

Medical Costs by Disease Stage in Medicare Patients with Metastatic Melanoma

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Abstract

Background: Melanoma is a rare but serious skin cancer that is responsible for >90% of skin cancer-related deaths. This retrospective data analysis quantifies the direct cost of medical care by disease stage at diagnosis for patients with metastatic melanoma. **Methods:** The Surveillance, Epidemiology, and End Results (SEER)-Medicare database was queried for patients diagnosed between 2004-2009 with stage IIIB/C and stage IV (M1a, M1b, M1c) melanoma. The primary outcome was overall medical utilization and associated costs from diagnosis to death, the end of Medicare enrolment, or 12/31/2010. Results are stratified by disease stage at diagnosis and presented as per-patient per-month (PPPM) costs. **Results:** Of the 1263 patients meeting the study criteria (mean age: 75 years; 64% male, 92% white, mean duration of follow up: 37.5 months), 66.6% were diagnosed at stage IIIB/C and 33.4% at stage IV. Cost of care increased with disease stage. Total PPPM costs ranged from \$1966 for patients diagnosed with stage IIIB to \$4585 among patients diagnosed with stage M1c. Outpatient costs accounted 48.9% of total medical costs among stage IIIB patients, and 38.7% of total medical costs for stage M1c patients. Inpatient costs accounted for 37.1% (stage M1b) - 40.9% (stage M1c) of total medical costs. **Conclusions:** Healthcare costs for treating patients with metastatic melanoma increase by disease stage. The cost of care was more than double among patients with late stage compared to those with early stage. Treatments demonstrating ability to prevent disease progression from early stage to late stage may confer an economic benefit among other clinical advantages.

Keywords

Melanoma, Healthcare Costs, Disease Stage, Medicare

1. Introduction

Melanoma is a rare but serious skin cancer that can rapidly infiltrate deep, vascular skin layers, and it commonly metastasizes very early [1] [2]. Although melanoma affects people of all ages, 34% of patients are younger than 55 years at diagnosis [3]. Among people with metastatic melanoma, survival data from real-world clinical practice consistently show that survival differs greatly by stage of disease [4] [5]. In a study of patients with metastatic melanoma from the Surveillance, Epidemiology, and End Results (SEER) database, patients with unresectable (no curative resection was performed) non visceral disease (stages IIIB or IIIC or M1a) had a median overall survival (OS) of 22 to 24 months [5]. Those with distant metastasis to the lung (stage M1b)—with or without skin or subcutaneous metastases—had a median OS of 11 months [5]. The poorest survival duration was observed in patients with metastases to other visceral sites (stage M1c), who had a median OS of 5 months [5].

Melanoma is a devastating disease with economic implications for individuals, their families, and society. A systematic review by Guy and colleagues found that medical costs were higher among patients diagnosed with late-stage melanoma compared to those diagnosed at early-stage disease [6]. However, these studies either used very old data (e.g., SEER-Medicare 1991-1996 and 1999-2003), were based on very small sample sizes, or conducted outside the US. Few recent studies have quantified the direct healthcare costs by disease stage accrued by patients diagnosed with metastatic melanoma. One of the reasons for lack of studies on costs by disease stage in metastatic melanoma is that insurance medical claims databases usually do not have accurate disease stage information while melanoma registry databases do contain stage information but often do not have healthcare resource use and cost information.

This study describes the medical utilization and costs of patients with metastatic melanoma by stage of disease from the payer's perspective, using more recent SEER-Medicare data that had information on both cost and disease stage in the US. Stage of disease was based on the American Joint Committee on Cancer (AJCC) 6th edition staging system [7].

2. Methods

2.1. Data Sources

This analysis utilized two linked data sources: the SEER cancer registry and Medicare claims. The SEER database is a unique population-based cancer registry containing cancer staging at the time of diagnosis and survival time for residents in 18 geographic areas in the US, representing 26% of the nation's population [8]. Hospitals, laboratories and physician offices populate the SEER database by sending information on incident cancer cases, including clinical and patient information, such as staging and planned course of treatment. The SEER database is routinely updated with vital status information collected through active follow-up with clinical sources as well as annual passive data transfer with

other organizations, including state vital records departments and the Social Security Administration [9] [10].

The SEER registry was first linked to Medicare claims data in 1991, allowing researchers to conduct additional clinical and economic analyses [11]. More than 90% of the SEER melanoma cases among patients aged 65 years or older are linked to Medicare claims data [10]. The Medicare claims data include inpatient hospitalizations (Medicare Part A) and outpatient medical services (Medicare Part B), including diagnoses, procedures, and payments for patients enrolled in Medicare. The most recent SEER data available at the start of this analysis were from the November 2011 submission and included cancer diagnoses from 1973 through 2009 with a follow-up cut-off date of December 31, 2009. The cut-off date for Medicare claims was December 31, 2010.

The New England Institutional Review Board (NEIRB) reviewed the study design and the proposed data sources for this study, and because the study used only de-identified patient records and did not involve the collection, use, or transmittal of individually identifiable data, the study was deemed exempted from the NEIRB review.

2.2. Study Population

The study population comprised patients diagnosed with stage IIIB, IIIC, or IV (M1a-c) melanoma (based on the AJCC 6th edition staging system) between January 2004 and December 2009, and whose data were successfully extracted from the SEER database and linked to the Medicare claims data. Melanoma cases were identified using the SEER site recode value “25010” which is equivalent to International Classification of Diseases for Oncology, Second Edition (ICD-O-2) topography codes C44.x and International Classification of Diseases for Oncology, Third Edition (ICD-O-3) morphology codes 8720 - 8790. As the SEER data only contains month and year of diagnosis, the index date of melanoma diagnosis was assumed to be the first day of the month. Patients were excluded from the study if their melanoma was identified at autopsy or on a death certificate, or if they were not enrolled in Medicare for the month during which they were diagnosed.

Patients were followed from the index date to the earliest of the following events: death, end of enrolment in Medicare, or the end of the Medicare claims follow-up period (December 31, 2010). Demographic and clinical characteristics were determined based on SEER information at the index date and included age, gender, race, evidence of prior cancer diagnosis, year of melanoma diagnosis, and stage. Medicare enrolment files were examined up to 6 months prior to the index date through the end of follow-up period to flag patients who were enrolled in a health maintenance organization (HMO) plan, as these patients may not have complete Medicare claims. For patients in HMO plans, their observed healthcare utilization and costs were used in the analyses and the percentage of patients with HMO was reported. Sensitivity analysis was also conducted in the

subset of patients with no HMO.

2.3. Outcomes

All-cause medical utilization and direct costs were captured during the follow-up period. Utilization was measured as the presence of at least one claim for the following service types: inpatient admissions, skilled nursing facilities (SNFs), emergency department (ED) visits, outpatient office visits, home healthcare (HHC), hospice, and other outpatient services. Costs were the amount reimbursed by Medicare to providers, not including the amount paid by the primary payer other than Medicare or patient out-of-pocket costs. Costs were adjusted to 2015 US dollars using the medical component of the Consumer Price Index. Total costs as well as costs for the service types detailed above were examined. To account for the variable length of follow up, total costs and cost components are reported per-patient-per-month (PPPM) and stratified by stage at diagnosis.

2.4. Statistical Analyses

Descriptive analyses were conducted to examine patient characteristics and mean direct medical costs. Total costs and costs by place of service are reported for each stage at diagnosis. Means and standard deviations were computed for continuous variables while proportions were computed for categorical variables. Statistical significance testing was conducted among disease stages, with ANOVA tests on continuous variables and Chi-squared tests on proportions.

3. Results

From 2004 to 2009, 87,183 melanoma cases were identified in SEER and linked to Medicare claims. Of these, 4076 were diagnosed at stage III or stage IV disease. The final sample included 1263 patients who had at least one month of enrollment in Medicare following their index date. Nearly two-thirds of the sample was diagnosed at stage IIIB or stage IIIC. (**Table 1**) The mean (standard deviation (SD)) age was 75 (9.3) years. Over 60% of patients were between 65 and 85 and just over 20% were between 50 and 64. The majority of patients were male and white. The proportion of patients who had at least one prior cancer diagnosis according to SEER data ranged from 31.3% to 50.9% and was higher among stage IV patients. Additionally, approximately one-third (26.5% - 36.7%) of patients were enrolled in an HMO during the 6 months prior to the index date or during follow-up. The average duration of follow up was 37.5 months (median = 33 months). Those with stage IIIB melanoma had the longest duration of follow-up, while those diagnosed at a later stage (M1c) had the shortest.

A high proportion of patients received healthcare services in hospitals, SNF/HHC, and ER, regardless of their stage of melanoma at diagnosis. Across all stages at diagnosis, approximately 70% of patients had an inpatient admission, 20% had a SNF stay or HHC visit, and half were seen in the ER. The proportion

Table 1. Characteristics of patients diagnosed with advanced melanoma and enrolled in Medicare, by stage of disease at diagnosis.

	Stage of Melanoma at Diagnosis				
	Stage IIIB	Stage IIIC	Stage M1a	Stage M1b	Stage M1c
	N = 550	N = 291	N = 147	N = 112	N = 163
Age, mean (SD)	75.6 (9.3)	73.6 (10.6)	75.9 (8.9)	75.9 (7.5)	74.3 (7.4)
Median	76	75	76	76	74
Male	64.5%	63.2%	63.9%	67.9%	64.5%
White	92.7%	90.0%	90.5%	99.1%	92.6%
Mean follow-up in Medicare in months (SD)	43.6 (22.4)	35.6 (21.8)	36.3 (21.5)	31.6 (21.4)	25.5 (20.6)
Median	41.5	29	30	24.5	19
Enrolled in a health maintenance organization (HMO)	32.0%	26.5%	36.7%	36.6%	29.4%
Year of melanoma diagnosis					
2004	17.1%	16.2%	13.6%	11.6%	20.9%
2005	18.4%	19.9%	22.4%	19.6%	14.1%
2006	20.7%	18.2%	15.6%	13.4%	18.4%
2007	19.1%	17.2%	17.7%	24.1%	19.6%
2008	21.3%	23.4%	23.1%	20.5%	20.9%
2009	3.5%	5.2%	7.5%	10.7%	6.1%
Evidence of prior cancer in SEER data	38.0%	31.3%	40.1%	50.9%	48.5%

HMO: health maintenance organization; SD: standard deviation; SEER: Surveillance, Epidemiology, and End Results.

with a hospice stay did appear to vary by stage at diagnosis, from 34.0% among those diagnosed at stage IIIB to 66.3% of those diagnosed at stage M1c ($p < 0.001$). Cost of care increased more noticeably with stage of diagnosis. Total PPPM costs ranged from \$1966 among those with stage IIIB melanoma to \$4585 among those diagnosed at stage M1c ($p < 0.001$) (Table 2). The primary cost driver was outpatient costs (ER, office visits plus other outpatient services), which was almost twice as much in stage M1c as those in stage IIIB (\$1774 vs. \$962, $p < 0.001$) and accounted for nearly half (48.9%) of total medical costs among stage IIIB patients, and over one-third of total medical costs (38.7%) for stage M1c patients. Inpatient costs more than doubled from stage IIIB to M1c (\$729 - \$1874 PPPM, $p < 0.001$), accounting for 37.1% for stage IIIB patients and 40.9% for stage M1c patients of total medical costs (Figure 1).

4. Discussion

This analysis of patients diagnosed with metastatic melanoma between 2004 and

Table 2. Per-patient per-month (PPPM) all-cause direct medical utilization and costs for patients diagnosed with advanced melanoma, by stage of disease at diagnosis.

	Stage of Melanoma at Diagnosis					p value
	Stage IIIB	Stage IIIC	Stage M1a	Stage M1b	Stage M1c	
	N = 550	N = 291	N = 147	N = 112	N = 163	
Total mean PPPM costs (SD)	\$1966 (\$2303)	\$2716 (\$2930)	\$2419 (\$2891)	\$3402 (\$3804)	\$4585 (\$4153)	<0.001
Inpatient admission						
Patients with ≥1 admission	69.1%	80.4%	70.1%	76.8%	75.5%	0.006
Mean PPPM costs (SD)	\$729 (\$1285)	\$1104 (\$1740)	\$954 (\$1932)	\$1227 (\$1967)	\$1874 (\$2668)	<0.001
Skilled nursing facility stay						
Patients with ≥1 stay	18.4%	20.3%	14.3%	21.4%	21.5%	0.455
Mean PPPM costs (SD)	\$122 (\$386)	\$152 (\$552)	\$69 (\$231)	\$157 (\$584)	\$358 (\$1416)	0.001
Emergency room visit						
Patients with ≥1 visit	56.4%	56.4%	53.1%	55.4%	60.1%	0.803
Mean PPPM costs (SD)	\$24 (\$49)	\$32 (\$64)	\$23 (\$45)	\$30 (\$49)	\$52 (\$114)	<0.001
Outpatient office visit						
Patients with ≥1 visit	79.3%	77.7%	80.3%	78.6%	81.0%	0.930
Mean PPPM costs (SD)	\$202 (\$317)	\$229 (\$339)	\$240 (\$323)	\$311 (\$513)	\$358 (\$524)	<0.001
Home health care visit						
Patients with ≥1 visit	18.2%	24.7%	13.6%	17.9%	16.6%	0.040
Mean PPPM costs (SD)	\$28 (\$100)	\$42 (\$126)	\$21 (\$86)	\$32 (\$152)	\$49 (\$179)	0.165
Hospice stay						
Patients with ≥1 stay	34.0%	45.7%	42.9%	54.5%	66.3%	<0.001
Mean PPPM costs (SD)	\$124 (\$344)	\$202 (\$500)	\$281 (\$830)	\$560 (\$1872)	\$531 (\$1003)	<0.001
Other outpatient services						
Patients with ≥1 service	82.9%	84.2%	83.7%	82.1%	85.9%	0.900
Mean PPPM costs (SD)	\$736 (\$1006)	\$955 (\$1142)	\$832 (\$1005)	\$1084 (\$1216)	\$1364 (\$1573)	<0.001

PPPM: per-patient per-month; SD: standard deviation.

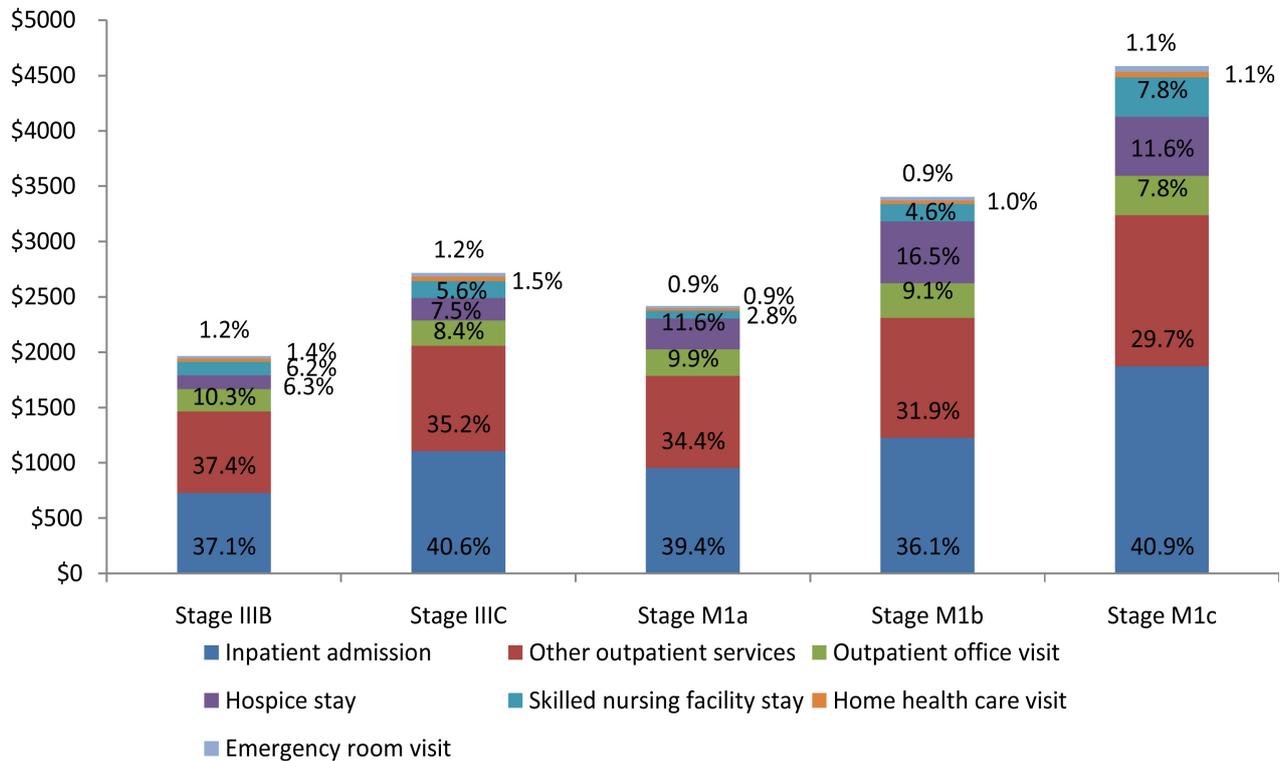


Figure 1. Per-patient per-month (PPPM) all-cause direct medical costs for patients diagnosed with advanced melanoma, by stage of disease at diagnosis.

2009 found that all-cause medical costs of these patients are high and increase with disease stage advances. Mean total PPPM costs were estimated to range from \$1966 among patients diagnosed at stage IIIB to \$4585 among patients diagnosed at stage M1c. Costs for outpatient services accounted for 38.7% - 48.9% of total costs, while inpatient admissions accounted for 36.1% - 40.9% of total costs. As there appeared to be similar utilization across stage for most service types when evaluating the proportion of patients with at least one claim, it is possible that the substantial increase in costs across stages reflects more frequent contact with the healthcare system or more involved in intensive care.

Other published analyses have examined healthcare costs of patients with melanoma in the US. A systematic review by Guy and colleagues in 2012 examined 19 publications from 1990 to 2011 [6]. Despite variations in the populations studied and the costing approach used, they found that medical costs were higher among patients diagnosed with late-stage melanoma compared to those diagnosed at early-stage disease [6].

Two of the US analyses identified by Guy, *et al.* [6] presented costs by phase of care and disease stage [12] [13]. Using SEER-Medicare data from 1991 to 1996 and 1997 AJCC staging, Seidler, *et al.*, found the average monthly per-patient melanoma costs were \$1402 during the initial phase (the first four months following diagnosis), \$576 during the interim phase (time after diagnosis when average monthly charges dropped by more than half), and \$2513 during the ter-

minal phase (the six months prior to death) of disease progression for patients across all disease stages [12]. Costs were highest for patients diagnosed at stage III and stage IV disease during the initial phase (\$2594 and \$2541, respectively) [12]. Costs stratified by venue of service (*i.e.*, inpatient, outpatient, SNF, HHC) were not reported [12].

Yabroff and colleagues conducted a similar analysis using SEER-Medicare data from 1999 to 2003 and defined phase differently: initial (first 12 months after diagnosis), continuing (months between initial and last phases), and last (last 12 months of life) [13]. The researchers compared cancer patients to non-cancer patients to determine net costs of melanoma in 2004 US \$ [13]. Like Seidler, *et al.*, [12] Yabroff, *et al.* reported that the net cost of care was highest in the last year of life, and net costs in all phases were higher for patients with distant metastases than those with localized disease (initial = \$21,717 vs. \$3211; last = \$46,177 vs. \$20,145) [13].

The systematic review by Guy, *et al.* [6], also identified four U.S. analyses that presented costs by stage of disease only [14] [15] [16] [17]. The earliest of the four studies was published by Tsao, *et al.*, in 1998 [14]. It should be noted that costs reported by Tsao *et al.* do not represent actual paid amounts for a population of melanoma patients, but rather a model with a number of assumptions, some of which have been questioned [14]. A similar model-based analysis was conducted by Alexandrescu to estimate costs by stage over a five-year period, with stage defined by the stage of the primary tumour along with thickness and presence of ulceration [15]. Total five-year costs for stage T3a melanoma were \$35,407 (in 2008 US \$) compared to \$38,335 for stage T3b melanoma, \$105,479 for stage T4a melanoma, and \$110,150 for stage T4b melanoma [15]. Hillner and colleagues examined the procedures for 100 patients with metastatic melanoma from 1997-1998 and projected that total average cost per patient was \$59,400, more than 60% of which was for inpatient care [16].

The study most directly comparable to the analysis presented here was conducted by Davis and colleagues using SEER-Medicare data from 1991-2005 [17]. Davis, *et al.*, also found that healthcare costs of patients with melanoma increase with advanced stage and that hospital services were the main cost driver [17]. They reported that the costs for patients with stage IV melanoma were substantially higher (\$11,471) than costs for patients with stage IIIA/B (\$3395) or IIIC (\$6885) [17]. Although they used older data, their cost estimate for stage IV is much higher than the estimates reported in our study [17]. One potential explanation is that Davis, *et al.*, removed patients with HMO insurance [17] while about one-third of our study population was enrolled in an HMO. When HMO patients are removed from our analysis, the costs do increase (stage IIIB = \$2492; stage IIIC = \$3296; stage M1a = \$3000; stage M1b = \$4420; stage M1c = \$5592). In addition to the aforementioned reason, the costs differ between the two studies because the cost estimates reported by Davis, *et al.*, were adjusted for patients' characteristics with a multivariable analysis [17] while our costs are

unadjusted. In a poster presented prior to the publication of their manuscript, Davis and colleagues reported unadjusted costs for the same sample of patients [18]. These costs were lower than those from their later multivariable analysis (stage III A/B = \$2536, stage III C = \$4880, and stage IV = \$8190) [18]. While still higher than ours, the difference between the cost estimates is smaller.

The interpretation and generalizability of our findings are subject to several limitations. First, the reported costs are likely an underestimate of total health-care costs. Medicare Part A and B do not cover outpatient prescription medications, though oral chemotherapeutic agents may appear in the Durable Medical Equipment (DME) file if the orally administered medication is a substitute for an intravenous medication. Following the introduction of Medicare Part D in 2006, outpatient pharmacy claims were captured for patients with Part D enrolment. The DME file and Part D files were not included in this analysis. Additionally, patients who were enrolled in an HMO (about 31% of the study sample) may have incomplete claims and thus incomplete cost information. When excluding patients with HMO enrolment, average PPM costs increased by \$600 to \$1200 across all cohorts. Second, this study reported all-cause costs and did not adjust for comorbidities and other confounding factors. Due to the lack of information on reimbursement amount from payers other than Medicare and patients' out-of-pocket payment, costs reported in this analysis included Medicare payment only. Future studies that report total reimbursed amount from all payers, melanoma-specific costs, and adjust for confounding factors across disease stages will help better understand the disease specific burden. Third, the SEER data is drawn from 18 regions throughout the United States, and migration in and out of these areas does affect follow-up [19]. Because migration should not disproportionately affect one region, and Medicare is a federal program, migration should not affect costs in any differential way. Fourth, information on disease progression is not available in SEER, thus, this study only examined cost by stage at diagnosis. Fifth, treatment landscape for metastatic melanoma has been changing as some new treatment options have been approved by the US Food and Drug Administration (FDA) since 2011. The current study does not capture the costs of these new treatments. Finally, healthcare utilization and costs were analysed using SEER-Medicare data, and older patients may have very different costs compared to a younger population. Therefore, results from this study may not be generalizable to the whole population of melanoma patients in the US.

Despite these limitations, we believe this study contributes to the literature quantifying the cost of melanoma care among the high-risk elderly population using updated staging information and more recent claims data. Additional research is needed to ascertain the relative proportion of overall medical costs directly attributable to melanoma treatment and the degree to which primary prevention and early detection of melanoma, including care coordination and other care management programs, may reduce the overall cost burden of melanoma in the US. Future research that captures the current treatment landscape and their

impact on healthcare costs will also be needed to provide the most updated picture of metastatic melanoma.

5. Conclusion

Healthcare costs for treating patients with metastatic melanoma increase by disease stage. The cost of care was more than double among patients with late stage compared to those with early stage. Treatments demonstrating ability to prevent disease progression from early stage to late stage may confer an economic benefit among other clinical advantages.

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Conflicts of Interest

Zhongyun Zhao and Beth Barber are employees of Amgen and hold Amgen stocks. Xue Song, Amanda Farr, Boris Ivanov and Marilyn Novich do not have any relationships to declare.

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