HEALTH

Special issue on Obesity

Call for Papers

Obesity is a medical condition in which excess body fat has accumulated to the extent that it may have an adverse effect on health, leading to reduced life expectancy and/or increased health problems. People are considered as obese when their body mass index (BMI), a measurement obtained by dividing a person's weight in kilograms by the square of the person's height in metres, exceeds 30 kg/m2.

Obesity increases the likelihood of various diseases, particularly heart disease, type 2 diabetes, obstructive sleep apnea, certain types of cancer, and osteoarthritis. Obesity is most commonly caused by a combination of excessive food energy intake, lack of physical activity, and genetic susceptibility, although a few cases are caused primarily by genes, endocrine disorders, medications or psychiatric illness. Evidence to support the view that some obese people eat little yet gain weight due to a slow metabolism is limited; on average obese people have a greater energy expenditure than their thin counterparts due to the energy required to maintain an increased body mass.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring **Obesity**.

Authors should read over the journal's <u>Author Guidelines</u> carefully before submission, Prospective authors should submit an electronic copy of their complete manuscript through the journal <u>Paper Submission System</u>.

Please kindly notice that the "Special Issue" under your manuscript title is supposed to be specified and the research field "Obesity" should be chosen during your submission.

According to the following timetable:

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