

# Polymeric Biomaterial Based Hydrogels for Biomedical Applications

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## ABSTRACT

*This paper focuses on the significant properties of hydrogels prepared with polymeric biomaterials: solely biopolymers (gelatin (G) and sodium alginate (SA) as base polymer) or in combination with synthetic and bio polymers (polyvinylpyrrolidone (PVP) and carboxymethylcellulose (CMC)) for biomedical application. Four kinds of hydrogels: G/SA, G/SA/SB (without and with seabuckthorn oil (SB)) and PVP/CMC, PVP/CMC/BA (without and with boric acid (BA)) which are different from each other concerning shape, size, color, texture and properties point of view were achieved. G/SA and G/SA/SB hydrogels vary from pale yellow to orange and a little rubber like having 42-48 % moisture. On the other hand, PVP/CMC and PVP/CMC/BA hydrogels are transparent and soft gel like containing about 90-95% moisture. Both G/SA and PVP/CMC hydrogels show similar trend of viscoelastic behaviour within whole range of measured angular frequency (0.1 – 100 rad.s<sup>-1</sup>). However, the presence of BA in PVP/CMC/BA, increases the storage modulus, loss modulus and complex viscosity of hydrogel, and the presence of SB in G/SA/SB demonstrates the decrease all of these values. G/SA based hydrogel possesses natural antimicrobial property whereas PVP/CMC based hydrogel needs to incorporate antimicrobial agent to comprise antimicrobial property within the hydrogel. G/SA hydrogels show water absorption capacity until 90 min whereas PVP/CMC hydrogels are able to absorb water steadily till 240 min. Finally, it can be mentioned that all four hydrogels: G/SA, G/SA/SB, PVP/CMC, PVP/CMC/BA which meet the basic requirements of hydrogel dressings, could be recommended as dressing materials for healing of burn or cut wound as well as a tool for transdermal drug delivery.*

**Keywords:** Antimicrobial Property, Hydrogel, Polymeric Biomaterial, Transdermal Drug Delivery, Wound Dressings.

## 1. Introduction

A biomaterial is a synthetic material used to replace part of a living system or to function in intimate contact with living tissue [1]. The word “biomaterial” is generally used to recognize materials for biomedical applications. Biomaterials save lives, relieve suffering and improve the quality of life for a large number of patients every year. According to the use of materials in the body, biomaterials are classified into four groups: polymers, metals, ceramics and composites [2,3].

Polymeric biomaterials (PB) are polysaccharides (starch, cellulose, chitin, alginate, hyaluronate etc.) or proteins (collagens, gelatins, caseins, albumins) and / or synthetic and biodegradable polymers (Polyvinyl alcohol (PVA), Polyvinylpyrrolidone (PVP), Polyethelene glycol (PEG), Polylactic acid (PLA), Polyhydroxy acid (PHA) etc.). Currently, applications of polymeric biomaterials are promising for drug delivery, tissue engineering, bio-

medical sensing, skin grafting, medical adhesives and textiles etc. It also covers targeted drug delivery to the nervous system, gastrointestinal tract, and kidneys etc. PB also includes the modern textile-based biomaterials for surgical applications; novel techniques in biomimetic polymer preparation; contemporary uses for polymers in dental and maxillofacial surgery; and many more [4]. From a practical perspective, medical applications of polymers fall into three broad categories: (i) extracorporeal uses (catheters, tubing, and fluid lines; dialysis membranes/artificial kidney; ocular devices; wound dressings and artificial skin), (ii) permanently implanted devices (sensory devices; cardiovascular devices; orthopedic devices; dental devices), and (iii) temporary implants (degradable sutures; implantable drug delivery systems; polymeric scaffolds for cell or tissue transplants; temporary vascular grafts and arterial stents ; temporary small bone fixation devices, transdermal drug delivery) [5,6].

Among all these prospective applications of PB in biomedical applications, concentration has given for the development of polymeric hydrogels as wound dressing cum wound healing material considering its application for extracorporeal purposes. Hydrogels are super absorbent polymeric materials which have significant roles in health care especially for wound treatment / protection. This might be due to their hydrophilicity, biocompatibility, non-toxicity, and biodegradability. Hydrogel possesses many remarkable properties such as immediate pain control effect, easy replacement, transparency, barrier against bacteria, good adhesion, easy handling, oxygen permeability, control of drug dosage, absorption, and prevention of loss of body fluids [7-14]. From healthcare points of view, hydrogel dressings have become a very interesting field of research for the development of a user friendly medical device for mankind. Numerous research studies prove that a moist wound environment is best for wounds to heal [15-19]. Two kinds of hydrogel based on PB have been developed, investigated in our laboratory and reported elsewhere [8,9,12,13]. The properties of two types of hydrogels (the one is prepared solely with biopolymers and the other is prepared in combination with biopolymer and synthetic polymer) were compared and mentioned in this paper.

## 2. Experimental

Polymeric (biopolymer) biomaterial based hydrogels: the hydrogels were prepared with biopolymers like gelatin (G) and sodium alginate (SA) and without and with 0.5 ml seabuckthorn oil (SB), as a skin care plus wound healing agent. Accordingly, the new hydrogels are named as G/SA and G/SA/SB hydrogels. These hydrogels were prepared by applying physical stimulation technique; under constant stirring at 80 °C for 5 min using ingredients (gelatin 5; sodium alginate 5; PEG 2; glycerin 2; NaCl 0.2 gm / 20 ml water)[8,9]. The semi solid polymeric mass (pseudo gel) was then placed in a grooved (25 mm diameter and 2 mm thickness) acrylic plate and allowed it to become solid at room temperature.

Polymeric (synthetic and biopolymer) biomaterial based hydrogels: The other types of hydrogels were prepared with polyvinylpyrrolidone (PVP, synthetic polymer) and carboxymethylcellulose (CMC, biopolymer) incorporation of without and with 3% boric acid (BA), as an antimicrobial agent. Accordingly, the new hydrogels are named as PVP/CMC and PVP/CMC/BA hydrogels. These hydrogels were prepared under controlled pressure, moist heat and time (*i.e.* 15 lb, 120°C and 15 min) using ingredients (PVP/CMC 2:8; PEG 1; glycerin 1; agar 1 gm / 100 ml water). The liquid polymeric mass (20 ml) was then transmitted in a Petri plate (80 mm diameter) and allowed to be cooled at room temperature to develop hydrogel

(pseudo gel) [12,13,20,21].

The essential and significant properties [physical (moisture content and morphology), viscoelastic, antimicrobial and swelling] of hydrogels are characterized and described below:

Moisture content of the hydrogels was measured gravimetrically by using the following equation (1).

$$(M_n)\% = [(W_w - W_d)/W_w] \times 100 \quad (1)$$

Where,  $M_n$  = moisture content (%) of material n,  $W_w$  = wet weight of the sample, and  $W_d$  = weight of the sample after drying at room temperature till they assumed constant weight [22]. Three replicates were taken and the average value of moisture content was determined.

The physical appearance (diameter and thickness) of hydrogels were measured using vernier scale and the interior morphologies were evaluated by scanning electron microscopy (SEM) analysis (VEGA II LMU (TESCAN)) operating in the high vacuum / secondary electron imaging mode at an accelerating voltage of 5-20 kV). The freeze dried samples of before dry samples of hydrogels were analyzed [12]. The hydrogels were frozen under -81°C for 72 hours and then lyophilized (ALPHA 1-4 LSC, Labicom s.r.o, Czech Republic) for 24 hours. Thereafter, the samples were sputter coated with a thin layer of palladium / gold alloy to improve the surface conductivity and tilted 30° for better observation. The surface views as well as the cross-sectional views of the hydrogels were taken at magnification of 100 x – 10 kx.

The dynamic viscoelastic behavior of hydrogel samples were investigated by using a parallel plate rheometer (ARES; Rheometrics Scientific, USA) testing machine with an “RSI Orchestrator” software package. A 25 mm diameter parallel plate measuring geometry, with a gap of about 2-3 mm was used for the measurements under small strain amplitude (1%) to maintain the measurements within the linear viscoelastic region (LVER). Dynamic frequency sweep tests were carried out at 28°C to observe the storage modulus ( $G'$ ) and loss modulus ( $G''$ ) as a function of a wide range of angular frequencies ( $\omega$ : 0.1-100 rad/s) [12,13]. In each case, three samples from the same hydrogel samples were measured.

The antimicrobial properties of hydrogels: G/SA, G/SA/SB and PVP/CMC, PVP/CMC/BA were investigated by agar diffusion method [13,23-25] where their antibacterial efficiency were examined on the basis of the dimension of inhibition zone generated in presence of *Staphylococcus sp* (bacteria) and *Candida sp* (fungus). The antimicrobial assay was conducted using sterile Nutrient Agar (2%) medium for bacterial strain and Czapek Dox Agar (2%) medium for fungal strain respectively. The testing plates were then incubated in a temperature

controlled incubator at 37°C for *Staphylococcus sp* (bacteria) and at 30°C for *Candida sp* (fungus) to observe the effectivity of the hydrogels to inhibit the growth of microbes respectively.

The degree of swelling can be described as water absorptivity of the hydrogel. In case of G/SA and G/SA/SB, whole dry hydrogel samples were considered and for PVP/CMC and PVP/CMC/BA, a small piece (1 cm<sup>2</sup>) from the dry films were weighed and immersed in distilled water at room temperature until reached to equilibrium state. After the specified time intervals, the water on the swollen gels was wiped off with tissue paper, and the weight of specimens was determined. The degree of swelling corresponds to the water absorptivity of the material, which is defined by equation 2 where,  $W_s$  and  $W_d$  are weights of swollen gel and dried gel, respectively [12,13, 26-28].

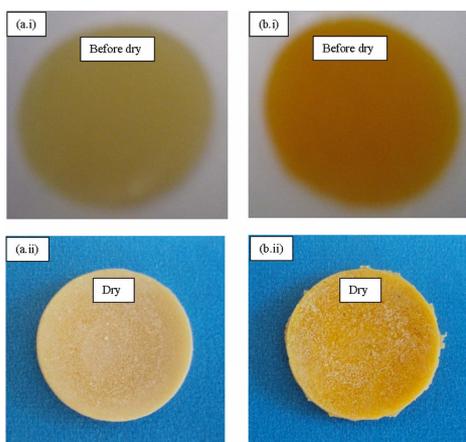
$$\text{Absorption (\%)} = (W_s - W_d) / W_d \times 100 \quad (2)$$

### 3. Results and Discussion

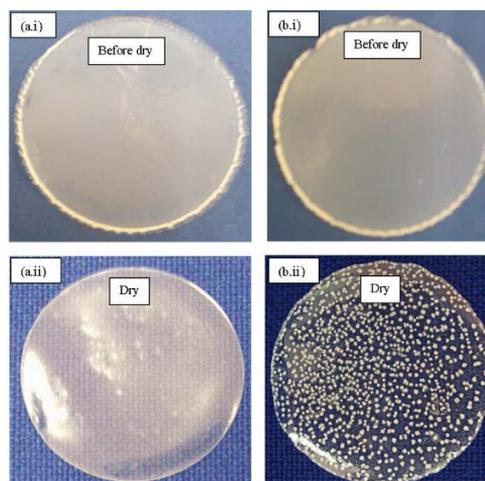
Based on PB finally, four kinds of hydrogels i.e. G/SA, G/SA/SB and PVP/CMC, PVP/CMC/BA were achieved, which are actually different (shape, size, color, texture and property) from each other. The images of the above mentioned hydrogels are shown in **Figure 1** and **Figure 2**, respectively.

The G/SA is pale yellow and rubber like during before dry state and then turned into hard, ivory colored at dry condition. Similarly, G/SA/SB is orange in color and rubber like turns into light yellow while dried (**Figure 1**). The observable orange color of G/SA/SB hydrogel is mainly due to the presence of SB oil in hydrogel.

The PVP/CMC and PVP/CMC/BA hydrogels are off white, transparent and soft gel like, moreover, no noticeable differences observed between the PB (synthetic and biopolymer) hydrogel at before dry state. But, after drying at



**Figure 1.** Optical images of hydrogels: G/SA (a.i) before dry (a.ii) dry and G/SA/SB (b.i) before dry (b.ii) dry.



**Figure 2.** Optical images of hydrogels: PVP/CMC (a.i) before dry (a.ii) dry and PVP/CMC/BA (b.i) before dry (b.ii) dry.

room temperature, a remarkable difference is observed among these two hydrogels i.e. presence of BA is visible on the surface (in the form of white dots) of dry PVP/CMC/BA hydrogel (**Figure 2**).

While considering the physical appearance of PB hydrogels, it can be noticed that the G/SA and G/SA/SB decrease both in diameter and thickness after drying at room temperature. In each case of biopolymer based hydrogel the diameter is decreased from 25 mm to 20 mm, thickness reduces from 2.437 to 1.869 (G/SA) and 2.245 to 1.865 (G/SA/SB), respectively. Thus, it is assumed that due to the presence of SB oil, the G/SA/SB contains less water than G/SA. The moisture content of biopolymer based hydrogel varies between 42-48 % (**Table 1**). Concerning the size, the PB (synthetic and biopolymer) hydrogel does not show any difference in diameter after drying at room temperature but they exhibit visible differences in thickness as they hold a large quantity of water (approximately 90-95 %) as shown in **Table 2**.

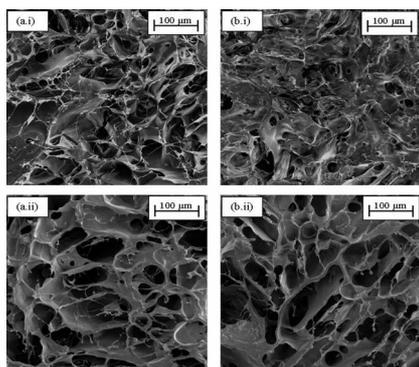
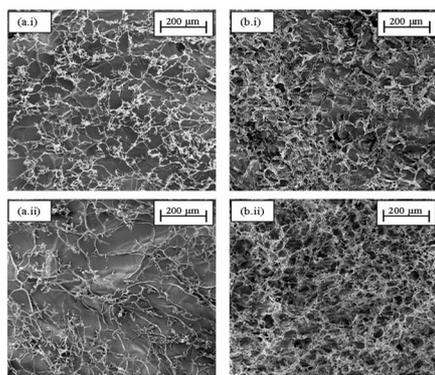
The surface topography and cross-sectional structure of the freeze dried samples of G/SA, G/SA/SB and PVP/CMC, PVP/CMC/BA hydrogels were examined by scanning electronic microscopy (SEM) and depicted in **Figures 3 and 4**, respectively. It can be seen that highly porous, flake like structure has been developed within G/SA and G/SA/SB hydrogels (**Figure 3**) without using

**Table 1.** Physical properties of polymeric (biopolymer) biomaterial based hydrogels.

Sample index	Diameter (mm)		Thickness (mm)		Moisture content (%)
	Before dry	Dry	Before dry	Dry	
G/SA	25	20	2.437	1.869	48.4
G/SA/SB	25	20	2.245	1.865	41.9

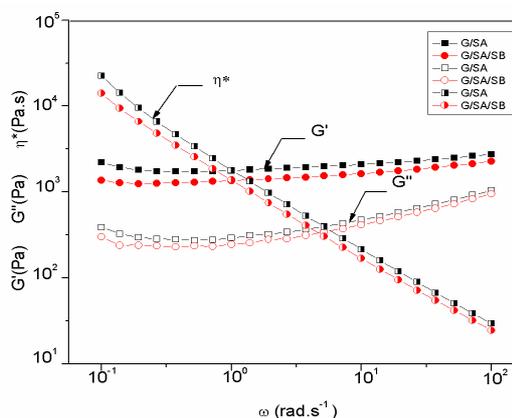
**Table 2. Physical properties of polymeric (bio and synthetic) biomaterial based hydrogel.**

Sample index	Diameter (mm)		Thickness (mm)		Moisture content (%)
	Before dry	Dry	Before dry	Dry	
PVP/CMC	70	70	2.20	0.120	94.55
PVP/CMC/BA	70	70	2.25	0.412	90.60

**Figure 3. SEM images of hydrogels: G/SA (a.i) surface (a.ii) cross section and G/SA/SB (b.i) surface (b.ii) cross section.****Figure 4. SEM images of hydrogels: PVP/CMC (a.i) surface (a.ii) cross section and PVP/CMC/BA (b.i) surface (b.ii) cross section.**

any crosslinking agents. Only the influence of physical agents (temperature and stirring) stimulates to form the pseudo gel of G and SA. Presence of SB oil does not persuade much for enhancement of crosslinking network within the PB (biopolymer) based hydrogel. In addition, when comparing the internal structure of PVP/CMC and PVP/CMC/BA hydrogels, PVP/CMC/BA exhibits more dense, sponge like crosslinking structure. The incorporation of BA in PVP/CMC hydrogel increased the entanglement of the hydrogel network (**Figure 4**).

The viscoelastic behaviour of hydrogel is essential to study on application point of view as surface of the human body is uneven. It can be seen from the **Figures 5** and **6** that both the hydrogels (G/SA and PVP/CMC) show normal gel properties i.e. storage modulus ( $G'$ ) is

**Figure 5. The viscoelastic behavior of hydrogels: G/SA and G/SA/SB.**

higher than the loss modulus ( $G''$ ). It can also be seen that both G/SA and PVP/CMC hydrogels show similar trend of viscoelastic behaviour within whole range of angular frequency ( $0.1-100 \text{ rad.s}^{-1}$ ) but their starting values (storage or elastic modulus, loss or viscous modulus and complex viscosity) are different. All these values are little reduced in G/SA/SB hydrogel due to the presence of seabuckthorn oil (SB) whereas in case of PVP/CMC/BA hydrogel it shows just an opposite behaviour. Presence of boric acid (BA) increased storage modulus, loss modulus even complex viscosity of hydrogel. It proves that BA helps to improve the cross linking net work between PVP and CMC. This effect of BA (the improvement of cross linking net work) is able to be observed in the SEM image shown in **Figures 4b (i) and (ii)**.

The efficiency of antimicrobial properties of hydrogel is necessary to be determined before recommendation of its application for health care purposes as the presence of pathogenic microbes like bacteria (*Staphylococcus sp*) and fungi (*Candida sp*) are quite natural on wound infection, wound burn or fresh wound of skin. It can be seen from **Figure 7** that both G/SA and G/SA/SB exhibit the antimicrobial effect in presence of both bacteria and fungi which is natural in origin. This may be due to the presence of sodium alginate which has antimicrobial property itself. Seabuckthorn oil (SB) does not play any role on this aspect, whereas BA (3%) along with PVP/CMC hydrogel shows significant influence to achieve antimicrobial property as shown in **Figure 8**.

Water or fluid absorption capacity of the hydrogel is one of the important parameters from wound dressing point of view. When injury occurs on skin surface usually blood comes out which contains about 90% of water. Thus, prior to recommend about hydrogel for biomedical application it is prudent to work out the water uptake capacity of hydrogel. It can be seen from **Figures 9** and **10**

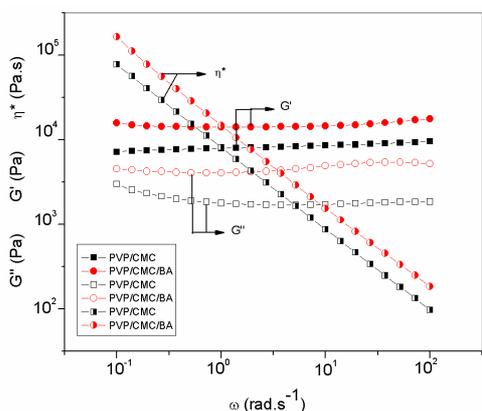


Figure 6. The viscoelastic behavior of hydrogels: PVP/CMC and PVP/CMC/BA.

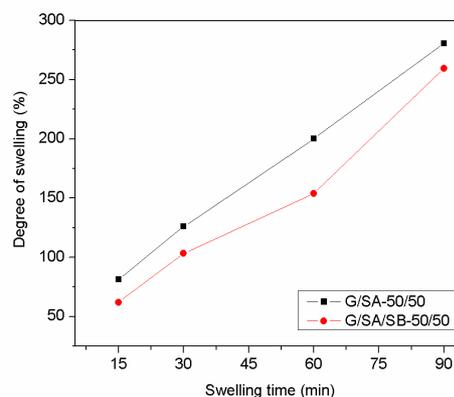


Figure 9. Swelling behavior of hydrogels: G/SA and G/SA/SB.

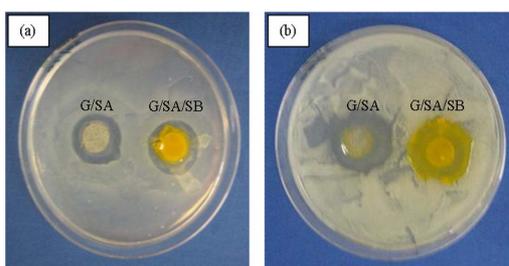


Figure 7. Images of antimicrobial properties of hydrogels: G/SA and G/SA/SB (a) *Staphylococcus sp.* (b) *Candida sp.*

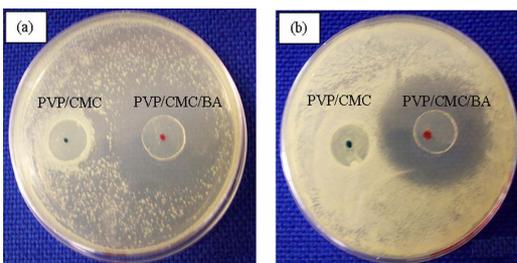


Figure 8. Images of antimicrobial properties of hydrogels: PVP/CMC and PVP/CMC/BA (a) *Staphylococcus sp.* (b) *Candida sp.*

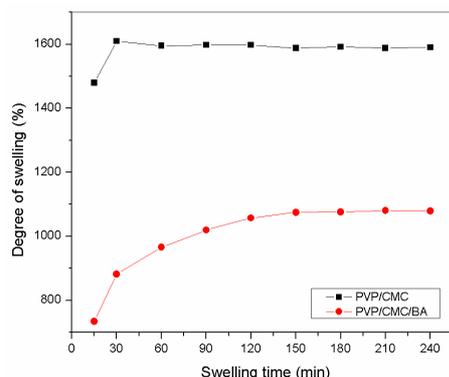


Figure 10. Swelling behavior of hydrogels: PVP/CMC and PVP/CMC/BA.

that all hydrogels have reasonable water uptake capacity up to a long duration. G/SA hydrogels can absorb water until 90 min whereas PVP/CMC hydrogel can absorb water steadily till 240 min. Further, it is recognized that the presence of seabuckthorn oil (SB) and boric acid (BA) for each hydrogel reduces the water uptake quantity. In the case of SB, the difference of water uptake quantity is not so significant however in the case of BA, it is very high.

#### 4. Conclusions

All four kinds of hydrogels (G/SA & G/SA/SB and PVP/CMC & PVP/CMC/BA) meet the basic requirements of existing dressing materials usually used for health care.

Thus, these hydrogels may be possible to use for health care purpose like: transdermal drug delivery, wound dressing, etc. It can be suggested that G/SA and G/SA/SB hydrogels will be pretty good for wound healing cum wound protection and PVP/CMC and PVP/CMC/BA hydrogels could be excellent for wound dressing cum wound healing purposes. Further, it can be pointed out that these hydrogels could be stored in dry form and can be used as and when required which is an additional advantage of PB based hydrogels. Moreover, these hydrogels could be recommended for their use as a medical device for transdermal drug delivery purposes as well.

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