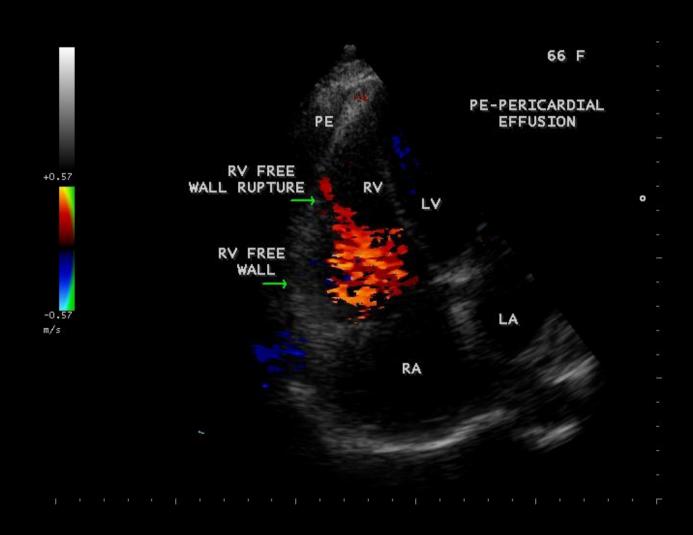




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Zolpidem-Induced Narcolepsy, Faint, Seizure or Coma? A Case Report

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Abstract

Zolpidem, as an imidazopyridine agent, is a widely prescribed drug among practitioners for short-term treatment of insomnia. Nevertheless, there have been a number of cases associated with the adverse effects of the stated drug recently. Many cases of serious complications induced by high dose of zolpidem have been reported. Further to the existing reports of adverse reactions to zolpidem, throughout the current manuscript, another case of zolpidem-induced loss of consciousness is going to be presented. The case had taken 100 mg of zolpidem and afterwards, went into an unknown status of narcolepsy, faint, seizure or transient coma. Overdosing zolpidem and being affected by its central effects, he performed risky actions such as cooking by a gas oven and eating meal while intoxicated. The current case suggests that zolpidem overdose might contribute to loss of consciousness and exhibition of high-risk behaviors.

Keywords

Zolpidem, Eating Behavior, Faint, Narcolepsy, Seizure, Coma

1. Introduction

Zolpidem (ZLP) as an imidazopyridine is commonly used for short-term treatment of insomnia [1]. It seems to have milder side effects compared with the other hypnotics like benzodiazepines [2]. Side effects associated with ZLP have been commonly reported. The most frequently reported side effects of ZLP in the medical literature are as follows: dizziness, malaise, agitation, headache, hallucination, nightmares, and nausea [3].

Although ZLP appears to be well-tolerated in adults and the elderly [4], there is a host of reports of its abuse, dependence and withdrawal syndrome. It is worth mentioning that in the majority of these reported cases, the recommended dose of ZLP is exceeded and most of the patients have a history of substance

abuse and/or psychiatric disorder [5] [6].

Further to the growing reports of zolpidem's adverse drug reactions, hereby a case in which zolpidem overdose's consequences have been observed will be presented.

2. Case Presentation

A 27-year-old unmarried male pharmacist who was living alone in a microapartment in Tehran, Iran without any known mood disorder or neuropsychological disease (according to his declaration) met a psychiatrist to share his problem and to get advice.

The stated case had been using ZLP irregularly but frequently during the past 4 years. He did not have any history of using other drugs. During the recent 2 years, he had been using ZLP more frequently and in higher doses (10 - 80 mg). He had been completely forgetting the events of the nights when he took ZLP. He used to use ZLP for his insomnia, but in the aftermath of frequent use, he became interested in the pleasurable mental experiences of this drug, especially eating-related behavior. He believed that when he took ZLP, eating and drinking became more favorable than usual. In this due, he had tended to have dinner after taking ZLP.

As the case declared later about the events, he was suffering a dramatically gloomy night on November 30th 2016. He took 10 tablets of ZLP 10 mg with a full glass of water at 10:30 P.M. He heated up the meal on a gas oven and started to eat. He could not recall the rest of the story. He woke up at 3:30 A.M. and found himself on the floor among the leftovers of the night before. He also noticed that some food had remained in his buccal space. He rinsed out his mouth and since he was feeling well, he did not see the necessity of receiving any clinical care.

3. Discussion

Tolerance, dependence and adverse effects associated with the abuse of benzo-diazepines and Z-drugs have become a serious public health issue [7] [8] [9]. ZLP as a very commonly prescribed Z-drug has the potential for both medical misuse—when it is taken for long term without or against medical advice—and recreational use—when it is abused to achieve a "high" [8] [9] [10] [11].

There have been reports of some ZLP overdose catastrophic consequences, such as suicide attempt, seizure and coma. Mortaz Hejri *et al.* have reported a young male case that had used 20 mg of ZLP and as a result of a change in thoughts; he attempted suicide by using more 60 mg of ZLP [12]. A case with recurrent syncopes under long-term intake of ZLP (10 mg/day) was reported in 2016. The authors of the report suggested that ZLP can trigger seizures in human [13]. Kuzniar T. J. *et al.* have reported a young female case with depression that had developed deep coma with respiratory failure and loss of brainstem reflexes as a result of ZLP overdose. The authors have appended that acute ZLP overdose should be considered in the differential diagnosis of coma with absent

brainstem reflexes [14]. In 1996, there was a report of a 68-year-old female who had ingested at least 300 mg of ZLP (Ambien*) and had been found dead at her home [15].

In recent years, there have been reported cases of acute delirium and psychosis after ZLP use. There have also been some other reports in which the cases experienced significant changes in their mental status and as a result expressed dangerous behavior. Shuaib *et al.* have presented a case of a 53-year-old health-care professional with an acute altered mental status after a trip to Africa. His history revealed an overdose of self-medicated ZLP for insomnia. The authors considered ZLP overdose as a medical and ethical dilemma [16]. Paradis CM *et al.* have described 2 cases that killed their spouses. Neither of individuals had a history of aggressive behavior. Both had concomitantly taken 10 mg or more of ZLP plus paroxetine [11]. Dang *et al.* have reported an interesting rare case of a ZLP-induced new onset nocturnal sleep-related eating disorder, where a 45-year-old male ZLP user performed an unexpected and bizarre eating behavior during somnambulistic state [17].

ZLP-induced acute altered mental status is possible even in recommended and minimal doses. A case without any history of psychiatric disorder or substance abuse who developed agitation, confusion and hallucination after taking 1 tablet of ZLP 5 mg was reported in 2016 [18].

There is no doubt that our case had been asleep and woke up after some hours, but what had happened before waking up is not certain. He might have fallen asleep during having meal, or might have fainted. He might have gone into convulsion or even have sunk into a transient coma.

4. Conclusions

By and large, the following points are worth mentioning:

- As underlined by FDA [19], it is highly advised to use ZLP at the lowest effective dose for the shortest period of time.
- Since the case has not had any history of high-risk behavior, ZLP can be considered as the main reason for the change in the levels of consciousness.
 Medical examinations such as head computed tomography, electroencephalography and blood test have been necessary for differential diagnosis.
- As observed in this case and based on the clinical evidences [20], ZLP has a
 very rapid onset of action. It is highly suggested to administer and use ZLP
 just before bedtime.
- As mentioned in the case of presentation section, the case lost his consciousness while eating and in the morning after he found a remarkable amount of meal in his buccal space. Based on a lot of evidences, ZLP may cause acute changes in eating behavior [21]. Due to probable changes in the level of consciousness, it is highly essential to advise patients not to take ZLP before meal as blockage in the airway is very possible.
- The case attempted to heat up his meal using a gas oven after taking ZLP. Because of the altered level of consciousness, any incident of fire was possible.

- The case found himself on the floor. He must have fallen due to ZLP central effects. Any kind of trauma, especially head trauma was possible to occur.
- The case should be strictly monitored and receive diagnosis in terms of depression or any other psychiatric illness and, if necessary, appropriate medication should be prescribed for him.
- Since this case is based on personal declarations, further studies are suggested to disclose the true outcomes of zolpidem overdose's consequences.

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Consent

A written informed consent was obtained from the patient for the publication of this report.

Conflict of Interest

All authors certify that they have no affiliations with or involvement in any organization or entity with any financial interest (such as honoraria; educational grants; participation in speakers' bureaus; membership, employment, consultancies, stock ownership, or other equity interest; and expert testimony or patent-licensing arrangements), or non-financial interest (such as personal or professional relationships, affiliations, knowledge or beliefs) in the subject matter or materials discussed in this manuscript.

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"Swiss-Cheese" Left Ventricle in Acute Myocardial Infarction—A Case Report

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Abstract

Introduction: To present a rare occurrence of "Swiss-cheese" defects of left ventricle in acute myocardial infarction. Case Report: A 64-year-old male with persistent ST segment elevation in anterior and inferior leads developed sudden deterioration within 2 days after thrombolysis. Echocardiography revealed ventricular septal and LV (left ventricular) free wall ruptures at multiple sites with contractile dysfunction and the patient died suddenly, followed by an episode of ventricular tachycardia. Discussion: Myocardial rupture may complicate in 10% of acute myocardial infarctions and it is the second most common cause of in-hospital mortality next to pump failure. It is responsible for 15% of in-hospital deaths and 50% died within 5 days and 82% died within two weeks of index infarction. Conclusion: Aggressive early diagnosis and surgery may confer a survival rate as high as 75%. The prognosis is grave in patients presented with cardiogenic shock and multiorgan dysfunction; surgery is best avoided and supportive medical therapy may be adequate in such cases.

Keywords

"Swiss-Cheese" Left Ventricle, Ventricular Septal Rupture (VSR), LV Free Wall Rupture, Ventricular Tachycardia, Cardiogenic Shock

1. Introduction

Left ventricular wall comprises three layers, superficial (subepicardial), middle, and deep (subendocardial) and the longitudinal alignment of myocardial strands of one layer interconnect with strands of next layer in continuum, not separated by cleavage planes or sheets of fibrous tissue. The superficial layer occupies approximately 25% of wall thickness and these oblique strands are in continuity with longitudinal strands of deeper layer at the base and apex of the ventricle,

which constitutes <20% of wall thickness. The middle layer consists of circumferential strands and comprises 53% - 59% of ventricular wall thickness [1]. It is thickest around the base, encircling the inlet and outlet portions and thinning out towards the cardiac apex. The middle layer of the left ventricle occupies the major portion of the myoarchitecture of the ventricular septum which forms the parietal wall of both right and left ventricle and it is lacking at the apical portion of the septum. The bulk of the myocardium is formed by the contractile cardiac myocytes. The endomysium, a network of fibrocollagenous interstitial connective tissue, surrounds each myocyte and provide a supportive framework. The perimysium, a network of thicker interstitial connective tissue, surrounds group of myocytes and prevent malalignment between bundles.

After acute myocardial infarction, the myocytes develop a typical wavy appearance and exhibit cytoplasmic hypereosinophilia and nuclear pyknosis. 8 hours later, interstitial edema and neutrophilic infiltration occur and after 24 hours, cross-striations are lost and focal hyalinization begins. Collagenase activity appears in the 2nd day and peaks at 7th day of infarction, leading to collagen degradation. New collagen fibers (Type III early and Type I later) appear on the day of 14. Removal of necrotic debris occurs within 4 days of infarction, complete after 4 - 6 weeks and replaced by scar tissue.

Myocardial rupture is a laceration or tearing of the ventricular wall and most commonly occurs in the setting of acute myocardial infarction. Ischemic myocardial rupture occurs between the time of collagen degradation and the laying down of new fibrous tissue (2 - 14 days) and typically seen between 3 to 5 days after infarction [2]. During rupture, increased number of leukocytes, collagenases (matrix metalloproteinases) and intramyocardial hemorrhage occur at the site rupture. Myocardium regains its normal biomechanical strength after 7 days [3] and the incidence of rupture is highest in the first 7 days following myocardial infarction [4].

Myocardial rupture can be classified into 3 types [5] by Becker and van Mantgem as given in **Table 1**.

Morphologically, four types of myocardial rupture have been described [6] as given in **Table 2**.

Kumar *et al.* [7] reported cardiac rupture in Takotsubo cardiomyopathy, a reversible disease often triggered by acute emotional or physical stress, characterized by ECG changes mimicking acute myocardial infarction and acute compli-

Table 1. Becker and van Mantgem classification of myocardial rupture.

Type I	Abrupt slit-like tear that generally occurs within 24 hours of an acute myocardial infarction (without thinning)
Type II	Erosion of the infarcted myocardium, which is suggestive of a slow tear of the dead myocardium and typically occurs more than 24 hours after the infarction. The infarcted myocardium erodes before rupture and is covered by a thrombus
Type III	Early aneurysm formation and subsequent rupture. <i>i.e.</i> , perforation of a previously formed aneurysm

cations such as cardiogenic shock occurs in 50 % of cases [8]. This can lead to left ventricular rupture and recent studies reported right ventricular involvement in 28% - 50% [9] [10], the friable right ventricle susceptible to rupture due to mechanical wall stress in biventricular Takotsubo cardiomyopathy [11]. Isolated RV free wall rupture as a complication of inferior wall and right ventricular myocardial infarction is an uncommon finding in transthoracic echocardiographic examination [12] and it was reported in Figure 1 to Figure 6.

Review of Literature

Historically, the first clinical reference to post-infarction left ventricular wall rupture was reported by William Harvey in 1647 [13]. London and London in an analysis of 1000 cases of fatal myocardial infarction found that 50% of ruptures occurred within 3 days and 89% within 14 days [14]. They reported that repeated and prolonged chest pain occurring in 55% of patients with cardiac rupture

Table 2. Morphological types of myocardial rupture.

Type I	Little dissection or infiltration of the myocardium (direct rupture)
Type II	Multicanalicular trajectory with extensive myocardial dissection
Type III	Rupture is protected either by a thrombus at the orifice on the ventricular side or by a pericardial adhesion (pericardial symphysis)
Type IV	Incomplete as the trajectory does not traverse through all layers (epicardial, endocardial, or intramyocardial rupture)

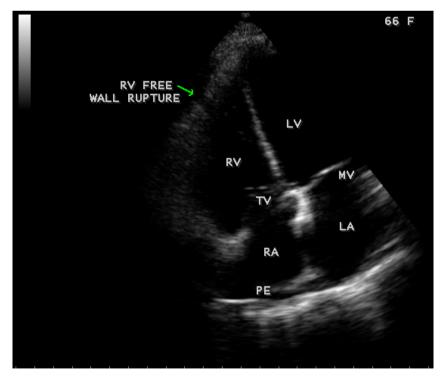


Figure 1. 2D echocardiographic imaging showing the small RV (right ventricular) free wall rupture in a 66-year-old female with acute inferior wall infarction in apical four chamber view.

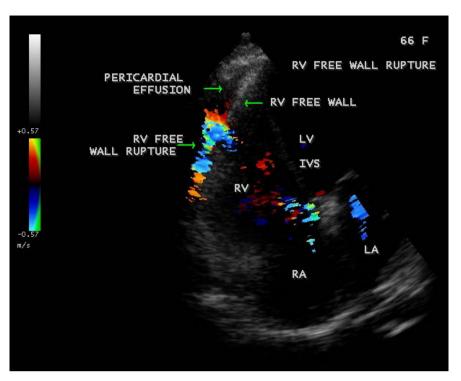


Figure 2. Color doppler imaging showing the RV free wall rupture into the pericardial space with effusion in a 66-year-old female with acute inferior wall infarction.

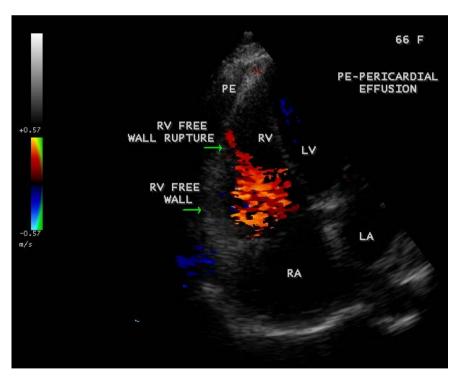


Figure 3. Color doppler imaging showing the RV free wall rupture with a shunt into RV cavity in a 66-year-old female with acute inferior wall infarction.

due to slow leakage of blood into the pericardial space prior to complete rupture and only in 10% of cases without rupture. An accumulation of 75 ml of blood is sufficient to produce cardiac tamponade and death in acute ruptures.

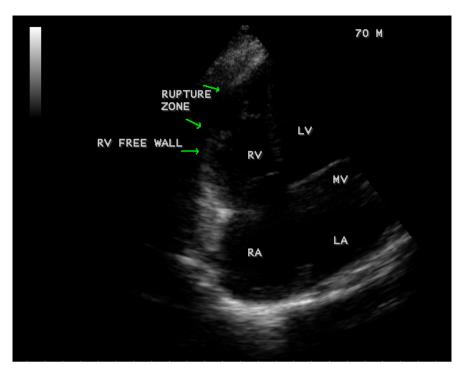


Figure 4. 2D echocardiographic imaging showing the large RV free wall rupture in a 70-year-old male with right ventricular infarction in apical four chamber view.

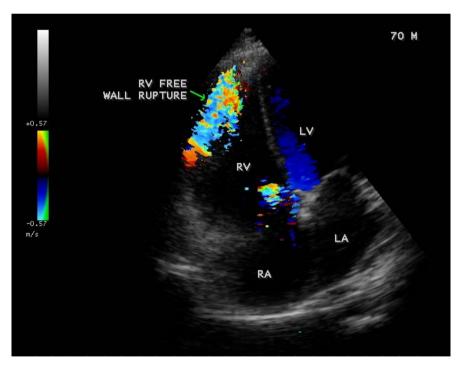


Figure 5. Color doppler imaging showing the RV free wall rupture in a 70-year-old male with right ventricular infarction.

The anterior wall of left ventricle is involved more commonly than the posterior wall [15]. Von Torsel and Edwards suggest that symptomatology was consistent with a gradual evolution of cardiac rupture in reviewing 40 cases [16]. Leutsch and Lanks demonstrated that the rupture was progressive rather than abrupt by

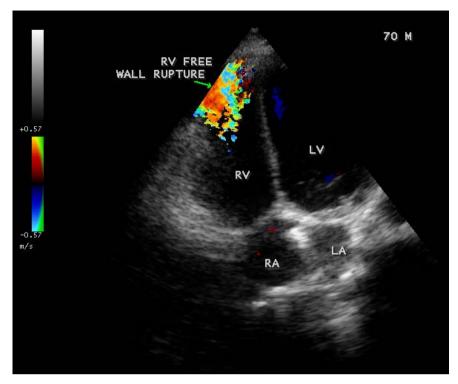


Figure 6. Color doppler imaging showing the RV free wall rupture with a dense doppler signal in a 70-year-old male with right ventricular infarction.

finding an organizing thrombus at the site of rupture [17].

Common sites of myocardial rupture are anterior or lateral walls and a mid ventricular position along the apex to base axis is most frequent (66%). Blow-out and ooze ruptures are the other pathological variations sometimes used. Blow-out ruptures present as macroscopic tear in the epicardium and the communication between the LV cavity and pericardial space is observed. In oozing ruptures, no macroscopic defects are visible [18].

Multiple sites of rupture in the left ventricular myocardium including the interventricular septum following an acute myocardial infarction are uncommon and so this case had been reported.

2. Case Report

A 64-year-old hypertensive, non-smoker male was brought to the emergency room with shortness of breath and hypotension. He was drowsy and extremities were cold and clammy. He had a history of out of hospital thrombolysis with streptokinase 2 days before for a sudden onset of chest pain and elevated cardiac enzymes (Troponins and CK-MB). His pulse was feeble and blood pressure not recordable. Auscultation revealed a grade 4/6 loud, harsh systolic murmur with a palpable thrill over the left sternal border and apex, not conducted to axilla and back. Basal crackles were present over the lung fields. Renal and liver parameters were normal. ECG revealed a persistent ST segment elevation simultaneously seen in anterior and inferior leads as shown in **Figure 7.** He was in cardiogenic shock and supported with intravenous fluids and inotropic agents. He subse-

quently developed an episode of ventricular tachycardia, triggered by inotropic agents and hypotension (Left posterior septal origin as evidenced by RBBB (right bundle branch block)) morphology in V1 with right axis and changing contour of QRS complexes as RBBB morphology in V1, V2 and LBBB (left bundle branch block) morphology V4, V5 and negative deflection in V6 as shown in **Figure 8** and it was not responded to intravenous amiodarone and cardioversion, the

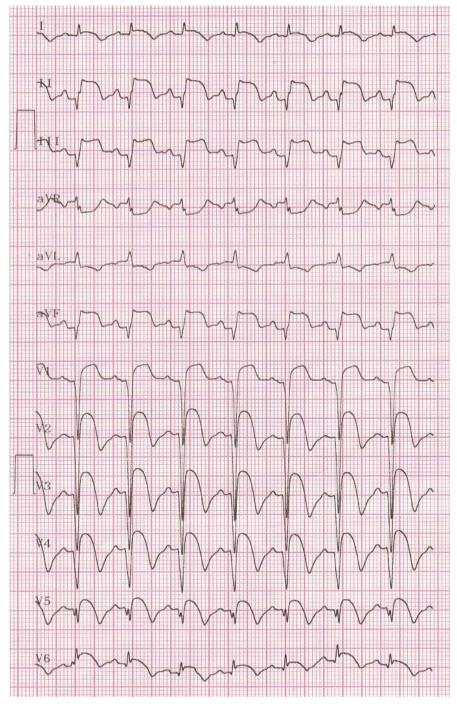


Figure 7. ECG (2 days after thrombolysis) showing persistent ST segment elevation in anterior and inferior leads (wraparound LAD (left anterior descending coronary artery)) occlusion.

patient's condition deteriorated and died suddenly despite resuscitative measures. Emergency Transthoracic 2D echocardiography revealed an anteroapical LV (left ventricular) aneurysm with multiple perforations of the interventricular septum and LV free wall as shown in **Figure 9** to **Figure 20** with contractile dysfunction.

3. Discussion

Myocardial rupture is a catastrophic complication of acute myocardial infarction and most often occurs near the edge of the necrotic myocardium where it abuts the hyperemic healthy zone having the greatest inflammatory activity and high shear stress. It involves the free wall of the ventricles, interventricular septum, and papillary muscles and rarely involves the atrial walls. It is more common in patients aged >60 years and usually seen in women (1.4:1). Contributing risk factors for myocardial rupture are listed in **Table 3**.

Left ventricular free wall rupture is 4 - 10 times more often than the rupture of the interventricular septum or papillary muscle with an incidence of 2% - 4% of myocardial infarction [19] [20] and 2.2% - 10% in various series [21]. It was localized to anterolateral, anteroapical, inferolateral and posterior walls. Higher incidence of rupture (44%) in the lateral wall of the ventricles is probably due to the increased stress resulting from the contraction of papillary muscles.

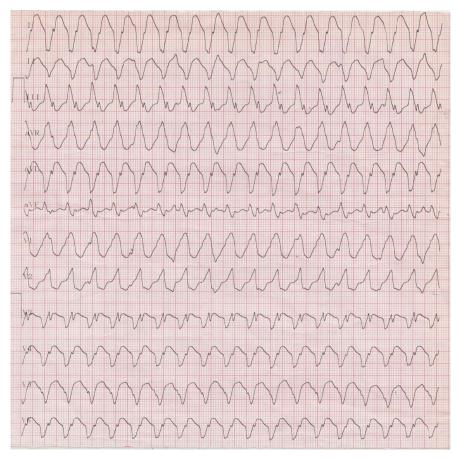


Figure 8. ECG showing ventricular tachycardia of left posterior septal origin.

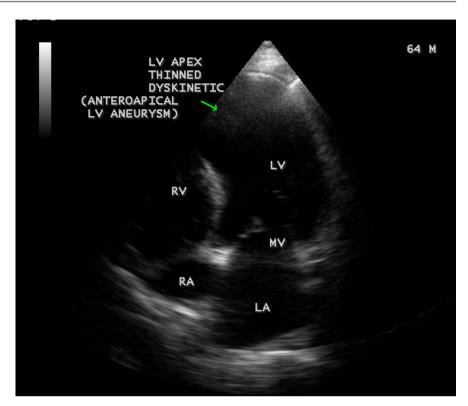


Figure 9. Apical four chamber view showing the thinned, dyskinetic anteroapical septum with aneurysm [22].

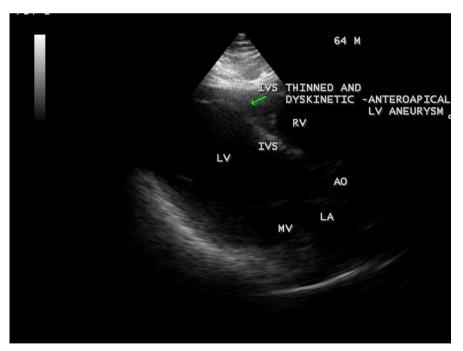


Figure 10. Parasternal long axis view showing the thinned out anteroapical septum.

Postinfarction pericarditis manifested as pleuritic chest pain and friction rub may be present in some cases before the onset of left ventricular free wall rupture and indicates the transmural extension of the infarct. Early rupture (acute form) develop within first 48 hours and represents 40% - 60% of cases and the

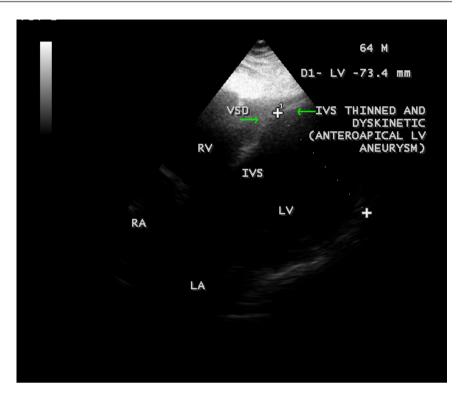


Figure 11. Tilted apical view showing the dilated, hypokinetic left ventricle.

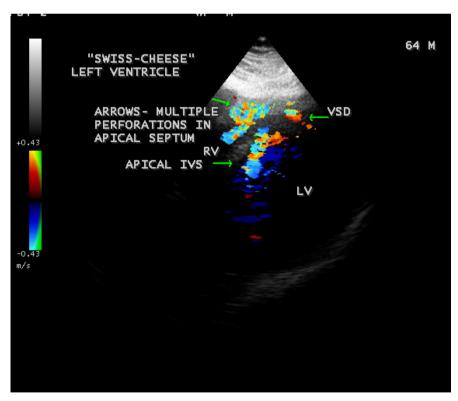


Figure 12. Tilted apical view showing the multiple perforations of the apical septum.

patients may die suddenly before reaching the hospital due to severe hypotension or electromechanical dissociation secondary to acute pericardial tamponade as a result of strain in the infarcted zone caused by sustained arterial hypertension

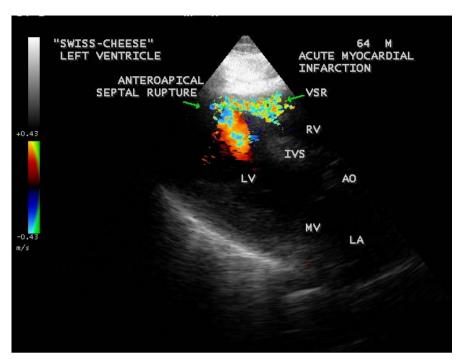


Figure 13. Parasternal long axis view showing the anteroapical ventricular septal rupture.

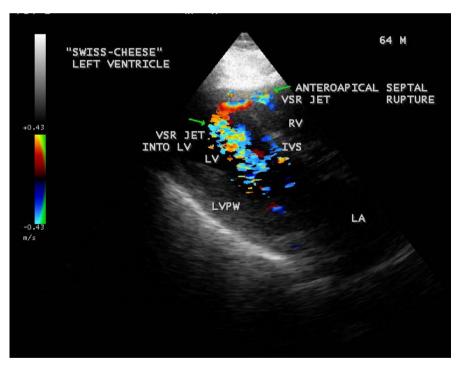


Figure 14. Parasternal long axis view showing the flow into the left ventricle through the septal rupture.

(systolic blood pressure > 150 mm Hg) and ambulatory activity. In early rupture, there is hardly any thinning of the infarcted zone. Late rupture (subacute form) develops beyond the second day in an already expanded infarcted region and less affected by hypertension, but often triggered by undue physical efforts such as persistent vomiting and coughs. It is less severe, more compatible with survival with

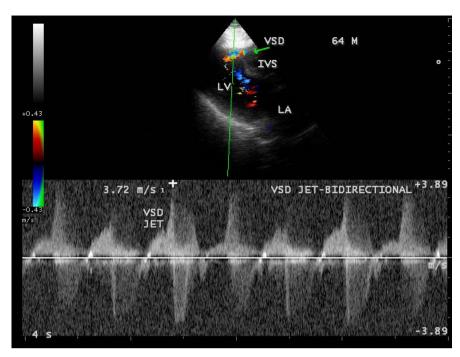


Figure 15. CW (Continuous Wave Doppler) showing the bidirectional jet of ventricular septal rupture (VSR).

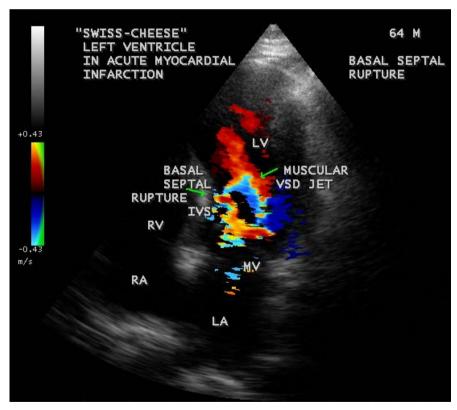


Figure 16. Apical four chamber view showing the basal septal rupture.

an anfractuous tract between the layers of the myocardium and may account for 30% of all cases of in-hospital free wall rupture.

Even though most of the ventricular ruptures occur in the free wall of the left

ventricle [23], the rupture occurs in the interventricular septum in approximately 15% to 20% of cases [24] and it complicates 1% - 2% of acute myocardial infarction presentations in pre-thrombolytic era [25]. The incidence has declined to about 0.2% in thrombolytic era and most contemporary series shown that it is

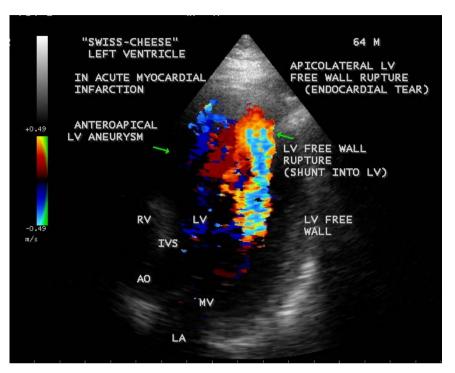


Figure 17. Apical 3 chamber view showing the apicolateral LV (left ventricular) free wall rupture.

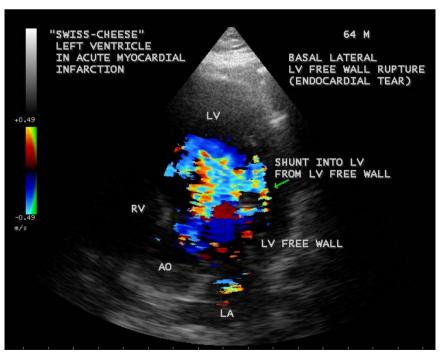


Figure 18. Apical 3 chamber view showing the basal lateral LV (left ventricular) free wall rupture.

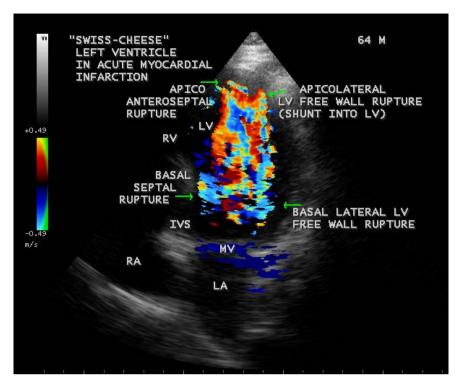


Figure 19. Apical 4 chamber view showing the "Swiss-cheese" left ventricle with multiple sites of ruptures.

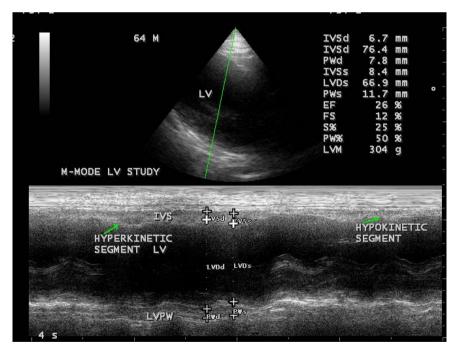


Figure 20. M-Mode LV study showing the contractile dysfunction of the left ventricle with an ejection fraction of 26%.

increasingly rare, complicating between 0.17% - 0.31% of patients presenting with acute myocardial infarction [26]. Two pathological types of ventricular septal rupture were described by Edwards *et al.* [27] in an autopsy report as simple ruptures defined as direct through-and-through defects and complex

Table 3. Risk factors for myocardial rupture.

Hemodynamic	Increased intraventricular pressure
	Myocyte necrosis
Structural	Collagen matrix resolution
	Intense inflammation
Traditional	Older age (>60 years)
	Female sex (non-smoking woman)
	Previous hypertension
	First lateral or anterior wall myocardial infarction with RBBB (right
	bundle branch block)
	No history of angina
	Single vessel disease and less evidence of collateral circulation [28] [29]
	Multi-vessel disease in inferior infarct rupture [30]
	Steroid use and late thrombolysis (>12 - 24 hours) [31] [32] [33]

ruptures characterized by serpigenous, hemorrhagic tracts with myocardial disruption and necrosis extending beyond the primary site with a convoluted course. Simple ruptures are more common after anterior myocardial infarction and complex ruptures are more frequent in inferior myocardial infarction. Of interest, 80% of all complex ruptures occurring in patients with inferior infarction and 21% of ruptures are complex in anterior myocardial infarction. The nature of presentation has changed as the average time interval between infarction and rupture is closer to 24 hours [34]. Ventricular free wall rupture (VFWR) in patients with reperfusion therapy (either primary PCI or thrombolytic therapy) occurs in 24 - 48 hours and is characterized by slit-like myocardial tear or erosion with hemorrhage due to activation of plasmin by thrombolytic agents [35] when the reperfusion time is delayed. About 60% of ventricular ruptures occur with infarction of the anterior wall, 40% with posterior or inferior wall and men are affected more commonly than women. Sometimes multiple septal perforations may occur simultaneously as shown in Figure 12 or within several days of each other. Acute onset of shortness of breath, chest pain, diaphoresis, unexplained emesis, cool and clammy skin and syncope may herald the onset of ventricular septal rupture in acute myocardial infarction. A triad of recurrent or persistent chest pain, recurrent or persistent ST segment elevation and unexplainable hypotension is termed as "subacute free wall rupture syndrome" (post-myocardial infarction free wall rupture syndrome) [36]. A loud, harsh systolic murmur, associated with palpable thrill in 50% of cases audible over left sternal border and apical areas is the most consistent physical finding of postinfarction ventricular septal rupture and it indicates the onset of sudden deterioration in a previously stable patient with the development of heart failure or cardiogenic shock. Persistent ST segment elevation after acute myocardial infarction is associated with higher incidence of myocardial rupture. In the setting of acute myocardial infarction, ST elevation in inferior and anterior leads as shown in Figure 7 as a result of occlusion of a large wraparound left anterior descending coronary artery (Left anterior descending coronary artery (LAD) reaching the apex, wraps around the left ventricular apex and travels some distance in the posterior inter-ventricular groove and supplying the apical inferior aspect of the heart-type III LAD) is associated with an increased risk of ventricular septal rupture [37]. New ST segment changes ("saddle-shaped ST-segment elevation") or persistent non-inversion of T-waves in the affected leads may suggest a less noisy 'stuttering" type of rupture [38]. Postinfarction septal defects are localized in the muscular part of the septum and are associated with a high incidence of left ventricular aneurysm as shown in Figures 9-11 [39] as 30% according to Schlesinger *et al.* [40] and 68% by Hill *et al.* [41]. Without ventricular septal rupture, the incidence of aneurysm is considerably low with an incidence of 12.4%. Silent myocardial infarction may result as an asymptomatic ventricular septal rupture or chronic heart failure [42]. Anterior myocardial infarction is associated with rupture of the apical septum and in inferior myocardial infarction, it often occurs at the base of the heart with high mortality mainly due to severe right ventricular dysfunction. Complete spontaneous closure of such an acquired defect is extremely rare.

3.1. Echocardiographic Features

Emergency bedside transthoracic echocardiography is the diagnostic modality of choice in all types of myocardial rupture. Two-dimensional echocardiography can directly visualize the entire length of interventricular septum and its defects. Richards et al. [43] found the unusual flow signals near the right ventricular side of the ruptured septum by using Doppler and M-mode echocardiography and Keren et al. [44] by using Doppler and two-dimensional echocardiography. Postinfarction ventricular septal defects may be small or multiple or consists of linear tears as shown in Figure 12, Figure 13, Figure 16 and coexisting with left free wall rupture as shown in Figures 17, Figure 18 and it resembles the Emmantel Cheese, a yellow, medium-hard cheese, riddled with holes that originate in the area around Emmantel in Switzerland and so described as "Swiss-Cheese" left ventricle as in Figure 19. The shunt across the ventricular septal rupture is bidirectional as shown in Figure 15. The majority of shunt is towards the dilated, dyskinetic low pressure chamber of left ventricle as shown in Figure 14 in this patient. Non survivors may be a reflection of more extensive myocardial disruption with hemorrhage into the neighbouring tissue from complex ruptures as shown in Figure 19, leading to contractile dysfunction with an ejection fraction of 26% as in **Figure 20** in this patient.

3.2. Management

3.2.1. Medical Therapy

Medical therapy is initiated in an attempt to stabilize the patient hemodynamically by reducing the afterload with vasodilators and by increasing the cardiac output with inotropic agents. Vasodilators also decrease the left-to-right shunt associated with the mechanical defect and thereby increases the cardiac output. Intravenous nitropglycerin is the preferred agent in ischemic heart disease. Profound cardiogenic shock precludes the use of vasodilator therapy and often need the vasopressor support. Rapid fluid administration to increase the preload and to improve cardiac output in cases of free wall rupture is advisable. IABCP

(intraaortic balloon counterpulsation) may be helpful to reduce the left ventricular afterload and thus increasing the cardiac output. It reduces the left-to-right shunt and also causes diastolic augmentation with an increase in coronary blood flow and myocardial oxygen consumption. It is not a substitute for urgent intervention and patients with cardiogenic shock; it should be followed by immediate intervention. The role of IABCP in left ventricular free wall rupture is less clear. This aggressive approach often results in temporary hemodynamic stability and patients may deteriorate rapidly. Thus, achieving hemodynamic stability before surgery is beneficial, but a prolonged attempt to improve the patient's hemodynamic status is hazardous [45]. In animal studies, beta blockers and angiotensin converting enzyme (ACE) inhibirors were found to reduce the activation of matrix metalloproteinase and synthesis of collagen. In a recent study, the uses of ACE inhibitors but not beta blockers were found to reduce the risk of VFWR (ventricular free wall rupture) [46].

3.2.2. Catheter Therapy

Device closure is difficult while the margins of the septal rupture are soft [47]. It may provide a temporary hemodynamic relief and allows surgical closure when the infarcted myocardium has had time to fibrose [48]. The outcome of most patients with postinfarction ventricular septal rupture associated with cardiogenic shock, inferior myocardial infarction, complex defects and right ventricular dysfunction is unfavourable with device closure. Landzberg and Lock [49] performed percutaneous closure of postinfarction ventricular septal rupture by using Clamshell double umbrella and cardioSEAL devices. Better clinical results were obtained by Holzer et al. [50] with a 30 day mortality of 28% in 16 patients treated with initial device closure. Transcatheter closure of ventricular septal rupture by using Amplatzer septal occluder may be the treatment of choice in patients with subacute ventricular septal rupture. Understanding of the size, shape and borders of the defects are important before attempting device closure. The defects <15 mm in size is optimal. Inferior/posterior defects are unfavourable as they lack an adequate tissue rim to secure the device. Serpigenous defects may complicate significant leakage around the defect and freshly infarcted myocardium may exhibit ongoing necrosis and making device instability, peri-device leak and even device embolization. Patients who undergo percutaneous closure should receive dual antiplatelet therapy for 6 months followed by baby aspirin (75 mg/day) thereafter.

Ventricular assist devices, a temporary device will maintain the patient's hemodynamics while the edges of the septal rupture fibrose sufficiently to support a percutaneous implantable occlusive device.

3.2.3. Surgical Therapy

In 1972, Fitz Gibbon and Montegut performed the first successful surgery for the correction of left ventricular free wall rupture due to ischemic heart disease [51] [52]. Nasir, *et al.* [53] concluded that surgery is superior to conservative management for patients presenting with free wall rupture. A delayed surgical ap-

proach with the use of circulatory support is the preferred method for ventricular septal rupture (VSR) repair and the stable hemodynamics is a significant predictor of survival [54]. The ideal time for surgical repair is 2 - 3 weeks after the rupture when the edges of the defect become firmer and fibrotic. The repair is more secure, easily accomplished and more receptive to sutures during this time. Immediate surgery is usually indicated [55] since postinfarction rupture rapidly leads to hemodynamic deterioration and cardiogenic shock.

In patients presented with cardiac tamponade and hypotension, catheter pericardiocentesis is indicated and 10 - 50 ml of pericardial fluid is aspirated to maintain hemodynamic stability. A second pericardiocentesis is advised if tamponade reccurs and unstable. If failed, emergency thorocotomy and application of a Teflon or pericardial patch to the epicardial surface of the ruptured site with cyanoacrylate biologic glue [56]. If active bleeding is present, infarctectomy of ruptured tissue followed by a Teflon buttressed suture [57] is preferred when the use of patch is unsuccessful. The anteroapical defects are closed by buttressing the defect with viable muscle from the adjacent anterior left ventricular wall. Smaller defects located high in the ventricular septum are closed with a Dacron patch. For the high posterior or inferior defects, use of a synthetic patch closure to prevent tension is preferred.

When multiple defects are present, they are concealed by the trabeculae of the ventricle and there is difficulty in defining the borders of the defect and so poor surgical results may occur. In such cases, a technique of endocardial patch with infarct exclusion by avoiding the damage to the dysfunctional right ventricle and to restore the geometry of left ventricular myocardium to preserve the left ventricular function in patients with transmural infarction having infarct expansion with ventricular aneurysm and rupture had been described [58]. The technique consists of by performing left ventriculotomy through the infarcted muscle and securing a glutaraldehyde-fixed bovine pericardial patch to the endocardium of the left ventricle (all around the infarcted myocardium); excluding rather than excising the infarcted septum and ventricular walls and the ventriculotomy is simply closed over the pericardial patch [59]. This technique was preferred in this patient.

For basal septal rupture, closure of the defect with bovine patches by incising the tricuspid septal leaflet through right atrial approach without ventriculotomy was preferred [60]. Gore-Tex patches or strips are most commonly used in ongoing squirting rupture and sutureless management is preferable in the oozing type [61].

Concomitant coronary artery bypass grafting (CABG) may be required and helpful to improve long-term survival.

3.3. Screening of Population

A small RV (right ventricular) free wall rupture in a 66-year-old female with acute inferior wall infarction was shown in **Figures 1-3** and a large RV free wall rupture in a 70-year-old male with right ventricular infarction was shown in

Figures 4-6.

4. Conclusion

The free wall rupture in acute ST-elevation myocardial infarction is under-recognized [62] and sometimes it is subacute, may not be typical of an acute blow-out rupture and leading to death within minutes. Instant diagnosis is crucial to detect free wall ruptures by transthoracic echocardiography. The incidence of myocardial rupture was decreased if primary percutaneous intervention was performed in acute myocardial infarction [63] and it is about 2% - 3% [64]. If there is extensive myocardial damage with hemodynamic compromise, early intervention is urgently needed. Most studies show that overall mortality rate of early surgical approach is <25%; it was lowest in apical septal ruptures, lower in anterior septal rupture (10% to 15%) and high for posterior defects (30% to 35%). Therefore, surgical treatment must be carried out on an emergency basis even if the patient was stable [65] and 90% die without surgery. The time between the onset of acute myocardial infarction and surgical intervention is the most important factor determining the outcome and in-hospital survival [66].

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