

# 1. Prologue

## Warning-Disclaim:

It is stated that the author is not liable for the inappropriate diagnosis or incorrect therapeutic indications resulting for misunderstanding of the syndromic concepts here presented.

This book is just a guide to try to avoid confusion when determining the nosological entities that will undergo treatment.

**“The proper of knowledge is not to see or demonstrate, but to interpret.”**

## Michel Foucault (1926-1984)

After concluding my work: *“Systemized Integration of the Therapeutic Acupunctural Knowledge”*, I felt the need to continue to compose the implicit intricacies of Chinese Medicine with the desire to homologate and optimize in the West both, the diagnosis and the therapeutic practice of this wonderful millennial wisdom.

That is why I decided to face the challenge of deepening my knowledge in the Chinese Medical Syndromes: true *“secret passages”* that trace a precise guide to the right way in the semiologic labyrinth, that make up these nosological entities of Chinese Medicine.

Its accuracy has never gone out of fashion; still today we get surprised with its diagnostic precision and its therapeutic efficacy. Even in the face of the overwhelming scientific and technological progress under the chronological view of the XXI century, this ancient art is still more than valid, finding its place in multidisciplinary integration with the current medical, psychological and social specialties that presuppose the vanguard of holistic health knowledge of our time.

This ancestral wisdom that finds a sound basis in the *“Book of Changes” (I-Ching)*, has not mutated its perennial principles, but it continues to give us an inestimable resource for the correct nosological determination of each of the various possible pathologies that may potentially affect the human being.

Trying also to change the partial negative opinion that most Western scientists have about this venerable knowledge, I ventured into the study of Euclid and his revealing Geometry, finding an incredible resemblance between the Elements consecrated by Chinese Medicine and their Greek homonyms derived from the oldest existing formal science. This comparison has led me to establish—within the cloisters of the Chinese National Academy of Medical Sciences—the possibility of considering Traditional Chinese Medicine as an *exact science* that adheres to invariable rules derived from such perennial mathematical knowledge.

The analysis of the dynamic relationship between *“Terrestrial”* and *“Celestial”* Forces—formerly considered mere “legendary Chinese metaphors and allegories”, led me to an exhaustive elec-

tro-physical analysis of the lightning, concrete interaction of the powers present “*between Heaven and Earth*”. I have also succeeded in demonstrating that such principles have a formidable possibility of application, even in serious life-threatening situations. Many of the statements made in this volume come from my personal experience in each of the conditions presented, as well as in the rescue of victims of sudden death and cardiac arrest, with promising survival rates subject to strict biostatistics analysis.

Such medical experiences have led me to discover a new Extraordinary Channel—the “**Reconciliation Vessel**”—justifying its existence and applications from every possible medical and philosophical point of view before the aforementioned **Chinese National Academy of Medical Sciences** and the **Medical University of Hainan Editorial Committee**, nowadays my beloved “bastion of knowledge” from where this novelty has been published and from where its bases are widespread to the academic requirements from all over the world.

Facing my first book and the integrated systematization of the points that make up the main meridians of Acupuncture, I tried to solve their complex and intricate relationships, considering then relevant to try to find all the possible clinical situations that involve the action and influence of each one of these “energy emergents” of our body.

Now the challenge is different: it will result in knowing not only more than the number or possibilities of indications for each Acupuncture point, but also how the meaning of its therapeutic usefulness varies according to the syndrome that we are dealing with. You will note—according to the Organ, Element or condition of the patient—how the same Acupuncture point explains its different functions according to its influence within the Generative and Inhibitory Cycles that represents that medical situation that we strive to correct.

I also need to point out that you will appreciate a large number of Acupuncture points stated according to the objectives of the therapeutic plan of these syndromes. I want to make it clear that **you should not—nor is it necessary—use all the points presented in each case;** only those that, at the reader’s discretion (who will be able to consult the fundamentals of each point specifically referred to the syndrome in question) will be indispensable to solve the problem. **The therapist will choose the sequence based on the Organ and State Criteria**—according to the nature of the syndrome—in addition to the affected Vessel or Meridian Criterion as another diagnostic research option, so as to select rationally and specifically the most focused treatment for each particular case. It would be advisable not to use more than 10 strategic points per treatment session to avoid energetic spoliation of the patient.

In order to achieve this goal, I not only consulted the published data in my mentioned previous book (“Systematized Integration of Acupunctural Therapeutic Knowledge”, by Nova Publishers), but I also had to expand my knowledge using diverse and valuable sources—nowadays, all of them accessible via internet—to enrich the reasons that justified the selection of points for each of the presented conditions.

The online consultation of the *Yin-Yang House Database* has provided me with valuable information about indications of points that effectively complemented my prior knowledge. The same

situation resulted from the consultation of <https://www.sacredlotus.com>; <Http://www.acupuncture-points.org/> and <http://tcmpoints.com/es/>, sites that helped greatly me to improve my understanding and exposure of the presented data.

I have also consulted the extensive on-line work of Dr. A. Carlos Nogueira Pérez—“*Acupuncture II: Physiology, Pathology, Semiology and Therapy in Traditional Chinese Medicine*”, which summarizes, in a clear and interesting way, the fundamentals of Acupuncture and the Chinese syndromes for Occidental colleagues, from whom it is intended. Its references follow the Chinese education timelines fairly faithfully, so your query was truly valuable.

I have also consulted the compendium “*Clinical Manual of Oriental Medicine: an Integrative Approach*”, a well-known reference work edited by the Lotus Institute of Integrative Medicine of California for the accreditation of the specialty in the United States.

The epistemological interpretation for my modification of the Tao diagram received the appreciated analysis of Dr. Gustavo Apreda. With his invaluable help, we were able to validate its fundamental meaning as “complementary relational paradigm”, centered within the recursive discourse of interrelation that currently considers the so-called “*Integral Paradigm*”.

I think almost no one in the West ventures into Acupuncture without reading the wonderful work entitled “*The Web that has no Weaver*” by Harvard teacher Prof. Ted Kaptchuk, whose literary brilliance—very difficult to convey in our specialty—has become a classic of obligatory consultation. Prof. Kaptchuk has been very generous in authorizing me to express his knowledge and thoughts regarding the “**Treatise on Febrile Diseases**” that were key concepts for the “*Pericardial Syndromes*” and their historical and pathophysiological bases. I gratefully thank Prof. Kaptchuk for his disinterested and friendly handing over.

The same reference should be made in favor of Prof. Chen Guimin—Director of the Clinical Department and the Integrated Laboratory of Traditional Chinese Medicine of the Medical University of Hainan (Haikou, Hainan Prov., China)—whom I had the great pleasure to know thanks to the intercession of Dr. Shunhai Qu, Chairman of the Editorial Committee of the Medical University of Hainan and the China Association of Medical Editors of University Medical Journals, today my current mentor and reference for all academic management in this beloved country. At the request of Dr. Qu and current Hainan University’s president, Prof. Chuanzhu Lv, Prof. Chen patiently agreed to discuss with me the intricacies of the “**Reconciliation Vessel**” as well as the foundations for proposing the classification of **Pericardial Syndromes** into the extensive list of Chinese Syndromes. This edition will have the great honor of passing through her hands—as well as those of her colleagues at Chengdu Medical University—for their criticism, correction and verification of concepts.

Finally, the consultation required both my notes and the monographs of the Argentine Society of Acupuncture Teaching Department, specifically speaking about the monographs on “*The Basic Syndromes of Traditional Chinese Medicine*” and the “*Theory of Five Movements*” by Prof. Dr. Eduardo Jovenich; and “*The Basic Oriental Clinical Syndromes: Introduction to the Eight Principles*” by Prof. Monek Guz. Such monographs have cemented from the beginning my knowledge and

this work. My sincere thanks to all the teaching staff is not enough to express my deepest gratitude to all of them.

I strongly suggest the frequent consultation of quoted sites mentioned in the West **and their complete reading**, since only by grasping the general idea of the whole text (and not by a simple reference) will they clarify some dark point of my work or what I have inadvertently avoided or not written.

Finally, I would like to tell you that I wrote this prologue between the intervals of attention between the visits of my dear patients: foundation, essence and destiny of all my worries and main motive of international recognition for my effort for them.