

A Comparative Study on Antiradical and Antimicrobial Properties of Red Grapes Extracts Obtained from Different *Vitis vinifera* Varieties

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ABSTRACT

The present work is devoted to the study of antiradical and antimicrobial activities of phenolic compounds extracted from different grapevine varieties grown in the Bekaa plane—Lebanon. The amount of phenolic compounds in selected grape extracts was determined by the Folin-Ciocalteu method. Phenolic composition was specified by high performance liquid chromatography. Free radical scavenging activity was examined by using the (2,2'-diphenyl-1-picrylhydrazyl) DPPH assay. The potential antimicrobial activity was studied using a new quantitative method developed during this work. This activity was tested against several microbial pathogens, including a Gram-positive strain (*Listeria monocytogenes*), two Gram-negative strains (*Escherichia coli* and *Salmonella arizonae*) and a fungal strain (*Candida albicans*). According to the results of the present screening study, a great variability in the composition of phenolic compounds in red grape extracts was detected. All phenolic compounds extracts, demonstrated important scavenging properties and antimicrobial effect against bacterial and fungal strains. Yet, a different response degree was noticed depending on the tested microorganism and the phenolic composition of grape extracts. Antimicrobial activity was more effective against Gram-positive than Gram-negative and yeast strains. Furthermore, our results highlighted a significant role of synergistic effect between various phenolic compounds in the free radical scavenging and antimicrobial activities.

Keywords: Phenolic Compounds; DPPH; HPLC-DAD; Antimicrobial; Antiradical; Grapevines; Synergistic Effect

1. Introduction

Phenolic compounds make up one of the major families of secondary metabolites widely distributed in the plant kingdom, and they are found in foods of vegetable origin, constituting an integral part of our daily diet [1]. Grapes contain large amounts of phenolic compounds in skins, pulp and seeds, which are partially transferred to wine during red wine-making [2,3]. Currently, grape compounds have attracted increased attention especially in the field of nutrition, health and medicine.

Structurally, phenolic compounds comprise an aromatic ring, bearing one or more hydroxyl substituents, and range from simple phenolic molecules such as phenolic acid to highly polymerized compounds such as tannins [4]. Phenolic compounds are divided into several classes according to the number of phenol rings that they

contain and to the structural elements that bind these rings to one another [5]. Phenolic grape and wine compounds can be divided into two groups: non-flavonoid (Hydroxybenzoic and Hydroxycinnamic acids, Stilbenes) and flavonoid compounds (Anthocyanins, Flavan-3-ols and Flavonols) [6].

Phenolic compounds are considered to be the most important components of red wine, due to their direct relationship with its color, astringency, bitterness, and susceptibility to oxidation reactions [7]. Furthermore, phenolic compounds are known by their potent antioxidant, antimutagenic, antibacterial, antiviral, antifungal and anti-ulcer activities [8].

Indeed, due to the mobility of the phenolic hydrogen, phenolic compounds are able to scavenge free radicals generated continuously by endogenous factors such as normal physiological metabolism and also by exogenous factors including smoking, pollution, infections, sun ex-

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posure and others [9]. The loss of hydrogen causes the formation of a highly stabilized mesomeric radical.

Several studies have highlighted that phenolic compounds by virtue of their antioxidant capacity participate in the prevention of various chronic diseases in which an oxidative stress is potentially involved [10].

Nowadays bacteria, yeasts and free radicals cause real health problems because of their involvement in many diseases mainly those in which an oxidative stress is involved such as cancer and cardiovascular disease and in food borne diseases [11]. Currently there is a growing scientific interest to use natural antibacterial compounds, as biopreservatives face to conventional synthetic additives, due to consumer preferences towards more natural and healthier products [12]. Thus the role of natural phenolic compounds extracted from plant reaches its paroxysm and the addition of these natural compounds to food products has therefore become popular as a means of increasing shelf life and to reduce wastage and nutritional losses by inhibiting microbial growth and delaying oxidation [13].

The aim of the present work was to assess the antiradical and antimicrobial activities of phenolic compounds extracted from grapevine varieties of Château KSARA-Bekaa-Lebanon. Several previous studies have been conducted to evaluate antioxidant activity as well as antimicrobial activity of phenolic extract from wines or grapes seeds, skins and pulps [14-16]. As a first study in Lebanon two of the most important biological activities of phenolic compounds, antiradical and antimicrobial, have been tested on phenolic extracts prepared from the whole grape berries. The phenolic content of these grape extracts was determined by the Folin-Ciocalteu method. An HPLC-DAD method was conducted for the determination and quantification of the main phenolic compounds belonging to flavonoids and non-flavonoids molecules in order to determine the influence of these molecules towards their bioactive properties. The evaluation of antiradical activity was based on the capacity of a sample to scavenge the DPPH radical. In this work, we describe a new and innovative quantitative method for the evaluation of the antimicrobial activity of red grapes phenolic compounds against various pathogenic strains, such as Gram-positive and Gram-negative bacteria and yeasts.

2. Materials and Methods

2.1. Plant Material

The grapes examined in our study were harvested in the vintage 2009, at optimum maturity from vineyards in the province of Bekaa-Château KSARA S.A.L, Lebanon. At their optimum phenolic maturity, these grapes have both,

a high content of phenolic compounds and a good extractability [17].

All samples analyzed were *V. vinifera* species from different cultivars. The varieties chosen were: Merlot, Syrah, Cabernet franc and Cabernet Sauvignon, the most important red grape varieties that can be encountered in the Lebanese vineyard. We should notice that this study is applied for the first time in the Lebanese vineyard.

2.2. Chemicals and Reagents

Solvents used for high-performance liquid chromatographic analysis were: Methanol (Merck, Darmstadt, Germany) and Formic acid (Scharlau, Barcelona, Spain) of HPLC ultra gradient grade. HPLC grade water (Merck, Darmstadt, Germany) was also used. Folin-Ciocalteu's phenol reagent; Sodium Carbonate; 2,6-di-tert-butyl-4-methylphenol (BHT); 2,2-diphenyl-picrylhydrazyl (DPPH) radical and Tris-HCl buffer were obtained from Sigma (Aldrich).

Phenolic Standards: Gallic acid, Protocatechin, Hydroxybenzoic acid, Catechin, Epigallocatechin, Caffeic acid, Chlorogenic acid, Epicatechin, *p*-Coumaric acid, Gallo-catechin gallate, Ferulic acid, Resveratrol, Cinnamic acid, Rutin, Myricetin, Quercetin and Kaempferol were purchased from Sigma (Aldrich) Laboratories.

2.3. Microbial Strains and Growth Conditions

Antimicrobial activity was screened against two Gram negative bacteria: *Escherichia coli* ATCC 10536 (*E. coli*) and *Salmonella arizonae* ATCC 13314 (*S. arizonae*), one Gram positive bacteria: *Listeria monocytogenes* ATCC 19111 (*L. monocytogenes*), and one yeast strain: *Candida albicans* ATCC 10231 (*C. albicans*).

Chloramphenicol (Sigma, Aldrich) and Amphotericin B (Sigma, Aldrich) were used respectively as the reference antimicrobial and antifungal standards.

All strains were cryo-preserved at -80°C . *E. coli* was cultured in Luria Broth, *S. arizonae* in Trypticase Soy Broth (BioMérieux, Marcy L'Etoile, France), *L. monocytogenes* in Trypticase Soy Broth-Yeast Extract (BioMérieux, Marcy L'Etoile, France), while the yeast strain *C. albicans* was maintained in Yeast Glucose Chloramphenicol Broth.

For experimental use, the microorganisms were sub cultured in agar media, incubated for 24 h at 37°C for bacteria and 30°C for yeast and used as the source of inoculums for each experiment. After incubation, each microorganism was suspended in 5 mL of appropriate broth and incubated for one hour at adequate temperature with agitation. Cultures growth was followed by the turbidity measurement at 630 nm, until it achieved the turbidity of 0.5 McFarland standard, which is equal to an

inoculum containing approximately 10^8 cfu/mL [18].

2.4. Sample Preparation and Extraction

In our study, 239 samples of red grapes extracts from different varieties were analyzed and quantified. According to their phenolic maturity, four samples presenting the greatest phenolic maturity were selected. The phenolic constituents from the whole grape berries were extracted using conventional solvent extraction procedure. The extraction protocol was developed and optimized in our laboratory [19]. Briefly, to extract phenolic compounds, ten grams of homogenized grape berries (in high speed grinder) were mixed with 15 mL of acetone solvent (acetone/water 85/15, v/v) at room temperature. Contact time was 3 to 4 days. When the extraction is completed, the mixture is centrifuged at 2500 rpm for 15 minutes, at 20°C. When completed, the supernatant was recovered and transferred into new tubes and incubated for two days at 40°C to ensure the complete evaporation of the solvent. After the extraction, samples were filtered through 0.2 µm syringe filters. The resulting extract was stored at -20°C protected from light.

2.5. Determination of Total Phenolic Compounds Content Using Folin-Ciocalteu Method

The total phenolic content was determined according to Folin Ciocalteu (FC) method [20]. An aliquot of 10 µl of the sample solution was mixed with 100 µl of commercial Folin-Ciocalteu reagent and 1580 µl of water. After a brief incubation at room temperature (5 min), 300 µl of saturated sodium carbonate was added. The color generated was read after 2 h at room temperature at 760 nm using a UV-Vis spectrophotometer (UV-9200, BioTECH Engineering Management, UK). A calibration plot of absorbance versus phenol concentration was made using Gallic acid as standard. The total phenolic compounds content in samples was evaluated from the generated absorbance value.

2.6. Determination of Anthocyanin Concentration

The concentration of free anthocyanins in red grapes extracts selected was analyzed by bleaching with bisulfite [21]. The bisulfite bleaching procedure requires the preparation of two samples, each containing 1 ml of grape extract, 1 ml of ethanol (EtOH), 0.1% Chloridric acid (HCl) and 20 ml of HCl at 2% (pH 0.8). For the two samples, 4 ml of water (H₂O) are added to 10 ml of the first sample, 4 ml of sodium bisulfite solution, are added to 10 ml of the second sample and the mixture is diluted by half. The difference in optical density (Δ OD) at 520

nm is measured on a 1 cm optical path. By comparison with a standardized anthocyanin solution, the concentration is given by the following equation:

$$C \text{ (mg/l)} = \Delta\text{OD} \times 875$$

875 is the slope of the calibration curve obtained from Malvidin-3-glucoside.

2.7. HPLC Analysis

Polyphenol analyses of the extracts prepared from the whole red grapes were performed by high-performance liquid chromatography (HPLC). Prior to analytical chromatography, samples and standards were purified by filtration through 0.2 µm syringe filters to remove interferences of sugars and organic acids from the crude sample. An equipment consisting of a liquid chromatography-KNAUER apparatus coupled to a diode array detector was employed. Analyses were performed on a Spherisorb ODS-2 (5 mm, 250 × 4.6 mm), at a flow rate of 1 mL·min⁻¹, using a 20 µL injection volume, detection at 280 nm and 320 nm, and the elution programme given in **Table 1**. Eluent A was 2% aqueous Formic acid and eluent B: 69% Methanol (MeOH), 29% HPLC water and 2% Formic acid. Identification was based on comparing retention times of the peaks detected with those of original compounds, and on UV-Vis on-line spectral data. Quantification was accomplished using the phenolic standards solutions. Results were expressed as mg/ml grape extract volume [22].

2.8. Biological Activity of Grape Extracts

The antiradical and antimicrobial capacity of phenolic compounds, in a general was well known [23,24]. As previously described, individual phenolic compounds present in grape extracts were identified and quantified, but we choose to submit the entire extracts to the biological activity studies. In fact, total food extracts may be

Table 1. Linear gradient used for the separation of phenolic compounds present in grapes.

Time (min)	Solvent A (%)	Solvent B (%)
0	100	0
3	100	0
10	90	10
60	60	40
80	40	60
105	20	80
120	0	100
140	100	0

more beneficial than isolated constituents, since a bioactive individual component can change its properties in the presence of other compounds present in the extract [25] corresponding to a synergistic effect.

2.8.1 Free Radical Scavenging Activity

The scavenging activity of DPPH free radical by grape must was determined according to the method reported by [26,27]. The free radical scavenging activity of extracts were examined by comparing to those of known antioxidants such as butylhydroxytoluene (BHT) (a synthetic antioxidant) and resveratrol (a natural antioxidant) by 1,1-diphenyl-2-picrylhydrazyl (DPPH). Each extract or positive control (BHT or Resveratrol) was diluted at a series of extract concentrations of 1, 5, 10 and 50 µg/mL. In each reaction, an aliquot of 50 µL of the diluted extract was added to 3.9 mL of DPPH solution in Methanol (0.1 mM) and 450 µL of Tris-HCl buffer. Absorbance at 517 nm was measured after 30 min of incubation at room temperature using pure Methanol as a blank. All samples were analyzed in duplicate.

The percentage of inhibition of the DPPH was determined as follows:

$$\% \text{ inhibition} = \left[\frac{\text{absorbance of control} - \text{absorbance of test sample}}{\text{absorbance of control}} \right] \times 100$$

The free radical scavenging activity of Lebanese grape extracts was evaluated by the decrease in the peak area of the DPPH radical which exhibits a deep purple color with maximum absorption at 517 nm. Antioxidant molecules can quench DPPH free radicals, resulting in decoloration of DPPH because of their conversion into a colorless product.

2.8.2. Antimicrobial Activity

To determine the antimicrobial effect of the grape extracts, a new quantitative method was adapted. Aliquots of 200 µL bacterial or fungal pure cultures previously prepared (*L. monocytogenes* or *S. arizonae* or *E. coli* or *C. albicans*) were mixed with 200 µL of each sample or antimicrobial agent (Chloramphenicol), antifungal agent (Amphotericin B) and phenolic standards (Resveratrol, BHT, Gallic acid) used as positive controls at a concentration of 5 mg/mL and grown at 37°C (for bacterial strains) and 30°C (for fungal strain) for 24 hours with agitation. A negative control was also applied under the same experimental conditions, by replacing the grape extracts with the adequate broth for each microbial strain.

After appropriate incubation, serial dilutions from stock solutions were prepared in adapted broth for each strain. 500 µl from the 10⁻⁷ dilution was suspended into 20 mL agar medium and homogenized, then transferred into Petri dishes.

All plates were incubated for 24 h at 37°C for bacterial strains and 30°C for the fungal strain. After incubation the numbers of bacteria or yeast colonies that grow on each plate were counted.

The inhibitory effect was calculated using the following formula:

$$\% \text{ Inhibition} = (1 - T/C) \times 100,$$

where T = cfu/ml of test sample and C = cfu/ml of negative control [28].

2.9. Statistical Analysis

Each modality was conducted in duplicates and analysis repeated twice. Means and standard deviations of data were calculated. Two way analysis of variance (ANOVA) followed by Fisher's LSD (Least Significant Difference) were performed to compare the means of the different investigated responses and to determine statistical significance. For each analysis, significance level of 5% was assumed. All statistical analyses were performed using Statgraphics 5.1 (Statpoint Technologies Inc., USA).

3. Results and Discussion

3.1. The Content of Polyphenols and Anthocyanins in Grape Extracts

The phenolic composition is an important quality parameter of red grape, which affects the quality of the resulting wines. Its knowledge is essential to classify red grapes varieties. In our study, 239 samples of red grapes extracts from different varieties were analyzed and quantified. Among these extracts, four were chosen for their high phenolic content and antiradical activities.

In order to classify the Lebanese grape varieties, a prior analysis of the phenolic and anthocyanin content of these four grapes extracts was done. **Table 2** presents the total concentration of phenolic compounds (mg GAE/L) and anthocyanins concentrations (mg/L) of the Lebanese red grapes extracts (Merlot, Syrah, Cabernet Sauvignon and Cabernet Franc) used in this study. Based on statistical analysis by Fisher's LSD test. **Table 2** showed significant differences between phenolic content of the different grapes cultivars. Results showed that the total phenolic content of the different varieties was quite variable. This result was also proved [29], within a study on the polyphenolic content of different grape varieties. The variability found in total phenolic content between different cultivars confirmed the hypothesis that genetic and environmental factors [30-32], are key influencers of a cultivar's phenolic content.

Table 2 showed that the anthocyanin concentration is also dependant from the variety. However, statistical analysis showed that only Syrah presents significant dif-

ferences comparing to the other varieties. Whereas, non-significant differences were noticed between anthocyanin concentration contents of the other cultivars (Merlot, Cabernet Sauvignon and Cabernet Franc). This result confirmed the hypothesis that apart from the genetic background, several agroecological factors, such as maturation [33], ripening stage [34], cultivar [31], climate [35], stress levels [32], soil conditions vine water status and cultural practices) are able to impact the level of polyphenols and anthocyanin contents of red grape extracts. Therefore, these factors can be used to modify the phenolic composition of red grapes, which explains the differences between the phenolic and anthocyanin con-

centration for different red grape varieties.

Every family of polyphenols is directly responsible for the special characteristics of specific grapes varieties. In order to explain the physiological activities of phenolic compounds present in our different red grape extracts, an identification and quantification of these compounds were done before testing their antiradical and antimicrobial activities. Therefore, different phenolic compounds flavonoids and non-flavonoids were chosen as standards because of their biological and pharmacological interest and their contents were determined by reverse-phase HPLC (Tables 3 and 4). The concentration of the components was calculated from each chromatogram peak area.

Table 2. The weight (g) of grape berries, the phenolic (mg GAE/L) and the anthocyanin (mg/L) contents in the red grape varieties. The given values are the means of two repetitions.

Grape varieties	Codex	Weight (g) of 100 grape berries	Polyphenols concentration (mg/L)	Anthocyanins concentration (mg/L)
Merlot	KAM33	151.3 ^b	8101.4 ^d	530 ^b
Syrah	ITS9	176.3 ^a	13801.4 ^a	58 ^a
Cabernet Sauvignon	TACS22	136.5 ^c	12858.5 ^b	528 ^b
Cabernet Franc	ITCF4	123.5 ^d	8815.7 ^c	528 ^b

^{a,b,c,d}Marks with the same superscript letters were not significantly different within the same column (LSD test, 5% level).

Table 3. Non-flavonoid contents of the red grape varieties. (-) corresponds to a none-determined quantity.

Grape varieties	Codex	Non-flavonoids (mg/ml)								
		Stilbenes (mg/L)	Phenolic acids (mg/ml)							
		Resveratrol	Chlorogenic acid	Caffeic acid	Gallic acid	Ferrulic acid	Hydroxybenzoic acid	Cinnamic acid	<i>p</i> -Coumaric acid	Protocatechuic acid
Merlot	KAM33	0.20	0.04	0.08	0.37	—	0.02	—	0.11	0.05
Syrah	ITS9	0.84	1.04	—	0.14	0.05	0.01	0.98	0.06	0.33
Cabernet Sauvignon	TACS22	1.67	0.03	0.01	0.98	—	1.47	—	0.01	0.18
Cabernet Franc	ITCF4	0.97	0.02	0.01	0.13	—	—	1.49	0.00	0.12

Table 4. Flavonoid contents of the red grape varieties. (-) corresponds to a none determined quantity.

Grape varieties	Codex	Flavonoids (mg/ml)							
		Quercetin	Kampherol	Myricetin	Rutin	Catechin	Epicatechin	Epigallocatechin	GallocatechinGallate
Merlot	KAM33	0.05	0.04	0.42	—	0.17	0.23	—	0.99
Syrah	ITS9	0.28	0.10	0.21	—	—	—	—	1.10
Cabernet Sauvignon	TACS22	0.10	—	0.30	1.81	0.22	—	—	—
Cabernet Franc	ITCF4	—	—	0.09	—	—	0.4	0.15	0.65

HPLC analysis of phenolic compounds in red grape extracts showed that most of the non-flavonoid and flavonoid compounds chosen have been identified in the different red grapes varieties of vintage 2009. **Table 3** showed that the amount of non-flavonoid content and especially resveratrol is dependent on the red grapes varieties and that the Cabernet Sauvignon variety was richer in resveratrol than other cultivars, which was confirmed by Sun *et al.*, 2006 [36]. The latter confirmed that stilbenes (Resveratrol) content is largely dependent of grape varieties. The phenolic pattern of grape extracts contains Chlorogenic acid, Caffeic acid, Gallic acid, Ferulic acid, Hydroxybenzoic acid, Cinnamic acid, *p-Coumaric* acid and Protocatechuic acid. The concentration of each of these compounds varies between different cultivars.

Moreover **Table 4** showed that the flavonoid content of grape extracts was variety dependent as well. The phenolic pattern of grape extracts contains Quercetin, Kämpferol, Myricetin, Rutin, Catechin, Epicatechin, Epigallocatechin, and Gallocatechin gallate.

Also **Table 4** showed that Merlot and Cabernet Sauvignon varieties were the only cultivars that contain Catechin. This result was confirmed by other authors who showed that Cabernet Sauvignon and Merlot were the cultivar in which the Catechin is the main compound [37, 38].

To determine the total phenolic content of the grapes varieties, the total of flavonoid, non-flavonoid and phenolic acid contents of the four red grapes varieties were calculated (**Table 5**). **Table 5** showed that flavonoid, non-flavonoid and phenolic acid contents were significantly different between the four grape varieties. Of these compounds, non-flavonoid-compounds especially phenolic acids are in higher concentration than the flavonoid compound at the exception of the variety Merlot KAM 33.

Table 5 showed that the greatest range of non-flavonoid was found in the grape extract of Cabernet Sauvignon TACS22 and the lowest in the grape extract of Merlot KAM33, with high flavonoid content for both cultivars. Therefore to present a global overview on the phenolic

profiles of TACS22 and KAM33, two representative chromatograms of these two samples are illustrated in **Figure 1**.

Figure 1(a) represents the chromatogram for the Merlot KAM33 and **Figure 1(b)** for the Cabernet Sauvignon TACS22. The results showed that non-flavonoid compound especially Resveratrol were present in greater amounts in Cabernet Sauvignon TACS2 than in Merlot KAM33.

3.2. Radical Scavenging Effect Assay

The free radical scavenging activity of red grape extracts was assessed by DPPH assay. From a methodological point of view, the DPPH (2,2-diphenyl-1-picrylhydrazyl) method [39], is recommended as easy and accurate methods for measuring the antiradical activity of fruit and vegetable juice or extracts.

The scavenging effects of ethanolic extracts from red grapes from different varieties were examined and compared. Several concentrations of red grapes extracts ranging from 1 - 50 µg/mL were tested for their scavenging activity in vitro model. As shown in **Figure 2**, the amount of DPPH decreased in the presence of grape extracts. Therefore, radical scavenging activity increased with increasing percentage of the free radical inhibition. **Figure 2** showed also that free radicals were scavenged by the test compound in a concentration dependent manner in the model. **Figure 2** showed that all the test samples have a significant inhibitory activity against the DPPH radical, but the higher inhibition of DPPH radical by extracts samples was observed at a range of 50 µg/mL. This result is in agreement with the study of the scavenging activity of the seed methanolic extracts of three *Vitis vinifera* realized by Saïdani Tounsi M. *et al.* 2009 [40], who showed that all seed extracts showed remarkable DPPH radical scavenging activity at a concentration of 50 µg/mL.

Figure 2 showed also that the scavenging activity was different between the grape varieties, which was due to the difference in their phenolic compounds contents.

To find the contribution of different phenolic content

Table 5. Flavonoid, non-flavonoid and phenolic acid contents of the red grape varieties.

Grape varieties	Codex	Flavonoid (mg/ml)	Non-flavonoid (mg/ml)	Phenolic acid (mg/ml)
Merlot	KAM33	1.9 ^b	0.87 ^d	0.66 ^d
Syrah	ITS9	1.7 ^c	3.45 ^b	2.61 ^b
Cabernet Sauvignon	TACS22	2.5 ^a	4.35 ^a	2.68 ^a
Cabernet Franc	ITCF4	1.3 ^d	2.75 ^c	1.79 ^c

^{a,b,c,d}Marks with the same superscript letters were not significantly different within the same column (LSD test, 5% level).

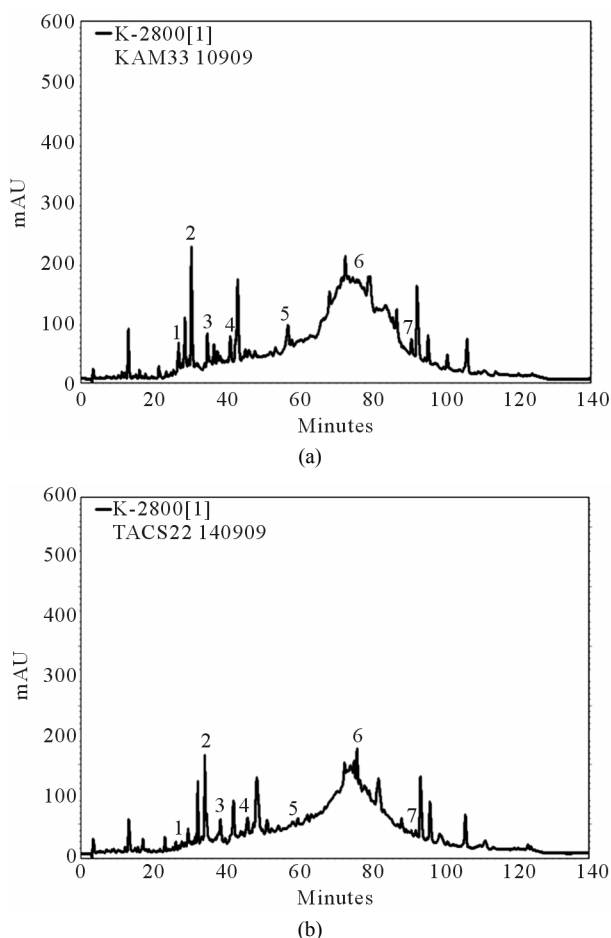


Figure 1. HPLC chromatogram of red grape extracts of two varieties (a) Merlot KAM 33 and (b) Cabernet Sauvignon TACS22. Peak identification: 1. Hydroxybenzoic acid, 2. Catechin, 3. Caffeic acid, 4. Chlorogenic acid, 5. *p*-coumaric acid, 6. Resveratrol, 7. Myricetin.

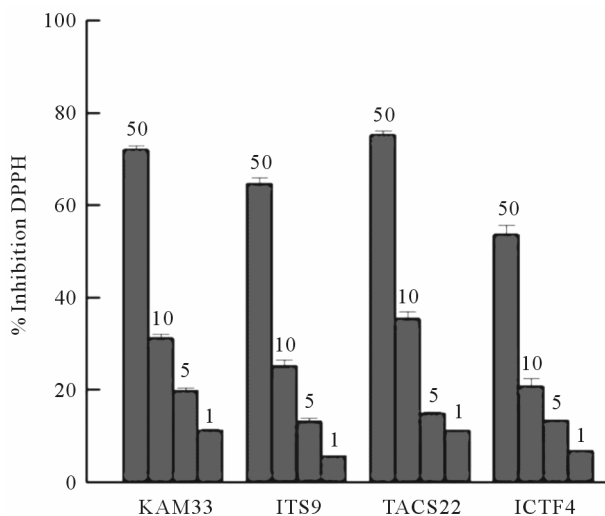


Figure 2. Free radical scavenging activity of red grapes varieties extracts measured by the DPPH assay.

in the scavenging activity of the grape phenolic extracts, **Table 6** presents the flavonoid and non-flavonoid contents of grape extracts with the inhibition of the free radical DPPH. A correlation between the flavonoid content and the inhibition of the DPPH radical was noticed in **Table 6**. In fact, it seems to be clear that the basic structure of compounds and other structural factors are very important in the scavenging mechanism [41]. **Table 6** showed that the scavenging effects of red grapes on DPPH radicals increased when the flavonoid concentration increase. This result showed that flavonoid are the main responsible of the scavenging activity of red grape extracts, which was also proved by many studies [42,43]. Earlier studies indicated that the ability of flavonoids to inactivate peroxy radicals was in the main better than the small phenolic antioxidants [44]. Other approaches also have established that the position and degree of hydroxylation is fundamental to the antioxidant activity of flavonoids [45].

Moreover, **Table 6** showed significant differences between scavenging activities of the different grapes cultivars. Cabernet sauvignon grapes extract and merlot have the greatest activity toward DPPH radical, but there were not the extracts with the highest phenolic content. Many authors confirmed that there is an insignificant correlation between free radical scavenging capacity and phenolic content, suggesting the presence of further phenolic components or interactions involved in the antioxidant potential [46].

In fact, in the phenolic pool of red grapes, there are some secondary compounds that are important for their antioxidant activity: Catechin and Epicatechin (flavan-3-ols), Quercetin [47,48] and its glycoside Rutin (flavonols), and trans-Resveratrol (stilbene). These compounds have been proven to be potent antioxidants and to have important biological, pharmacological and medicinal properties [49]. In our study, TACS22 and KAM33 represent the greatest scavenging activity due to their high concentration of these compounds. These extracts contain most of the flavonoids components identified by HPLC (**Tables 3** and **4**). A synergistic effect of these various phenolic compounds could explain the high scavenging activity of the TACS22 and KAM33 extracts. This effect was also discussed by Sun and Ho, 2005 [36] who proved that the synergistic effect of the antioxidants in the extracts should also be considered.

The Cabernet franc extract represents the lowest scavenging capacity, due to the absence of Quercetin and Catechin in this extract.

After studying the scavenging activity results, an antimicrobial studies on the efficacy of the phenolic compounds of Lebanese red grapes extracts to inactivate the bacterial and fungal strains should be discussed.

Table 6. Flavonoid, non-flavonoid and % of inhibition of the extracts.

Grape varieties	Codex	Flavonoid (mg/ml)	Non-flavonoid (mg/ml)	% inhibition DPPH
Merlot	KAM33	1.9 ^b	0.87 ^d	71 ^b
Syrah	ITS9	1.7 ^c	3.45 ^b	65 ^c
Cabernet Sauvignon	TACS22	2.5 ^a	4.35 ^a	75 ^a
Cabernet Franc	ITCF4	1.3 ^d	2.75 ^c	52 ^d

^{a,b,c,d}Marks with the same superscript letters were not significantly different within the same column (LSD test, 5% level).

3.3. Antimicrobial Assays

Due to the development of resistant microbial strains, the number of publications on antimicrobial activity of phenolic compound is increasing. The two most commonly used methods for the screening of the potential antimicrobial plant compounds were the disc diffusion test and the dilution plate assay. These techniques do not distinguish bactericidal and bacteriostatic effects and permit to determine just an approximate minimum inhibitory concentration (MIC) [50]. Recently, the microplate method was used to the screening of antimicrobial compounds. It provided a potentially useful technique for determining MICs of large numbers of test samples. It consisted on adding phenolic extract on the well of an ELISA tray filled with the exponentially growing culture (about 10^8 colony-forming units/ml). The plate was incubated at 37°C for 18 h, agitated and the absorbance read after the incubation were subtracted of those read before, at the same wavelength (620 nm). The application of this method was not adequate on the grape extract. This is due to the fact that the red grape extract and the inoculum of bacteria read at the same absorbance which induces an interference of the color of the tested substance with the bacteria. In order to avoid this problem, a new quantitative method was adapted in our study to determine the antimicrobial efficacy of the Lebanese red grape extracts. It consists on counting the numbers of bacteria or yeast colonies that grow on each plate after the addition of the phenolic extract on the plate containing the bacterial or fungal culture.

Antimicrobial activities of antimicrobials agents (Chloramphenicol), phenolic standards (Resveratrol, BHT, Gallic acid) used as positive controls (at a concentration of 5 mg/mL) and red grape extracts against Gram-negative strains (*S. arizonae* and *E. coli*), Gram-positive strain (*L. monocytogenes*) and a fungal strain (*C. albicans*) were studied. The antimicrobial activity toward *S. arizonae* and *E. coli* (Gram-negative strains) is presented in **Figure 3**.

Figure 3 showed that Chloramphenicol presented the highest growth inhibition on Gram-negative strains, and that natural phenolic compounds has more effect than

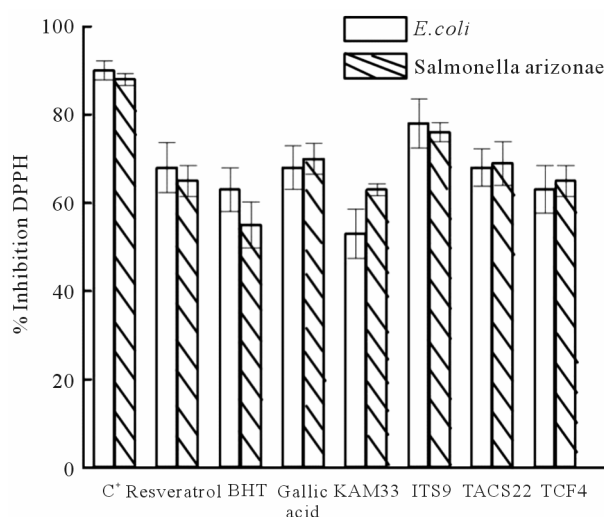


Figure 3. Antimicrobial activity of C⁺, phenolic standards and red grape extracts of vintage 2009 against Gram-negative strains (*Salmonella arizonae* and *Escherichia coli*).

synthetic phenolic compounds (BHT). It showed also that grapes extracts inhibited the growth of Gram-negative strains. But a different response degree was noticed between the two strains, depending on the tested microorganism to grape extracts. To explain the antimicrobial activity of phenolic extracts against Gram-negative, a relation between the phenolic content and the inhibition growth should be done. ITS9 and TACS22 exhibited more antimicrobial activity on Gram-negative strains than other grape extracts studied. This could be explained by the phenolic composition of these 2 extracts. ITS9 and TACS22 were rich in phenolic acids, known by its growth inhibition on Gram-negative strains. In fact, several studies showed the antimicrobial effect of phenolic acid on Gram-negative strain. Papadopoulou *et al.*, 2005; Butkhuip L. *et al.*, 2010 [14,50] studying the action of phenolic compounds on Gram-negative bacteria found that phenolic acids are likely to exhibit antimicrobial activity toward Gram-negative strains. Moreover ITS9 and TACS22 are also rich in Resveratrol and Quercetin, known by their antibacterial effect against *E. coli* and *Salmonella* [51]. Therefore, a synergetic antimicrobial

effect noticed between phenolic acids, Resveratrol and Quercetin for ITS9 and TACS22, could explain their high antimicrobial activities toward Gram-negative strains. **Figure 3** showed also that red grape extracts presented for some samples higher inhibition than phenolic standards (at 5 mg/ml), and we should notice that the content of these phenolic standards in grape extracts are (much lower than 5 mg/ml), which proves the efficiency of the synergetic effect of different phenolic compounds found in grape extracts.

In addition, KAM 33 had a growth inhibition towards *E. coli* but less than the others because he is poorer in Resveratrol which proved that the Resveratrol is one of the responsible of the inhibition effect on the *E. coli*. So the inhibition of *E. coli* by KAM 33 is due to a synergetic antimicrobial effect between Gallic acid, *p-Coumaric* acid and Quercetin. And a synergetic effect between Resveratrol and Cinnamic acid explained the *E. coli* inhibition by ITCF4.

Within a comparison between the antimicrobial effect of grape extracts against *E. coli* and *S. arizonae*, we noticed that KAM 33 have more effect on *S. arizonae* than *E. coli*. Therefore, Resveratrol has probably more effect on *E. coli* than *S. arizonae* because while testing the phenolic standards resveratrol on the two bacterial strains, a more pronounced effect on *E. coli* was detectable. Furthermore, KAM 33 the poorer extract in Resveratrol presents a good inhibition against *S. arizonae*. But KAM 33 is rich in flavonoid content. So, flavonoids present a good inhibition on *S. arizonae*. This is also proved by the fact that ITCF4, the poorer extract in flavonoid content represent the lower inhibition of *S. arizonae*. This result showed the importance of the role of flavonoid component on the antimicrobial activity. Anastasiadi *et al.* (2009) [52] showed that flavonoids are known to possess antibacterial activities, which have been attributed to their interaction with extracellular soluble proteins and/or bacterial cell walls.

Antimicrobial activity of Chloramphenicol, phenolic standards and red grape extracts toward *L. monocytogenes* (Gram-positive strain) and *C. albicans* (yeast strain) are presented respectively in **Figures 4** and **5**.

Figure 5 showed that Amphotericin B presented the highest growth inhibition on *C. albicans*, and that a natural phenolic compound has more effect than synthetic phenolic compounds (BHT).

Furthermore, **Figures 4** and **5** showed that ITS9 and ITCF4 exhibit the same inhibition profile against *L. monocytogenes* and *C. albicans*. ITCF4 and ITS9 are not the richer compound in flavonoid content but are the richer in phenolic acid, mainly in Cinnamic acid, known by its inhibition activity against *L. monocytogenes* [53] and *C. albicans*. Phenolic acids are the most active com-

ponents in inhibiting the growth of pathogens. In fact, TACS22 does not contain Cinnamic acid but contains Hydroxybenzoic acid which has a near structure. But, Cinnamic acids, due to their propenoic side chain, are much less polar than the corresponding Hydroxybenzoic acids and this property might facilitate the transport of these molecules across the cell membrane, which might be related in turn to the stronger inhibitory effect [54]. For KAM 33, it is mainly *p-Coumaric* acid and Gallic acid which are responsible of the inhibition activity. This result is in agreement with several studies. Masquelier, 1988 [55] showed that *p-Coumaric* acid is particularly active against Gram-positive bacteria. Rodriguez Vaquero, 2007 [56] showed also that flavonoid are active

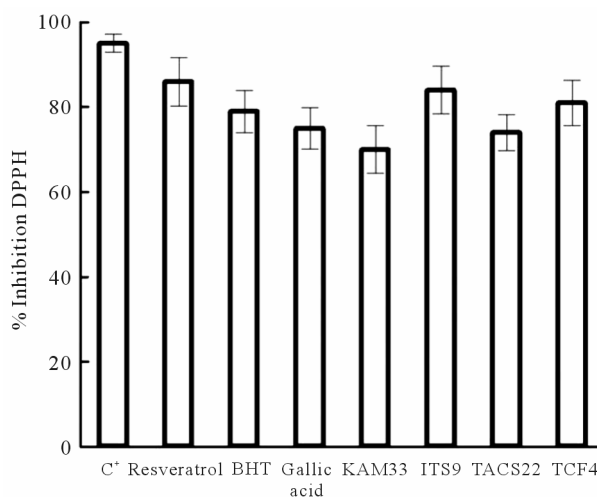


Figure 4. Antimicrobial activity of C⁺, phenolic standards and red grape extracts of vintage 2009 against Gram-positive strain.

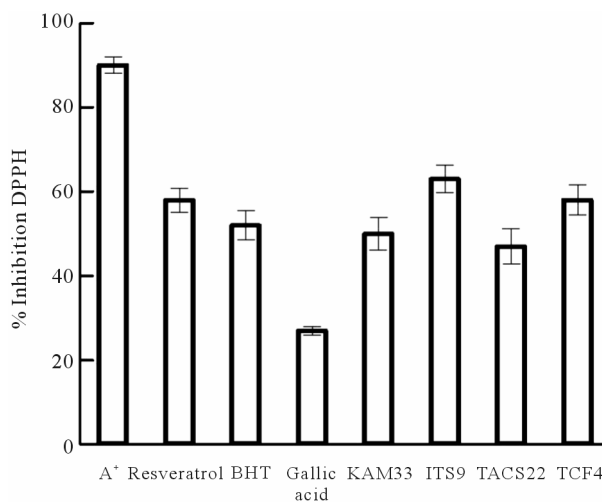


Figure 5. Antimicrobial activity of Amphotericin B (A⁺), phenolic standards and red grape extracts of vintage 2009 against a fungi strain.

Table 7. Antimicrobial activity of the extracts.

Grape varieties	Codex	% growth inhibition Gram-negative		% growth inhibition Gram-positive	% growth inhibition Fungi
		<i>E. coli</i>	<i>Salmonella arizonae</i>	<i>Listeria monocytogenes</i>	<i>Candida albicans</i>
Merlot	KAM33	53 ^d	63 ^d	70 ^d	50 ^c
Syrah	ITS9	78 ^a	76 ^a	84 ^a	63 ^a
Cabernet Sauvignon	TACS22	68 ^b	69 ^b	74 ^c	47 ^d
Cabernet Franc	ITCF4	63 ^c	65 ^c	81 ^b	58 ^b

^{a,b,c,d}Marks with the same superscript letters were not significantly different within the same column (LSD test, 5% level).

against *L. monocytogenes*. These results showed that this observation may be rationalized considering the possible synergistic activity among polyphenols that is applied in the extracts.

The antimicrobial activity pattern of red grape extracts indicates that different classes of phenolic compounds are most likely to be the active substances in inhibiting the growth of *E. coli*, *S. arizonae*, *L. monocytogenes* and *C. albicans*. The summary of the antimicrobial activities of the red grape extracts against these bacterial and fungal strains is presented in **Table 7**. The values shown are the means from duplicate experimental performed twice on every strain. Significant differences were observed between antimicrobial activities of the different grapes cultivars.

Table 7 showed that most of the grape extracts exhibited some kind of antimicrobial activity against bacterial and fungal strains. But this response varies, depending on the tested microorganism to grape extracts. The *L. monocytogenes* was the most sensitive microorganism. In almost all grape extracts, the inhibition for *Listeria monocytogenes* (Gram-positive) was greater than for *E. coli* and *S. arizonae* (Gram-negative strains), indicating that the Gram-positive strain was more sensitive than the Gram-negative ones. Our results were in agreement with several studies done on the antimicrobial activity of wine extracts on Gram-positive strain and Gram-negative strains. Jayaprakaska *et al.* 2003, and Papadopoulou *et al.*, 2005, [14,28]. showed that phenolic extracts were more effective antibacterial fraction against Gram-positive bacteria when compared to Gram-negative bacteria. This observation can be attributed to differences in the structure of bacteria cell wall. The less complex structure of the cell wall in the Gram-positive bacteria makes it more permeable to the antimicrobial compounds.

Furthermore, **Table 7** showed that the tested bacteria showed more sensitivity to the investigated extracts than the yeast strain. In all tests, the inhibition of *C. albicans* was smaller than the inhibition measured for *L. monocytogenes*, *E. coli* and *S. arizonae*. It appears that the yeast strains were more resistant to wine phenolics than the

bacterial strains, which has been observed by other researchers too [14,28,50]. These different resistant patterns are likely to be related to differences in yeast and bacterial cell wall structures and in protein synthesis.

4. Conclusion

In the present work, we report the investigation on scavenging and antimicrobial activities of Lebanese grape extracts, to exploit their potential as natural preservatives. According to the results of the present screening study, we can emphasize on the great variability in the composition of phenolic compounds between red grape cultivars. It is well known that phenolic composition of grapes depends on multiple factors including climate, degree of ripeness, berry size and grapevine variety. Our study demonstrates that grape extracts present important scavenging and antimicrobial activities, corroborating the relevance of grape as a healthy alimentary product and a source of antioxidant and multiresistant bacteria drug substances. A synergistic effect of various phenolic compounds contained in the extracts could explain the different physiological activities observed during this work. Our results if well exploited could lead to the production of high added value of clean natural products. These could be made available to the food, pharmaceutical and cosmetics industries.

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