

Advances in Aging Research





https://www.scirp.org/journal/aar

Journal Editorial Board

ISSN: 2169-0499 (Print), ISSN: 2169-0502 (Online)

https://www.scirp.org/journal/aar

Editorial Board

Prof. Anshu Agrawal University of California, Irvine, USA

Prof. Michael G. Bemben University of Oklahoma, Norman Campus, USA

Prof. Hom Nath Chalise Purbanchal University, Nepal

Prof. Sheying Chen Pace University, USA

Prof. Maria de Fatima Falangola Medical University of South Carolina, USA

Prof. Leonid A. Gavrilov NORC and the University of Chicago, USA

Prof. Linda Ann GerdnerStanford University, USADr. Lia GinaldiUniversity of L'Aquila, Italy

Dr. Song-Iee Hong Dongguk University, South Korea

Prof. Alexander V. Khalyavkin N.M. Emanuel Institute of Biochemical Physics of RAS, Russia

Dr. Jean Kozak Providence Health Care, Vancouver BC, Canada

Prof. Viacheslav N. Krutko I.M. Sechenov First Moscow State Medical University, Russia

Prof. Dongmin Liu Virginia Tech, USA

Prof. Ray MarksCity University of New York, York College, USADr. Sidharth MehanISF College of Pharmacy, Moga, Punjab, India

Dr. Ozioma C. Okonkwo University of Wisconsin School of Medicine & Public Health, USA

Prof. Howard A. Palley University of Maryland, USA

Dr. Darja Rugelj University of Ljubljana Faculty of Health Sciences, Slovenia

Prof. Cheryl A. Sadowski University of Alberta, Canada

Prof. Douglas Lees Schmucker University of California, San Francisco, USA

Prof. Deug Y. ShinDankook University, South KoreaProf. Donna M. WilsonUniversity of Alberta, Canada



ISSN Online: 2169-0502 ISSN Print: 2169-0499

Table of Contents

Volume 8	Number 4	July 2019
Social and Hea	lth Status of Community-Dwelling Older Adults in 1	Nepal
H. N. Chalise,	E. Rosenberg	63

Advances in Aging Research (AAR)

Journal Information

SUBSCRIPTIONS

The *Advances in Aging Research* (Online at Scientific Research Publishing, https://www.scirp.org/) is published bimonthly by Scientific Research Publishing, Inc., USA.

Subscription rates:

Print: \$59 per issue.

To subscribe, please contact Journals Subscriptions Department, E-mail: sub@scirp.org

SERVICES

Advertisements

Advertisement Sales Department, E-mail: service@scirp.org

Reprints (minimum quantity 100 copies)

Reprints Co-ordinator, Scientific Research Publishing, Inc., USA.

E-mail: sub@scirp.org

COPYRIGHT

Copyright and reuse rights for the front matter of the journal:

Copyright © 2019 by Scientific Research Publishing Inc.

This work is licensed under the Creative Commons Attribution International License (CC BY).

http://creativecommons.org/licenses/by/4.0/

Copyright for individual papers of the journal:

Copyright © 2019 by author(s) and Scientific Research Publishing Inc.

Reuse rights for individual papers:

Note: At SCIRP authors can choose between CC BY and CC BY-NC. Please consult each paper for its reuse rights.

Disclaimer of liability

Statements and opinions expressed in the articles and communications are those of the individual contributors and not the statements and opinion of Scientific Research Publishing, Inc. We assume no responsibility or liability for any damage or injury to persons or property arising out of the use of any materials, instructions, methods or ideas contained herein. We expressly disclaim any implied warranties of merchantability or fitness for a particular purpose. If expert assistance is required, the services of a competent professional person should be sought.

PRODUCTION INFORMATION

For manuscripts that have been accepted for publication, please contact:

E-mail: aar@scirp.org

Call for Papers



Advances in Aging Research

ISSN: 2169-0499 (Print) ISSN: 2169-0502 (Online) https://www.scirp.org/journal/aar

Advances in Aging Research (AAR) is an openly accessible journal published bimonthly. The goal of this journal is to provide a platform for scientists and academicians all over the world to promote, share, and discuss various new issues and developments in different areas of aging research.

Editorial Board

Prof. Anshu Agrawal
Prof. Michael G. Bemben
Prof. Hom Nath Chalise
Prof. Sheying Chen

Prof. Maria de Fatima Falangola Prof. Leonid A. Gavrilov

Prof. Linda Ann Gerdner
Dr. Lia Ginaldi

Dr. Lia Ginaldi Dr. Song-lee Hong Prof. Alexander V. Khalyavkin

Dr. Jean Kozak

Prof. Viacheslav N. Krutko

Prof. Dongmin Liu

Prof. Ray Marks

Dr. Sidharth Mehan Dr. Ozioma C. Okonkwo

Prof. Howard A. Palley Dr. Darja Rugelj Prof. Cheryl A. Sadowski

Prof. Douglas Lees Schmucker

Prof. Deug Y. Shin Prof. Donna M. Wilson

Subject Coverage

All manuscripts must be prepared in English, and are subject to a rigorous peer-review process. Accepted papers will immediately appear online followed by printed hard copy. The areas covered by Advances in Aging Research (AAR) include but are not limited to the following fields:

- Age-Related Disease
- Aging on Emotion Regulation
- Aging, Death and Autophagy
- Calorie Restriction
- Cell Growth and Senescence
- Cognitive Neuroscience of Healthy Aging
- Genetic Mechanisms
- Gerontology
- Interventions to the Aging Process (Anti-Aging Strategies, Pharmacologic and Psychosocial Interventions)
- Modulation of DNA, DNA Damage and Repair

We are also interested in: 1) Short reports—2-5 page papers where an author can either present an idea with theoretical background but has not yet completed the research needed for a complete paper or preliminary data; 2) Book reviews—Comments and critiques.

Notes for Intending Authors

Submitted papers should not have been previously published nor be currently under consideration for publication elsewhere. Paper submission will be handled electronically through the website. All papers are refereed through a peer review process. For more details about the submissions, please access the website.

Website and E-Mail

https://www.scirp.org/journal/aar E-mail: aar@scirp.org