

# Histone H1/MBP hydrolysing antibodies - novel potential marker in diagnosis of disease severity in systematic lupus erythematosus patients

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## ABSTRACT

Recently we have shown the presence of catalytically active IgGs, capable to cleave histone H1 and bovine myelin basic protein (MBP), in blood serum of SLE patients. Here we present data that demonstrate the correlation between a) proteolytic activity towards histone H1 and MBP of IgG-antibodies from blood serum of SLE patients and b) disease severity level in these patients. IgGs were isolated from blood serum by chromatography on protein G-sepharose. Commercial preparations of bovine myelin basic proteins (MBP) and calf thymus histone H1 were used as substrates. Analysis of the proteolytic activity showed that 16 of 38 IgG-preparations (42,1%) obtained from blood serum of SLE patients were capable of cleaving both histone H1 and MBP with different efficiency. It was revealed that the presence in blood serum of IgGs possessing proteolytic activity towards both histone H1 and bMBP closely correlates with manifestation of the disease severity in SLE patients.

**Keywords:** System Lupus Erythematosus; Proteolytic Activity; IgG-Antibodies; Disease Severity

## 1. INTRODUCTION

Systematic Lupus Erythematosus (SLE) is a chronic autoimmune disease characterized by dysfunction of T and B-lymphocytes and the dendritic cells, by production of the autoantibodies (auto-AB) to specific nuclear constituents. Its clinical manifestations are accompanied by

the affection of connective tissues and small blood vessels of vital organs such as kidney, lung, heart and brain. For the past 30 years, great improvement in SLE prognosis was achieved, however the mortality and disability of SLE patients stays rather high [1,2]. A number of investigations revealed negative prognostic factors – contracting SLE in childhood or humans after 50, tardiness of active therapy and development of such clinical manifestations as the affection of kidney, and central nervous system, complications in cardiovascular and respiratory systems, as well as high general severity of the disease [1,3-5]. The presence of auto-AB in blood serum of SLE patients is an important diagnostic factor [6]. Hereby, antinuclear auto-AB serves as molecular markers for the disease severity prognosis, as well as for its treatment efficiency [6,7]. Among antinuclear auto-AB especially attract attention anti-DNA AB and anti-histone AB [8-10]. Possessing a cross reactivity to different protein autoantigens, these auto-AB can be involved in various mechanisms of pathogenesis, apoptosis of including immunocompetent cells, which is a decisive factor in the development of autoimmune syndrome and the disease in general. It is known that anti-DNA AB of IgG classes of blood serum of SLE patients are also capable of hydrolyzing DNA and different types of RNA (having DNase and RNase activity) [10,11]. It was also found that DNA/RNA hydrolyzing AB (DNA-abzymes) possess high cytotoxicity and their level in the blood serum of SLE patients correlates with the disease severity [12,13]. In contrast to anti-DNA AB, the role of anti-histone AB in the development of autoimmune processes in SLE patients is poorly studied. Recently, we have shown for the first time that in blood serum of SLE patients there are catalytic active IgG AB capable of hydrolyzing both histone H1 and MBP [14]. Antibodies

possessing similar proteolytic activity were found in blood serum of multiple myeloma and multiple sclerosis patients [15,16]. We have shown that these proteolytically active AB can be classified as anti-histone auto-AB [17]. We also hypothesized that such AB could be responsible for the development of health disorders in SLE patients. We aimed to establish a correlation between the proteolytic activity of IgG-antibodies of blood serum towards histone H1 and myelin basic protein and the disease running in SLE patients.

## 2. EXPERIMENTAL

### 2.1. Patients

Blood serum of 38 patients with SLE of different severity was used. SLE was diagnosed by criteria of the American Collegeum of Rheumatologists (ACR, 1997) and stated in accordance with the classification recommended by the Association of Rheumatologists of Ukraine (2002). According to the ACR classification criteria, the disease activity was divided in the following way: I degree – 28.9% (11 patients); II degree - 50% (19 patients); III degree - 23% (8 patients). 25 patients (65,8%) were in the acute stage, among them 7 (63,6%) – with the first degree of activity, 14 (73,6) – with the II degree of activity, and 5 (55%) – with the III degree of activity. 13 patients (34,2%) were in the stage of remission. The average age of the patients was  $34 \pm 9,8$ , and the average length of the disease was 5-8 years. Number of women and men was 34 (89,5%) and 4 (10,5%), respectively. All patients were tested on the presence of LE-cells, ANA-autoantibodies and anti-dsDNA auto-AB.

### 2.2. Blood Serum Preparation

All blood samples were collected and utilized under approved protocols of the Institutional Review Board and with the informed consent. Blood samples were withdrawn using sterile conditions and allowed to clot at room temperature for minimum 10 min. Blood serum was isolated by centrifugation at 4000 rpm for 10 min, divided among several vials, and kept at  $-20^{\circ}\text{C}$  until use.

### 2.3. Antibody Purification

Isolation of IgG from blood serum was performed, as described earlier [17]. 2 ml of blood serum were precipitated with ammonium sulfate (50% saturation). The pellet was dissolved in 0.15 M NaCl, 20 mM Tris-HCl, pH 7.5 and dialyzed against the same buffer. Then, IgGs were purified by chromatography on protein G-Sepharose and eluted from the column with 0, 1 M Glu-HCl, pH 2,6 and immediately neutralized with 1.5 M Tris-HCl, pH 8.8. AB was dialyzed against 20 mM Tris-HCl buffer,

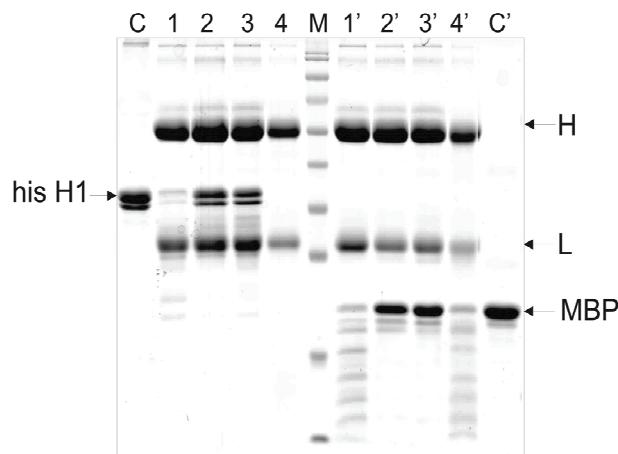
pH 7.5 for 18 hours. Protein concentration was measured on the NanoDrop ND 1000 spectrophotometer (Nano-Drop Technologies, USA) using extinction coefficient of IgG, preloaded in the device and the AB were tested for the proteolytic activity.

### 2.4. Proteolytic Activity Assay

Protease activity of IgG preparations was tested as described [17]. Commercial bovine basic protein (Sigma, USA) and calf thymus histone H1 (Axxora, Germany) were used as substrates for proteolysis. The hydrolysis reaction lasted 3 hours at  $37^{\circ}\text{C}$  in 20  $\mu\text{l}$  of the incubation medium containing 20 mM Tris-HCl, pH 7.5, 3  $\mu\text{g}$  of AB and 5  $\mu\text{g}$  of protein. The reaction was stopped by adding 5  $\mu\text{l}$  of denaturing buffer (0.2 M Tris-HCl, pH 6.8, 4% Ds-Na, 8% 2-mercaptoethanol, 20% glycerol). The reaction mixture was heated at  $100^{\circ}\text{C}$  for 3 min and hydrolysis products were separated by electrophoresis in 12% PAGE in the presence of 0.1% Ds-Na [18]. The gels were stained with Coomassie G-250. Quantitative analysis was done by using Gel-Pro program.

## 3. RESULTS AND DISCUSSION

Recently, we have revealed a novel hydrolytic activity of the IgG-antibodies towards histone H1 and MBP in blood serum of patients with clinically diagnosed SLE [14, 17]. At the same time, proteolytic activity was absent in the sera-derived antibodies of 18 healthy donors under control [17]. IgGs were isolated by chromatography on Protein G-Sepharose, and 4 of 10 SLE patients were found to possess IgGs that were capable of cleaving both histone H1 and MBP. Such activity was confirmed to be an intrinsic property of the IgG molecule, since it was preserved after gel filtration at alkaline and acidic pH. From the proteolytically active IgG preparations by the affinity chromatography on histone H1-Sepharose were purified anti-histone IgGs and have shown they capability of hydrolyzing histone H1 and MBP. Summarizing, we have shown an existence in blood serum of SLE patients of anti-histone H1 IgGs with previously unknown proteolytic activity towards both histone H1 and MBP [17]. We suggest that these protelytically active AB could be associated with specific disorders appearing in SLE patients. To clarify this suggestion, 38 patients with different SLE severity were inquired. IgGs were purified by chromatography on the Protein G-Sepharose column and assayed for proteolytical activity towards histone H1 and MBP. Typical data of such assay are present on **Figure 1**, and also summarized in **Table 1** and **Table 2**. It was found that 15 of 38 IgG preparations obtained from SLE patients are capable of hydrolyzing histone H1 and MBP with different efficiency. 10 of 15 protease active IgG



**Figure 1.** Proteolytic activity of polyclonal IgGs preparations, purified by chromatography on Protein G-sepharose from blood serum of SLE patients. Lines 1-4 – IgG preparations incubated with histone H1; Lines 1'-4' – IgG preparations incubated with bMBP. C-histone H1 before incubation with IgGs (control). C' – bMBP before incubation with IgGs (control). Position of heavy (H) and light (L) chains of IgG, and also position of histone H1 (his H1) and bovine myelin basic protein (bMBP) are shown by arrows. M - protein molecular mass markers (17, 34, 43, 55, 72, 95, 130, 170 kDa, respectively).

**Table 2.** Correlation between disease severities and proteolytic activity of IgGs.

| Disease activity | Stage of disease | Histone H1/MBP – hydrolyzing activity |
|------------------|------------------|---------------------------------------|
| I                | Acute            | 7 (63.3%)                             |
|                  | Remission        | 4 (36.7%)                             |
| II               | Acute            | 14 (73.6%)                            |
|                  | Remission        | 5 (26.4%)                             |
| III              | Acute            | 4 (50%)                               |
|                  | Remission        | 4 (50%)                               |

preparations hydrolyzed both histone H1 and MBP, 3 preparations were capable of cleaving only histone H1 and 2 of them – only MBP. Protease activity assay revealed that AB of 3 of 10 patients with diagnosed SLE disease for the first time was capable of cleaving only histone H1. None of 10 seropositive (ANA + dsDNA +) systematically treated SLE patients for year possessed of IgG with catalytical activity. Among 25 patients in acute stage of the disease, 2 showed a hydrolysing activity only towards histone H1; 1 patient (age 23) possessed a low activity towards MBP, and IgGs of 12 patients were capable of effectively cleaving both proteins. IgG preparation purified from blood serum of 6 patients with nervous system affection (headache or sleep disturbance) showed high catalytic activity towards both histone H1 and MBP proteins. Among 6 children of the puberty pe-

**Table 1.** Demographical and clinical characteristics of SLE patients.

| Parameters                            | M ± SD      | Proteolytical activity of IgG |
|---------------------------------------|-------------|-------------------------------|
| <b>Gender:</b>                        |             |                               |
| Woman:                                | 34 (89.5%)  | H(3);M(1);HM(10)              |
| Men:                                  | 4 (10.5%)   | H(0); M(1); HM(0)             |
| <b>Disease activity:</b>              |             |                               |
| I degree                              | 11 (28.9%)  | H(3);M(1);HM(1)               |
| II degree                             | 19 (50%)    | H(1); M(0);HM(7)              |
| III degree                            | 8 (21.1%)   | H(0); M(0);HM(2)              |
| <b>Clinical features:</b>             |             |                               |
| Joints affection (arthralgia)         | 26 (68.4%)  | H(3);M(2); HM(9)              |
| Skin affection (erythema “butterfly”) | 23 (60.5 %) | H(3); M(2); HM(6)             |
| nervous system affection:             |             |                               |
| a) headache                           | 12 (31.5%)  | H(0);M(0);HM(6)               |
| b) epileptic seizures                 | 1 (0.026%)  | H(0);M(0);HM(0)               |
| b) sleep disturbance                  | 4 (10.5%)   | H(0);M(0);HM(5)               |
| Heart affection (carditis)            | 4 (10.5%)   | H(0);M(0);HM(5)               |
| Nephritis                             | 15 (39.4%)  | H(0);M(2);HM(7)               |
| Active Epstein-Barr viruses infection | 5 (13.1%)   | H(0);M(0);HM(2)               |
| Body temperature increase             | 19 (50%)    | H(2);M(0);HM(9)               |

H, M, HM - proteolytic activity of IgGs towards histone H1, myelin basic protein, and both histone H1 and myelin basic protein, respectively. In brackets are shown a number of patients.

riod (age 13-16) suffering from SLE, 4 were in the acute stage and contained IgG-antibodies capable of hydrolyzing both histone H1 and MBP. The catalytic activity was not observed in 12 patients in the remission stage as well as in 3 patients with other systematic disorders (ankylosing spondylitis, systemic vasculitis, mixed disorder of the conjunctive tissue).

## 4. CONCLUSIONS

Appearance of proteolytic activity of IgG in blood serum of SLE patients towards both histone H1 and myelin basic protein tightly correlates with the disease severity in these patients.

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## Appendix

### List of Abbreviations:

SLE - systemic lupus erythematosus; MBP - myelin basic protein; AB - antibodies; auto-AB - autoantibodies