

# Purine nucleotides and their metabolites in patients with type 1 and 2 diabetes mellitus

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## ABSTRACT

**We measured the erythrocyte levels of principal nucleotides (ATP, ADP, AMP, GTP, GDP, GMP, IMP), nucleosides (Ado, Guo, Ino) and Hyp with HPLC. Purine concentrations were determined in the erythrocytes of 36 type 1 and 40 type 2 diabetic patients. The increased dephosphorylation of adenine and guanine nucleotides, indicated by increased Ado, Ino, Guo and Hyp concentrations as the products of purine nucleotide degradation, suggests serious energy metabolism disruptions in diabetes. An increase in AMP, GMP, IMP concentrations, as well as a decrease in AEC and GEC values, points to significant alterations in erythrocyte purine nucleotide concentration.**

## KEYWORDS

**Purine Nucleotides; Nucleosides; Purine Bases; Diabetes**

## 1. INTRODUCTION

Purine metabolism involves synthesis and degradation of purine nucleotides and determines the value of the adenylate and guanylate pool. In this way, it is responsible for the absolute value of intracellular ATP and GTP concentrations. The unique erythrocyte structure and metabolism are due, among other things, to a deficiency of glutamine PRPP amidotransferase (EC 2.4.2.14) and its inability to synthesize purine nucleotides in a *de novo* pathway. Thus, in erythrocytes, these compounds are formed in the reactions of reutilization, *i.e.* the reutilization of free purine bases (adenine—Ade, hypoxanthine—Hyp, and guanine—Gua) and nucleosides (adenosine—Ado, inosine—Ino and guanosine—Guo). The reutilization of purine nucleosides and bases is a source of erythrocyte purine mononucleotides. The metabolic aim of

these reactions is to introduce these compounds into high energy purine nucleotide synthesis pathways (ATP, ADP, GTP and GDP) [1].

Purine metabolism can be evaluated by assessing the intracellular content. Although the study of purine nucleotide metabolism in diabetes is not limited by cell availability, our knowledge in this field is still incomplete. Literature reports the activity of some specific enzymes in diabetes (AK—adenosine kinase, EC 2.7.1.20; ADA—adenosine deaminase, EC 3.5.4.4; 5'-NT—5'-nucleotidase, EC 3.1.3.5; AMP-D—AMP deaminase, EC 3.5.4.6) [2-6]. There have been some studies on erythrocyte glucose, ATP, lactate concentrations and their modifications induced by plasma from normal subjects [7,8]. Some reports refer to the relations between intracellular ATP concentration and membrane ATPases activity [9-13]. However, the reports are not fully consistent.

Therefore, we measured the erythrocyte levels of principal nucleotides (ATP, ADP, AMP, GTP, GDP, GMP, IMP), nucleosides (Ado, Guo, Ino) and the Hyp base with HPLC. We calculated TAN, TGN, AEC and GEC expressed by the ratio of high/low energy nucleotide phosphates.

## 2. MATERIALS AND METHODS

### 2.1. Subjects

The subjects selected for this study were 36 (18 men and 18 women, mean age  $43.7 \pm 5.64$  years) type 1 and 40 (20 men and 20 women, mean age  $62.5 \pm 7.24$  years) Type 2 diabetic patients. Because the subjects differed in age (erythrocyte ATP concentration is affected by age [12]), we created control groups. Control subjects included a control for Type 1 diabetic patients ( $n = 20$ , 10 men and 10 women, mean age  $38.8 \pm 7.10$  years) and for Type 2 diabetic patients ( $n = 20$ , 10 men and 10 women, mean age  $61.7 \pm 8.76$  years). Control subjects were nor-

motensive, drug-free, non-diabetic subjects with a negative family history of diabetes.

## 2.2. Blood Analysis

Serum glucose was assayed by a standard hexokinase enzymatic method. The value of hemoglobin A<sub>1c</sub> was determined by high-performance liquid chromatography.

Concentrations of purine (ATP, ADP, AMP), pyridine (GTP, GDP, GMP) and inosine (IMP) nucleotides, adenosine (Ado), inosine (Ino), guanosine (Guo) and hypoxanthine (Hyp) were determined in whole blood using high-performance liquid chromatography. Chromatographic analysis was performed using a Hewlett-Packard series 1100 high-performance liquid chromatograph according to the method used by Smolenski *et al.* [14]. We also calculated the value of TAN and TGN, and AEC and GEC.

Taking into account the hematocrit values, we were able to calculate the intraerythrocytic nucleotide concentrations ( $\mu\text{mol/L}$  RBC) on the assumption that there were no significant concentrations in plasma due to the effects of nucleotidases. The concentrations of nucleosides (Ado, Ino, Guo) and oxypurine (Hyp), which are present in both erythrocytes and plasma, are expressed as  $\mu\text{mol/L}$  of whole blood. They are not directly comparable with the concentrations being measured in separated erythrocytes or plasma.

The samples (500  $\mu\text{L}$ ) of heparinized blood were deproteinized with an equal volume of 1.3 M perchloric acid in 1.5 mL Eppendorf tubes and centrifuged at  $16,000 \times g$  for 10 min, at 4°C. The supernatant (600  $\mu\text{L}$ ) was neutralized with 60–90  $\mu\text{L}$  of 3 M potassium orthophosphate solution to a pH within 6.0–7.0. The neutralized extract was again centrifuged and filtered through a 0.22  $\mu\text{m}$  nylon filter. The clear filtrate was then used for HPLC assay or stored at  $-80^\circ\text{C}$  until analysis.

## 3. STATYSTICAL ANALYSIS

Statistical analysis software (Statistica v.5.1) was used to analyze the findings. A non-parametric test for small or unequal size groups was used to assess variables regardless of their distribution. The significance of differences between groups was tested with non-parametric ANOVA tests: Kruskal-Wallis rank sum test and Mann-Whitney U-test. Since the data were not generally normally distributed according to the Shapiro-Wilk's test (except glucose, hemoglobin A<sub>1c</sub> and age), a test for the Spearman's rank correlation coefficient ( $r_s$ ) was used to verify the statistical significance of observed correlations. The accepted level of significance was defined as  $P < 0.05$ .

## 4. RESULTS

Mean fasting serum glucose concentration (mM) in type 1 ( $8.1 \pm 3.44$ ) and type 2 ( $8.4 \pm 3.60$ ) diabetic subjects

was significantly higher ( $P < 0.01$ ) compared with C1 ( $4.9 \pm 0.26$ ) and C2 ( $4.9 \pm 0.25$ ), respectively.

An increase in hemoglobin A<sub>1c</sub> (%) was also significantly different between diabetic patients and respective control groups. Hemoglobin A<sub>1c</sub> levels in type 1 ( $9.3 \pm 4.04$ ) and type 2 ( $9.4 \pm 4.21$ ) diabetic subjects were significantly higher ( $P < 0.01$ ) compared with C1 ( $5.4 \pm 0.40$ ) and C2 ( $5.2 \pm 0.36$ ). No significant differences in glucose and hemoglobin A<sub>1c</sub> levels between both studied types of diabetic patients were observed.

We did not observe any significant changes in erythrocyte ATP and ADP concentrations in the subjects being selected for this study (Table 1).

The erythrocyte AMP significantly increased ( $P < 0.0001$ ) in type 1 diabetic patients compared with the C1, and type 2 diabetic patients compared with the C2. Type 2 diabetic patients showed a higher cellular AMP concentration than type 1 ones ( $P < 0.01$ ) (Table 1).

A significant positive correlation was found between erythrocyte AMP and blood Ado concentrations in type 1 ( $r = 0.94$ ;  $P < 0.001$ ) (Figure 1(a)) and type 2 diabetic subjects ( $r = 0.91$ ;  $P < 0.001$ ) (Figure 1(b)). No correlation was found between erythrocyte AMP and blood Ado levels in healthy subjects (C1 and C2), either between erythrocyte AMP level and that of glucose and hemoglobin A<sub>1c</sub> in patients with type 1 and 2 diabetes mellitus.

No significant differences were found in TAN. AEC values decreased by 10% ( $P < 0.0001$ ) in type 1 and 2 diabetic subjects compared with controls C1 and C2, respectively (Table 2).

An increase in AMP concentrations, as well as a decrease in AEC values, points to significant alterations in the concentration of adenine nucleotides in diabetes.

The GTP level in erythrocytes from type 1 diabetic subjects was  $127.15 \mu\text{mol/L}$  RBC and  $126.31 \mu\text{mol/L}$  RBC from type 2 ones, which was significantly higher ( $P < 0.05$ ) than in control groups:  $59.45 \mu\text{mol/L}$  RBC (C1) and  $58.15 \mu\text{mol/L}$  RBC (C2) (Table 1). GTP concentrations increased 2.1-fold in both groups of diabetic subjects, while GDP concentrations were increased ( $P < 0.05$ ) in type 2 diabetic patients compared with the C2 but not in type 1 ones (Table 1).

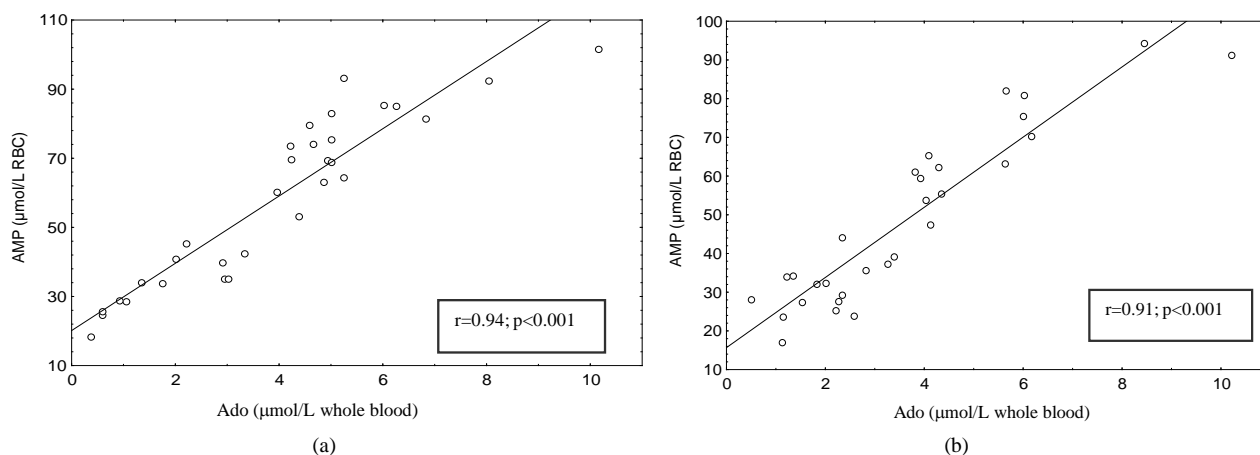
Erythrocyte GMP level was significantly increased ( $P < 0.0001$ ) in type 1 diabetic patients compared with the C1 and in type 2 diabetic patients ( $P < 0.001$ ) compared with the C2 (Table 1). A significant positive correlation was found between erythrocyte GMP and blood Guo concentrations in type 1 diabetic subjects ( $r = 0.88$ ;  $P < 0.0001$ ) (Figure 2) but not in type 2 ones.

Erythrocyte TGN level was significantly increased ( $P < 0.001$ ) in type 1 diabetic patients compared with the C1 and in type 2 diabetic patients ( $P < 0.001$ ) compared with the C2 (Table 2). GEC values decreased by 5% ( $P < 0.01$ ) in type 1 and 2 diabetic subjects compared with controls C1 and C2, respectively (Table 2).

**Table 1.** Purine nucleotides content of erythrocytes in corresponding control group (C1 and C2) and Type 1 and Type 2 diabetic patients.

Parameters		C1	Type 1 Diabetic Patients	C2	Type 2 Diabetic Patients
ATP ( $\mu\text{mol/L RBC}$ )	median	1560.20	1449.87	1518.38	1312.11
	min. - max.	837.62 - 1952.76	678.47 - 1892.29	762.25 - 1930.70	673.47 - 1798.12
	Q <sub>25</sub> - Q <sub>75</sub>	1175.20 - 1739.77	1138.21 - 1699.93	1276.32 - 1720.77	974.73 - 1549.78
ADP ( $\mu\text{mol/L RBC}$ )	median	201.63	206.50	208.53	218.45
	min. - max.	125.05 - 285.15	146.59 - 305.55	118.05 - 264.79	135.64 - 305.67
	Q <sub>25</sub> - Q <sub>75</sub>	175.94 - 236.22	183.88 - 231.17	181.74 - 225.91	179.37 - 236.22
AMP ( $\mu\text{mol/L RBC}$ )	median	19.71	41.77 <sup>c</sup>	20.03	61.72 <sup>c,d</sup>
	min. - max.	12.04 - 38.90	17.18 - 94.25	11.90 - 45.29	18.45 - 101.55
	Q <sub>25</sub> - Q <sub>75</sub>	14.49 - 23.60	29.27 - 63.21	14.00 - 27.71	35.13 - 77.44
GTP ( $\mu\text{mol/L RBC}$ )	median	59.45	127.15 <sup>a</sup>	58.15	126.31 <sup>a</sup>
	min. - max.	28.34 - 93.61	21.00 - 187.55	23.43 - 90.61	19.58 - 177.41
	Q <sub>25</sub> - Q <sub>75</sub>	42.44 - 73.71	36.48 - 147.05	45.50 - 70.51	47.53 - 135.68
GDP ( $\mu\text{mol/L RBC}$ )	median	43.97	49.15	44.18	48.26 <sup>a</sup>
	min. - max.	22.80 - 53.28	20.45 - 185.22	27.71 - 51.78	22.11 - 92.66
	Q <sub>25</sub> - Q <sub>75</sub>	40.93 - 47.05	36.17 - 73.41	37.80 - 47.77	40.95 - 53.76
GMP ( $\mu\text{mol/L RBC}$ )	median	16.51	49.62 <sup>c</sup>	15.83	49.31 <sup>b</sup>
	min. - max.	8.95 - 22.40	9.85 - 95.58	10.24 - 24.46	7.19 - 126.43
	Q <sub>25</sub> - Q <sub>75</sub>	13.58 - 17.98	31.45 - 66.79	13.83 - 18.89	16.77 - 74.69
IMP ( $\mu\text{mol/L RBC}$ )	median	29.44	104.12 <sup>c</sup>	31.01	91.89 <sup>c</sup>
	min. - max.	13.48 - 35.22	20.43 - 168.18	12.38 - 40.61	23.43 - 177.39
	Q <sub>25</sub> - Q <sub>75</sub>	21.60 - 32.96	66.78 - 132.45	24.57 - 34.35	68.77 - 119.46

The values are expressed in  $\mu\text{mol/L RBC}$  as median, min. - max., Q<sub>25</sub> - Q<sub>75</sub>. <sup>a</sup>P < 0.05 with respect to values in corresponding control group, <sup>b</sup>P < 0.001 with respect to values in corresponding control group, <sup>c</sup>P < 0.0001 with respect to values in corresponding control group, <sup>d</sup>P < 0.01 with respect to type 1 diabetes subjects. The purine nucleotides were separated with the HPLC method of Smolenski *et al.* [14]. C1—control group for type 1 diabetic patients, C2—control group for type 2 diabetic patients.



**Figure 1.** (a) Correlation between erythrocyte AMP content ( $\mu\text{mol/L RBC}$ ) and blood Ado ( $\mu\text{mol/L whole blood}$ ) in Type 1 diabetic patients. (b) Correlation between erythrocyte AMP content ( $\mu\text{mol/L RBC}$ ) and blood Ado ( $\mu\text{mol/L whole blood}$ ) in Type 2 diabetic patients. The AMP and Ado was separated with the HPLC method of Smolenski *et al.* [14].

No correlation was found between erythrocyte GMP and blood Guo levels in healthy subjects (C1 and C2), either between erythrocyte GMP level and that of glucose and hemoglobin A<sub>1c</sub> in patients with type 1 and 2 diabetes mellitus.

This study showed that the level of erythrocyte IMP increased in patients with diabetes.

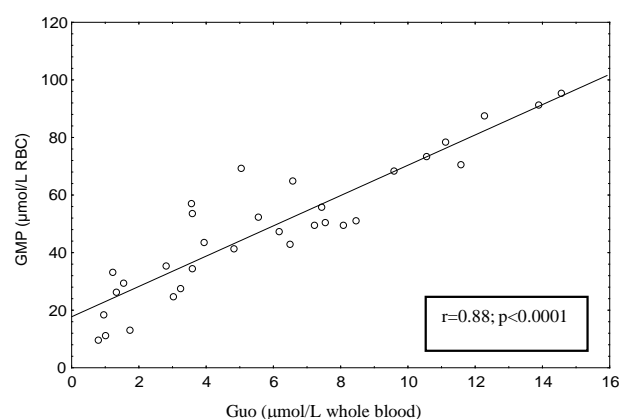
IMP metabolism involves IMP degradation (by 5'-nucleotidase; EC 3.1.3.5) and the purine salvage pathway (by hypoxanthine-guanine phosphoribosyltransferase; EC 2.4.2.8). IMP degradation results in a decrease in the IMP levels. In contrast, the purine salvage pathway plays a role in the re-synthesis of IMP from Hyp. In theory, alteration in the level of erythrocyte IMP must involve a balance between the IMP removal pathways (degradation) and the IMP-producing pathway (purine salvage). The concentration of IMP in erythrocytes was significantly higher ( $P < 0.0001$ ) in patients with type 1 and 2 diabetes mellitus. The IMP level was increased in type 1 and type 2 diabetic patients, 3.5-fold and 2.9-fold, respectively, compared with the control group (Table 1).

Table 3 shows differences in the level of nucleosides and Hyp. A significant increase ( $P < 0.00001$ ) in Ado, Ino, Guo and Hyp concentrations in blood was observed in diabetic subjects. No correlation was found between these parameters and glucose or hemoglobin A<sub>1c</sub>.

## 5. DISCUSSION

Results from this study are consistent with our previous-

ly reported [15] analysis of Ado, Ino and Guo concentrations in the blood of diabetic rats in which all the compounds were found to be increased. Changes in the nucleoside concentration in cells depend on the activity of the enzymes metabolizing these nucleosides and on the transport through the plasma membranes into extracellular fluid [16,17]. That is why increased nucleosides concentrations could be a result of accelerated purine nucleotide degradation under diabetic conditions [18], decrease in AK activity [19], and change in the expression level of nucleoside transporters [20]. It has been reported that the breakdown of ATP is increased in erythrocytes



**Figure 2.** Correlation between erythrocyte GMP content ( $\mu\text{mol/L RBC}$ ) and blood Guo ( $\mu\text{mol/L whole blood}$ ) in Type 1 diabetic patients. The GMP and Guo was separated with the HPLC method of Smolenski *et al.* [14].

**Table 2.** Total adenine (guanine) nucleotides TAN (TGN) and adenylate (guanylate) charge AEC (GEC) values of erythrocytes in corresponding control group (C1 and C2) and Type 1 and Type 2 diabetic patients.

Parameters		C1	Type 1 Diabetic Patients	C2	Type 2 Diabetic Patients
TAN ( $\mu\text{mol/L RBC}$ )	median	1797.76	1734.09	1752.54	1599.56
	min. - max.	998.62 - 2210.60	891.21 - 2235.45	896.15 - 2226.75	884.07 - 2138.58
	Q <sub>25</sub> - Q <sub>75</sub>	1366.05 - 1971.96	1360.56 - 1973.28	1508.53 - 1964.61	1256.79 - 1850.20
AEC	median	0.93	0.90 <sup>c</sup>	0.93	0.89 <sup>c</sup>
	min. - max.	0.87 - 0.94	0.85 - 0.94	0.89 - 0.94	0.80 - 0.94
	Q <sub>25</sub> - Q <sub>75</sub>	0.91 - 0.93	0.88 - 0.91	0.91 - 0.93	0.87 - 0.91
TGN ( $\mu\text{mol/L RBC}$ )	median	121.44	229.10 <sup>b</sup>	122.88	229.78 <sup>b</sup>
	min. - max.	71.49 - 151.05	61.60 - 440.01	70.95 - 147.50	53.74 - 378.50
	Q <sub>25</sub> - Q <sub>75</sub>	101.42 - 137.81	110.05 - 309.29	103.63 - 140.87	123.57 - 273.22
GEC	median	0.66	0.63 <sup>a</sup>	0.69	0.65 <sup>a</sup>
	min. - max.	0.60 - 0.75	0.42 - 0.75	0.60 - 0.83	0.52 - 0.76
	Q <sub>25</sub> - Q <sub>75</sub>	0.63 - 0.72	0.53 - 0.66	0.65 - 0.73	0.60 - 0.67

TAN (TGN) = [ATP] ([GTP]) + [ADP] ([GDP]) + [AMP] ([GMP]). AEC was evaluated according to the formula by Atkinson:

$\frac{([ATP] + 0.5[ADP])}{([ATP] + [ADP] + [AMP])}$ ;  $\text{GEC} = \frac{([GDP] + 0.5[GMP])}{([GTP] + [GDP] + [GMP])}$ . The values of TAN and TGN are expressed in  $\mu\text{mol/L RBC}$  as median, min. - max. Q<sub>25</sub> - Q<sub>75</sub>. <sup>a</sup> $P < 0.01$  with respect to values in corresponding control group, <sup>b</sup> $P < 0.001$  with respect to values in corresponding control group, <sup>c</sup> $P < 0.0001$  with respect to values in corresponding control group. The purine nucleotides were separated with the HPLC method of Smolenski *et al.* [14]. C1—control group for type 1 diabetic patients, C2—control group for type 2 diabetic patients.

**Table 3.** Purine nucleosides (Ado. Ino. Guo) and hypoxanthine (Hyp) content in blood in corresponding control group (C1 and C2) and Type 1 and Type 2 diabetic patients.

Parameters		C1	Type 1 Diabetic Patients	C2	Type 2 Diabetic Patients
Ado ( $\mu\text{mol/L}$ whole blood)	median	0.62	3.25 <sup>a</sup>	0.59	4.24 <sup>a</sup>
	min. - max.	0.36 - 2.85	0.49 - 10.21	0.25 - 2.35	0.36 - 10.16
	Q <sub>25</sub> - Q <sub>75</sub>	0.54 - 1.72	1.83 - 4.35	0.47 - 1.62	2.00 - 5.01
Ino ( $\mu\text{mol/L}$ whole blood)	median	0.45	6.31 <sup>a</sup>	0.41	9.90 <sup>a</sup>
	min. - max.	0.21 - 0.98	0.18 - 22.10	0.08 - 0.93	0.43 - 24.33
	Q <sub>25</sub> - Q <sub>75</sub>	0.39 - 0.56	1.18 - 13.32	0.34 - 0.51	2.46 - 16.54
Guo ( $\mu\text{mol/L}$ whole blood)	median	1.32	5.02 <sup>a</sup>	1.21	6.86 <sup>a</sup>
	min. - max.	0.56 - 2.68	0.78 - 14.55	0.54 - 2.36	0.92 - 18.06
	Q <sub>25</sub> - Q <sub>75</sub>	0.77 - 1.81	2.80 - 8.06	0.81 - 1.36	1.86 - 11.41
Hyp ( $\mu\text{mol/L}$ whole blood)	median	6.76	20.51 <sup>a</sup>	5.94	27.13 <sup>a</sup>
	min. - max.	2.68 - 10.10	3.58 - 50.89	2.60 - 11.10	4.58 - 56.00
	Q <sub>25</sub> - Q <sub>75</sub>	4.58 - 8.47	9.42 - 33.88	4.82 - 8.10	12.02 - 40.10

The values are expressed in  $\mu\text{mol/L}$  whole blood as median. min. - max.. Q<sub>25</sub> - Q<sub>75</sub>. <sup>a</sup>P < 0.00001 with respect to values in corresponding control group. The purine nucleotides and Hyp were separated with the HPLC method of Smolenski *et al.* [14]. C1—control group for type 1 diabetic patients, C2—control group for type 2 diabetic patients.

[15] and endothelial cells from animals with experimental diabetes mellitus, which could lead to the accumulation of extracellular Ado in diabetes and/or hyperglycemia [18]. Pawelczyk *et al.* [19] showed that also phosphorylation of Ado to AMP is significantly impaired in diabetic tissues (kidney, heart, liver) due to the reduced activity of AK, which correlates with decreased expression of AK gene. These changes lead to increased Ado concentration in cells.

Intracellular increase in Ado concentration may result in Ado release into the extracellular space. From the extracellular space, Ado then enters the peripheral circulation and is taken up by red blood cells or vascular endothelial cells, the latter having a particularly high density of nucleoside transporters [21]. In this manner, endothelial cells are capable of influencing extracellular Ado concentration and thereby many biological activities of Ado that are mediated by specific plasma membrane receptors. It has been demonstrated that Ado transport and the number of transporters are reduced in human umbilical vein endothelial cells isolated from gestational diabetic pregnancies [21].

Adenosine uptake is present in red blood cells and it is possible that, in view of their number, cells act as a sink for Ado. The half-life of Ado in human blood is estimated to be less than 10 seconds [22] because of cellular (also erythrocyte) uptake of Ado through a high-affinity nucleoside transporter.

A significant increase in Ado, Ino and Guo concentrations observed in our study puts forth a question about the role of these nucleosides in erythrocyte purine meta-

bolism in diabetes. It has been reported that increased Ado concentration increases the concentration of adenine nucleotides in erythrocytes [23]. Komarova *et al.* [24] observed an increase in ATP and TAN after adding Ado into the erythrocyte hemolysate. According to these authors, ATP and TAN are dependent on the Ado concentration and the kinetic characteristics of AK, the activity of which increases proportionally to the supply of Ado. Ataulakhanov *et al.* [25], after stimulating erythrocytes *in vitro* to utilize ATP (through an increase in ATP-dependent Na<sup>+</sup>, K<sup>+</sup>-ATP-ase activity), showed that exogenous Ado at the concentration of 0.4 - 0.8 mM also enabled reinstatement of the adenine nucleotide pool. Reports by Kim [26] and Komarova *et al.* [24] suggest participation of Ado in the re-synthesis of the adenine nucleotide pool, especially at high P<sub>i</sub> concentrations.

A significant increase in AMP, GMP and IMP concentrations in our study, together with a significant increase in Ado, Guo and Ino concentrations, suggests that accelerated mononucleotide re-synthesis is a primary cause for the erythrocyte mononucleotide pool increase in patients with type 1 and 2 diabetes.

It is possible that increased AMP and GMP in the erythrocytes of patients with type 1 and type 2 diabetes is a result of an increase in Ado and Guo. Correlation coefficients between AMP and Ado, and GMP and Guo show statistical variability, which confirms the hypothesis. It does not seem that the degree of good metabolic glycaemic control in diabetes could have any influence on the analyzed parameters because no significant correlations were found between them and glucose and hemoglobin



A<sub>1C</sub> concentrations.

An increase in the mononucleotide re-synthesis in the kinase pathways is indicated by decreased AEC and GEC in this study, as the energy charge of erythrocytes has been proven to decrease in the presence of Ado. Apparently, ATP consumption that is required for the adenine nucleotide synthesis from Ado significantly influences erythrocyte energy metabolism [25].

An increased level of Ado in the blood of patients with type 1 and type 2 diabetes may drive the metabolism of Ado towards deamination to Ino and Hyp. Therefore, in the degradation pathways, Ado is deaminated by ADA to give Ino.

Namiot *et al.* [27] observed increased ADA activity in the tissues of rats with STZ-induced diabetes. Rutkiewicz *et al.* [28] noticed a direct connection between insulinemia and ADA activity. Hoshino *et al.* [5] observed that ADA activity in serum is increased in diabetes. However, in their study, normalization of the blood glucose level was associated with a decrease in ADA<sub>2</sub> activity. Moreover, ADA<sub>2</sub> activity in poorly controlled type 2 diabetic patients directly correlated with the level of hemoglobin A<sub>1c</sub>. These findings indicate that under diabetic conditions an increase in ADA activity may lead to an increase in Ino, which was long considered to be an inactive metabolite of Ado. However, recently, Ino has been shown to be an immunomodulator and anti-inflammatory agent [29]. Therefore, we have drawn a conclusion that increased levels of Ado and ADA in the blood of patients with type 1 and type 2 diabetes drive the metabolism of Ado to the degradation pathway, resulting in Ino and Hyp.

## 6. CONCLUSIONS

This study showed that the level of erythrocyte IMP is increased in patients with diabetes. IMP metabolism involves IMP degradation (by 5'-NT) and the purine salvage pathway (by HGPRT). IMP degradation results in a decrease in the IMP levels. In contrast, the purine salvage pathway plays a role in the re-synthesis of IMP from Hyp. In theory, alteration in the level of erythrocyte IMP must involve a balance between the IMP removal pathways (degradation) and the IMP-producing pathway (purine salvage). In this study, the accumulation of Ado, Ino, and Hyp in whole blood and the increased IMP concentration in erythrocytes suggest that the activity of the purine salvage pathway is likely to be even higher than the IMP degradation pathway.

The data presented in this paper clearly indicate that erythrocytes obtained from the patients with type 1 and type 2 diabetes exhibit higher concentrations of AMP, IMP and GMP than those obtained from healthy subjects. The GMP concentration increase was accompanied by an increase in GDP, GTP and TGN.

Since AMP is a component of the adenylate pool, then under physiological conditions, even small variations in ATP concentration lead to changes in AMP concentrations. However, an increase in AMP concentration in our study did not lead to a decrease in ATP. Such changes could only be explained by disruption in the pathway of purine nucleotide resynthesis or degradation.

The increased dephosphorylation of adenine and guanine nucleotides, indicated by the increased concentration of Ado Ino, Guo and Hyp as the products of purine nucleotide degradation, suggests serious energy metabolism disruptions in diabetes. An increase in AMP and GTP, GMP, IMP concentrations, as well as a decrease in AEC and GEC values, points to significant alterations in the erythrocyte concentration of purine nucleotides in diabetes.

The results presented in this paper suggest that a primary cause for the adenine mononucleotide and guanylate nucleotide pool increase is accelerated nucleotide synthesis in diabetic erythrocytes. Nucleotide synthesis acceleration also seems to lead to the stimulation of nucleotide breakdown being visible due to the increased concentration of nucleotide degradation products.

The acceleration of the purine nucleotide pool turnover makes it possible to classify diabetic erythrocytes as hypermetabolic cells.

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