

# Persian Shallot (*Allium hirtifolium* Boiss) Extract Elevates Glucokinase (GCK) Activity and Gene Expression in Diabetic Rats

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## ABSTRACT

Hepatic GCK is a key enzyme in glucose homeostasis and, as such, is a potential target for treatment strategies of diabetes. We investigated the effect of Persian shallot (*Allium hirtifolium* Boiss) hydroalcoholic extract on blood glucose level, plasma insulin level, GCK activity and its gene expression. Thirty two male rats were divided into 4 groups of 8, diabetic groups received 100 and 200 mg/kg Persian shallot extract, diabetic control and normal control received 0.9% saline for 30 days. Investigations of gene expression by Real-Time PCR showed that Persian shallot had led to gently increased GCK gene expression in diabetic rats. GCK activity increased significantly in Persian shallot treated group in dose dependent manner ( $P < 0.05$ ). These results indicated that Persian shallot exhibited a significant potential as a hypoglycemic agent perhaps via its ability to enhance insulin secretion, GCK gene expression and its activity.

**Keywords:** Persian Shallot; Glucokinase; Gene Expression; Diabetes

## 1. Introduction

Diabetes mellitus is found in universal of the world and is rapidly increasing in most parts of the world. As diabetes aggravates and  $\beta$ -cell function deteriorates, the insulin level begins to fall below the body's requirements and causes prolonged and more severe hyperglycemia [1]. Extensive exposure of pancreatic  $\beta$ -cells to high glucose levels causes  $\beta$ -cell dysfunction that is associated with impaired insulin secretion, function and biosynthesis [2]. Liver is an insulin-sensitive tissue and plays a major role in maintaining glucose homeostasis by regulating the interaction between the glucose utilization and production. Thus, a suitable antidiabetic agent should improve glucose-induced insulin secretion, hepatic glucose metabolism, and peripheral insulin sensitivity [3].

To stimulate pancreatic insulin secretion, glucose must

be metabolized in pancreatic  $\beta$ -cell. Glucose must be first be phosphorylated before being utilized by cells. This reaction is catalyzed by a family of enzymes called hexokinases, which are found in different organisms diverse from bacteria to humans [4]. Mammalian hexokinase IV (D), also known as GCK (glucokinase) (ATP: D-hexose 6-phosphotransferase; EC 2.7.1.1), plays a key role in maintaining glucose homeostasis [5], and is the major glucose-phosphorylating enzyme expressed in hepatocytes and pancreatic  $\beta$ -cells. GCK is a monomeric protein of 465 amino acids and a molecular weight of about 50 kD. There are at least two clefts, one for the active site, binding glucose and MgATP, and the other for a putative allosteric activator that has not yet been identified [6]. GCK is unique amongst hexokinases in that it displays a sigmoidal substrate dose-response curve, demonstrates low affinity and positive cooperativity for substrate glucose, and is not susceptible to product (glu-

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cose-6-phosphate) inhibition. These properties are critical to the role GCK plays as the glucose sensor. Also, GCK mutations have been associated with maturity onset diabetes of the young [7]. Given its pivotal role in regulating glucose homeostasis, there has been significant interest in GCK as a target for treating diabetes mellitus. GCK is one of the essential factors for the glucose-stimulated insulin secretion [8]. Long-term regulation of hepatic GCK activity is controlled by its mRNA level. Transcription of GCK is regulated differentially by an upstream promoter in pancreatic  $\beta$ -cells and a downstream promoter in hepatocytes. Activation of either one of them leads to the generation of a GCK mRNA and produces active form of GCK [9,10]. In the liver, expression of GCK is very closely dependent on the presence of insulin. Stimulation of transcription of genes encoding GCK, leads to a decreased glucose level [11].

Recently there has been a growing interest in hypoglycemic agents from natural products, especially those derived from plants, because plant sources are usually considered to be safer, with fewer side effects than synthetic sources [12-14].

In this line Investigations showed some plants had hypoglycemic effects and mimics insulin, and increased Glucokinase activity and mRNA expression in the liver of rats in a dose dependent manner [15,16]. Persian shallot (*Allium hirtifolium* Boiss) is a nutritive plant with special taste that belongs to liliacea family. Biochemical analysis of Persian shallot extracts has confirmed its hypoglycemic and hepatoprotective effects [17,18]. The Persian shallot extract is a stronger hypoglycemic agent compared to garlic extract and it could be a useful supplemental remedy in diabetes [19]. However, to our knowledge, there have been no experimental reports regarding the effects of Persian shallot on liver glycolytic in an experimentally induced type 1 diabetes model. Therefore, the present study was designed to investigate the possible anti-diabetic effects of two different doses (100 and 200 mg/kg) of Persian shallot in streptozotocin-induced diabetic rats; a suitable model for type 1 diabetes [20]. The diabetogenic agent streptozotocin is selectively toxic to insulin-secreting  $\beta$ -cells of pancreatic islets [21]. In the present study we have evaluated glucose homeostasis, the activity and gene expression of GCK in liver, as well as insulin and FBS level.

## 2. Methods

### 2.1. Preparation of Hydroalcoholic Extract of Persian Shallot

Fresh Persian shallot (*Allium hirtifolium* Boiss) bulbs were obtained from Sanandaj (Kordestan, Iran). The genus and species of the bulbs were confirmed by the botanists

(Department of botany, Valiasr University Rafsanjan, Iran). Then, 100 gr of fresh bulbs was well crushed and 400 ml distilled water/ethanol (25/75) was added. After 48 hours incubation, the solution was filtered using a filter paper through a Buchner funnel. The filtered resultant solutions obtained from this stage, concentrated by means of a vacuum distillation and decanted to dry powder, then, needed concentrations prepared [17].

### 2.2. Induction of Diabetes and Persian Shallot Treatments

In this study 32 male albino Wistar rats weighing 180 - 230 g were recruited. Twenty four rats were injected (intraperitoneal injection) with 45 mg/Kg body weight of streptozotocin (STZ) (diabetic type-1 rats) and eight rats considered as normal group. After being matched according to body weight, the rats were divided into 4 groups of 8 rats per group:

Group 1: diabetic rats received daily 200 mg/kg Persian shallot extract (2 ml) for 30 days.

Group 2: diabetic rats received daily 100 mg/kg Persian shallot extract (2 ml) for 30 days.

Group 3: diabetic rats received daily 0.9% saline (2 ml) for 30 days (diabetic control).

Group 4: normal rats received daily 0.9% saline (2 ml) for 30 days (normal control).

The solutions (2 ml) given to animals by using a gavage syringe. The animals were then housed in cages and had free access to water and standard food. Animal handling was performed with regard to Iranian animal ethics society and local university rules. Following 30 days blood and liver samples were collected.

### 2.3. Biochemical Analyses

Plasma insulin concentrations were assayed by ELISA method using a commercial kit (Mercodia, Sweden) and FBS was measured by BT-3000 autoanalyzer.

### 2.4. Hepatic Enzyme Activity

Glucokinase activity was determined from liver samples homogenized in 9 volumes of a buffer containing 50 mmol/L Tris-HCl, pH 7.4, 100 mmol/L KCl, 10 mmol/L mercaptoethanol, and 1 mmol/L EDTA. Homogenates were centrifuged at 100,000 g for 1 h; the postmicrosomal supernatant was used for the spectrophotometric continuous assay as described previously [22], with a slight modification, whereby the formation of glucose-6-phosphate from glucose at 27°C was coupled to its oxidation by glucose-6-phosphate dehydrogenase and nicotinamide adenine dinucleotide (NAD). One unit of enzyme activity is defined as that activity catalyzing the formation of 1 m mol of product per minute at 30°C [23].

## 2.5. Extraction of RNA

For the isolation of tissue RNA, rats were humanly sacrificed and under aseptic situations the liver tissues were removed and immediately frozen in liquid nitrogen. Prior to RNA extraction, Liver samples were homogenized in TRIZOLTM reagent (Invitrogen,) using Mixer 301. Total RNA was extracted according to the manufacturer's guidance. RNA samples were electrophoresed in agarose gels and visualized with ethidium bromide for quality control, its purity evaluate by spectrophotometry (260/280 nm).

## 2.6. cDNA Synthesis and Quantitative Real-Time PCR

Three micrograms of RNA were reverse transcribed with reverse transcriptase for 1 h at 37°C for synthesis of cDNA. Quantitative changes in mRNA expression were assessed with Real-Time PCR (Bio-Rad CFX) using SYBR-Green detection consisting of SYBR Green PCR Master Mix (Aria-tous, Iran). The PCR master mix was made up by 0.5 U of Taq polymerase, 2 µL of each primer and 3 µL of each cDNA samples in a final volume of 20 µL. All amplifications were repeated three times. Oligonucleotide primer sequences are illustrated in **Table 1**.  $\beta_2$ -microglobulin was used as endogenous control, and each sample was normalized on the basis of its  $\beta_2$ -microglobulin content. Relative quantification of the mRNA expression levels of target genes was calculated using the  $2^{-\Delta\Delta Ct}$  method (**Table 2**).

$$\Delta\Delta Ct = (Ct \text{ gene studied} - Ct \beta_2 - \text{microglobulin})_{\text{treated}} - (Ct \text{ gene studied} - Ct \beta_2 - \text{microglobulin})_{\text{control}}$$

**Table 1. Primers sequences and product size.**

Transcripts	Primer sequences
Glucokinase (GCK)	F-5' ACTGACTATCCGGCTACATG3' R-5' GATTCCTGCTTGAATAGTGC3'
$\beta_2$ -microglobulin	F-5' TTCTGGTGCTTGTCTCACTGA3' R-5' CAGTATGTTCGGCTTCCCATTC3'

**Table 2. Real-time PCR results for selected genes.**

Groups Genes	Group 1 (Real-Time PCR fold changes)	Group 2 (Real-Time PCR fold changes)	Group 3 (Real-Time PCR fold changes)
Glucokinase (GCK)	-1.01	-1.32	-1.56

The level of mRNA encoding target genes were detected by Real-Time PCR and were normalized with  $\beta_2$ -microglobulin mRNA (as housekeeping gene) (using the  $2^{-\Delta\Delta Ct}$  method). Group 1: diabetic rats received 200 mg/kg Persian shallot. Group 2: diabetic rats received 100 mg/kg Persian shallot. Group 3: diabetic rats received 0.9% saline.

## 2.7. Statistical Analysis

Results are presented as mean  $\pm$  SD. Statistical difference between the means of the various groups were analyzed using one way analysis of variance (ANOVA) followed by Tukey's multiple test. Data were considered statistically significant if  $P < 0.05$ .

## 3. Results

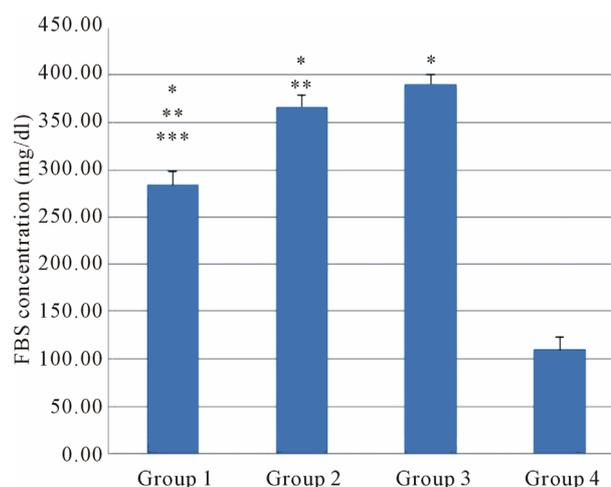
### 3.1. FBS and Insulin

The FBS concentrations of four groups of rats during experimental period are shown in **Figure 1**. There was a significant difference in FBS level among all groups and Persian shallot consumption reduced significantly FBS level in diabetic treated groups in dose dependent manner ( $P < 0.05$ ).

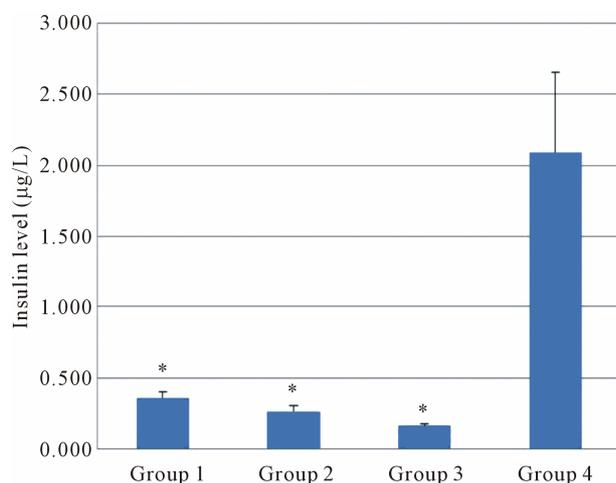
As illustrated in **Figure 2**, diabetic groups showed statistically lower insulin levels in compare to normal control. Although Persian shallot consumption increase slightly insulin level in diabetic rats but this elevation wasn't significant.

### 3.2. Hepatic Enzyme Activities

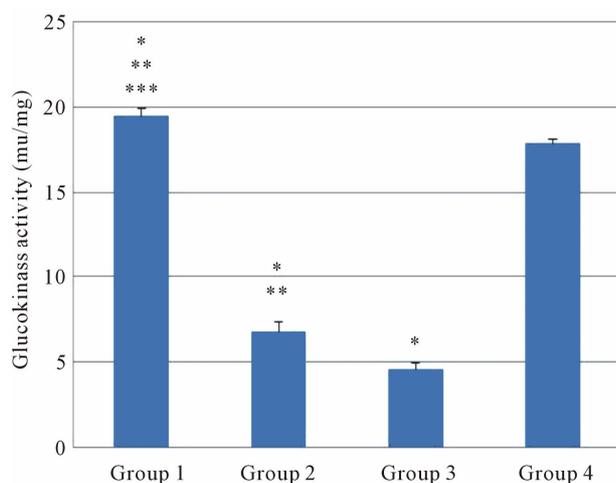
The diabetic rats showed low activity of GCK (**Figure 3**). Treatment by the Persian shallot significantly increase glucokinase activity when compared with the control group in dose dependent manner ( $P < 0.05$ ). The 200 mg/kg concentration of Persian shallot had most effect on GCK activity in diabetic group.



**Figure 1. The effect of different concentration of Persian shallot on FBS level (mg/dl) (Mean  $\pm$  SD) ( $P < 0.05$ ). Group 1: diabetic rats received 200 mg/kg Persian shallot. Group 2: diabetic rats received 100 mg/kg Persian shallot. Group 3: diabetic rats received 0.9% saline. Group 4: normal rats received 0.9% saline. \*Significant differences with Group 4 ( $P < 0.05$ ). \*\* Significant differences with Group 3 ( $P < 0.05$ ). \*\*\*Significant differences with Group 2 ( $P < 0.05$ ).**



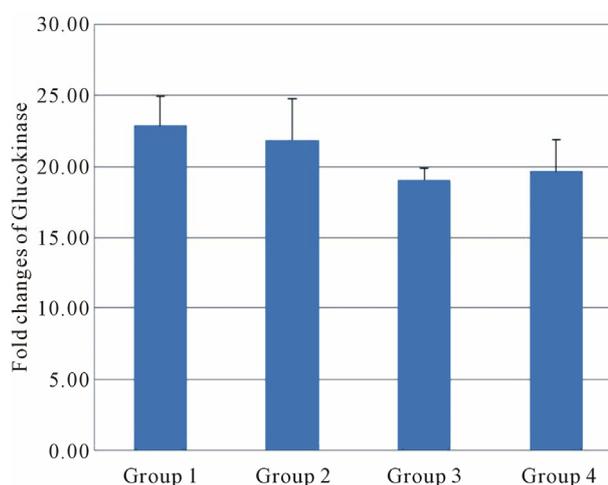
**Figure 2.** The effect of different concentration of Persian shallot on Insulin level ( $\mu\text{g/L}$ ) (Mean  $\pm$  SD) ( $P < 0.05$ ). Group 1: diabetic rats received 200 mg/kg Persian shallot. Group 2: diabetic rats received 100 mg/kg Persian shallot. Group 3: diabetic rats received 0.9% saline. Group 4: normal rats received 0.9% saline. \*Significant differences with Group 4 ( $P < 0.05$ ).



**Figure 3.** The effect of different concentration of Persian shallot on GCK activity ( $\mu\text{u/mg}$ ) (Mean  $\pm$  SD). Group 1: diabetic rats received 200 mg/kg Persian shallot. Group 2: diabetic rats received 100 mg/kg Persian shallot. Group 3: diabetic rats received 0.9% saline. Group 4: normal rats received 0.9% saline. \*Significant differences with Group 4 ( $P < 0.05$ ). \*\*Significant differences with Group 3 ( $P < 0.05$ ). \*\*\*Significant differences with Group 2 ( $P < 0.05$ ).

### 3.3. The mRNA Levels of GCK in Liver

The expression level of the GCK gene in the normal control group was considered as 100% and the expression in the other groups were accordingly calculated (Table 2). When compared with control rats, diabetes was found to suppress GCK gene expression slightly in liver (Figure 4). The Persian shallot elevated hepatic glucokinase gene



**Figure 4.** The expressed levels of Glucokinase mRNA (fold) in all groups. (using ANOVA test, Mean  $\pm$  SD) ( $P < 0.05$ ). Group 1: diabetic rats received 200 mg/kg Persian shallot. Group 2: diabetic rats received 100 mg/kg Persian shallot. Group 3: diabetic rats received 0.9% saline. Group 4: normal rats received 0.9% saline.

expression when compared with the control group (Figure 4, Table 2).

## 4. Discussion

Our findings demonstrated that Persian shallot reduced significantly FBS in diabetic rats ( $P < 0.05$ ). The decrease in the concentration of blood glucose in Persian shallot treated diabetic rats may be associated with enhancement of GCK mRNA expression in the liver, thus increasing the level of glycolysis. In the present study, Persian shallot administration induced mRNA expression levels of hepatic GCK and increased significantly GCK activity in different dose of Persian shallot treated diabetic rats. In addition, blood insulin concentrations were increased in Persian shallot-treated groups compared with the diabetic group. This suggests that perhaps insulin enhances transcription of GCK gene in hepatocytes [9,24], which employ a different promoter than that employed by  $\beta$ -cells [25]. This agrees with the finding that hepatic glycolytic (GCK) enzyme activity is controlled primarily at the transcription level by insulin [26]. High insulin levels have been shown to inhibit hepatic glucose production by means of stimulation of GCK gene transcription [27]. In our study, the changes in GCK could be partly attributed to insulin level because plasma insulin level was gently elevated, than in the control group. These data are in agreement with Celik *et al.* finding about CAPE treatment [27].

Hepatic GCK is a key enzyme in glucose homeostasis and, as such, is a potential target for treatment strategies of diabetes. Zhang *et al.*, reported that glucokinase en-

zyme activity was decreased by more than 90% in the liver diabetic rats [28]. So in this study, to evaluate the antidiabetic mechanism(s) of Persian shallot, the key enzymes of carbohydrate metabolism such as GCK, was investigated in liver at mRNA level using Real-Time PCR and also we assayed its activity in liver. It has been reported that GCK-knockout mice have mild hyperglycemia [29] whilst rats over expressing GCK in the liver have reduced blood glucose [3]. The increased activity of hepatic GCK in the Persian shallot treated group caused an increase in glycolysis and utilization of glucose for energy production. In the current study the mRNA expression levels of GCK in the liver of diabetic rats were found to be suppressed.

As mentioned, in the current study, supplementation of Persian shallot in diabetic rats increased hepatic glucokinase activity significantly.

To our knowledge, we report for the first time that Persian shallot supplementation causes a dose-dependent increase in GCK mRNA expression and its activity in livers of diabetic rats. In the liver, an increase in GCK activity leads to enhanced glycolysis and hepatic glucose uptake [30]. The increase in insulin concentrations in diabetic rats supplemented with Persian shallot could either be caused by direct stimulation of insulin secretion in response to feeding or by a protective effect of Persian shallot on the pancreas. The results of our study are in line with recently published data, which suggest that other plants preserves and protects the pancreas by its strong antioxidative capacity [31,32]. This would ultimately lead to enhanced pancreatic function and improved insulin secretion in response to feeding.

Recently there has been a growing interest in hypoglycemic agents from natural products, several antioxidants and bioflavonoids, ubiquitously present in Persian shallot (*Allium hirtifolium* Boiss) have been reported to improve hyperglycemia in diabetes mellitus [19]. In our study Persian shallot significantly reduced FBS while gently increases insulin serum level. Our finding suggest that the antioxidants could restore the damaged pancreas and stimulate the secretion of pancreatic insulin meantime; the Persian shallot has probably ability to accelerate the hepatic glucose metabolism may be via regulating the expression of the functional genes of GCK. The results of Real-Time PCR studies provided supportive evidence for FBS analyses [33]. In fact, this antihyperglycemic action of Persian shallot is likely to be associated with a marked enhancement of the GCK mRNA expression in the liver. Current results is consistent with previous studies that showed GCK mRNA expression increase in Naringin [31], 1-Deoxyojirimycin [33] and epigallocatechin gallate, a main polyphenolic constituent of green tea [34] treated rats.

## 5. Conclusion

In conclusion, the data obtained in this study suggest that Persian shallot is an effective hypoglycemic agent via its ability to enhance insulin secretion and to decrease hepatic glucose output along with the increased level of GCK activity and gene expression in Persian shallot-treated diabetic rats. So it may be useful for preventing or delaying the development of diabetes and its complications.

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