



Special Issue on Exercise, Health and Education

Call for Papers

Regular exercise improves our overall health and fitness, reduces the risk for many chronic diseases. It has many types that include aerobic activities, strength or resistance training, balance exercises and flexibility exercises. The goal of this special issue is to provide a platform for scientists and academicians all over the world to promote, share, and discuss various new issues and developments in the area of Exercise, Health and Education.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring **Exercise, Health and Education**. Potential topics include, but are not limited to:

- Cardiorespiratory fitness
- Eating and exercise
- Endurance exercise
- Exercise for bone health
- Exercise for weight loss
- Exercise habit
- Exercise physiology
- Exercise training
- Health benefits of physical activity
- Motor behavior and learning
- Physical activity and fitness
- Public health promotion
- Resistance training
- Sport culture and health education
- Sport health care and medicine
- Sport pedagogy
- Weight management

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly specify the “**Special Issue**” under your manuscript title. The research field “**Special Issue - Exercise, Health and Education**” should be selected during your submission.

Special Issue Timetable:



Submission Deadline	June 25th, 2024
Publication Date	August 2024

Guest Editor:

For further questions or inquiries, please contact Editorial Assistant at ape@scirp.org.