

The Natural History and Treatment Guidelines of Cerebellar Liponeurocytoma—A Case Report

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Abstract

Background and Importance: Lipomatous medulloblastoma (cerebellar liponeurocytoma) is a rare cerebellar tumor, with only twenty-nine cases reported, considered a distinct variant of medulloblastoma. The few cases described support an indolent nature for this tumor. We aim at defining the optimum treatment strategy and long-term behavior for this tumor entity. Clinical presentation: A 74 years old male presented on September 2010 complaining of mild dizziness and headache slowly progressing over a few months. This gentleman was operated on at our department some 18 years ago for a right cerebellar hemispheral lesion, defined as a liponeurocytoma. This patient received no adjuvant treatment. Current magnetic resonance imaging (MRI) studies disclosed a right hemispheral cerebellar mass, locally recurrent in the original surgical tumor bed. Gross total resection of the tumor was accomplished through a suboccipital craniotomy, with complete resection of the lesion. The histopathological diagnosis was defined as cerebellar liponeurocytoma. No adjuvant therapy was given as initially, after the first operation. Currently, the patient is alive, fully alert with minimal neurological deficits, Barthel index 90, Kernofsky performance status of 90 and with no evidence of disease on neuroimaging. Conclusion: This patient portrays this tumor's natural history after surgical intervention with no adjuvant treatment, being the longest reported follow-up and recurrence. This distinct variant of medulloblastoma appears to have a uniquely favorable prognosis, even without adjuvant therapy. A complete surgical resection with close follow-up seems both sufficient and prudent.

Keywords: Natural History, Cerebellar Liponeurocytoma, Recurrence in 18 Years

1. Introduction

Medulloblastoma rarely occurs in adults. Greater than 70% of medulloblastoma cases occur in children [1]. This tumor represents less than one percent of all adult primary central nervous system (CNS) tumors. Most adult medulloblastoma are located in the cerebellar hemisphere, unlike the midline/vermis location most prevalent in the pediatric patients [2]. Medulloblastoma is well known as having multiple histopathological variants, including those displaying predominantly neuronal, glial, and/or myoid differentiation [3]. Sarkar *et al.* stated that the survival benefit in adults does not seem to be related to the histological variant (classical versus desmoplastic medulloblastoma variant), but rather to age [4]. The one exception to this statement is the lipomatous medulloblastoma variant, occurring almost exclusively in

adults. The first lipomatous medulloblastoma (Cerebellar liponeurocytoma) was reported in 1978 by Bechtel et al. in a 44-year-old man [5]. Twenty-nine cases have been reported so far, under different names, such as "lipomatous medulloblastoma, lipidized medulloblastoma, neurolipocytoma, medullocytoma and lipomatous glioneurocytoma" [6] [Table 1]. Cerebellar liponeurocytoma has been recognized by the 2000 World Health Organization (WHO) classification of tumors of the central nervous system as a distinct clinicopathologic entity. In the new classification, this tumor subset is classified in the category of glioneuronal tumors grade I or II due to its favorable clinical behavior [7], even with incomplete resection or multicentric appearance [3]. Cerebellar liponeurocytoma is a neuroectodermal tumor consisting of both neuronal and glial elements. Immunohistochemistry for GFAP, synaptophysin and NSE are usually positive

Table 1. Treatment of liponeurocytoma with radiotherapy/death cross-tabulation.

		de	Total		
		No	Yes	1 Otal	
D. U. 4	No	8	3	11	
Radiotherapy	Yes	8	8	16	
Total		16	11	27	

indicating the mixed glial and neuronal elements [6,8,9]. This tumor shares several features with the cerebellar medulloblastoma, which may include an origin from the periventricular matrix of the fourth ventricle or the external granular layer of the cerebellum. Recent work using cDNA expression array data suggests a relationship to central neurocytomas [10]. Microscopically, the tumor consists of small round to ovoid cells, with an eosinophilic scanty cytoplasm, extending between interspersed regions of lipidized cells that resemble mature adipocytes. Mitoses, areas of vascular proliferation and necrosis are all rare [1,6-9,11-16]. Mitotic activity is usually absent and the growth fraction, as reflected by the MIB-1 labeling index, is in the range of $1\% \sim 3\%$ [1, 6-8,11-16].

The radiological appearance of this tumor on computed tomography (CT) is characterized as a hypodense mass with intermingled areas exhibiting the attenuation values of fatty tissue. T₁-weighted MR images feature this tumor as hypointense with scattered foci of hyperintense signal, displaying moderate contrast enhancement. T₂-weighted MR images feature this tumor as slightly hyperintense relative to the cortex, with no edema present. Areas of fat density as assessed on CT scans and on MRI-T1WI help to distinguish this rare neoplasm from the more common adult medulloblastomas or ependymomas [17]. The aim of surgery is a gross total resection (GTR) of the tumor. In most of the cases reported there was a reasonable border between the tumor and surrounding tissue [17-19] and gross total removal of the tumor was feasible.

2. Clinical Summery

A 74 years old male presented to our institute on September 2010 describing an indolent, subjective feeling of dizziness and headache slowly progressing over the previous few months. Aside from a mild benign prostatic hyperplasia and hypercholesterolemia controlled medically, he did not suffer any other chronic illnesses. This gentleman was operated on at our institute some 18 years ago, for a right cerebellar hemispheral lesion. A GTR was achieved. The histopathological specimens were sent for consultation to professor John J. Kepes, who de-

scribed it as "a tumor, whose neuroectodermal origin is probably not in doubt, having cellular areas to suggest differentiating medulloblastoma, elsewhere pilocytic astrocytoma, oligodendroglioma like foci and perivascular rosettes as seen in ependymomas, and striking large round spaces that I am sure were filled with fat". It was diagnosed as a medulloblastoma with lipoid differentiation (termed later as a liponeurocytoma). The patient received no adjuvant radiotherapy or chemotherapy and returned to a fully independent, working and productive life

During the next few years the patient was followed as an outpatient, but dropped out of follow-up at some point. During the years 2004 and 2005 the patient presented to the emergency room twice reporting of a mild dizziness. A non-contrast enhanced computed tomography was performed, interpreted as normal with minimal chronic changes in the tumor bed. The patient was discharged without a neurosurgical consult, and returned to be fully active. A retrospective review of these scans raises suspicion of a local recurrence within the tumor bed, measuring 13 mm in its largest diameter (**Figure 1**).

Neurological examination: Mild dysdiadochokinesis, no ataxia, a negative Romberg sign.

Neuro-radiological findings: Current imaging as of September 2010 showed a non-enhancing mass within the tumor bed on tomography, measuring 43 mm in its largest diameter (**Figure 2**). The MRI appearance was described as a hypercellular partially cystic lesion, having delayed diffusion and a pathological enhancement. Signs of intralesional hemorrhage or calcifications were suspected and a mild peritumoral edema and multiple VRS described (**Figure 3**).

Surgical intervention: A right paramedian suboccipital craniotomy in the sitting position was performed. The tumor was grossly gray-reddish in color, partially attached to the surrounding tissue but well circumscribed. It was easily detachable from adjacent brain tissue and a GTR was achieved. The postoperative course was uneventful with the exception of an obstructive hydrocephalus secondary to peritumoral edema causing a nar-

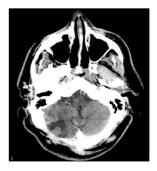


Figure 1. A non contrast enhanced computed tomography, 2005.

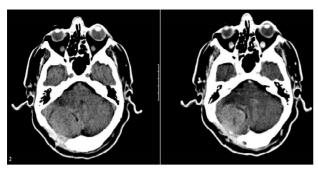
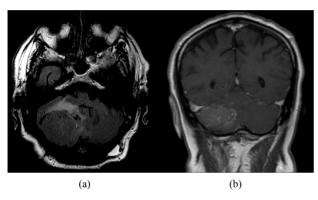


Figure 2. Computed tomography findings, both enabled and not-enhanced by contrast, 2010.



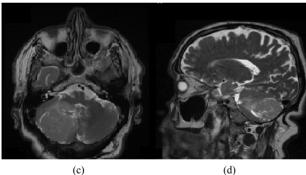


Figure 3. 2010 MRI, A. axial FLAIR, B. Coronal T1 with gadolinium, C. Axial T2, D. Sagittal T2.

rowing of the forth ventricle. This was managed with a ventricular drain for a few days after which the edema subsided and the hydrocephalus resolved. The patient was discharged shortly after.

Pathological findings: On histopathological sections, small round to oval cells characteristic of medulloblastoma were found in eosinophilic neuropil matrix, interspread with groups of lipocytes. Sections stained strongly positive for Neurontin, synaptophysin, only minimally positive for the proliferation marker Ki-67, estimated as less than 5% of the cells (**Figure 4**).

3. Discussion

Lipomatous differentiation of central nervous system

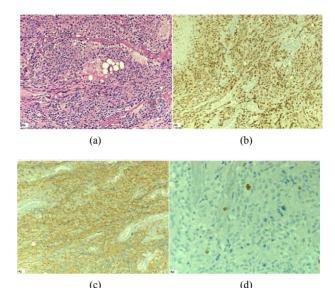


Figure 4. Microscopic and immunohistochemical features of lipomatous medulloblastoma. (a) small round and oval cells of medulloblastoma in eosinophilic neuropil matrix and the group of lipocytes; Hematoxylin and eosin, x100; (b) strongly positive immunostain for NeuN; immunoperoxidase, x100; (c) positive immunostaining for synaptophysin; immunoperoxidase, x100; (d) only few cells are positive for proliferation marker Ki-67, immunoperoxidase, x200.

tumors is rare. Among astrocytic neoplasias, lipomatous differentiation is best known to be present in pleomorphic xanthoastrocytoma [20]. Multivacuoler lipidization is also observed in glioblastoma multiforme, ependymoma and primitive neuroectodermal cerebral tumors [21-24]. Cerebellar liponeurocytoma is a rare cerebellar tumor, with only 29 cases reported under many different names [Table 2]. Although the few cases described support the relatively benign nature of this lesion, the optimum treatment strategy and long-term follow-up and prognosis still has to be defined [8]. Reviews published in the literature report a 5-year survival rate of 81% [6, 19], with recurrence appearing as late as 15 years after surgery, although most appear sooner [1,7,8-13,13-14, 25-30]. A caveat to this figure stems from the low number of patients per report (most are case reports) and the inconsistency in pathological classification prior to 2000. Furthermore, since these patients were treated using different protocols, this figure seems misleading. Some, more aggressively behaving relapsing lesions have also been described [29]. The patient described in this paper is, to the best of our knowledge, the longest follow-up reported presenting with radiographic progression at 13 years and a clinical progression at 18 years.

Current day guidelines as to the treatment of adult medulloblastoma define surgical resection of the lesion as the first line treatment. According to Brandes *et al.*, low-risk patients with no residual disease should receive

Table 2. Review of the literature, presumptive cases of liponeurocytoma: The clinical, histo-pathological and follow-up data.

No Age Sex	Sov	Site	Immunostaining		- Pi % -	Tx.		Follow	Reference		
	Sex		Adi	Tc	- P1 % -	S	RT	- Follow-up	Year	Authors	
1	44	M	Cerebellar hemisphere	-	-	-	+	-	D 18 hours after surgery	1978	Bechtel et al. [5]
2	42	M	Lt.Cerebellar hemisphere	GFAP(+), Vim(+), S100(+)	GFAP(+), NSE(+) S100(+)	-	+	-	A at 5 years	1991	Chimelli et al. [12]
3	49	F	Vermis	NA	Syn(+), Leu-7(+), GFAP(-), NF(-)	-	+	-	A at 5 years	1993	Davis <i>et al</i> . [13]
4	53	M	Vermis, bilateral extension	NA	Syn(+) ,Leu-7(+), GFAP(-), NF(-)	-	+	54 Gy	D at 6 monthes	1993	Davis <i>et al</i> . [13]
5	50	F	Cerebellar hemisphere	GFAP(+)	Syn(+), NSE(+), PGP-9.5(+), DES(+)F	<1	+	-	A at 4 years	1993	Ellison <i>et al</i> . [27]
6	37	M	Lt. Cerebellar hemisphere	GFAP(+)	Syn(+), NF(-), GFAP(+)F	<1	+	-	R at 10 years, Reop. at R, D 1 year post-op.	1996	Giangaspero et al. [28]
7	36	F	Lt. Cerebellar hemisphere	GFAP(+)	Syn(+), NF(-) GFAP(+)F,	<1	+	-	R at 10 years, Reop, 2 nd R at 5years, Reop. A.	1996	Giangaspero e al. [28]
8	57	F	Vermis	GFAP(+)	Syn(+), NF(-), GFAP(+)F	<1	+	60 Gy	AAW after 2 years	1996	Giangaspero <i>e al.</i> [28]
9	48	F	Rt. Cerebellar hemisphere	Syn(+), NSE(+), MAB-2(+)	Syn(+), GFAP(+), NSE(+), S100(+), MAP-2(+), P53(-)	<1	+	50 Gy	A at 3.5 years	1996	Söylemezoğlu et al. [15]
10	53	M	Lt. CPA	Syn(+), NSE(+), MAB-2(+)	Syn(+), GFAP(+), S100(+),P53(-),M AP-2(+), NF(-), NSE(+),	<5	+	-	R at 12 years, Reop., A.	1996	Söylemezoğlu et al. [15]
11	59	F	Lt. CPA	Syn(+), NSE(+), MAB-2(+)	Syn(+), GFAP(+), S100(+), P53(-), MAP-2(+), NF(-), NSE(+),	<3	+	55 Gy 24 Gy	AAW at 5 years.	1996	Söylemezoğlu et al. [15]
12	55	M	Vermis and Rt. Cerebellar hemisphere	S100(+)F, Vim(+)	Syn(+), S100(+), NSE(+), GFAP(+)	<1	+	-	A at 8 months	1997	Orlandi <i>et al</i> . [16]
13	67	F	Vermis	Syn(+), GFAP(+), S100(+)	Syn(+), S100(+), NSE(+), GFAP(+)	<1	+	-	D post-op.	1998	Compora et al.
14	28	F	Vermis						D at 4 years		
15	23	M	Hemisphere						D at 7 years		
16	30	M	Vermis	Vim(+),	NT 2 (1 D 2 (1)	19.5~			D at post-op.	2000	Giordana
17	9	M	Vermis	KO-1(+), CR3/43(+)	NF/MAP-2(+)	40.5	+	+	D at 5 years	2000	et al. [14]
18	11	M	Vermis						D at 2 years		
19	4	F	Hemisphere						D at post-op.		
20	38	M	Rt.hemisphere	NA	Syn(+), GFAP (-)	low	+	-	A at 15 months	2001	Alkadhi et al. [17]
21	66	M	Lt.hemisphere	NA	NA	3	+	36 Gy*	A at 6 months	2001	Jackson et al. [19]
22	61	M	Rt.hemisphere	NA	Syn(+), NSE(+), GFAP(+), P53(+), NF(+)	F	+	-	NA	2001	Taddei et al. [9]

23	6	F	Vermis	Syn(+), S100(+), GFAP(-)	Syn(+), S100(+)	33.3	+	+	Chemotherapy tx. As well, A at 6 months	2002	Sharma et al.
24	53	F	Rt. hemisphere	GFAP(+), Vim(+), NSE(+)	Syn(+), NSE(+)	<5	+	+	A at 1 year	2002	Montagna et al.
25	49	F	Vermis, Intra-ventricular	Syn(+) weak	Syn(+), S100(+), GFAP(+), P53(-)	<1	+	+	D at 19 months	2003	Aker et al. [6]
26	45	F	Rt. hemisphere	NA	GFAP(+), NSE(+), CEA(-)	<2.5	+	3.6 Gy**	Chemotherapy tx., AAW at 3 years.	2003	Elshihabi et al. [3]
27	38	F	Lt. hemisphere	NA	NA	NA	+	NA	NA	2003	Amina et al. [7]
28	64	M	Rt. hemisphere	NSE(+), NF(+), GFAP(+)	NSE(+), NF(+), GFAP(-)	20	+	15.4 Gy	R at 3.5 years, Reop. A at 5 months	2005	Buccoliero et al. [30]
29	39	M	Vermis, Intra-ventricular	NA	NSE(+), Syn(+), GFAP(-), NFP(-)	<1	+	-	A at 45 days	2006	Bayar et al. [8]

M/F – male / female, Adi – adipocytes, Tc – Tumor cell, S – surgery, RT – radiotherapy, F - Focal, Pi – Proliferation index, D – Deceased, A – alive, AAW – alive and well, R – recurrence, NA – not available, GFAP – Glial fibrillar acid protein, NSE – neural specific enolase, Syn – synaptophysin, Vim – vimentin. CPA – cerebellopontine angle, Reop –reoperation, *36 Gy for the entire brain, 56 Gy boost to posterior fossa; **3.6 Gy to the spine and whole brain, 1,800 cGy boost dose to the posterior fossa. The patient also received chemotherapy for 12 months, consisting of cisplatin, PCNU, and vincristine.

craniospinal radiation of 36 Gy and a boost to the posterior fossa of about 18 Gy. High-risk patients with residual or metastatic disease should receive additional chemotherapy with cisplatin, etoposide, and cyclophosphamide [2,31]. Out of the twenty-nine patient described, four pediatric patients operated on underwent a GTR. Proliferation index was >3% in all children, all received radiotherapy following different protocols, one patient received chemotherapy. Prognosis was dismal, with most children deceased during the follow-up (3 out of 4 patients). Of the remaining 25 patients described, 12 received radiotherapy following the operation (described as GTR for all) following different protocols. Proliferation index in this group was >3% in 7 patients (58%), as compared to 15% in those not receiving radiotherapy. Only a single recurrence is described in the irradiated group (as compared to 3 in those not receiving radiotherapy), although a significantly higher mortality rate was noted in those patients receiving radiotherapy (8 patients versus 3 in those not irradiated). This can be attributed to iatrogenic irradiation induced pathology, concurrent illnesses, a more aggressive tumor behavior or a combination of all of the above [Table 2]. Trying to construct a Kaplan-Meier (KM) survival curve is somewhat problematic, still supporting the same conclusions [Table 1, Figure 5]. The main weakness of the KM curve stems from the small sample size, inherent to this tumor. Of the eleven patients not receiving radiotherapy, three died during the follow-up. Of the sixteen patients irradiated, eight died during the follow-up. Incomplete data required for the KM curve construction exist for two patients [no. #22 and #27 in **Table 2**]. The KM curve, under the caveats mentioned, supports the argument that

radiotherapy and accompanying morbidity is not proven in the liponeurocytoma patient, actually resulting in shorter survival.

The indolent clinical behavior and suspected natural history of the cerebellar liponeurocytoma, manifesting as a slowly growing lesion only locally recurrent, raises doubts about the appropriateness of adjuvant radiotherapy and/or chemotherapy. Such an aggressive treatment approach, having a high biological toil and horrible iatrogenic side effects [8] has not been proven effective enough to our opinion, given any outcome parameter as an indicator. According to Kleihues [1], the prognosis is favorable if the MIB-1 index is in the range of $1\% \sim 3\%$ and aggressive adjuvant therapy is not mandatory. There have been no reports of spinal drop metastases in the literature and it is therefore reasonable to avoid spinal radiation [8]. In our patient, after reviewing current literature, a joint multidisciplinary staff comprising of neurosurgeons, neuro-oncologists, neuroradiologists and neuropathologists has recommended pursuing a conservative treatment approach with close clinical and radiological follow-up.

4. Conclusions

The small number of patients reported with this type of lesion, limits our understanding of this tumor's natural history. Most of the information available from case reports indicates that this tumor has a benign biological behavior and prognosis in adults. Thus, expectant treatment with close follow-up seems both prudent and sufficient. We suggest that a patient with established liponeurocytoma, who underwent a GTR, and in which the tu-

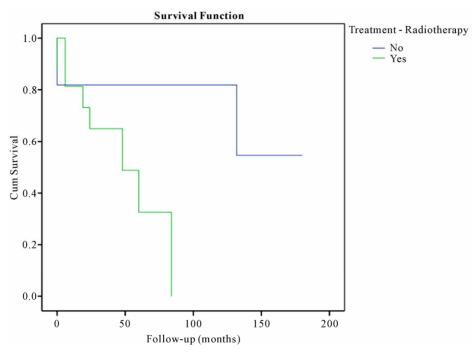


Figure 5. Kaplan-Meier survival curve by months, as influenced by treatment with radiotherapy.

mor shows a low proliferation index, can undergo a yearly MRI and follow-up with no additional adjuvant care. The patient presented underwent a GTR in both operations, received no adjuvant treatment during the last 18 years, hence presenting the natural history of this tumor after a surgical intervention and spared the side-effects of un-necessary radiotherapy or chemotherapy.

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