# Sensory analysis of Creole turkey meat with flash profile method

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## **ABSTRACT**

Different kind of feed can result in development of new meat odors, aroma and texture. The aim of the study was to use flash profile method to determine differences; if any, in sensory traits of Creole turkey meat with different alimentation programs. Treatments were kitchen leftovers + fresh forage, commercial feed, kitchen leftovers, commercial feed + fresh forage, and broken maize + fresh forage. Cooked thighs, drumstick and breast were used. For the meat evaluation two different groups of people were recruited. In order to perform the sensory profile of breast six persons were recruited, in a second group nine persons; in both cases they did not know what kind of meat they were evaluating. Each sensory profile had three replicas, previously three training sessions and establishment of sensory attributes criteria were held. Attribute discrimination was evaluated one-way ANOVA. To obtain consensus and treatment mean position, attributes of the subjects a Generalized Procrustes Analysis was used and comparison of treatments through an ascendant hierarchy classification. Thirty five different sensory descriptive were generated. There were differences in meat sensory profile, it can be said that different treatments influenced in different ways the muscle development of Creole turkey, creating new sensory attributes.

**Keywords:** Backyard; Feed System; Forage;

Guajolote; Kitchen Leftovers

# 1. INTRODUCTION

Backyard turkey production is very important in Méxi-

co and Central America as an economic and cultural issue; for instance, in the Coast of Oaxaca this kind of production represents the main source of income for rural families [1]. An important attribute given by consumers to Creole turkey meat is that the meat has a better taste than the commercial turkeys [2]. In backyard turkey production there are several factors that affect the final presentation of the meat and can have a negative impact in the final quality; one of them is the type of feed used for these animals [3]. It has been reported that when different ingredients are present in the feed, turns out in meat sensory differences [4], such differences are attributed to quantity; composition and distribution of inter muscle fat [5].

Traditionally different sensory traits techniques have been used for poultry products [3], nowadays there are diverse rapid methods of characterization, with the goal to investigate sensory differences between products, and such methods are performed before market analysis and the impact of a new ingredient [6]. Several descriptive techniques has been used such as the flavor profile [7], texture profile [8], quantitative descriptive analysis (QDA) methodology [9], the Spectrum method [10]; however, to apply anyone of the above methods, it is required long lasting exhaustive sessions of training of assessors, in order to provide reliable and consistent results [6].

Recently a merge was performed of the free choice profiling (FCP) [11] with the ranking method on simultaneous presentation of the whole product set, such combination is called the flash profile (FP) [6], where each subject chooses and uses his/her own words to evaluate the whole product set comparatively, this eliminate the large training sessions and getting data for a rapid analysis [12,13].

Nowadays, the flash profile has been used in diverse investigations for sensory descriptive in jams, strawberry yogurt [6], texture evaluation of apple mash [14], for sensory instrumental correlation of baked products [15].

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To date there are no previous reports of the use of flash profile in the evaluation of poultry products, despite their evident advantages. The aim of this study was to use the flash profile to determine if there were meat sensory traits differences in backyard Creole turkeys under two different feed programs.

### 2. MATERIALS AND METHODS

# 2.1. General Procedure

Sensory evaluation was held in a school dinner room in the city of Puerto Escondido, Oaxaca, México, meat samples were prepared in the kitchen. Panelists were trained in a classroom and then started the evaluation in partitioned booths without contact with the rest of the panelist. The evaluation procedure started at 09:00 h with a room temperature 24°C. Meat was from Creole turkeys were bought in the Coast of Oaxaca from turkey backyard producers raised from fourth months old during a period of fifteen months in the experimental camp of the Universidad del Mar under commercial intensive system. Experimental treatments were planned to simulate the kind of feed given to Creole turkey in the backyard [16]. The following treatments were tested 1) kitchen leftovers + fresh forage, 2) turkey commercial feed, 3) kitchen leftovers, 4) turkey commercial feed + fresh forage, and 5) broken maize + fresh forage. Kitchen leftovers contain a variety of feed in a good status conservation: such as rice, beans, tortilla, oat, bread or flour wheat products, raw tomato, lettuce leafs, cabbage, broccoli, beet, carrots, corn, peas, occasionally apple, pear, papaya, watermelon, egg, beef meat, chicken, fish, milk, cheese, turkey and pork sausage. Kitchen leftovers were offered to turkeys in trays, broken maize and commercial feed in feeders, and bunch of fresh forage.

Turkey were slaughter by cervical dislocation, in Universidad del Mar slaughterhouse, they were immediately bled, feathers were took off rinse out with water at 60°C during two minutes, the offal were removed, carcass was cut in pieces, meat skin and fat was removed and deboned, then meat pieces were packed, individually labeled and frozen at –20 C during 30 d. The meat samples used in this trial were from *Pectoralis major* and *Pectoralis minor* from white meat, as extensor and flexor muscles from anterior and posterior thigh, and muscles *Gastrocnemio pars lateralis*, *intermedia and medialis* from right drumstick, which represent red meat cut in Creole turkeys.

For the flash profile (FP) assessment each sample from each treatment were coded using 3-digit random numbers (**Table 1**) to avoid the halo effect in the meat samples at the moment to be evaluated [17]. Creole turkey meats was cooked in boiling water at 100°C until reach a core temperature of 76°C, and then sit for at least

**Table 1.** Diets for Creole turkeys and codes of meat experimental treatments.

Type of feeding	Treatment	Flash Profile White Muscle <sup>1</sup>	Flash Profile Red Muscle <sup>2</sup>		
recuing		Code	Code		
$KL^3 + FF^4$	1	IFB	O25		
CF <sup>5</sup>	2	6IE	FDR		
KL	3	PZG	GI4		
CF + FF	4	U5W	DMW		
$BM^6 + FF$	5	N30	3BG		

<sup>1</sup>Breast muscle of Creole Turkey; <sup>2</sup>Thigh and Drumstick of Creole Turkey; <sup>3</sup>Kitchen leftovers; <sup>4</sup>Fresh forage; <sup>5</sup>Commercial feed; <sup>6</sup>Broken Maize

6 h before the test, in each sensory test, each panelist was offered 10 g of each product, at a  $20^{\circ}\text{C} \pm 1^{\circ}\text{C}$ .

# 2.2. Flash Profile procedure

The Flash Profile procedure was based in the work developed by Dairou and Sieffermann [18]; in order to evaluate the two different types of turkey Creole meat (white and red), two different groups of people were recruited to assesses; the first group breast meat (white) and the second group, thigh and drumstick (red). To perform the first sensory profile, six subjects were recruited (4 women and 2 men) which did not know the kind of meat they were going to assess (white meat); the second group with nine assessors (4 women and 5 men) for the red meat. Assessors were college students with age ranged 20 - 40 years old.

Each sensory profile had three replicas distributed in same session number, previously three sessions of training were held to establish sensory attribute criteria. In the first session, subjects recruited were trained with basic concepts of sensory analysis, such as attribute extraction and measure scale; also the flash profile concept was explained, the session last one hour [17].

In the second session, each assessor generated an individual and provisional list of sensory attributes, which in turn with this attribute would be able to differentiate the samples, then the attributes were classified in appearance, texture, odor, taste and aroma categories; session last around 45 min.

During the third session the assessors selected final sensory attributes and determine the individual final list; each one of the generated attribute list by the assessors was compared with the list of the rest of the group, this session last around 30 min.

In the fourth, fifth and sixth session the sensory evaluation of samples was performed, all simples were presented simultaneously to all assessors, each one of the sensory attributes was scored on an ordinal scale from 0 to 10. These sessions last around 1 h, resting 60 min between every session, in order to avoid influence effect

[17]. During the tests, panelists rinsed their mouth with water between samples [19].

# 2.3. Statistical Analysis

Attribute discrimination by each subject was evaluated by a one-way analysis of variance (ANOVA), considering type of feed as the factor. A consensus configuration for the flash profile data was provided by a Generalized Procrustes Analysis (GPA) [12,14]; then the classification of the evaluated treatments was compared by the two subject groups through Ascendant Hierarchy Classification (AHC). Statistical treatment of sensory data was done by Statgraphic [20] for the ANOVA, for GPA and AHC the program XLSTAT® by Microsoft Excel® version 7.5 [21].

# 3. RESULTS AND DISCUSSION

For the first flash profile, where white meat was evaluated (breast) the group of assessors generated a rank between 5 and 19 attributes each, to obtain a total of 35 different sensory descriptors (**Table 2**).

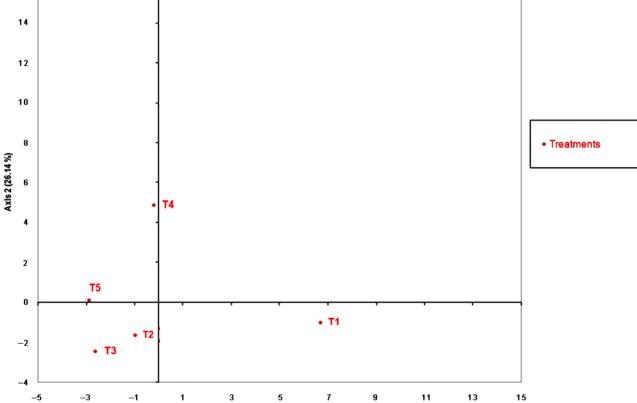
In the second flash profile, where red meat was evaluated (thigh and drumstick) the assessors created between 4 and 19 attributes for a total of 35 different sensory descriptors (**Table 3**). **Tables 2** and **3** show the ANOVA results for each generated attribute by assessors in both types of meat, attributes shows in bold letters are the most important since they contributed to the sensory differentiation of the meat with the different types of feed (P < 0.05).

# 3.1. Sample Sensory Description

**Figures 1** and **2** show the sensory map of white Creole turkey meat (breast) obtained by flash profile 1. **Figure 1** graphically represents the sensory differentiation of feed treatments, treatments 2 and 3 (commercial feed and kitchen leftovers) form a group with common sensory characteristics, while treatments 1 and 4 (kitchen leftovers + fresh forage and commercial feed + fresh forage) are in opposition to the principal axes, which indicates that such treatments produced meat with distinctive sensory attributes to the other treatments. Treatment 5 (broken



Flash Profile 1 (Axis F1 and F2: 73.77%)



**Figure 1.** Representation of Creole turkey meat sensory position with different diets. T1 = kitchen leftovers + fresh forage, T2 = commercial feed, T3 = kitchen leftovers, T4 = commercial feed + fresh forage; T5 = broken maize + fresh forage.

Axis 1 (47.63%)

**Table 2.** Probability of descriptors for the assessors for the flash profile sensory test with Creole white turkey meat samples (breast).

Attribute	Judge						
	1	2	3	4	5	6	
Garlic Aroma	0.156						
Chicken Aroma	0.312					0.037	
Fish Aroma			0.372			0.056	
Spicy Aroma				0.270			
Fat Aroma						0.017	
Salty Flavor	0.974	0.249					
Acid Flavor	0.535						
Sweet Flavor						0.029	
Fish Odor	0.093		0.443			0.004	
Onion Odor		0.168					
Chicken Odor				0.376	0.807	0.392	
Pork Odor				0.997			
Sweet Odor						0.133	
Porous	0.367						
Juicy	0.150		0.858			0.036	
Smooth to tact	0.112	0.059	0.725	0.288	0.938		
Shred	0.771	0.280	0.382		0.124	0.030	
Elasticity				0.226			
Firmness				0.417			
Hardness						0.060	
Dry	0.773						
Sticky		0.700	0.782		0.376		
Crumble					0.445		
Compact				0.398			
Humid to mouth		0.389		0.118		0.063	
Firm to mouth				0.315			
Smooth to mouth				0.027		0.005	
Juicy to mouth						0.037	
Humid to mouth						0.010	
Hard to mouth						0.026	
Brown Color			0.352				
Yellow Color				0.053		0.142	
White Color						0.405	
Porous to view						0.002	
Stringy to view						0.667	

maize + fresh forage) in opposition to the group of samples 1 and 2 by axes 1 and in opposition to samples 1 and 4 (**Figure 1**).

Spatial distribution of each of the sensory attributes of white meat according to the sensory description of assessors is shown in **Figure 2**. It can be seen that white meat from treatment with kitchen leftovers + fresh forage had a higher intensity of chicken odor, fish odor, salty, sticky, shred and very smooth to tact; while, the white meat with the treatment with commercial feed (control), by its position near to origin, was characterized like a

typical product; however, it was more sticky in the mouth than the other treatments; white meat from turkey fed with kitchen leftovers was perceived as a dry product, acid taste, shred and hard in mouth; while white meat from turkeys fed with commercial feed and fresh forage was perceived as a grease product, with spice aroma, garlic, chicken and pig (**Figure 2**). The most quantity of sensory attributes described for white meat where found in treatments 1 and 4 (kitchen leftovers + fresh forage and commercial feed + fresh forage).

**Figures 3** and **4** show the flash profile 2 results, where red turkey meat (thigh and drumstick) was evaluated. Regarding feed treatment of Creole turkeys in 1 and 2 axes, it can be seen 67.90% of total data variation. Products 1 and 3 (kitchen leftovers + fresh forage and kitchen leftovers) are differentiated to the rest of treatments and are separated by the second axes in opposition to products 2, 4 and 5 (commercial feed, commercial feed + fresh forage and broken maize + fresh forage) **Figure 3**.

Creole red turkey meat fed with kitchen leftovers + fresh forage had a brown color, smooth to the tact and the mouth, sweet odor and aroma and odor to turkey meat. Thigh and drumstick meat from turkeys fed with commercial feed was tender in the mouth, porous and juicier. Turkeys fed with kitchen leftovers had red meat which was sweet, was steadier, metal and chicken aroma, usually found in blood. When feeding turkeys with commercial feed + fresh forage, red meat had meat odor, chicken and pork aroma, and to be more sticky. Treatment with broken maize + fresh forage made the thigh and drumstick as salad and had an aroma and odor like a smoked product (Figure 4). Same as breast white meat, assessors perceived the most quantity of sensory attributes on treatments 1 and 4 (kitchen leftovers + fresh forage and commercial feed + fresh forage), which implies that both treatments provide different desirable traits for consumers on Creole turkey meat (red and white), the other treatments granted few sensory attributes, not very diverse.

## 3.2. Comparison of Product Classification

Ascendant hierarchy classification reveal that turkey meat fed with different diets, were classified in a similar way (**Figures 5** and **6**); however, there were higher differences in the red meat profile from turkeys fed commercial feed and kitchen leftovers, moreover, there were higher number of similar traits in turkeys fed with commercial feed + fresh forage and broken maize + fresh forage, which are located in different way in the white meat profile; therefore, in can be deduced that the different diets used for the turkeys, have a different impact in the muscle development of the bird, giving new sensory attributes, that make the differences perceived in the evaluated meat.

**Table 3.** Probability of descriptors for the assessors for the flash profile sensory test with Creole red turkey meat samples (thigh and drumstick).

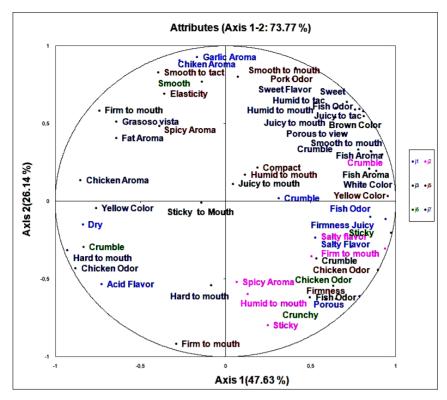
Attribute —	Judge								
	1	2	3	4	5	6	7	8	9
Sweet Flavor		0.462	0.001					0.014	0.242
Salty Flavor					0.067				
Chicken Aroma	0.354					0.018			
Metallic Aroma					0.202				
Smoked Aroma					0.892				
Turkey Aroma							0.087		
Pork Aroma							0.182		
Chicken Odor	0.590								
Fish Odor			0.129					0.080	
Turkey Odor					0.296				
Stringy Odor					0.145				
Smoked Odor					0.699				0.876
Sweet Odor							0.358		0.089
Sticky to tact	0.547			0.079				0.566	
Smooth to tact		0.594	0.044	0.035			0.19	0.709	
Rough to tact		0.037							
Firmness to tact				0.035	0.999	0.645			0.504
Humid to tact									
Marbling to tact						0.195	0.294		
Porous to tact									0.691
Heavy									0.860
Dry						0.796			
Firm to mouth					0.052				
Smooth to mouth				0.204					0.469
Rough to mouth				0.144					
Juicy to mouth						0.002			0.035
Dough in mouth								0.762	
Fresh			0.915						
Crumble					0.124	0.004			0.196
Brown Color	0.624	0.570		0.432	0.071	0.005	0.139	0.398	
Light Brown			0.742						
Translucent									0.009
Dry to view					0.015				
Rough to view					0.014	0.001			
Symmetric to view									0.456

## 3.3. Evaluation of Assessor's Performance

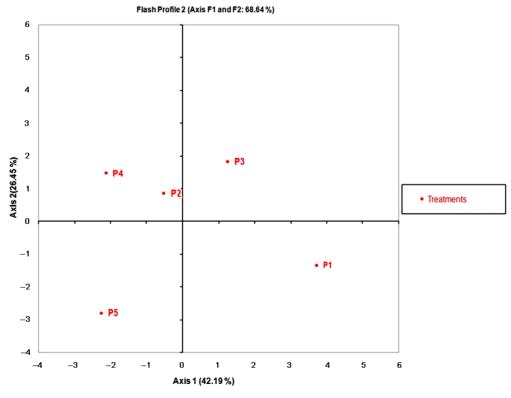
**Figures 7** and **8** shows the assessors used in the sensory description of red and white meat profile, respectively, it can be seen that they make diverse groups around the breast meat products, assessor 7 was more remote than the others. For the thigh-drumstick evaluation, flash profile 2, assessors 2 and 6 are more remote from the group for treatments kitchen leftovers and commercial feed + fresh forage, assessor 9 was more remote for broken maize + fresh forage. Possible causes of the distance are the different terminology used by the

assessors to describe the samples.

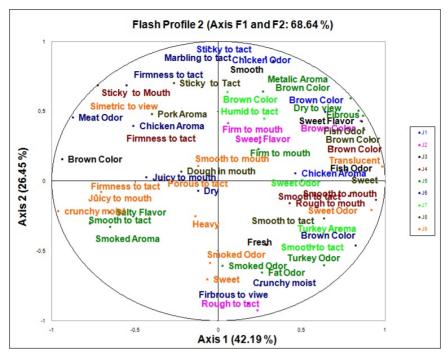
Flash profile has been used with success in pork meat sensory evaluation [18] and dairy products [6], in the present study the results are consistent in the sensory differentiation that acquires turkey meat with the intake of kitchen leftovers + fresh forage and commercial feed + fresh forage, that is why the group of assessors were able to perceive in a sensory way the meat of the different feeding treatments and to select them in a appropriate way. This sensory traits differentiation can be due to composition and quantity of intra muscle fat in the turkey



**Figure 2.** Representation of sensory attributes position of Creole white turkey meat defined by the two first dimensions consensus configuration.

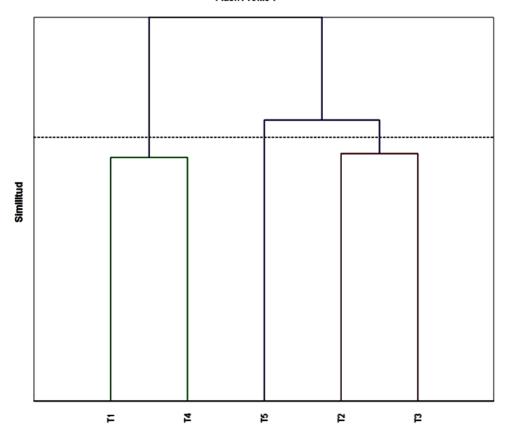


**Figure 3.** Representation of sensory attributes position of Creole red turkey meat with different diets. T1 = kitchen leftovers + fresh forage, T2 = commercial feed, T3 = kitchen leftovers, T4 = commercial feed + fresh forage; T5 = broken maize + fresh forage.



**Figure 4.** Representation of sensory attributes position of Creole red turkey meat defined by the two first dimensions consensus configuration.

#### Flash Profile 1



**Figure 5.** Ascendant hierarchy classification of sensory evaluation of Creole white turkey meat by flash profile method.



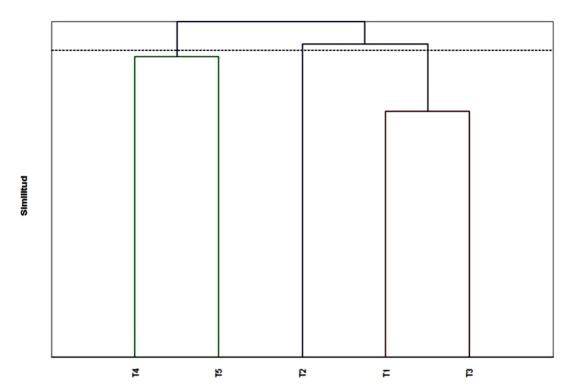


Figure 6. Ascendant hierarchy classification of sensory evaluation of Creole red turkey meat by flash profile method.

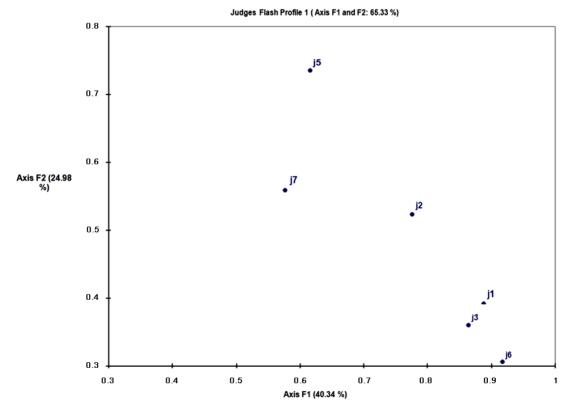
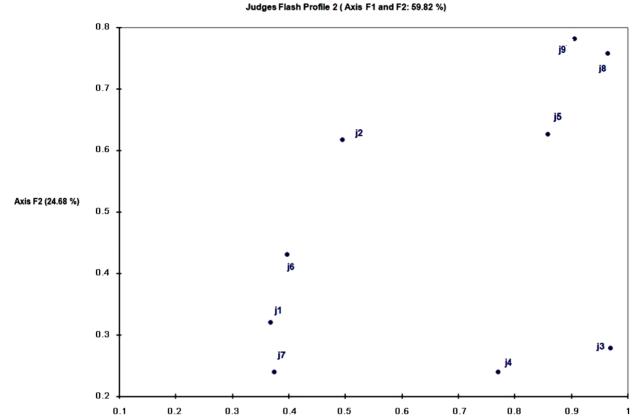


Figure 7. Creole red turkey meat assessor's by flash profile method performance.



# Axis F1 (35.14 %) Figure 8. Creole red turkey meat assessor's by flash profile method performance.

meat [5] which varies depending on the type of feed or vitamin contribution [22] or additives such as  $\beta$ -carotene [23]; other ingredients such as rapeseed flour [24], yellow peas [25], yeast live culture [26] and triticale [27].

It is considered that sensory attributes are important criteria to be included at the moment of feeding animals, because it has an impact in the meat at the moment of consumer's choice in the market [28].

Several researchers have been looking for other causes that may affect sensory traits of birds meat, such as type of meat conservation, refrigerated or frozen [22], age, sex or feeding stage of the bird when is taken to slaughter [29], where they found inconsistence in the obtained results, more studies are warranted to clarify this issue. In the present study, the different diets used in backyard Creole turkeys had an effect on the development of new aromas, odors, colors and texture that contribute to quality sensory of red and white meat of Creole turkey. The diets kitchen leftovers + fresh forage and commercial feed + fresh forage, gave as a result new characteristic attributes to the turkey meat.

With the flash profile method it was evident in a quick way, the sensory attributes that make the difference between the white meat from breast and red meat from thigh and drumstick. The results from the present study show that flash profile is a reliable alternative of sensory characterization of Creole turkey meat, when there is not a trained sensory group available and without the proper sensory laboratory. The detected sensory attributes with the flash profile used in the present study can be used for the development of a sensory profile through quantitative descriptive analysis technique, as a basis to develop a consumer's preferences map and for the instrumental-sensory correlation.

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