



## Special Issue on Sleep Disorders

### Call for Papers

Sleep disorders are characterized by abnormal sleep patterns (such as snoring, insomnia and sleep apnea). Most people occasionally experience sleeping problems due to stress, a health problem, or other factors. When sleep problems are a regular occurrence and interfere with daily life, they may indicate a sleeping disorder. Sleep disorders are becoming increasingly common nowadays.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring **Sleep Disorders**. Potential topics include, but are not limited to:

- Sleep apnea
- Sleep paralysis
- Sleepwalking
- Hypersomnia
- Insomnia disorder
- Night terror
- Parasomnias
- Sleep hygiene
- Polysomnography
- Sleep disorder in the elderly

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly specify the “**Special Issue**” under your manuscript title. The research field “**Special Issue - Sleep Disorders**” should be selected during your submission.

Special Issue Timetable:

Submission Deadline	August 5th, 2016
Publication Date	October 2016

### Guest Editor:

For further questions or inquiries, please contact Editorial Assistant at [health@scirp.org](mailto:health@scirp.org).