



Special Issue on Mental and Emotional Health

Call for Papers

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood. Emotional health is about how we think and feel. It is about our sense of wellbeing, our ability to cope with life events and how we acknowledge our own emotions as well as those of others.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on **Mental and Emotional Health**. Potential topics include, but are not limited to:

- Mental illness and treatment
- Prevention and promotion in mental & emotional health
- Healthy mental and emotional development
- Mental healthcare services
- Positive /negative emotions and risk of diseases
- Mental health assessment
- Psychotherapy and physical therapy
- Coping with depression and anxiety
- Emotion regulation and healthy behaviors
- Mental health and wellbeing
- Primary care and mental health
- Public policies and mental health
- Mental health and substance use disorders
- Child and adolescent mental health
- Family relationships and health
- Mental & emotional health for the elderly
- Mental & emotional health in pregnancy
- Mental & emotional health at workplace
- Mental health coping during COVID-19

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly notice that the “**Special Issue**” under your manuscript title is supposed to be specified and the research field “**Special Issue – *Mental and Emotional Health***” should be chosen during your submission.



According to the following timetable:

Submission Deadline	May 29th, 2022
Publication Date	July 2022

For publishing inquiries, please feel free to contact the Editorial Assistant at submission.entrance1@scirp.org

Health Editorial Office
health@scirp.org