Food provides energy for our daily activities and nutrients for health and general well-being. Optimal nutrition is essential for our good health and well-being. Our nutrient requirements differ at different stages of our lives, and we need to modify our food intake according to our nutritional needs. The goal of this special issue is to provide a platform for scientists and academicians all over the world to promote, share, and discuss various new issues and developments in the area of Nutritional Science and Dietetics.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring Nutritional Science and Dietetics. Potential topics include, but are not limited to:

- Proteomics
- Nutritional energy
- Nutritional medicine
- Vitamin and mineral deficiencies
- Bariatric nutrition
- Diet patterns
- Diet therapy for specific medical conditions
- Dietary and weight management
- Dietary intervention, assessment and methodology
- Eating disorders and dietary management
- Food service
- Food allergies and dietary management
- Gestational diabetes and dietary management
- Healthy recipes
- Malnutrition
- Nutrients
- Nutrigenetics and nutrigenomics
- Nutrition for toddlers and growing children
- Nutrition support for surgery and cancer
- Personalized nutrition
- Preconception, antenatal and postnatal nutrition
- Role of nutrition in health and disease
- Therapeutic diets
Authors should read over the journal’s For Authors carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal’s Paper Submission System.

Please kindly specify the “Special Issue” under your manuscript title. The research field “Special Issue - Nutritional Science and Dietetics” should be selected during your submission.

Special Issue Timetable:

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<td>Publication Date</td>
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Guest Editor:

For further questions or inquiries, please contact Editorial Assistant at fns@scirp.org.