Vasodilatation induced by forskolin involves cyclic GMP production

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Received 30 June 2011; revised 5 August 2011; accepted 20 August 2011.

ABSTRACT

Endothelium-derived relaxing factors contribute to smooth muscle relaxation. The aim of the present study was to investigate the contribution of nitric oxide (NO) produced in the endothelial cells to the vasodilatation stimulated with forskolin in rat aorta. Forskolin that directly activates adenylyl-cyclase, induced complete relaxation in phenylephrine-contracted aortas. Endothelium removal reduced the potency (pEC₅₀) of forskolin without changes in the maximum effect (Emax). However, the inhibitor of endothelial NO-synthase (10 µM L-NG-Nitroarginine, L-NNA) reduced both Emax and pEC_{50} in intact endothelium aortic rings. L-NNA or L-NNA plus cyclooxygenase inhibitor indomethacin (10 µM) reduced both Emax and pEC₅₀ of forskolin. Forskolin increased both the cytosolic Ca²⁺ concentration and the cytosolic NO concentration ([NO]c) in the endothelial cells. The PKA inhibitor KT5720 reduced the NO production activated by forskolin in the endothelial cells. The enhanced [NO]c in the endothelial cells increased cyclic guanosine-monophosphate (cGMP) in smooth muscle cells, which was abolished by L-NNA. Taken together, our results indicate that vasodilatation mediated by forskolin in rat aortic rings is potentiated by NO production in endothelial cells that increases the cGMP levels in the smooth muscle cells that along with cAMP contribute to the vasodilatation.

Keywords: Forskolin; Cytosolic Calcium; cAMP; cGMP; Endothelial Cells; Nitric Oxide

1. INTRODUCTION

Intracellular levels of cyclic nucleotide 3'-5' cyclic

monophosphate adenosine (cAMP) are regulated through its synthesis by adenylyl cyclase [1]. Forskolin, a diterpen obtained from *Coleus forskohlii*, can activate all the isoforms of adenylyl cyclase by binding to its catalytic subunit resulting in cAMP production [2,3].

It has been reported that forskolin directly mediates the vasodilatation activating adenylyl-cyclase on the vascular smooth muscle cells [3-5]. This effect is due to activation of protein kinase-A (PKA) that can phosphorylate several proteins involved in various effects such as 1) inhibition of Ca^{2+} influx across the plasma membrane [6]; 2) increase of Ca^{2+} uptake into the sarcoplasmic reticulum [7]; 3) inhibition of myosin light chain kinase [8]; 4) activation of Ca^{2+} efflux from the smooth muscle cells [9].

A large amount of potential compounds which could produce NO via cAMP has been investigated. NO can be synthesized by three distinct isoforms of NO-synthases, a constitutive Ca^{2+} and calmodulin-dependent soluble form that is present mainly in neural tissues (nNOS), an inducible Ca^{2+} -independent form that is inducible by endotoxin or certain cytokines (iNOS) or a constitutive Ca^{2+} and calmodulin-dependent membrane-bound isoform (eNOS) present in the endothelial cells and that plays an important role in the dynamic control of vascular tone [10-12] because NO produced in the endothelial cells activates the production of cGMP in the vascular smooth muscle cells and induces vasodilatation.

As reported by Moncada and Vane (1979) [13] the smooth muscle cells are able to generate PGI_2 , and the arterial endothelial cells synthesize this factor three or ten times more than the venous endothelium. In the same way, Samokovlisky *et al.* (1999) [14] have shown that the increase of cAMP in bovine aortic endothelial cells inhibits PGI_2 production, an effect that is suppressed by cAMP inhibition.

Therefore, the aim of the present study was to investi-

gate the contribution of NO produced in the endothelial cells to the vasodilatation stimulated with forskolin in rat aorta.

2. MATERIAL AND METHODS

2.1. Vascular Reactivity Studies

Male Male Wistar rats (180 - 200 g) were anesthetized and killed by decapitation and the thoracic aortas were isolated. Aortic rings, 4 mm in length, were placed in bath chambers (10 mL) for isolated organs containing physiological salt solution (PSS) at 37°C, continuously bubbled with 95% O₂ and 5% CO₂, pH 7.4. The system was connected to an F-60 force-displacement transducer, and the contractile responses were recorded on a polygraph (Narco Biosystems Inc., Houston-TX). The aortic rings were submitted to a tension of 1.5 g, which was readjusted every 15 min throughout a 60-min equilibration period before the addition of the given drug. An optimal basal tension of 1.5 g was previously standardized by exposing the vessels to 90 mM KCl under various resting tensions (0.25 - 2.5 g). All the procedures were in accordance with the Ethical Animal Committee of the University of São Paulo, Brazil.

At the beginning of the experiments, the aortas were stimulated with 1 μ M norepinephrine to test their functional integrity. In some preparations, the endothelium was mechanically removed by gently rubbing the intimal surface with stainless steel holders. The integrity of the endothelium was tested with acetylcholine (1 μ M). Endothelium removal was confirmed by lack of acetylcholine-induced relaxation.

After the endothelial integrity was assessed, aortic rings were pre-contracted with 100 nM phenylephrine. When the plateau was reached, concentration-effect curves to forskolin (0.1 nM to 1 μ M) were constructed in the absence or in presence of eNOS inhibitor L-NNA (10 μ M), cyclooxigenase inhibitor indomethacin (10 μ M) or the combination of both inhibitors in the same concentrations used alone.

2.2. Ca²⁺ Imaging with Fluorescent Probe

Briefly, the aortas were dissected and longitudinally opened and endothelium cells were isolated by gently rake friction in Hanks solution. The resulting cells solution was centrifuged at 200 xg and suspended in Hanks solution. The cells were placed on glass coverslips and kept in a humidified 37°C incubator gassed with 5% CO₂ for 4 h. The cells were then loaded with 5 μ M Fura-2AM in 1 mg/mL BSA for 40 min at 37°C. Excess dye was removed by washing out the dye with bath solution for 20 min for intracellular desterification of Fura-2AM. Dishes containing Fura-2AM loaded cells were placed in a temperature-regulated (37°C) chamber mounted on the Nikon inverted microscope [15]. The fluorescence measurement was performed by the window of a dual wavelength spectrofluorimeter (Deltaram, Photon Technology Intl), at excitation wavelengths of 340 nm and 380 nm and an emission wavelength of 510 nm.

Fura-2 fluorescent signals originated from the cells stimulated with forskolin (1 μ M) were collected and stored using a software package from Photon Technology International (Felix). The cells that showed fluorescence above 4 × 10⁵ counts were used. Fura-2 ratio corrected for background fluorescence was converted to $[Ca^{2+}]_c$ by the ratio between the two excitation wavelengths (340 and 380 nm) in which Fura-2 fluorescence and measured at 510 nm. Fluorescence emission was collected from the single cell. However, at least three independent experiments were performed using separate cells. Because of the recognized uncertainties inherent to the measurement of absolute $[Ca^{2+}]_c$, in this study the results are expressed as the R340/380 nm ratio of fluorescence.

2.3. Nitric Oxide (NO) Measurements

2.3.1. Confocal Microscopy and Image Analysis

The endothelial cells were plated on glass coverslips and kept in a humidified 37°C incubator gassed with 5% CO₂. The cells were used 3 h after plating and were maintained in a serum-free medium. To assess the cytosolic NO concentration ([NO]_c), endothelial cells were loaded with 4,5-diaminofluorescein-2 diacetate (DAF-2/DA) (1 μ M) for 30 min at room temperature on the day of the experiment [16,17]. Excess dye was removed by washing the dye out with bath solution and allowing 30 min for intracellular desterification of DAF2/DA to DAF-2. The cells were imaged in Hanks buffer (pH 7.4). [NO]_c was assessed by a confocal scanning laser microscope (Leica TCS SP5). DAF-2 fluorescence was excited with the 488-nm line of an argon ion laser, and the emitted fluorescence was measured at 515 nm. A time-course software was used to capture images of the cells at cells at 2 sec intervals (xvt) in the Live Data Mode acquisition. By using the LSCM computer software, the intensities of the intracellular maximal or minimal fluorescence was measured. The initial fluorescence intensity value at t = 0sec as taken as F_o, and the final fluorescence intensity obtained after stimulation with 1 µM forskolin was designated F. In this way, the percentage of the difference in fluorescence intensity (% Δ F), which reflects the increase in [NO]c, was obtained for each protocol in relation to the control (100%): $\Delta F = F/F_0 \times 100$, where $F_0 =$ DAF-2 basal fluorescence intensity and F = DAF-2Tfluorescence intensity after stimulation of the endothelial cells with forskolin (1 μM). A similar protocol was applied with pre-incubation with L-NNA (10 μM) for 5 min.

2.3.2. Flow Cytometry

Cytofluorographic analysis was performed by using a FACScan (Becton-Dickinson, San Jose-CA) with an argon ion laser tuned to 488 nm at 15 mW output. The cells were analyzed at the flow cytometer without DAF-2/DA. Before the detection of NO, the cells were analysed on the flow cytometer. Then, the cells were loaded with the selective NO fluorescent dye (DAF-2/DA -10 µM) for 20 min (Blank). After that, the cells loaded with DAF-2/DA were stimulated with forskolin (1 μ M) and analyzed at zero, 5 min and 10 min. Similar protocol was performed in the presence of the selective PKA inhibitor KT5720 (10 µM). The inhibitor was added to the endothelial cells solution 10 min prior to the addition of DAF-2/ DA. All the steps were performed in zero-Ca²⁺ medium to exclude the role of PKA on Ca²⁺ channels and consequent activation of NO production by Ca²⁺-dependent mechanism. Acquisition was set at 10,000 cells and the mean fluorescence intensity was measured in all samples by using CellQuest 1.2 software (Becton-Dickinson, Franklin Lakes, NJ). The mean fluorescence intensity (FI) for cells was expressed with DAF-2/DA (blank) and cells loaded with DAF-2/DA in the presence of forskolin (1 µM), and KT5720 (10 µM) plus forskolin (1 μM).

2.4. Measurement of cGMP Content

In order to measure cGMP tissue content, intact rat aortas were incubated with sildenafil (1 µmol/L) for 30 min. The vessels were the exposed to 0.1 µM phenylephrine for 10 min or to 0.1 μ M phenylephrine for 10min followed by a 10-min exposure to forskolin (1 μ M). In another set of experiments, L-NG-Nitroarginine (L-NNA 10 µM) was incubated for 10 min and the vessel was exposed to phenylephrine (0.1 µM) for 10min, followed by a 10-min exposure to forskolin (1 µM). This was the concentration of forskolin that produced maximum relaxation (Emax) of the aortic rings. The vessel segments were rapidly frozen in liquid nitrogen, homogenized in 6% trichloroacetic acid, and centrifuged. The supernatant was extracted with water-saturated diethyl ether for six times. The samples were then evaporated under nitrogen and the cGMP content was assayed in duplicate by using a commercially available enzyme-immunoassay kit (Amersham Biosciences). Basal cGMP was defined as the cGMP content obtained without stimulation in the homogenized vessel containing intact endothelium. Results are expressed as fentomoles of cGMP per milligram of protein. Protein was determined by using the Folin Ciocaulteau method.

2.5. Drugs and Solutions

Acetylcholine, Albumin bovine fraction V, fatty acidfree, Albumin bovine fraction V, Dimethyl sulfoxide (Grade I) DMSO, Forskolin (HPLC grade), Indomethacin, Norepinephrine, Phenylephrine hydrochloride, $N^{\rm G}$ nitro-L-arginine (L-NNA), and Poly-L-lysine solution were obtained from Sigma. DAF-2DA was purchased from Sigma Chem. Co. (St Louis, MO). Fura-2AM was obtained from Molecular Probes (Eugene, OR). The enzy me-immunoassay Biotrak (EIA) System for measurement of cGMP content was supplied by Amersham Biosciences (GE Healthcare).

The PSS composition was the following (in mM): 130.0 NaCl, 1.6 CaCl₂, 4.7 KCl, 1.17 MgSO₄, 1.18 KH₂PO₄, 14.9 NaHCO₃, 0.026 EDTA, and 5.5 dextrose. The Hanks solution composition was as follows (in mM): 145.0 NaCl, 1.6 CaCl₂ (or without CaCl₂), 5.0 KCl, 1.0 MgCl₂, 0.5 NaH₂PO₄, 10.0 dextrose, and 10.0 HEPES.

2.6. Statistical Analysis

The forskolin relaxant effect was measured from the plateau of the contraction induced by phenylephrine and expressed as percent relaxation. The maximum effect (Emax) was considered as the maximal amplitude response reached in the concentration-effect curves for forskolin. The forskolin concentration that produced halfmaximal relaxation amplitude (EC₅₀) was determined and is expressed as pEC_{50} . The pEC_{50} value is the negative logarithm and expressed as log molar EC₅₀. Data analysis and figure plots were carried out with the aid of software GraphPad PRISMTM, Version 3.02 (2000) (San Diego, CA). Data are expressed as mean \pm SEM. In each set of experiments, n indicates the number of tissues stu- died. Differences between mean values have been as- sessed either by Student's t-test or by one-way analysis of variance (ANOVA), followed by a Newman-Keuls post-hoc test. Values of P < 0.05 were considered to be significant. There are some results in which P is lower than 0.001.

3. RESULTS

3.1. Vascular Reactivity

Forskolin induced relaxation in a concentration-dependent way in both endothelium intact and denuded rat aortic rings pre-contracted with phenylephrine. As shown in **Figure 1(a)**, the maximum relaxant effect induced by forskolin (103.8% \pm 2.5%, n = 6) was not changed by endothelium removal (100%, n = 6). However, the potency of forskolin in inducing the relaxation in the intact endothelium aortic rings (pEC₅₀: 7.18 \pm 0.05) decreased with endothelium removal to 6.99 \pm 0.06 (P < 0.05) (**Figure 1(b)**).



Figure 1. Relaxation induced by forskolin in rat denuded aortic rings (E⁻), intact endothelium (E⁺), or (E⁺) plus L-NNA (Fsk + L-NNA), indomethacin (Fsk + indo) or both (Fsk + L-NNA + indo) pre-contracted with phenylephrine. Values are mean \pm S.E.M. (*n* = 6) of the maximal relaxant effect (Emax) (a) and potency (pEC₅₀) (b). *denotes significant (P < 0.05) difference in relation to Fsk (E⁺).

In order to evaluate whether the production of the relaxant endothelial factors NO and PGI2 are involved in the forskolin-induced relaxation, the intact endothelium aortic rings were incubated with the inhibitors L-NNA, indomethacin or the combination of both inhibitors. L-NNA (10 µM) reduced both the maximum effect induced by forskolin to $92.2\% \pm 3.8\%$ (n = 6, P < 0.05) (Figure 1(a)) and its potency (pEC₅₀: 6.54 \pm 0.06, P < 0.001) (Figure 1(b)). On the other hand, indomethacin (10 μ M) did not alter the maximum effect $(98.3\% \pm 0.9\%, n = 6)$ (Figure 1(a)) nor its potency (pEC₅₀: 6.93 ± 0.11) (Figure 1(b)). The combination of L-NNA (10 μ M) and indomethacin (10 µM) reduced the maximum relaxant effect of forskolin $(93.5\% \pm 4.0\%, n = 6, P < 0.05)$ (Figure 1(a)) and its potency (pEC₅₀: 6.41 ± 0.22 , P < 0.01) (Figure 1(b)).

3.2. Measurement of Cytosolic Ca²⁺ Concentration in the Aortic Endothelial Cells

In the isolated rat aortic endothelial cells, forskolin (1 μ M) elicited significant increase in the fluorescence intensity of Fura-2AM, from 0.924 ± 0.104 (basal fluorescence) to 1.164 ± 0.015 units (P < 0.01).

3.3. Measurement of Cytosolic NO Concentration in the Aortic Endothelial Cells Using Confocal Microscopy

As shown in **Figures 2(a)-(f)**, forskolin (1 μ M) increase significantly the fluorescence intensity induced by the dye DAF-2T from 0 to 153.3% ± 10.5% (n = 4, P < 0.001), which indicates an increase in [NO]c over the basal levels. In endothelial cells pre-incubated with L-NNA (5 μ M), forskolin decreased fluorescence of the dye DAF-2T, related with forskolin-induced NO production from 0 to -5.9% ± 1.2% (n = 3, P < 0.001), below the basal level shown in the graph of **Figure 2(g)**.

3.4. Measurement of Cytosolic NO Concentration in the Aortic Endothelial Cells Using Flow Cytometry

In order to evaluate the effect of the inhibition of PKA in a larger number of endothelial cells, it was used flow cytometry in a time-dependent effect of forskolin. Forskolin (1 μ M) elicited significant increase in the fluorescence of the dye DAF-2T (blank) in relation to the time immediately after forskolin addition to the cells (time 0: 89.7% ± 12.6% (n = 3, P < 0.01); after 5 min it was increased to 153.8% ± 11.0% (n = 3, P < 0.01) and after 10 min it was increased to 224.6% ± 27.3% (n = 3, P < 0.01). The treatment of the cells with KT5720 (10 μ M) inhibited the effect of forskolin in increasing [NO]c with the IF of 60.3% ± 1.0% at T0 (n = 3, P < 0.05), after 5 min (107.9% ± 5.4%, n = 3, P < 0.05) (**Figure 3**) in relation to forskolin.

3.5. Measurement of [cGMP]c Content

As shown in **Figure 4**, forskolin elicited a significant increase in cGMP production $(28.0 \pm 1.8 \text{ fmol of protein})$ as compared to the basal levels in homogenized vessel containing intact endothelium (E⁺) (16.2 ± 1.8 fmol of protein) (P < 0.05). The production of cGMP stimulated with forskolin was significantly inhibited by L-NNA (18.8 ± 0.4 fmol of protein) (P < 0.05), which values were comparable to the basal levels.

4. DISCUSSION

The major finding of this study is that vasodilatation



Figure 2. Effect of forskolin in the fluorescence intensity induced by DAF-2DA in endothelial cells with and without L-NNA. (a)-(b) Image in differential contrast phase-DIC, image of DAF fluorescence and time series image in pseudocolor. (c)-(f) Serial NO images of DAF-2T fluorescence in endothelial cells were recorded at: t = 0, 20, 60 and 120 seconds after addition of Fsk. The arbitrary intensity values from low and high [NO] are indicated by pseudocolor values. (g) Values are mean \pm S.E.M. (n = 3) obtained from 3 different animals and after incubation with L-NNA for 5 min and then stimulated with forskolin. *Denotes significant (P < 0.001) difference between basal and stimulated cells.

induced by forskolin involves cyclic GMP production. These results are supported by the observation that forskolin elicited NO production in rat aortic endothelial cells that induces smooth muscle relaxation.

It is well known that many agents are able to elevate intracellular cAMP content [18]. Ours results show that forskolin is similarly effective in induce relaxation of intact endothelium or denuded rat aortic rings. These data demonstrate that the rat aortic smooth muscle cells relaxation elicited with forskolin occurs in spite of the endothelium, although this vasorelaxation induced by for-



Figure 3. Effect of KT5720 on the fluorescence induced by DAF-2DA in endothelial cells stimulated with forskolin in the absence (Fsk) or in the presence of 10 μ M KT5720 (Fsk + KT5720), in Ca²⁺-free PSS. Values were obtained at different times after addition of forskolin at t = 0, 5 and 10 minutes. Values are mean \pm S.E.M. (n = 3) obtained from different animals. *(P < 0.05) denotes significant difference between Fsk and Fsk + KT5720 in each time of incubation.



Figure 4. Production of tissue cGMP by forskolin in intact endothelium rat aorta. Aortic rings were treated or not (basal) with forskolin for 10 min (Fsk E⁺), or forskolin (10 min) + L-NNA (10 min) (Fsk E⁺ + L-NNA). Values are the mean \pm S.E.M. from three independent determinations. * P < 0.05 denotes significant difference between for cGMP production in relation to Fsk (E⁺).

skolin is potentiated by endothelial factors.

The backgrounds of literature and our results indicate the role of vascular endothelial factors on the increased sensitivity of rat aortic rings to forskolin. Thus, the effect of inhibition of NO production on this relaxation by using an analog of the substrate of eNOS (L-NNA) inhibits the specific conversion of L-arginine to NO [19]. The vasorelaxant effect of forskolin was blunted with L-NNA in endothelium-intact aortic rings. Since the inhibitory effect of L-NNA on the relaxation induced by forskolin is more pronounced in intact endothelium than that obtained in denuded aortic rings stimulated with forskolin, it is possible to suppose that forskolin elicits NO production in the smooth muscle cells.

It was previously reported by Koide *et al.* (1993) [20] that the iNOS expression is positively regulated by cAMP and may represent an unrecognized mechanism by which cAMP-elevating vasodilators can cause more prolonged and potent cell responses, that is supported by Imai *et al.* (1994) [21], Nakayama *et al.* (1995) [22] and Ikeda *et al.* (1996) [23].

In the present study, it is described an increase in cytosolic Ca^{2+} concentration in the endothelial cells stimulated with forskolin that can activate eNOS through the Ca^{2+} -calmodulin complex, which results in NO production. As described by Berkels *et al.* (2000) [24], NO production in vascular endothelial cell occurs simultaneously to the increase of intracellular Ca^{2+} . Stevens *et al.* (1997) [25] had already shown that the increase of cAMP, via activation of isoform III enzyme adenylyl-cyclase, is related to increased Ca^{2+} cytosol in some phenotypes of cells, such as vascular endothelium of rats [26], where six of these isoforms (types II-VI and VIII) can be found.

Thus, we suggest that the increased relaxant effect of forskolin in aortic rings is related to the activation of NO production in the endothelial cells, which was evaluated by the increase of NO production observed by the cell images obtained in the confocal microscope. Therefore, the cells incubated with L-NNA showed that forskolin activates NO production in rat aortic endothelial cells, since the fluorescence of the selective NO probe was decreased under the baseline.

It has been also reported that eNOS can be phosphorylated by several protein kinases including PKA [12, 27]. In order to verify whether forskolin can directly activate the NO production via PKA, we have studied the effect of the PKA inhibitor KT5720 in the endothelial cells stimulated with forskolin in Ca²⁺-free medium to exclude a Ca²⁺-dependent mechanism on the production of NO activated by PKA. Under these conditions, a decreased-DAF-2T fluorescence was observed in endothelial cells suggesting that at least in part the NO production stimulated with forskolin in endothelial cells is due to activation of PKA. Hashimoto et al. (2006) [28] observed that the increase in NO production was elicited by cilostazol, forskolin, cilostamide, and rolipram. These authors suggested these agents that elevate cAMP leves, induces NO production by eNOS activation via a cAMP/ PKA- and PI3K/Akt-dependent mechanism in capillarylike tube formation in human aortic endothelial cells.

In this work, we evaluated the effect of indomethacin, in order to investigate the contribution of the produced PGI₂ to the relaxation activated by forskolin. Indomethacin did not change forskolin-induced relaxation, which suggests that the relaxation induced by forskolin does not involve PGI_2 production in the endothelial cells. Moreover, in the present study we demonstrate that the combination of the inhibitors L-NNA (eNOS) and indomethacin (ciclooxigenase) generates similar effects to L-NNA alone.

In summary, the relaxation induced by forskolin can be related to increased cytosolic Ca^{2+} concentration and NO production in the endothelial cells. At least two mechanisms could be involved: a Ca^{2+} -dependent pathway that it is indirectly activated by PKA [29,30], and/or a Ca^{2+} -independent pathway modulated by direct activation of eNOS by PKA [12,27,31]. Therefore, it can be suggested that the direct activation of adenylyl cyclase by forskolin could mediate both processes.

5. CONCLUSIONS

Taken together, our results indicate that vasodilatation stimulated with forskolin in rat aortic rings is potentiated by NO produced in the endothelial cells resulting in increased production of cGMP in the smooth muscle cells. Then, cAMP along with cGMP induces vascular smooth muscle cells relaxation stimulated with forskolin.

6. ACKNOWLEDGEMENTS

This study was supported by grants from FAPESP and CNPq. We thank Juliana C. Vercesi and Fabiana R. de Morais for technical assistance, and Confocal Microscopy Facility at the Faculdade de Medicina de Ribeirão Preto, Universidade de São Paulo.

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