

ISSN: 2163-940X Volume 13, Number 4, November 2023



# Open Journal of Respiratory Diseases



ISSN: 2163-940X



<https://www.scirp.org/journal/ojrd>

# Journal Editorial Board

ISSN: 2163-940X (Print) 2163-9418 (Online)

<https://www.scirp.org/journal/ojrd>

---

## Editorial Board

<b>Prof. Surendra Kumar Bansal</b>	University of Delhi, India
<b>Prof. Keertan Dheda</b>	University of Cape Town, South Africa
<b>Prof. Ferah Ece</b>	Istinye University, Liv Hospital, Türkiye
<b>Dr. Sachin Gajghate</b>	Temple University School of Medicine, USA
<b>Prof. Junzo Kamei</b>	Hoshi University, Japan
<b>Prof. Hannu Kankaanranta</b>	University of Tampere, Finland
<b>Prof. Jack Andrew Kastelik</b>	Castle Hill Hospital, UK
<b>Dr. Anatoly N. Mikerov</b>	Saratov State Medical University, Russia
<b>Dr. Steven E. Mutsaers</b>	University of Western Australia, Australia
<b>Prof. Gabriele Nicolini</b>	Chiesi Farmaceutici, Italy
<b>Dr. Yasumasa Okada</b>	Murayama Medical Center, Japan
<b>Prof. Elisabetta Renzoni</b>	Royal Brompton Hospital, UK
<b>Dr. Alan D. L. Sihoe</b>	The University of Hong Kong, China
<b>Dr. Laimute Taraseviciene-Stewart</b>	University of Colorado, USA
<b>Prof. Mariano García Yuste</b>	University Clinic Hospital, Spain
<b>Dr. Khalequz Zaman</b>	University of Virginia, USA
<b>Dr. Eduardo Zepeda</b>	Universidad Nacional Autonoma de Mexico, Mexico

# Table of Contents

**Volume 13    Number 4**

**November 2023**

**Real-World Safety and Performance of Saline Nasal Spray Products for Nasal  
Cleansing and Reducing Obstruction of the Nasal Cavity**

M. M. Albasser, G. Smith, M. B. Fernandes, N. Patel, P. Novak, M. Hagen.....65

# Open Journal of Respiratory Diseases (OJRD)

## Journal Information

### SUBSCRIPTIONS

The *Open Journal of Respiratory Diseases* (Online at Scientific Research Publishing, <https://www.scirp.org/>) is published quarterly by Scientific Research Publishing, Inc., USA.

#### Subscription rates:

Print: \$79 per issue.

To subscribe, please contact Journals Subscriptions Department, E-mail: [sub@scirp.org](mailto:sub@scirp.org)

### SERVICES

#### Advertisements

Advertisement Sales Department, E-mail: [service@scirp.org](mailto:service@scirp.org)

#### Reprints (minimum quantity 100 copies)

Reprints Co-ordinator, Scientific Research Publishing, Inc., USA.

E-mail: [sub@scirp.org](mailto:sub@scirp.org)

### COPYRIGHT

#### Copyright and reuse rights for the front matter of the journal:

Copyright © 2023 by Scientific Research Publishing Inc.

This work is licensed under the Creative Commons Attribution International License (CC BY).

<http://creativecommons.org/licenses/by/4.0/>

#### Copyright for individual papers of the journal:

Copyright © 2023 by author(s) and Scientific Research Publishing Inc.

#### Reuse rights for individual papers:

Note: At SCIRP authors can choose between CC BY and CC BY-NC. Please consult each paper for its reuse rights.

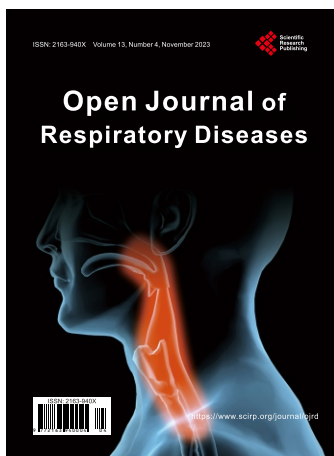
#### Disclaimer of liability

Statements and opinions expressed in the articles and communications are those of the individual contributors and not the statements and opinion of Scientific Research Publishing, Inc. We assume no responsibility or liability for any damage or injury to persons or property arising out of the use of any materials, instructions, methods or ideas contained herein. We expressly disclaim any implied warranties of merchantability or fitness for a particular purpose. If expert assistance is required, the services of a competent professional person should be sought.

### PRODUCTION INFORMATION

For manuscripts that have been accepted for publication, please contact:

E-mail: [ojrd@scirp.org](mailto:ojrd@scirp.org)



**Call for Papers**

# Open Journal of Respiratory Diseases

ISSN Print: 2163-940X ISSN Online: 2163-9418

<https://www.scirp.org/journal/ojrd>

**Open Journal of Respiratory Diseases (OJRD)** is an international journal dedicated to the latest advancements in Respiratory Diseases. The goal of this journal is to provide a platform for scientists and academicians all over the world to promote, share, and discuss various new issues and developments in different areas of Respiratory Diseases.

## Editorial Board

**Prof. Surendra Kumar Bansal**

**Prof. Keertan Dheda**

**Prof. Ferah Ece**

**Dr. Sachin Gajghate**

**Prof. Junzo Kamei**

**Prof. Hannu Kankaanranta**

**Prof. Jack Andrew Kastelik**

**Dr. Anatoly N. Mikerov**

**Dr. Steven E. Mutsaers**

**Prof. Gabriele Nicolini**

**Dr. Yasumasa Okada**

**Prof. Elisabetta Renzoni**

**Dr. Alan D. L. Sihoe**

**Dr. Laimute Taraseviciene-Stewart**

**Prof. Mariano Garcia Yuste**

**Dr. Khalequz Zaman**

**Dr. Eduardo Zepeda**

University of Delhi, India

University of Cape Town, South Africa

Istinye University, Liv Hospital, Türkiye

Temple University School of Medicine, USA

Hoshi University, Japan

University of Tampere, Finland

Castle Hill Hospital, UK

Saratov State Medical University, Russia

University of Western Australia, Australia

Chiesi Farmaceutici, Italy

Murayama Medical Center, Japan

Royal Brompton Hospital, UK

The University of Hong Kong, China

University of Colorado, USA

University Clinic Hospital, Spain

University of Virginia, USA

Universidad Nacional Autonoma de Mexico, Mexico

## Subject Coverage

All manuscripts must be prepared in English, and are subject to a rigorous and fair peer-review process. Accepted papers will immediately appear online followed by printed hard copy. The journal publishes original papers including but not limited to the following fields:

- Chronic Inflammatory Lung Diseases
- Chronic Obstructive Pulmonary Disease
- Chronic Respiratory Disease
- Influenza and Other Respiratory Viruses
- Pediatric Respiratory Diseases
- Pleural Cavity Diseases
- Pulmonary Vascular Diseases
- Respiration Physiology
- Respiratory Medicine
- Respiratory Tract Infections
- Respiratory Tumors
- Restrictive Lung Diseases
- Therapeutic Advances in Respiratory Disease

We are also interested in: 1) Short Reports—2-5 page papers where an author can either present an idea with theoretical background but has not yet completed the research needed for a complete paper or preliminary data; 2) Book Reviews—Comments and critiques.

## Website and E-mail

<https://www.scirp.org/journal/ojrd>

E-mail: [ojrd@scirp.org](mailto:ojrd@scirp.org)

## ***What is SCIRP?***

Scientific Research Publishing (SCIRP) is one of the largest Open Access journal publishers. It is currently publishing more than 200 open access, online, peer-reviewed journals covering a wide range of academic disciplines. SCIRP serves the worldwide academic communities and contributes to the progress and application of science with its publication.

## ***What is Open Access?***

All original research papers published by SCIRP are made freely and permanently accessible online immediately upon publication. To be able to provide open access journals, SCIRP defrays operation costs from authors and subscription charges only for its printed version. Open access publishing allows an immediate, worldwide, barrier-free, open access to the full text of research papers, which is in the best interests of the scientific community.

- High visibility for maximum global exposure with open access publishing model
- Rigorous peer review of research papers
- Prompt faster publication with less cost
- Guaranteed targeted, multidisciplinary audience



**Scientific  
Research  
Publishing**

**Website: <https://www.scirp.org>**

**Subscription: [sub@scirp.org](mailto:sub@scirp.org)**

**Advertisement: [service@scirp.org](mailto:service@scirp.org)**