



Special Issue on Physical Activity and Health

Call for Papers

Physical activity refers to all movement, which includes walking, dancing, hiking, cycling, wheeling, sports, active recreation and so on. It is proven to help prevent and manage noncommunicable diseases such as heart disease, stroke, diabetes and some cancers. It helps us feel better, function better, and sleep better. The goal of this special issue is to provide a platform for scientists and academicians all over the world to promote, share, and discuss various new issues and developments in the area of Physical Activity and Health.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring **Physical Activity and Health**. Potential topics include, but are not limited to:

- Kinesiology
- Physical fitness
- Strength training
- Physical activity and diseases
- Vigorous activities (running, swimming, skipping, gymnastics, martial arts)
- Moderate intensity activities (walking, dancing, hiking, rollerblading)
- Weight management
- Yoga therapy

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly specify the “**Special Issue**” under your manuscript title. The research field “**Special Issue - Physical Activity and Health**” should be selected during your submission.

Special Issue Timetable:

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Publication Date	May 2022

Guest Editor:

For further questions or inquiries, please contact Editorial Assistant at



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