



Special Issue on Physical Activity and Health

Call for Papers

Physical activity and health focuses on the relationship between physical activity and health-related outcomes, such as cardiovascular disease, diabetes, obesity, mental health, and overall mortality. Studies in this field examine the health effects of physical activity across the lifespan, from childhood to old age, and across a range of populations, including different races, genders, and socioeconomic backgrounds. It aims to promote physical activity as a means of improving health outcomes and reducing the prevalence of chronic diseases.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring **Physical Activity and Health**. Potential topics include, but are not limited to:

- Kinesiology
- Physical fitness
- Strength training
- Physical activity and diseases
- Vigorous activities (running, swimming, skipping, gymnastics, martial arts)
- Moderate intensity activities (walking, dancing, hiking, rollerblading)
- Weight management
- Yoga therapy
- Physical therapy
- Aerobic exercise

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly specify the “**Special Issue**” under your manuscript title. The research field “**Special Issue - Physical Activity and Health**” should be selected during your submission.

Special Issue Timetable:

Submission Deadline	February 6th, 2024
Publication Date	April 2024

Guest Editor:



For further questions or inquiries, please contact Editorial Assistant at ape@scirp.org.