

Liquid Biopsy in Liquid Tumors

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Abstract

The availability of a minimally invasive patient simple, capable of providing tumor information, represents a valuable clinical tool. The liquid biopsy has the potential to achieve this need. Circulating cell free DNA (ccfDNA), other circulating nucleic acids such as microRNA and circulating tumor cells (CTCs), can be obtained from a peripheral blood sample. Liquid biopsy has been particularly studied in solid tumors, specially of the epithelial origin, such as a pancreatic carcinoma and advanced breast cancer. It has been considerably less applied to the study of non-solid tumors. It represents an important source for diagnosis, prognosis and predictive information. Also it is suitable to evaluate response to therapy and drugs pharmacokinetics. It provides a unique opportunity to evaluate the disease evolution in serial blood samples collection, otherwise difficult to obtain. Liquid biopsy can be rehearsed using different circulating biological fluids such as whole blood, serum, plasma and lymph, as well as, non-circulating fluids such as urine, feces, saliva, bile and accumulated pathological fluids such as ascites. This review summarizes the current status of circulating material analysis in non-solid tumors. It is specially focused on Hodgkin Lymphoma and among Non-Hodgkin Lymphoma, it refers particularly to Diffuse Large B cell Lymphoma, the most common aggressive Non-Hodgkin Lymphoma derived from germinal center B-cells in adults. It further discusses the benefit of liquid biopsy in oncohematological diseases and potential clinical applications.

Keywords

Liquid Biopsy, Non-Hodgkin Lymphoma, Hodgkin Lymphoma, Circulating Tumor Cell (CTC), Circulating Cell Free DNA (ccfDNA)

1. General Considerations

Liquid biopsy represents a late development of an antique discovery. The first

report on CTCs (Circulating Tumor Cells) was from 1869 when an Australian physician described a case in which cells, similar to those in the tumor, were seen in blood following patient's death [1]. This topic rested for a long time until Mandel and Métais found circulating nucleic acids in blood [2]. The 1945-1955 decade showed an increased interest in this field and many papers were published [3] [4]. It was during the 90's when different research groups went back to circulating DNA to analyze microsatellite alterations [5] [6] [7]. Over the last ten years, the detection and molecular characterization of CTCs, along with circulating cell free DNA (ccfDNA) analysis, have received enormous attention as new biomarkers and are currently a subject of both basic and clinical research [8].

2. Circulating Tumor Cells (CTCs)

The number of CTCs in the blood stream is considerably low. It is accepted that there might be 1 CTC/ 10^9 cells in a patient blood sample with a metastatic tumor. The studies on CTCs are aimed to evaluate the risk of relapse in an oncological patient, to select treatment and monitor response to therapy, to identify novel therapeutic targets, to detect driver mutations that might be druggable if known, to evaluate pharmacodynamic effects, to analyze resistance mechanisms or to understand molecular basis of tumor metastasis dissemination [9] [10]. CTCs and ccfDNA, likely provide a mean of the intra-tumour heterogeneity of cancer, since this genetic circulating material may arise from all different tumor sections, being more representative than the information provided by a single tissue biopsy [10]. Although there is still no absolute consensus regarding the representativity of the information obtained from circulating genetic material studies and there is an urgent need for techniques standardization, a considerable advance has been made [11]. Furthermore, following the identification of a potential novel biomarker, it has to undergo a validation process, consisting of three stages: the analytical validation, the clinical validation and the clinical utility [12] [13] [14] [15] [16]. Other aspect to be considered is the fact that CTCs do not constitute a homogeneous cell population even when coming from the same tumor. In a carcinoma patient, some CTCs exhibit a defined epithelial phenotype, meanwhile other sub-population might show epithelial to mesenchymal transition characteristics [17].

Different methods, based on the physical and molecular CTCs features, have been recently developed and some of them have been enumerated in **Table 1**. Among the immunomagnetic assays, based upon positive CTCs selection, the Cell Search technology, developed by Janssen Diagnostics, is already approved for clinical use in metastatic breast cancer patients. A cut-off point of 5 CTCs detected in this group of patients showed prognosis value in terms of Disease Free Survival (DFS) and Overall Survival (OS). Patients with less than 5 CTCs per 7.5 ml/blood has a better prognosis. Also, among the immunomagnetic assays, but based on negative selection and close to be approved for clinical use, are the microfluidic chips named as CTC-Chip and CTC-iChip [18] [19] [20].

The first CTC-chip micro-spots array, containing antibody anti-EpCAM (Epithelial Cell Adhesion Molecule), was initially used with metastatic

Table 1. Methods to isolate circulating tumor cells. Different methods have been tried to improve the isolation of the very low percentage of circulating tumor cells in plasma, serum or whole blood simple.

Method	Developer	Antibodies
Immunomagnetic assays: Positive Selection		
Cell Search	Janssen Diagnostics	EpCAM-coated beads
Adna Test	AdnaGen (Langenhagen, Germany)	EpCAM, MUC-1 Mesothelin, molecular profiling
MACS Cell Separation technology	Miltenyi Biotek (BergischGLadbach, Germany)	EpCAM, pan-CK
Dynabeads	Life Technologies	Monoclonal antibody BerEP4
Cell Collector	Gilupi	Medical wire anti-EpCAM coated placed into the patient vein blood steam for 30 minutes.
Biofluidic CTC Detection System	Biofluidica	EpCAM coated Chip
Immunomagnetic assays: Negative Selection		
CTC-Chip CTC-iChip	Daniel Haber and Mehmer Toner at Dana-Farber and Massachusetts General Hospital	EpCAM and CD45/citokeratin substraction
Based on CTCs biological and molecular features		
Size		
Size and deformability		
Density		
Physical properties		
Others		

Different methods have been tried to improve the isolation of the very low percentage of circulating tumor cells in plasma, serum or whole blood simple.

tumors including Non-Small Cell Lung Cancer (NSCLC), pancreatic cancer, breast carcinoma, colon cancer, localized and metastatic prostate carcinoma and healthy donors. The number of CTCs/ml isolated was in average 155, 16 to 292, 25 to 174, 9 to 831, 5 to 176, 42 to 375 and 0 respectively [20]. This technology relies on the cell surface expression of EpCAM, using antibody anti Ep-CAM coated beads. Consequently, this restricts the method to the identification of carcinoma cells, leaving out tumors that arise from non-epithelial tissues.

Vimentin is usually considered a mesenchymal cell lineage marker. It has been reported that cell surface vimentin, can be used as an universal marker to identify CTCs from metastatic sarcomas, using a monoclonal antibody. This antibody was proven to be specific for vimentin bound to cancer cell surface. It did not show any binding toward macrophages, endothelial cells, neutrophils, platelets or apoptotic T lymphocytes [21].

3. Circulating Cell Free DNA (ccfDNA)

Extracellular DNA embraces both nuclear and mitochondrial DNA released from cells. This genetic material can be found in circulating fluids (whole blood, plas-

ma, serum, lymph) non-circulating extracellular products (bile, milk, feces, urine, saliva, mucous suspension, spinal fluid, amniotic fluid) and liquid accumulated during certain pathological conditions (ascites, among others). Extracellular DNA molecules are found in humans, and both the animal and plant kingdoms. Also, extracellular DNA, can be isolated from the supernatant of tissue cultures [22].

The circulating cell free DNA (ccfDNA) does not come from circulating cancer cells, considering the low number of CTCs and the amount of ccfDNA. We all have ccfDNA in physiological conditions, coming from tissues with a high cellular turn over rate, such as the bone marrow, the intestinal epithelium or the fetus during pregnancy. The mean ccfDNA concentration in healthy individuals is 2 - 5 ng/ml. An enhanced amount can be isolate from individuals with chronic inflammatory diseases. Even higher, is the ccfDNA level in patients with cancer, ranging from 10 to 1000 ng/ml. Only a low percentage of the total amount of ccfDNA corresponds to tumor cells. Circulating tumor DNA (ctDNA) has biochemical and biophysical different properties as compared to ccfDNA arising from non-tumor cells, such as the double strand fragments being less stable and bearing a different GC-composition [23]. Tumor cells dying by apoptosis, necrosis, necroptosis, all processes in which DNA is fragmented, eject their nucleic acid into the blood stream. The ccfDNA can also originate by oncosis, phagocytosis and active secretion. This active secretion constitutes a striking mechanism by which eukaryotic cells release the so call virtosomes to circulation. Virtosomes are newly synthesized DNA/RN-A/lipoprotein complexes found in the citosol. These complexes once released, can enter other cells, modifying the recipient cell biology even leading to its transformation, if the virtosome has originated from a cancer cell [24] [25]. DNA has the ability to complex with other molecules thus, it can be found associated with lipids and proteins as well as associated to membranes, from which it can detach and freed in the circulatory system, finally it can also be internalized in vesicles [26] [27] [28]. ccfDNA comprises double strand DNA fragments with less than 200 length. This ccfDNA has a short half-life suggesting an ongoing release event and further degradation [22]. These fragments size is close to the size of nucleosomes (146 bp) and chromatosomes (167 bp). It is believed that part of the circulating DNA could be represented by these two structures [29] [30].

It has been established that nucleosomes positioning varies among different cell types [31] [32]. Snyder, M.W. *et al.*, investigated the transcription factors occupancy of nucleosomes *in vivo*, by deep sequencing of healthy donors plasma ccfDNA [33]. The analysis of these nucleosomes revealed the epigenetic features of myeloid and lymphoid cells indicating that in those healthy individuals, most of the plasma ccfDNA, comes from the turn over of bone marrow cells. In this sense, they suggest that such a nucleosome footprint could be applied to infer tissue origin of the ccfDNA [33]. In summary, there are two overwhelming functional aspects of ccfDNA, the capacity to behave as an intercellular messenger and the genomestasis [26] [27].

There are different approaches to characterize this ccfDNA such as PCR-based techniques, digital droplet PCR and BEAMing (all of them aimed to assess muta-

tions and fusion genes previously known) and massively parallel sequencing with distinct sensitivity (focused on the novo genetic alterations discovery) [34].

4. Other Circulating Material

Beyond DNA, RNA and CTCs, other material can be also obtained from blood, among them we found microvesicles, exosomes, ectosomes and apoptotic bodies. Regarding blood ccfDNA, it has to be considered the neutrophils and eosinophils DNA traps, circulating DNA linked with serum proteins and cell membrane surface [35].

Exosomes originate from the membrane invagination of a subset of late endosomes, which ends up containing a large number of small vesicles, taking the name of multivesicular bodies. Exosomes are characterized by small dimensions (30 - 100 nm) and round shape. Instead, microvesicles bud from the plasma membrane and are characterized by a wider size (from 100 nm to 1000 nm) and less regular morphology [36]. All cells generate exosomes but for still unknown reasons, malignant tumor cells release exosomes at a higher rate. Exosomes contain RNA, small and large non-coding RNAs, lipids, proteins and small amounts of DNA. This exosome DNA is found in two different localizations, larger double-stranded DNA fragments associated to the exosome external surface and shorter double-stranded DNA in its interior. These vesicles are currently understood as a new intercellular communication mechanism and they are even capable of inducing transformation in recipient cells [35] [36] [37] [38].

Although extensive data related to liquid biopsy has been lately generated, there is still lack of consensus and applied assays standardization, to reproduce results. Also, it seems necessary to design protocols including larger number of patients. Liquid biopsy has been extensively explored in patients with solid tumors, that is not being reviewed herein. Its potential benefits have been less evaluated in non-solid tumors and among these, the least investigation, has been performed in pediatric oncohematological pathologies. A summary of the clinical evidence based utility, for the distinct circulating elements performance as potential biomarkers, provided by liquid biopsy, can be found in **Table 2**.

5. Liquid Biopsy in Non-Solid Tumors

As in solid tumor patients, non-solid oncopathology patients show higher ccfDNA as compared with healthy subjects. A 2009 screening in both Hodgkin (HL) and Non-Hodgkin Lymphoma (NHL) patients found that they had a ccfDNA median concentration of 24.1 ng/ml at diagnosis, which doubled the healthy control group ccfDNA median concentration. After two-years of follow up, 88% of NHL and 95% of HL patients, who developed complete response to therapy, showed a significant decrease in ccfDNA levels. ccfDNA at diagnosis correlated with serum lactate dehydrogenase (LDH) levels, tumor burden and prognosis, in terms of DFS [39]. LDH levels and tumor burden are two of the five parameters considered to determine the IPI (International Prognostic Index). The IPI is a clinical tool that aids in aggressive NHL prognosis prediction, stratifying this group

Table 2. Circulating biomarkers utility base on clinical evidence. Biomarkers potential suitable applications base on clinical evidence. **Level I:** well designed, randomized and controlled studies. **Level II-1:** well designed, controlled but non randomized studies. **Level II-2:** analytical studies with control cases, participation of more than one center or group. **Level III:** Opinion of authorities in the field base on clinical experience and experts committees reports.

	Nucleic Acid Type	Clinical application	Evidence level
CTCs		Prognosis	I Metastatic Breast Cancer II-2 Prostate carcinoma
Exosomes		Prognosis	III
Circulating Nucleic Acids	cfDNA	Prognosis	II-2
	cfRNA	Therapy response	III
	miRNA	Prognosis	Pre-clinical

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of patients into low, intermediate-low, intermediate-high and high risk [40].

5.1. Non-Hodgkin Lymphomas (NHL)

Diffuse Large B Cell Lymphoma (DLBCL)

B cell Non-Hodgkin Lymphoma comprises a wide range of genetically, phenotypically and clinically distinct lymphomas. Diffuse Large B Cell Lymphoma (DLBCL), Burkitt (BL) and Follicular Lymphomas (FL), account for approximately 80% of all NHL, being DLBCL the most frequent in adults [41].

Recently, liquid biopsy has been proven as an excellent source to genotyping DLBCL, in real time. Also it showed to be as accurately as doing it in a conventional biopsy. Furthermore, liquid biopsy has allowed to follow up the lymphoma evolution and patient response to treatment, in a non invasive manner plus, uncovering novel genetic alterations. This last achievement, overcomes the heterogeneity of this B-cell lymphoma. Ultra-deep next generation sequencing of plasma ccfDNA, in newly diagnosed DLBCL patients before treatment, showed the known mutations associated with this lymphoid disease. It was also feasible to uncover in ccfDNA, mutations that were detected during a conventional biopsy, due to the intrinsic heterogeneity of this B-cell lymphoma. Patients that responded to the R-CHOP treatment scheme, showed clearance of the alterations found in the diagnosis sample. On the other hand, resistant R-CHOP patients, remained harboring the same mutations meanwhile acquiring new ones, as a result of resistant clone selection. Camus, V. *et al.*, developed digital PCR assays for the detection of recurrent mutations in ccfDNA DLBCL patients, focusing on those ones that would allow patients to benefit from an available targeted therapy such as EZH2 and MYD88 mutations [42].

CCND2 and MYC mRNA levels were found in 14% and 10% respectively, in a study that included 42 DLBCL patients, and they correlated with worst prognosis in terms of shorter OS. Others mRNA levels also studied were BCL2, LMO2

and BCL6, which were found in a less percentage of patients in the studied cohort, and no association was found with OS. None of them were associated with DFS [43]. To highlight is the fact that among the low risk DLBCL patients (n = 28) according to the IPI, those with CCND2 and MYC plasma mRNA had a shorter OS. Plasma mRNA could be useful to identify patients with poor prognosis in a subset of patients clinically classified as low risk [43].

Roschewski M. *et al.*, show that ctDNA is reliable to monitor disease status in DLBCL patients. They demonstrated a positive association between ctDNA and disease progression. They studied a group of 107 DLBCL patients who achieved complete remission at the end of treatment. Overall, 17 patients relapsed, during the follow-up and 16 of them developed detectable ccfDNA before clinical evidence of disease progression [44].

Relapse in DLBCL patients, most likely is due to the persistence of minimal residue disease (MRD), below the detection of imaging. The possibility of analyzing circulating material would largely improve this current situation.

Central Nervous System (CNS) relapse remains as an important issue in DLBCL patients. This needs better understanding in order to identify the subgroup of patients at high risk, so that they require effective targeting of CNS prophylaxis. This could be one of the clinical unsolved situations to explore in liquid biopsy since no biomarkers are available.

So far, it is known that patients with very aggressive lymphomas such as BL or Lymphoblastic Lymphomas, have to routinely receive CNS prophylaxis due to high relapse rate, meanwhile patients with indolent lymphomas, such as Marginal Lymphoma or FL, do not need it. However, it remains controversial whether DLBCL patients, the most common germinal center (GC) derived B Cell lymphoma in adults, should receive CNS prophylaxis. The research on this topic is extensive but still inconclusive [45]-[50].

CXCR4, CXCR5, CCR7, CXCL12, and CXCL13 expression have been evaluated by immunohistochemistry on 89 tissue samples of patients with CNS primary and secondary lymphomas, as well as systemic DLBCL patients, in order to analyze lymphocytes CNS tropism. Interestingly, strong nuclear CXCR4 positivity correlated with systemic DLBCL, whereas strong cytoplasmic CXCR5 positivity, correlated with CNS involvement [51].

Regarding other complications, neutropenic fever is common in hematological patients, as a consequence of aggressive chemotherapy schemes. Furthermore, these patients can take a course for the worst, developing serious infections such as sepsis. A study that included 100 oncohematological patients, showed that ccfDNA levels measurements did not predict late complications in patients with neutropenic fever, such as sepsis or septic shock. Interestingly, if hematological malignancies subgroups were analyzed, differences became more apparent. Acute Myeloid Leukemia (AML) patients had lower ccfDNA levels than lymphoma ones. The ratio ccfDNA/leucocytes among these two groups of patients, successfully identified those ones that would develop sepsis or septic shock. This promising result deserves deeper investigation [52]. The identification of biomarkers that

could be determine in a blood sample by liquid biopsy, would represent an excellent resource to identify the sub-group of patients at enhanced risk of developing the above referred complications.

As referred before, while circulating genetic material has been widely investigated in patients with solid tumors, there are few reports on liquid or non-solid tumors. Among the non-solid tumors, there has been particularly less focus on the ccfDNA evaluation, in pediatric oncohematological diseases. Machado *et al.*, studied total ccfDNA and EVB plasma DNA in 30 pediatric B cell NHLs. That group concluded that the analysis of ccfDNA could be useful for disease detection in pediatric EVB-associated lymphomas [53]. Regarding its prognosis value, it was later reported that the evaluation of minimal disseminated disease (MDD) was predictive of high risk of treatment failure, in pediatric Burkitt and Anaplastic Large Cell Lymphomas (ALCL) [54] [55] [56] [57].

Mussolin, L. *et al.*, studied ccfDNA in plasma of 201 italian cases of pediatric lymphomas (43 cases of HL, 45 of ALCL, 88 BL, 17 lymphoblastic and 8 DLBCL). The median ccfDNA was 1.6 ng/ml in the healthy control group and 46 ng/ml in the lymphoma group of patients applying a real-time quantitative PCR for the POLR2 gene [58]. This is a repetitive finding both in liquid and solid oncology patients. As an example in solid tumors, Dr. Thierry's group, reported a median of 24.37 ng/ml of plasma ccfDNA in a group of 229 colorectal carcinoma patients versus a median concentration of 4.76 ng/ml in a group of 109 healthy individuals analyzed [59].

Interestingly, the group of Mussolin *et al.*, found that the fraction of tumor DNA was higher in patients that had lower amount of total ccfDNA. Although BL patients showed the highest level of total ccfDNA, no association was found between plasma circulating DNA and lymphoma histology, B-symptoms, LDH levels, bulky disease or MDD. The 3-years follow-up period showed that total level of ccfDNA at diagnosis, had prognosis value in terms of DFS, since it was shorter in the group of patients that had a ccfDNA concentration over 46 ng/ml [58].

Somatically mutated immunoglobulin genes represent an unique marker for GC derived B cell lymphomas [60] [61].

Immunoglobulin genes high-throughput sequencing, particularly the D (Diversity) and J (Joining) genes joint, provides a unique DNA clonotype shared by all malignant B cells. This method has been used for diverse B cell malignancies including DLBCL cases [47] [62] [63]. In this regard, Kurtz, D.M. *et al.*, analyzed 311 blood samples corresponding to 75 DLBCL patients. They explored the clinical utility of immunoglobulin genes sequencing, for detection of molecular disease from plasma DNA and peripheral blood CTCs, for disease monitoring compared to PET/CT and clinical outcome [62]. So far, including this paper, clonotypic sequences identified in ctDNA and CTCs, has to be compared to the sequences found in fresh or frozen tissue samples from the same patient. This group observed, as it was concluded from many other studies, that they could isolate a larger amount of tumor DNA from plasma and with higher quality, as

compared with DNA obtained from CTCs. Also, ctDNA levels showed a better positive correlation with the tumor volume as measured by PET/CT scan. These findings led to think that plasma ccfDNA might be both more sensitive and accurately, reflecting disease burden, as compared with results obtained using DNA isolated from CTCs.

Most of the studies published on liquid biopsy have isolated ccfDNA from plasma. It has been reported that it seems more convenient to obtain circulating DNA from plasma as compared with serum (Table 3). In general terms, it is also more easy, to perform the type of analysis that liquid biopsy intends to, on ccfDNA as compared to CTCs (Table 4).

DLBCL, a heterogeneous B-cell malignancy, has been classified in two main molecular subtypes according to gene expression profile: ABC-Like (Activated B Cell) and GCB-Like (Germinal Center B cell) based on the cell of origin [64]. ccfDNA somatic mutations detected by Next Generation Sequencing (NGS), successfully reflect genetic features that distinguish both subtypes. They analyzed mutations in ctDNA and tissue. The single nucleotide variants were identified in genes that defined ABC-Like (MYD88, CD79A/B, PRDM1, CARD 11, IRF4) and GCB-Like (EZH2, BCL2, GNA13, TNFSRF14) DLBCL subtypes [65]. It was possible to quantify MRD in plasma ccfDNA in DLBCL and Primary Mediastinal B-Cell Lymphoma (PMBL) patients. They used a high-throughput sequencing method named as LymphoSIGHT.

All these reports even though, they have been usually performed in a small number of patients, are promising, specially considering that it is believed that

Table 3. Advantages and disadvantages of ccfDNA isolated from serum and plasma. Circulating cell free DNA with higher quality, purity and sensibility of detection, is isolated from plasma as compared to serum samples.

ccfDNA	Serum	Plasma
Quantity	>	<
Quality	<	>
Purity	<	>
Detection sensibility	<	>

Table 4. Differences between CTCs and ccfDNA isolation. The process and methodology to isolate ccfDNA is easier, as compared to the ones needed to isolate CTCs.

	CTCs	ccfDNA
Equipment	Need of specializad equipment	No need
Isolation	Complex	Standard DNA preparation
Whole Genome Amplication	Yes	No
Heterogeneity	yes	Results represent an average
Specific markers for isolation	Dependent	No dependent
MTS	Ideal material	No
Diagnosis and monitoring	Stablished by clinical studies	Clinical studies pending

only a few DLBCL patients have evidence of circulating disease [66] [67] [68] [69] [70].

Epigenetic modifications have also been explored in liquid biopsy as potential DLBCL biomarkers. DAPK1, DBC1, MIR34A, and MIR34B/C promoters aberrant methylation, determined by pyrosequencing, was identified in plasma ccfDNA of DLBCL patients at diagnosis. During R-CHOP treatment, patients that were sensitive and responsive, lost of DAPK1 promoter hypermethylation occurred. On the other side, patients that did not respond, maintained or regained promoters aberrant methylation and had a poor prognosis, in terms of OS [71]. Aberrant methylation in DLBCL ccfDNA patients seems to be an independent prognosis biomarker also suitable to assess response to therapy [71].

5.2. Hodgkin Lymphoma (HL)

Hodgkin Lymphoma (HL) is one of the most common B cell lymphoma derived from the GC. Nowadays, all these patients are treated with the same chemotherapy schedule, which combines four cytotoxic drugs. Chemosensitive patients could even reach the cure. Nevertheless, the probability of relapse is 10%, and commonly take place during the first twelve months following diagnose.

The initially refractory patients, despite different rescue strategies, remain unresponsive although improvements in adjuvant therapy (conjugated monoclonal antibodies plus high chemotherapy and autologous bone marrow transplant), have been made [72] [73] [74]. If we add the fact that most of these patients are young adults, with high risk of developing cardiovascular and respiratory complications as well as other tumors and sterility, it is largely justified the screen for predictive biomarkers capable of identifying such sub-group of patients at diagnosis. Liquid biopsy could represent an useful tool to perform this.

In this regard it has been reported that, the E571K Exportin 1 (XPO1) mutation assessed by digital PCR in ccfDNA, could have prognosis value in cHL (classical Hodgkin Lymphoma) patients. The four histological subtypes of cHL account for the 95% of patients diagnosed with HL. The presence of this XPO1 mutation in plasma DNA cHL patients after treatment, correlated with shorter DFS [75].

It has been investigated the role of cell free circulating microRNAs (ccfmiRNA) in cHL patient plasma. Higher levels of ccfmiR-494, miR-1973 and miR-21, were detected in cHL patients as compared to healthy subjects. Levels of these three microRNAs decreased when patients developed a complete response to chemotherapy. Only fluctuations of miR-494 and miR-1973 levels, reflected response during therapy, with reduction being more pronounced in patients achieving complete versus partial response [76].

Novel and interesting results were obtained applying a standardized size-exclusion chromatography method, to isolate vesicle microRNA from plasma cHL patients. Sequenced RNA candidates were validated by quantitative RT-PCR. The isolated vesicles from plasma HL patients at diagnosis before treatment were enriched for miR-24-3p, miR-127-3p, miR-21-5p, miR-155-5p and let7a-5p as

compared to vesicles isolated from healthy controls. Those vesicles microRNAs levels significantly decreased or even disappeared after treatment in patients that developed complete response. If a responsive patient later relapsed, this was accompanied by an enhanced microRNA level. Remarkably, there was a correlation between plasma circulating microRNAs and the patient status, determined by the fluorodeoxyglucose-PET before, during and once treatment was completed [77].

The evaluation of a large cohort of pediatric HL patients, showed higher ccfDNA levels as compared to controls. The follow-up showed that an enhancement in ccfDNA after treatment correlated with worse prognosis [78].

5.3. Other Liquid Tumors

This review has specially focused on Hodgkin and Non-Hodgkin Lymphomas, since other hematological diseases including leukemias and multiple myeloma (MM), have been less prominent as a subject of diagnostic, prognostic or predictive biomarkers screening in liquid biopsy.

Extracellular vesicle microRNA-155 has been analyzed as a potential diagnostic biomarker in several different hematological malignancies. The extracellular vesicles were isolated by differential centrifugation and its quality verified by atomic force and transmission electron microscopy. The microRNA was analyzed by quantitative RT-PCR. High microRNA-155 levels were detected in acute myeloid leukemia (AML), chronic lymphocytic leukemia (CLL) and Waldenström's Macroglobulinemia (WM) as compared to the group of healthy controls. microRNA-155 levels were significantly lower in multiple myeloma (MM), BL, FL and DLBCL [79].

N-ras point mutations have been determined by PCR in plasma ccfDNA, peripheral blood cells and bone marrow samples of acute myelogenous leukemia patients (AML). The study showed that the spectrum of alterations determined in plasma ccfDNA was wider as compared to the finding observed in the bone marrow samples [80]. More recently a microRNA signature, including miR-199b-5p, miR-301b, miR-326, miR-361-5p, miR-625 and miR-655 was analyzed in AML plasma patients before and after chemotherapy. It was observed that the high microRNAs levels decreased following response to therapy [81].

Similar to the results obtained from ccfDNA in AML patients, the analysis of mutations in paired ccfDNA and bone marrow biopsy DNA in MM patients, showed that more information is obtained from the first sample. NRAS, KRAS, BRAF and p53 mutations were analyzed in newly diagnosed and relapsed/refractory MM patients showing higher frequency of mutations in the first group of patients. They observed that activating RAS mutation, was highly prevalent in MM patients, as it has been previously described. This work showed that ccfDNA analysis improved the mutational pattern characterization in MM patients as well as allowed monitoring response to therapy [82].

In a recently published pilot study, the myeloma VDJ rearrangement was investigated by next generation sequencing in ccfDNA and circulating myeloma

cells. Therapy responder patients, evidenced a prompt clearance of the VDJ myeloma rearrangement, meanwhile it persisted in refractory patients after treatment [83].

Long non-coding RNAs (lncRNA), are the least circulating nucleic acids, investigated as potential biomarkers in cancer; including both solid and nonsolid tumors. In any case, further studies are necessary to elucidate their role in onco-pathology.

A study of plasma lncRNAs, including TUG1, LincRNA-p21, MALAT1, HOTAR and GAS5 by real-time PCR, in Chronic Lymphocytic Leukemia (CLL) and MM patients was carried out. It was only observed significantly higher LincRNA-p21 levels in the CLL group of patients as compared to healthy control individuals. Regarding MM patients, they found an enhanced TUG1 level [84].

Liquid biopsy present the unique opportunity to examine the disease biology at diagnosis and to monitor the disease as it evolves over time, minimizing patient discomfort. There is a deep need of moving forward after the biomarker discovery, to the description of its performance including the device that is used, the assay that is being carried out, the software applied for results analysis and the range of conditions under which the measurement gives reproducible and accurate results. Then, there should be trials from phase 1 to phase 3, designed to demonstrate that the candidate biomarker is “fit for the purpose”, for a specific context of use. To start it is necessary to examine the frequency at which the biomarker is present in the illness for which is considered a candidate and the group of patients that might potentially benefit from its determination. Lastly, it has to be showed that the test result, has an impact on the patient management and therapeutic scheme selection.

Liquid biopsy promises to contribute better to patient prognosis, both before and after treatment, as compared to diagnosis. Despite the terrific technological advancement, the analytical validation, clinical validation and clinical utility for the cfDNA and CTCs analysis methods need to be standardized.

The study of tumor genetic alterations has traditionally been performed on tissue biopsy material. However, many tumors are difficult to biopsy, for various reasons. Tumor localization could be accessible only using fine needle aspirates, obtaining as a consequence a quite small sample of usable material, just enough to approach a diagnosis. In this context it might be difficult or even impossible to move forward to molecular analysis. Also, tumors can be located either in unknown sites. There is a 10% of patients in whom, the onset of the oncology disease, occurs with metastatic lesions in multiple sites bearing an unknown primary tumor. Evenmore, the tumor could be located in challenging and risky sites to be successfully accessed such as it occurs in CNS. The traditional methods for genetic alterations tumor assessment, fail to capture the heterogeneity of the disease, especially during its progression. The Liquid Biopsy can profoundly improve the way clinicians face and respond to these issues. The Liquid biopsy, with a simple blood drawn, can simultaneously sample different sites compromised by the disease or distinct primary tumor sections, finally

building a “fluid” picture of the tumor cell alterations. Liquid biopsy can be repeated as needed, specially for effective monitoring of the disease evolution and the patient response to therapy. As a detailed picture of the mutations that drive oncogenesis emerges, new avenues for researchers, clinicians, and drug developers are currently being opened up.

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