

# Advances in Physical Education





https://www.scirp.org/journal/ape

## **Journal Editorial Board**

ISSN: 2164-0386 (Print), 2164-0408 (Online) https://www.scirp.org/journal/ape

.....

#### **Editorial Board**

Prof. Nejc Šarabon University of Primorska, Slovenia

Prof. João Barreiros University of Lisbon, Portugal

**Dr. Weiyun Chen** University of Michigan, USA

**Prof. Yung-Sheng Chen** University of Taipei, Chinese Taipei

**Dr. Felice Corona** University of Salerno, Italy

**Dr. Umberto Cesar Corrêa**University of Sao Paulo, Brazil

Prof. Arturo Díaz Suárez University of Murcia, Spain

**Prof. Stuart Fairclough** Liverpool John Moores University, UK

Dr. Coral Falcó Catholic University of Valencia, Spain

**Dr. Xiangli Gu**University of North Texas, USA

Prof. Mehmet Günay Gazi University, Türkiye

**Prof. Vello Hein**University of Tartu, Estonia

**Dr. Rainbow Tin Hung Ho**The University of Hong Kong, China

Prof. Ramneek Jain Mewar University, India

Prof. Jinhong Jung North Carolina Central University, USA

Prof. Nicola Lovecchio University of Pavia, Italy

Prof. Enrique Ortega-Toro University of Murcia, Spain

Prof. Sergej M. Ostojic The University of Novi Sad, Serbia

Prof. Ratko Pavlović University of East Sarajevo, Bosnia

Prof. José Pino Ortega University of Murcia, Spain

Prof. Vincenzo Romano Spica University of Rome "Foro Italico", Italy

**Prof. Italo Sannicandro**University of Foggia, Italy

Prof. Brandon S. Shaw University of Johannesburg, South Africa

Prof. Ina Shaw University of Johannesburg, South Africa

Dr. David E. Sherwood University of Colorado, USA

Prof. William Ben Strean University of Alberta, Canada

**Dr. Haichun Sun**University of South Florida, USA

Dr. Philip Michael Wilson Brock University, Canada



ISSN Online: 2164-0408 ISSN Print: 2164-0386

# **Table of Contents**

Volume 14	Number 2	May 2024
How Can Games (LTAD) in Youth	Be Functional in the Implementation of L Sports?	ong-Term Athletic Development
I. Sannicandro		27
	eaching Practice of Middle School Table udy, Practice, Compete"—Taking Chongo	
T. Zhang		46

# Advances in Physical Education (APE) Journal Information

#### **SUBSCRIPTIONS**

The *Advances in Physical Education* (Online at Scientific Research Publishing, <a href="https://www.scirp.org/">https://www.scirp.org/</a>) is published quarterly by Scientific Research Publishing, Inc., USA.

#### Subscription rates:

Print: \$79 per issue.

To subscribe, please contact Journals Subscriptions Department, E-mail: <a href="mailto:sub@scirp.org">sub@scirp.org</a>

#### **SERVICES**

#### Advertisements

Advertisement Sales Department, E-mail: service@scirp.org

#### Reprints (minimum quantity 100 copies)

Reprints Co-ordinator, Scientific Research Publishing, Inc., USA.

E-mail: sub@scirp.org

#### **COPYRIGHT**

#### Copyright and reuse rights for the front matter of the journal:

Copyright © 2024 by Scientific Research Publishing Inc.

This work is licensed under the Creative Commons Attribution International License (CC BY).

http://creativecommons.org/licenses/by/4.0/

#### Copyright for individual papers of the journal:

Copyright © 2024 by author(s) and Scientific Research Publishing Inc.

#### Reuse rights for individual papers:

Note: At SCIRP authors can choose between CC BY and CC BY-NC. Please consult each paper for its reuse rights.

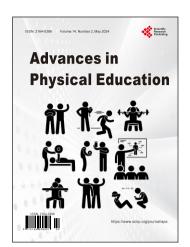
#### Disclaimer of liability

Statements and opinions expressed in the articles and communications are those of the individual contributors and not the statements and opinion of Scientific Research Publishing, Inc. We assume no responsibility or liability for any damage or injury to persons or property arising out of the use of any materials, instructions, methods or ideas contained herein. We expressly disclaim any implied warranties of merchantability or fitness for aparticular purpose. If expert assistance is required, the services of a competent professional person should be sought.

#### PRODUCTION INFORMATION

For manuscripts that have been accepted for publication, please contact:

E-mail: ape@scirp.org





# **Advances in Physical Education**

ISSN: 2164-0386 (Print), 2164-0408 (Online) https://www.scirp.org/journal/ape

**Advances in Physical Education (APE)** is an international journal dedicated to the latest advancement of physical education. The goal of this journal is to provide a platform for scientists and academicians all over the world to promote, share, and discuss various new issues and developments in different areas of physical education.

### **Subject Coverage**

This journal invites original research and review papers that address the following issues in physical education. Topics of interest include, but are not limited to:

- Athletics and outdoor sports
- Biomechanics
- Exercise physiology
- Health education
- History of kinesiology
- History of physical education
- Human anatomy
- Human physiology
- Indoor and outdoor sports
- Motor control
- Motor development
- Motor learning
- National traditional sports

- PE learning outcomes
- PE pedagogy
- PE teachers career
- PE teachers working lives
- Philosophy of physical education, dance, sport and kinesiology
- Physical activity
- Sports health care
- Sports humanistic sociology
- Sports psychology
- Sports science
- Sports statistics
- Sports training study

We are also interested in short papers (letters) that clearly address a specific problem, and short survey or position papers that sketch the results or problems on a specific topic. Authors of selected short papers would be invited to write a regular paper on the same topic for future issues of the *APE*.

## **Notes for Intending Authors**

Submitted papers should not have been previously published nor be currently under consideration for publication elsewhere. Paper submission will be handled electronically through the website. All papers are refereed through a peer review process. For more details about the submissions, please access the website.

#### Website and E-Mail

https://www.scirp.org/journal/ape E-mail: ape@scirp.org

#### What is SCIRP?

Scientific Research Publishing (SCIRP) is one of the largest Open Access journal publishers. It is currently publishing more than 200 open access, online, peer-reviewed journals covering a wide range of academic disciplines. SCIRP serves the worldwide academic communities and contributes to the progress and application of science with its publication.

#### What is Open Access?

All original research papers published by SCIRP are made freely and permanently accessible online immediately upon publication. To be able to provide open access journals, SCIRP defrays operation costs from authors and subscription charges only for its printed version. Open access publishing allows an immediate, worldwide, barrier-free, open access to the full text of research papers, which is in the best interests of the scientific community.

- High visibility for maximum global exposure with open access publishing model
- Rigorous peer review of research papers
- Prompt faster publication with less cost
- Guaranteed targeted, multidisciplinary audience





Website: https://www.scirp.org Subscription: sub@scirp.org Advertisement: service@scirp.org