Health promotion is “The process of enabling people to increase control over, and to improve, their health”, defined by the World Health Organization. It is focused on preventative healthcare rather than a medical model of curative care. To reach a state of complete physical, mental and social well-being, an individual or group must be able to identify and to realize aspirations, to satisfy needs, and to change or cope with the environment.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring Health Promotion. Potential topics include, but are not limited to:

- Physical: fitness, nutrition, medical self-care, control of substance abuse
- Emotional: care for emotional crisis, stress management
- Social: communities, families, friends
- Intellectual: education, achievement, career development
- Spiritual: love, hope, charity

Authors should read over the journal’s For Authors carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal’s Paper Submission System.

Please kindly specify the “Special Issue” under your manuscript title. The research field “Special Issue - Health Promotion” should be selected during your submission.

Special Issue Timetable:

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Guest Editor:

For further questions or inquiries, please contact Editorial Assistant at health@scirp.org.