

The Gradient of γ -Rays Irradiation's Energy and Its Use in Treatment of Cancer Diseases

Labinot Kastrati¹, Gazmend Nafezi^{2*}, Gëzim Shehi³

¹Department of Radiotherapy, Clinic of Oncology, University Clinical Center of Kosovo, Pristina, Kosovo

²Faculty of Mathematical and Natural Sciences, University of Pristina, Pristina, Kosovo

³Department of Physics, Faculty of Natural Sciences, University of Tirana, Tirana, Albania

Email: *gazmend_nafezi@hotmail.com

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Abstract

The Ionising irradiations used mostly in the treatment of tumoral diseases are: X, γ , β and e irradiations. The discussion will be about γ irradiations, produced in linear accelerator with photon energy 6 MV and 15 MV. It is important to know the absorption performance before and after the electronic equilibrium. This is a reason that we've used the function of dose gradient for irradiations γ . It represents the velocity of dose change as a function of depth in tissue. From skin to maximum dose value, the increase of G-function is more accentuated for γ -rays than for β -particles while after that the G-function decreasing is less sharp for γ -rays. Finally, we'll discuss about the advantages in terms of radiation protection of γ -rays used in radiotherapy.

Keywords

γ -Rays, G-Function, Photon Energy, Radiation Protection

1. Introduction

When an irradiation beam passes from a point A to an other point B, the energy of beam changes from E_1 to E_2 . The difference $\Delta E = E_1 - E_2$ is the lost energy by the interaction of beam itself with material of tissue. Gradient of beam's energy would be:

$$\frac{\Delta E}{d} = \frac{(E_1 - E_2)}{D} = G. \quad (1)$$

As we can see, this mathematical function means the rate or the velocity of beam's energy reduction (de-

*Corresponding author.

creasing). This dosimetric quantity expressed in math's terms is investigated in this work to increase the beam's irradiation efficiency, as much as possible to the tumoral cells, protecting at the same time the healthy tissues and organs near and around [1]-[4]. To do this, we used in radiotherapy γ -rays of different energies. The loss of energy for γ -rays, mostly is realised through indirect ionisation, because the direct one throughout the direct collision is almost negligible, is almost zero, to the fact that γ -rays are electromagnetic waves without electric charge, without mass, and of course there is no sense, no meaning to discuss about the dimensions of γ -rays. Consequently, the probability of direct collisions with atomic structures of absorbing background is closely to zero, while its dependence by the nominal energy is very small, too. In **Figure 1**, we have illustrated the weak dependence of radiation performance of X-rays during their spread in tissues. In the same figure, there shows three cases of isodose curves spreadout for γ -rays of different energies. Compton effect and pair creation effect about which we have to discuss more detailly below, are the "mecanism" through which γ -rays cause ionisation.

The main characteristics of G-function for γ -rays are: on the first impact in skin surface, the production of the ions is intensive, to the drastic change of air to tissue density. Nevertheless, almost the half of ions go back or scattered back, while the parts which continue their paths inside, continue the ionisation. But now, together with the negative part of ions, the electrons can already cause a supplementary, more intensive ionisation, like electrons. Electrons created in the first millimeters of tissue, increase the number of electron's interactions, while the decrease is by exponential law with a normal impedance, which depends from the energy of γ -rays, as well as by the tissues density. G-function would be an increasing function up to a depth, which depends by the γ -photon's energy, where the electrons lose their energy and G-function begins to decrease. The zone where G-function changes the sign, from increasing to decreasing function, or mathematically from positive values to negative values, is the zone where the number of created secondary electrons is equal with the number of absorbed one, for any unit of time. Do to the relative low intensity of γ -rays interactions behind this zone, and do to fast absorbtion of secondary electrons, γ -rays continue its path in health structures, giving unnecessary irradiation to there [5].

2. Material and Methods

Material is took of from the every day typical treatment cases,using the real data of patients. In **Figure 2**, it is shown a picture of Percentage Depth Dose (PDD) for (10×10) beam size of γ -rays, generated in accelerator with energy of 6 MV.

The generating energies, are less or more of nearlythe same valueswithin the possibilities available in our institution. This, I think is necessary to do the comparison more credible. As we can see, the first part of curve, that from the skin to the maximal value(which is took as 100%), increase a litle bit fastly.

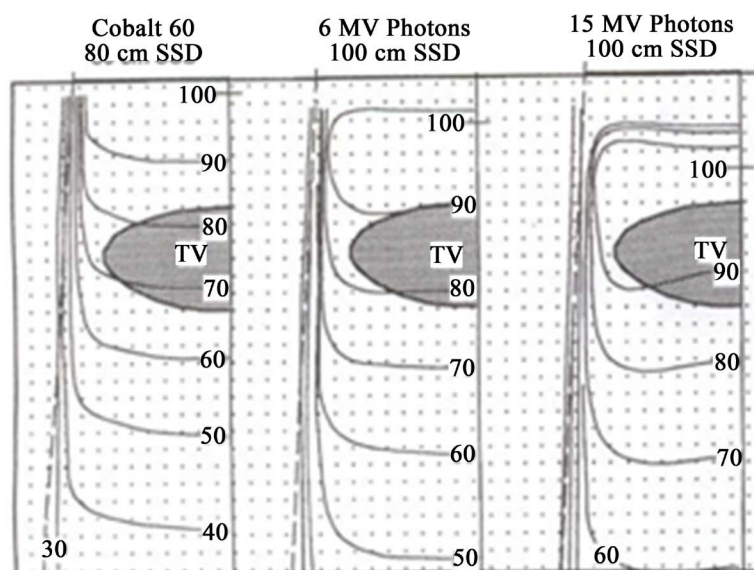


Figure 1. Three cases of isodose curves spreadout for γ -rays of different energies.

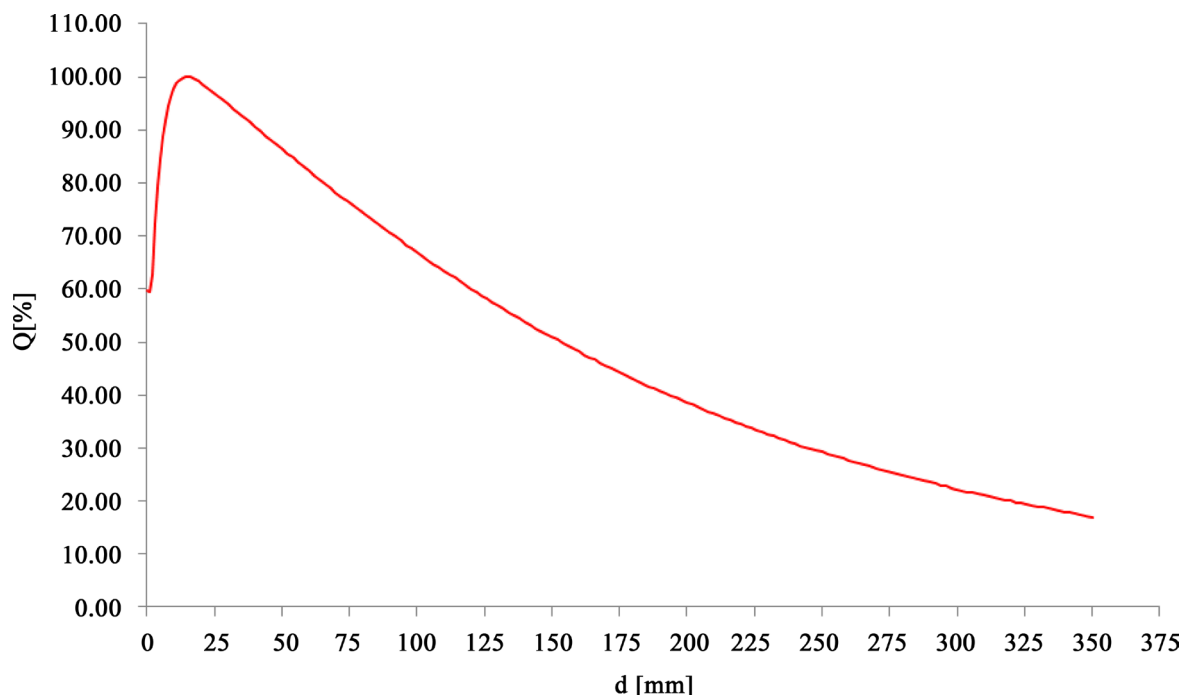


Figure 2. PDD for photons with energy 6 MV, field size 10 cm × 10 cm.

The total G-function determined from maximal values to value zero will be extremely higher, because the value zero in this case is not reached or as is accepted to speak, is reached in infinity. Qualitatively, these two values can't be paragonated and for these reasons, in general are paragonated the values of 80% or/and 50%. The second value, *i.e.* 50% will be: $50\%/160\text{mm} = 3.125\%/cm$. As we can see from Figure 2, this rate is not constant, it is an increasing function mostly, because this part of graph in Figure 2, decreases asymptotically to the X-axis, which means the function itself never touches it or the dose value never arrives the value zero [6].

3. Discussion

The depth, which in the case of cobalt-60 photons is 5 mm, in the similar energy photons produced in an accelerator is 16 mm. For the PDD distribution dependence of isodose curves from energy, we can see in Figure 1, that if the maximal dose curve, that of Co-60 photons, is an open curve at 5 mm depth (a), for 6 MV energy photons of an accelerator is not only in a greater depth, as we underline above, this is more important, but the curve of maximal dose is already a closed curve (b). If the energy is higher (case (c), in the same Figure, the curve of 100%, is not only closed, but it is in a greater depth, which is about 20 mm. Being closed curves, they include a surface starting from: 16 to 42 mm, in (b) case, to about 20 mm to 56 mm in (c) case; from which we can see that the closed zone increases the depth of its location with increasing energy, as well as the surface of the zone with maximal energy. This kind of distribution is characteristic for high energy γ -rays, generated in accelerators.

The most important discussion's argument to keep in mind is: to do maximal caution, necessary to realize the quality assurance (QA) treatment, to perform a correct treatment, being this one always more than necessary. This becomes more important, even imperative, because the treatment is based in high energy radiations, which, if they are used without necessary precaution and attention, can become not efficient, or even dangerous for the patient. To avoid such kind of accidents, it is more than necessary to do a good simulation, and after this to do the controls for any patient, simulating in detail every step, before the treatment itself. All parameters must be controlled, using a highly exact quality control, an exact simulation of individual characteristics of each patient.

4. Conclusion

From the skin to the maximal value of PDD for the same beam size, energy etc., the G-function of irradiation is almost the same. The G-function, after the maximal dose value, is a descending function for γ -rays. This enables

almost perfectly the protection of behind tumor structures.

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