



Special Issue on Sports and Health

Call for Papers

Although research interest on physical activity and health dates back to the 1950s, the breakthrough in the scientific evidence on health benefits of physical activity largely took place during the 1980s and 1990s. There is an overwhelming amount of scientific evidence on the positive effects of sport and physical activity as part of a healthy lifestyle. The positive, direct effects of engaging in regular physical activity are particularly apparent in the prevention of several chronic diseases, including: cardiovascular disease, diabetes, cancer, hypertension, obesity, depression and osteoporosis. The goal of this special issue is to provide a platform for scientists and academicians all over the world to promote, share, and discuss various new issues and developments in the area of **sports and health**.

In this special issue, we invite front-line researchers and authors to submit original research and review articles that explore **sports and health**. In this special issue, potential topics include, but are not limited to:

- The health benefits of sport and physical activity
- Physical activity and psychosocial health
- Sport and physical activity as part of a healthy lifestyle
- Health benefits of sport in practice
- Aerobic exercise and health promotion
- Sport and exercise biochemistry and nutrition
- Public health promotion
- Sport and exercise psychology
- Sport medicine
- Sport and exercise physiology

Authors should read over the journal's [Authors' Guidelines](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly specify the “**Special Issue**” under your manuscript title. The research field “**Special Issue – Sports and Health**” should be selected during your submission.

Special Issue timetable:

Submission Deadline	November 25th, 2015
Publication Date	January 2016

Guest Editor:



For further questions or inquiries
Please contact Editorial Assistant at
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