



Special Issue on Exercise Physiology

Call for Papers

Exercise physiology is the physiology of physical exercise that addresses the short-term responses to physical stress and the adaptability of the body in relation to repeated exposure to physical activity over time. Exercise physiologists use this knowledge to prescribe effective exercise programs for rehabilitation and relief from pain and discomfort as well as to treat many chronic health problems.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring **Exercise Physiology**. Potential topics include, but are not limited to:

- Energy expenditure
- Metabolic changes
- Endurance failure
- Acute adaptations to exercise
- Hormonal responses to exercise
- Immunological adjustments
- Chronic diseases and exercise prescriptions

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly specify the “**Special Issue**” under your manuscript title. The research field “**Special Issue - Exercise Physiology**” should be selected during your submission.

Special Issue Timetable:

Submission Deadline	February 15th, 2023
Publication Date	April 2023

Guest Editor:

For further questions or inquiries, please contact Editorial Assistant at ape@scirp.org.