



## Special Issue on Sport, Exercise and Health Sciences

### Call for Papers

"Sport, Exercise and Health Sciences" is an academic topic that investigates the interdisciplinary field that explores the impact of sport, exercise, and physical activity on human health and well-being. It encompasses the study of exercise physiology, sports nutrition, biomechanics, psychology, and exercise prescription. Scholars in this field examine the physiological, psychological, and social benefits of physical activity, as well as strategies to promote exercise adherence, prevent chronic diseases, optimize athletic performance, and enhance overall health and quality of life.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on **Sport, Exercise and Health Sciences**. Potential topics include, but are not limited to:

- Exercise physiology
- Biomechanics and kinesiology
- Exercise, nutrition and health
- Exercise and health promotion
- Sports medicine
- Sports injuries
- Exercise epidemiology
- Sports and cardiology
- Neuroscience of exercise
- Sports psychology
- Physical activity and rehabilitation
- Exercise prescription
- Sport and exercise biotechnology
- Sports sociology

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly notice that the "**Special Issue**" under your manuscript title is supposed to be specified and the research field "**Special Issue – Sport, Exercise and Health Sciences**" should be chosen during your submission.

According to the following timetable:

Submission Deadline	March 4th, 2024
---------------------	-----------------



---

Publication Date
------------------

May 2024
----------

For publishing inquiries, please feel free to contact the Editorial Assistant at [submission.entrance1@scirp.org](mailto:submission.entrance1@scirp.org)

Health Editorial Office  
[health@scirp.org](mailto:health@scirp.org)