**Special Issue on Health Promotion and Behavior**

**Call for Papers**

Health promotion enables people to increase control over their own health. It covers a wide range of social and environmental interventions that are designed to benefit and protect individual people’s health and quality of life by addressing and preventing the root causes of ill health, not just focusing on treatment and cure.

Health behavior is an action taken by a person to maintain, attain, or regain good health and to prevent illness. Health behavior reflects a person's health beliefs. Some common health behaviors are exercising regularly, eating a balanced diet, and obtaining necessary inoculations.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on **Health Promotion and Behavior**.

Potential topics include, but are not limited to:

- Health maintaining and enhancing
- Health lifestyle
- Health beliefs
- Health and risk behaviors
- Body weight management
- Behavior and obesity prevention
- Healthy eating and dietary behavior
- Sexual behavior and health
- Self-care and self-management
- Exercise, physical activity, behavior and health
- Health literacy
- Smoking cessation

Authors should read over the journal’s [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal’s [Paper Submission System](#).

Please kindly notice that the “**Special Issue**” under your manuscript title is supposed to be specified and the research field “**Special Issue –Health Promotion and Behavior**” should be chosen during your submission.

According to the following timetable:
<table>
<thead>
<tr>
<th>Submission Deadline</th>
<th>October 10th, 2019</th>
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<tr>
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For publishing inquiries, please feel free to contact the Editorial Assistant at submission.entrance1@scirp.org

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