



---

## Special Issue on Nutrition, Metabolism and Health

### Call for Papers

Nutrition is the science that interprets the interaction of nutrients and other substances in food in relation to maintenance, growth, reproduction, health and disease of an organism. Metabolism is a term that is used to describe all chemical reactions involved in maintaining the living state of the cells and the organism. Metabolism is closely linked to nutrition and the availability of nutrients. In humans, an unhealthy diet can cause deficiency-related diseases such as blindness, anemia, scurvy, preterm birth, stillbirth and cretinism, or nutrient excess health-threatening conditions such as obesity and metabolic syndrome; and such common chronic systemic diseases as cardiovascular disease, diabetes, and osteoporosis. Undernutrition can lead to wasting in acute cases, and the stunting of marasmus in chronic cases of malnutrition.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on **Nutrition, Metabolism and Health**. Potential topics include, but are not limited to

- Diabetes and nutrition
- Obesity and overweight problems
- Nutrition and chronic diseases
- Cardiovascular risk factors
- Fat, minerals and vitamins in metabolism
- Molecular mechanisms
- Immune function and response
- Clinical studies
- Fatty acids and health
- Micronutrients and macronutrients
- Nutrition and cancer
- Pregnancy and nutrition
- Vitamin D deficiency
- Cholesterol and metabolic diseases
- Sodium, calcium metabolism and disorders
- Nutrition intake
- Undernutrition

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).



---

Please kindly notice that the “**Special Issue**” under your manuscript title is supposed to be specified and the research field “**Special Issue – Nutrition, Metabolism and Health**” should be chosen during your submission.

According to the following timetable:

Submission Deadline	December 23rd, 2020
Publication Date	February 2021

For publishing inquiries, please feel free to contact the Editorial Assistant at [submission.entrance1@scirp.org](mailto:submission.entrance1@scirp.org)

IJCM Editorial Office  
[ijcm@scirp.org](mailto:ijcm@scirp.org)