filter (Whatman) into a 15 mL polypropylene vial until analyzed on ICP-MS.

2.2.4. Chinook Salmon

Returning adult Chinook Salmon (*Oncorhynchus tshawytscha*) were sampled primarily from the Klamath River near Somes Bar, California to determine if salmon were accumulating unsafe levels of trace metals while living in the ocean. Twenty-seven fish were collected at the mouth of the Klamath River (site 15; 10 km from the coast) and near Somes Bar, CA (site 16; approximately 110 km from the coast). Sample collection, preparation and other procedures were identical to those described above for Rainbow Trout.

2.3. Chemicals Used in Analysis

All standards and spikes were made using commercially available atomic absorption-inductive couple plasma spectrometry 1000 mg/L metal standards (RICCA Chemical Company) in varying degrees of ultra-pure nitric acid for preservation. All acids used in this study were either concentrated nitric acid, HNO₃ (ultra-pure Omni-trace, EDM Chemicals) or concentrated sulfuric acid, H₂SO₄ (ultra-pure Aristar Plus, VWR Scientific Products). All water used for experimental purposes was double deionized (<18 micromhos/cm conductivity) (Millipore Milli-Q system). While trace mercury analysis would be of interest to this project, cold vapor atomic fluorescence spectrometry, with a detection limit of 0.04 ng/L, is a more appropriate method than ICP-MS. Hence, mercury analysis was not included in this investigation.

2.4. Trace Metal Analysis on ICP-MS

An Agilent 7500ce ICP mass spectrometer was used to determine trace metal content in water, mussel and fish samples. All samples were analyzed using the same parameters. Metal analysis included: chromium, cobalt, copper, cadmium, tin, and lead. External calibration was performed using standards ranging from 5 ng/L to 1 mg/L. Internal standard metals (bismuth (Bi), gallium (Ga), and indium (In)) at 50 μ g/L were also used during analysis and calibration to ensure low detection limits and account for quadrupole tuning drift. Each detection limit was based on the lowest external standard in the

least squares regression calibration line.

2.5. General Protocols/Quality Control/Quality Assurance

Procedural/reagent blanks were run to determine lower detection limits based on the lowest external calibration standard that fit onto the linear least squares regression line. Detection limits for water, mussel tissue, and fish tissue are given in **Table 1**.

Approximately every fifth samples was spiked near the middle of the calibration line for each metal. Spikes were performed with water, mussel, and fish samples. All samples were analyzed in triplicate and spiked to test spike recoveries. Water samples were spiked directly into the acidified sample while tissue samples were spiked immediately after tissue homogenization and then samples were treated as a normal tissue sample and taken through the entire digestion, dilution, and ICP procedure. Multiple blanks consisting of 3.0 percent ultra-pure HNO₃ were run on the ICP and checked between each sample to ensure that no cross-contamination occurred between samples and standards. Mussel samples were digested whole without the removal of their digestive system which could have slightly evaluated the trace metal concentrations due to the inclusion of sediment in the gut. Water samples were spiked at 100 μ g/L, all fish at 50 μ g/kg, and mussels at 200, 22 and 3.5 μ g/kg. Generally, good and reproducible spike recoveries were obtained for all metals and are shown in **Table 2**.

Risk calculations for oral exposure to contaminants in water, shellfish and fish were performed following the procedure outlined by [23]. Risk calculations for water were calculated with

$$\text{Intake from drinking water } (\mu\text{g}/\text{kg} \cdot \text{day}) = \frac{(\text{CW})(\text{IR})(\text{EF})(\text{ED})}{(\text{BW})(\text{AT})} \quad (1)$$

where CW is the measured metal concentration in the Klamath River Water in μ g/kg, IR is the ingestion rate fixed at 1.4 L/day, EF is the exposure frequency fixed at 365 meals or days per year, ED is the exposure duration fixed at 70 years, BW is the human body weight fixed at 70 kg, and AT is the average time of exposure fixed at

Table 1. ICP detection limits for all metals studied here.

Sample Matrix	Chromium	Cobalt	Copper	Cadmium	Tin	Lead
Water (μ g/L)	0.100	0.100	1.00	0.0100	0.100	1.00
Mussel (μ g/kg)	5.00	5.00	50.0	0.500	5.00	50.0
Fish (μ g/kg)	20.0	20.0	200.0	2.00	20.0	200.0

25,550 days (70 years). Risk calculations for consumption of mussel and fish tissue were calculated with

$$\text{Chronic Daily Intake (CDI) from eating } (\mu\text{g}/\text{kg} \cdot \text{day}) \\ = \frac{(\text{CM})(\text{IR})(\text{FI})(\text{EF})(\text{ED})}{(\text{BW})(\text{AT})} \quad (2)$$

where CM is the measured metal concentration in mussel or fish tissue in $\mu\text{g}/\text{kg}$, IR is the ingestion rate of food fixed at 0.043 kg/meal for mussel or 0.500 kg/meal for fish, FI is the fraction of intake from the tested source fixed at 1 (for 100 percent), EF is the exposure frequency fixed at 30 meals/year for mussel and 365 meals/year for fish, ED is the exposure fixed at 70 years, BW is the human body weight fixed at 70 kg, and AT is the average time of exposure fixed at 25,550 days (70 years).

Statistics: All linear regressions for calibration and calculating sample concentrations were performed on built-in software of the Agilent ICP-MS. Standard deviations were calculated in Excel[®] and Student's t-test were performed manually.

3. Results

The analytical results for the 15 different water sampling sites are summarized in **Figure 2**. Student t-tests do not show significant differences between adjacent sampling sites for two metals of lowest concentration, cadmium, and tin, moving upstream from the mouth of the river. Upstream locations are below the detection limit of 1.0 $\mu\text{g}/\text{L}$ for lead (the lowest standard for the ICP-MS) while measurable and significantly different ($n = 6$, $\alpha = 0.05$) concentrations are found within 75 km of the coast. Cobalt and chromium concentrations remain consistent and low throughout the reach of the river except at 171 km from the coast where each metal concentration has a slight spike in concentration that is significant (8, 0.05). Copper, the metal of highest concentration and the most variable throughout the river, significantly varies in concentration at river points 228 km, 123 km and 110 km, and 45 km from the coast. While the primary focus of this investigation was to determine if metal concentrations in fish and mussel tissues from the river pose a health risk, it is worth noting that water metals concentrations along the river are all in the less than 10 $\mu\text{g}/\text{L}$ range or less. How-

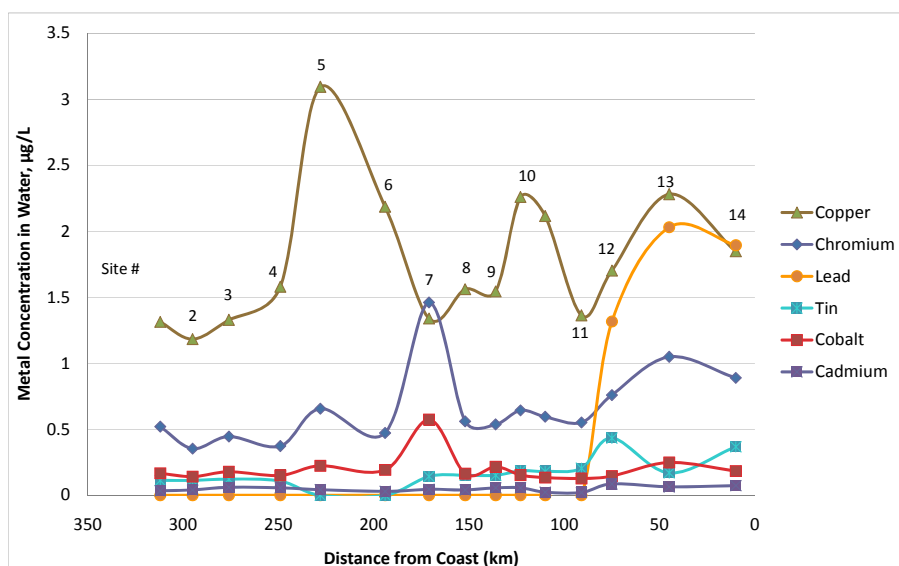


Figure 2. Average metal concentrations in the Klamath River water as a function of distance from the coast.

Table 2. Average spike recoveries for water, mussels, and fish.

Sample Type	Average Spike Recovery (%)					
	Chromium	Cobalt	Copper	Cadmium	Tin	Lead
Water	102	97.7	97.1	113	108	98.4
Mussels	99.2	94.1	91.8	79.2	81.1	44.8
Salmon	72.1	92.3	93.4	151	103	85.5
Trout	54.1	75.3	74.3	84.3	57.7	77.2
Average	81.8	89.9	89.2	107	87.4	76.5

ever, as noted above some metals concentrations do vary significantly along the river.

A total of 81 mussels were analyzed for their trace metal content at sites 2-5 (from 295 to 228 km) and 8-12 (from 152 to 91 km, see **Figure 1**). Results for trace metals in mussels at each site are summarized in **Figure 3**. All lead measurements were below the relatively high 50 g/kg detection limit in the raw mussel samples. All other metal concentrations vary from less than 10 µg/kg levels for tin to 2190 µg/kg for copper and when compared to the water concentrations, each metal clearly bioconcentrates in mussels. Mussel tissue samples in the headwaters have significantly higher concentrations of copper than those for other sites, specifically at 276 km from the coast. Significantly higher cadmium concentrations in mussel tissue were found at sites 11 and 12 (110 and 91 km from the coast). Significantly higher chromium levels were found at site 11.

Chinook Salmon were sampled at sites 15 and 16 along the Klamath River and trout were sampled from Indian Creek (site 7), the north fork of the Salmon River (site 17) and the south fork of the Salmon River (site 17). Data from these analyses are summarized in **Table 3**. All cadmium and tin concentrations were below detection limits in raw fish samples. Trout taken from Indian Creek tested highest for chromium, cobalt, and lead compared to trout taken from the North and South forks of the Salmon River. Trout from the north fork of the Salmon River tested comparatively high for copper. Statistical analyses (Student's t test) of the trout results indicated that: Chromium levels were significantly different between all sites (Indian Creek, the north fork of the Salmon River, and the South Fork of the Salmon River), cobalt concentrations were significantly different between Indian Creek and the north fork of the Salmon River and between the north and south fork of the Salmon River, copper concentrations were significantly different only between the north and south fork of the Salmon River, and lead concentrations were significantly different only between Indian Creek and the north fork of the Salmon River. No significant differences are expected for Salmon sampling sites because Chinook Salmon cease feeding once they return to the river to spawn and would likely not bioaccumulate trace metals from the river at any appreciable level.

4. Discussion

4.1. Potential Sources of Trace Metals in Klamath Water

All metals tested in this study steadily increase in concentration as sites approached the mouth of the Klamath River, except for the statistically significant trends for lead, chromium, and cobalt noted in the results section.

This trend is most notably shown in chromium concentrations shown in **Figure 2**. Unfortunately, due to contamination in the ultra-trace acids used in sample preservation, very little can be concluded about trends in lead in water samples as sites approach the Californian coast. Samples only exceeded the lead detection limit in the lower 75 km of the river. This is most likely a result of the Trinity River that empties into the Klamath 80 km upriver. Another interesting trend, likely explained by the presence of this same stream confluence, is all metal concentrations increase from site 12 to site 13 (91 and 75 km from the coast). Site 13 is the first site tested below the Trinity River. The three sites closest to the termination of the river also tested highest or second highest for all metals analyzed. Shortly above the confluence on the Trinity is an EPA Superfund site named Celtor Chemical Works, which has been listed as contaminated due to the presence of lead, chromium, and copper, among other pollutants. Celtor Chemical Works is located on the Hoopa Indian reservation a small distance from the confluences of these two large rivers. It was deleted from the Superfund NPL in 2003, but may still be leaching metals from the site.

The highest concentrations found for both cadmium and tin were also found near sites 13-15 (75 and 10 km from the coast), while the highest concentration for lead was found at site 14, 30 km further downriver. Relative maxima for both chromium and cobalt were found at site 7 (at 171 km) just below Happy Camp, CA and the confluence of Indian Creek. **Figure 2** shows this spike in chromium concentration at site 7 as compared to each site as the river gets closer to the Pacific Ocean. An EPA listed Superfund site called Grey Eagle Mine drains into Indian Creek. This site is not on the NPL and little has been done to prevent further leaching of known trace metals into the surrounding environment and surface water. Indian creek flows directly by the largest population concentration of Karuk Native Americans who reside in Happy Camp. It is possible that site 8 (at 152 km) does not test high for either chromium or cobalt because these metals adsorb to particles and settle out of the water column. Copper tested highest at site 5, but not significantly significant (8, 0.05), which lies 20 kilometers downriver of Quigley's Market, a local shopping stop with a boat ramp. It has been shown that both soil and water runoff from roads contains unnaturally high levels of copper and other trace metals [24,25]. Thus, it is possible that the boat ramp and continual presence of cars directly next to the river could be the point source of copper in the area.

4.2. Potential Sources of Trace Metals in Freshwater Mussels

As was the case with water samples, the concentration of

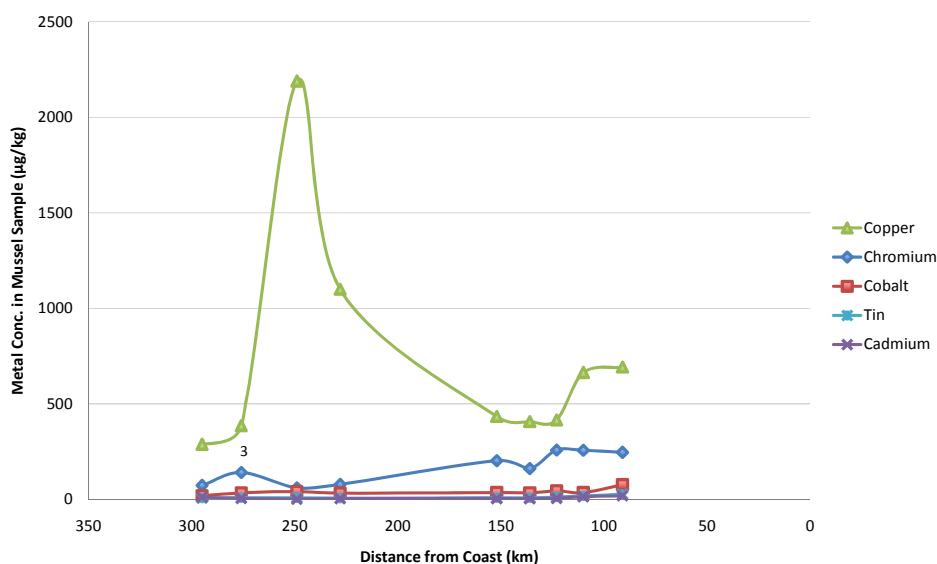


Figure 3. Average metal concentrations in mussel tissue as a function of distance from the coast.

Table 3. Summary of metal concentrations in fish.

Sites	Samples Analyzed (n)	Chromium			Cobalt			Copper			
µg/kg (ppb) in Fish											
		Mean	Stdev	Range	Mean	Stdev	Range	Mean	Stdev	Range	
Salmon	15, 16	27	399	304	1623 - 177	38	35	137 - 10	684	173	1189 - 448
Trout NS	17	5	220	20	254 - 206	46	17	75 - 35	721	129	902 - 557
Trout SS	18	5	265	15	277 - 248	82	22	107 - 53	556	78	678 - 467
Trout IC	7	5	295	15	316 - 276	86	24	126 - 64	708	150	961 - 583
Sites	Samples Analyzed (n)	Cadmium			Tin			Lead			
µg/kg (ppb) in Fish											
		Mean	Stdev	Range	Mean	Stdev	Range	Mean	Stdev	Range	
Salmon	15, 16	27	<200	n/a	n/a	<100	n/a	n/a	<200	n/a	n/a
Trout NS	17	5	<100	n/a	n/a	<20	n/a	n/a	<200	n/a	n/a
Trout SS	18	5	<100	n/a	n/a	<20	n/a	n/a	<200	n/a	n/a
Trout IC	7	5	<100	n/a	n/a	<20	n/a	n/a	<200	n/a	n/a

NS, SS, and IC refer to North Salmon River, South Salmon River, and Indian Creek respectively; n/a: not applicable due to instrumentation limitations for this study.

all metals in mussel samples increased downstream. For all sites tested measurements of lead were below the 45.5 µg/kg detection limit in raw mussel samples, thus for some metals the detection limit was used to estimate the upper limit of risk. Considering the known toxicity of these elements this is a positive outcome. For site 12, the averages from cobalt and tin were not significantly higher than any other site on the river. The high standard

deviations in these cobalt and tin is possibly due to a single mussel sample preferentially bioaccumulating specific elements. Cadmium levels were significantly higher at site 12, 91 km from the mouth of the river, than anywhere else except site 11, 19 km further upriver (Figure 3). Site 12 is located next to a small town called Orleans, CA that may serve as a source for cobalt, tin, and cadmium. Copper was found at distinctly higher levels at

sites 4 and 5, next to Quigley's Market. Once again this may be a result of Quigley's Market being a high use area for cars close to the river. Chromium levels were highest at site 11 near Somes Bar California. There are no creeks that flow into the Klamath River immediately near this site, therefore the source of this chromium is unknown.

4.3. Accumulation of Trace Metals in Salmon and Trout

Salmon samples were collected to determine if there are any harmful ingestion levels of trace metals present in the fish based on risk assessment. All salmon tested below detection limits for cadmium and tin in raw fish samples (2.0 µg/kg and 20. µg/kg, respectively). Trace metals concentrations in salmon muscle tissue varied depending on the individual fish as noted by the high standard deviation in **Table 3**. Possible reasons for this may include variety of feeding area (areas near harbors contain more trace metals in the water than further out at sea) or fish age and size (fish sample age and size were not recorded).

In addition to evaluating their contamination as traditional foods, Rainbow Trout were analyzed in this study for two purposes. First, was to test if certain trace metals were accumulating more in trout from Indian Creek (TroutIC) as compared to trout from the North and South Fork of the Salmon River (TroutNS and TroutSS respectively). Second, was to determine if there was a significant difference between trout, which spend their whole lives living in the waters of the Klamath River, and salmon, which spend a majority living out in the ocean. Data summaries are give in **Table 3** and Student's t-test on TroutIC samples showed significantly higher concentrations of chromium and cobalt than samples from TroutNS (5, 0.05). TroutIC samples also demonstrated significantly higher (5, 0.05) levels of cobalt than samples from TroutSS. TroutIC fish are also almost signifi-

cantly higher (5, 0.10) in lead than fish from TroutSS. Individual variations in age for the different fish from the three different sites may account for the standard deviations. Oceanic salmon showed significantly higher chromium and lower cobalt as compared to all freshwater fish.

4.4. Risk Assessment Calculations

Again, the primary focus of this investigation was to determine if water, mussel, or fish pose a health risk due to metal contamination. Both federal and state organizations (EPA, and the Federal-State toxicology and risk analysis Committee (FSTRAC)) have established maximum contaminant levels (MCLs) in water for all metals analyzed in this study [26,27]. At no site tested in this study did water samples exceed MCLs mandated by either state or federal governments (refer to **Table 4**). A person may drink 1.5 L of water from the Klamath per day for 70 years and never be exposed to any significant health risk from trace metals.

Risk calculations were performed on the highest individual samples of mussel and fish comparing them to minimal risk levels (MRL) established by the agency for toxic substances and disease registry (ATSDR) [28-34]. The highest recorded concentrations were used in these calculations instead of average concentrations to see if any individual fish or shellfish were approaching unsafe levels. Findings, shown in **Table 5**, for mussels indicate that samples tested in this study contain levels of trace metals safe for human consumption including at traditional levels of consumption. Even when calculating lifetime exposure, estimated at 70 years, consuming 0.43 kg of shellfish per meal, 365 meals a year, there is still no single mussel that exhibits unsafe levels in any metal. Findings for fish from the Klamath River Basin were similar. When risk assessment was repeated for fish, this time using historical Karuk diet levels (0.5 kg/day and 365 days/year; [8]) cadmium levels only slightly violated

Table 4. Risk calculation for trace metal consumption in water and fish.

Metal	Known Carcinogen	CM (max) Concentration in Fish (µg/kg)	Intake (µg/kg·day) EPA Est.	Intake (µg/kg·day) OR Est.	ATSDR MRL (µg/kg·day)	Violates the MRL? (EPA/OR)
Chromium	Yes	398	0.0260	1.00	5	No
Cobalt	Yes	137	0.0090	0.34	10	No
Copper	No	1189	0.0778	2.97	10	No
Cadmium*	Yes	2	0.0001	0.01	0.5	No
Tin*	No	20	0.0013	0.05	300	No
Lead*	Yes	200	0.0131	0.50	n/a	n/a

*Estimated risk levels due to detection limits in instruments; Ingestion rate for EPA estimates are 0.00458 kg/meal, ingestion rate for Oregon estimates are 0.175 kg/meal, fraction of intake from polluted source equal 1.00, exposure frequency was 365 meals/yr, exposure duration was 70. Years, body weight was 70.0 kg, and the average time was 25,550 days (70 years). n/a: Pb MRLs were not derived because a clear threshold for some of the more sensitive effects in humans has not been identified.

Table 5. Risk calculation for trace metal consumption in mussels.

Metal	Known Carcinogen	CM (max) Concentration in Mussel ($\mu\text{g}/\text{kg}$)	Intake ($\mu\text{g}/\text{kg}\cdot\text{day}$)	ATSDR MRL ($\mu\text{g}/\text{kg}\cdot\text{day}$)	Violates the MRL?
Cr	Yes	739.2	0.0373	5	No
Co	Yes	69.8	0.0035	10	No
Cu	No	7575.0	0.3825	10	No
Cd	Yes	33.9	0.0017	0.5	No
Sn	No	165.9	0.0084	300	No
Hg	No	50.	0.0023	2	No
Pb*	Yes	50.	0.0023	n/a	n/a

*Pb MRLs were not derived because a clear threshold for some of the more sensitive effects in humans has not been identified. Site specific lead blood (PbB) levels are used instead of MRLs. Ingestion rates are 0.0043 kg/meal, fraction of intake from polluted source equal 1.00, exposure frequency was 30 meals/yr, exposure duration was 70 years, body weight was 70.0 kg, and the average time was 25,550 days (70 years). n/a: Pb MRLs were not derived because a clear threshold for some of the more sensitive effects in humans has not been identified.

the ATSDR limit, by 0.2 $\mu\text{g}/\text{kg}\cdot\text{day}$. Once again, this finding should cause no immediate alarm as all fish samples tested below the cadmium instrument detection limit and the detection limit was used for risk assessment calculations. One limitation of this investigation is the absence of mercury data due to the ng/L levels is the digestion acids that compounded to $\mu\text{g}/\text{kg}$ calculated minimum detection levels in the tissue samples when correcting for the dilution factors. A more exhaustive study should therefore be conducted on the mercury content of fish along the Klamath River. Our results indicate that water, fish, and freshwater mussels in the Klamath River contain levels of trace metals (specifically chromium, cobalt, copper, cadmium, tin and lead) safe for human consumption.

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