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Urban Market-Gardening in Parakou (Republic of Benin): Spatial Dynamics, Food Security, Protection of the Environment and Creation of Employments

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Abstract

Nowadays, African cities are subjected to upsets which result from the extraordinary growth of urban populations. The growth of the population of cities has induced some changes in the structure of the activity of those cities. Agriculture which was formerly confined to the countryside henceforth develops in the urban area and occupies a preponderant place as a strategy of survival, of insertion and of food supplying of the city-dwellers. It has become an activity integrated to the urban tissue through systems of occupying and exploitation of land in the urban area. Population growth (4.81%) between 2002 and 2013 is a critical poverty rate (65%) of the population of Parakou city, entailing a misery perceptible in all its social and economic dimensions. The marketgardening activity has integrated itself to the urban tissue. The objective of this study is to understand how urban agriculture through market-gardening can be a solution for rural farmers who have moved to Parakou city. In this study, documentary research, interviews and field observation are used for data collection. The main results to be signaled among others are: evolution and status of the market-gardening areas in Parakou, the reduction of food insecurity with the permanent availability in quantity and in quality of market-gardening products accessible to the population: the protection of the environment through the drainage of the urban area and the preservation of the diversity of vegetables; the increase of the income of the households of the farmers and the creation of employments.

Keywords

Urban Agriculture, Food Security, Market-Gardening Channel, Land Dynamics, Protection of the

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Environment, Employment, Parakou

1. Introduction

Nowadays, African cities are subjected to upsets which result from the extraordinary growth of urban populations. According to the report of the United Nations Funds for Population (UNFP) on the state of world population 2007, in 2008, more than half of the population of the globe, or 3.3 billion of inhabitants, will live in urban areas. And the rhythm of that urbanization is so fast that between 2000 and 2030, the urban population of Africa will pass from 294 to 742 million. In tropical Africa, the fast growth of the urban population makes the supplying of cities a major stake of food security policies.

The growth of the population of cities has entailed changes in the structure of the activity of those cities. Agriculture which was formerly confined to the countryside henceforth develops in the urban area and occupies a preponderant place as a strategy of survival, of insertion and of food supplying to city-dwellers. It has become an activity integrated to the urban tissue through systems of occupying and exploitation of land in the urban area [1]. The feeding, social, economic and environmental functions of urban agriculture make it a potential vector of lasting development in the cities of the North as in those of the South. This is what justifies the ever-increasing interest in all directions for that activity [1]. According to the 2013 General Population and Home Census [2], 60% of the population of Parakou is poor. Parakou is confronted with a galloping demography, with a growth rate of 2.81% between 2002 and 2013. The situation is the result of an increase of the movements from countrysides to Parakou city. The intense rural exodus thus observed can be explained according to [3], by the quest, by young people, of a higher income.

Despite the fact that cities continue to depend on rural agriculture, urban and out-of-town agriculture will provide considerable quantities of food (mainly of perishable products) and will improve the food security of poor urban. It is estimated that almost 15 percent of world food products come from urban agriculture and that 70 percent of the urban households of developing countries participate in these agricultural activities. That self-production can satisfy up to 60 percent of the food needs of a family. It also improves nutrition and allows the households to use a larger part of their income for other fees such as schooling and health. Moreover, urban agriculture contributes to the creation of micro-enterprises specialized in the production of compost or the transformation and the sale of food products [4].

Neo-urban households have adopted survival strategies among which urban agriculture is the most popular one. That agriculture puts at the disposal of the population various agricultural products. In addition, urban agriculture, while being a generator of income and a creator of employment, also constitutes an effective means of the drainage of the area through the collection and revalorization of biodegradable organic waste, serving as fertilizer for agricultural production in a polluted city like Parakou [5].

The present study aims at understanding how urban agriculture through market-gardening can be a solution of economic survival for rural farmers who have moved to Parakou city. More specifically, it allows: i) to understand the strategies of occupying and of development of urban areas for the conduct of market-gardening and ii) to bring out the economic and environmental advantages of the market-gardening sector of Parakou.

2. Methodology

2.1. The Study Zone and Its Physical Characteristics

The study has been carried out in the urban perimeter of the Commune of Parakou. The study zone spreads on a surface of 66 km² or approximately 15% of the surface of the commune [6]. It is situated between 9°13' and 9°23' of North latitude and 2°35' and 2°40' of East longitude (**Figure 1**). The study zone is limited, in the North by the hills of Guêma, in the West by the river of Thian, in the East by the river of Kabounaré at Baka quarter and in the South by the depression of Tokoumaro. The choice of the zone is motivated by the availability of an underworld (40 ha) favourable to urban agriculture, specifically market-gardening.

Parakou city benefits from a wet tropical climate of the sudanian type characterized by an annual succession of two seasons (Figure 2): a dry season which lasts three months, from mid-October to mid-April and a rainy season which occupies the rest of the year and concentrates 79% of rainy events. The dry season, severe between

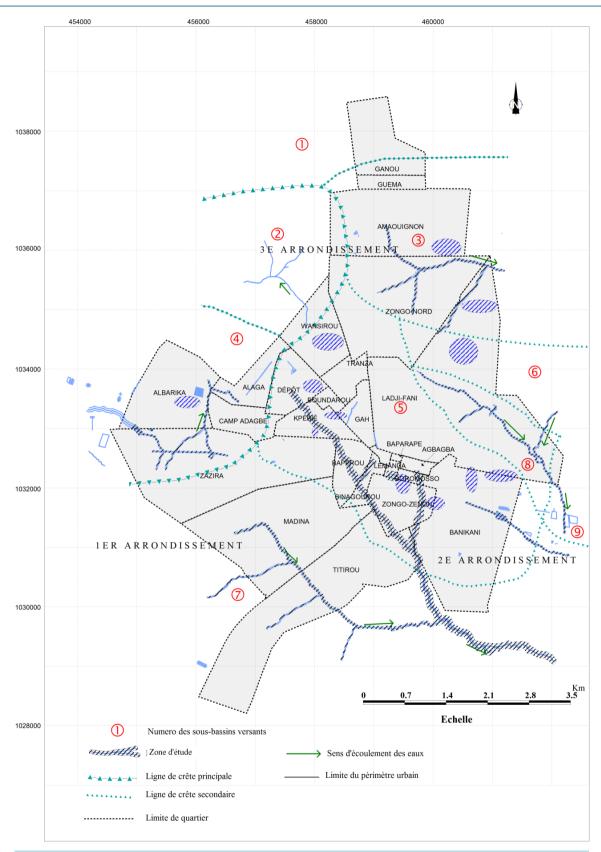


Figure 1. Localization of the study zone.

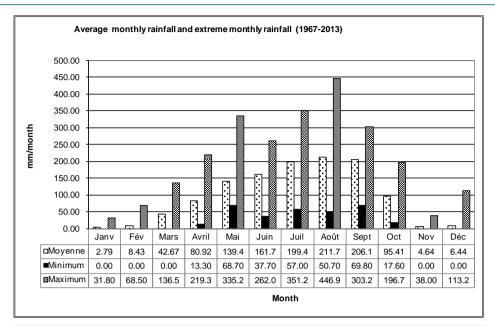


Figure 2. The monthly evolution of rainfalls, maximum, minimum and average. Source: Statistics of ASECNA, 2014.

December and February, is marked by the harmattan (a cold and dry wind). The annual average rainfalls are of 1200 mm.

The lower depths (study area) are swampy Savannah grasslands, thickets of bamboo (*Bambusa arundinacca*). According to [7], Parakou city has three types of soils which are: ferruginous soils with sesquioxydes of iron and of manganese which occupy 72% of the surface of the study zone, thus the most expanded ones, then ferralitic soils which occupy 20% of the study zone, thus less represented than the first, and finally hydromorph minerals or not much humiferous soils which occupy 8% of the surface of the study zone, thus very poorly represented.

2.2. Sampling and Data Collection

In this study, the three main methods of data collection used are: *documentary research*, *interviews* and *field observation*. *The documentary review* has consisted in the consultation of general and specific works, of existing articles on urban agriculture. All this has permitted to better apprehend the research topic and to master its different contours.

Interviews have been carried out in the fifteen (15) big market-gardening sites (surface superior or equal to two (2) hectares) out of the forty-eight (48) that the study zone counts; close to 45 market-gardeners: or three (03) market-gardeners (01 woman and 02 men) per site. The technique of sample by cluster has been used. The unit of cluster is the site. The choice of the fifteen sites is motivated by the existence of associations of market-gardeners. The sampling at the level of each site is reasoned according to the sex, then probabilistic within each modality of sex. The number of men compared to that of women is proportional to the weight of each sex on the site.

The questionnaire administered to each surveyed person concerned qualitative elements (professional experience, level of instruction, type of training, cultivated plants, farming practices, fertilizers used, period of applying, channels of supply, way of acquisition of the exploited plots, the relationships with the first occupants, their origin) and quantitative elements (the market-gardeners' age, the cultivated surfaces, the doses of fertilizers used, the number of days between the treatments and the harvest). The data collection has taken place from 2008 to 2013, or for five (05) years.

The semi-structured individual interviews with the different actors (politico-administrative and local authorities, customary chiefs, market-gardeners), some focus groups (groups of market-gardeners, of natives, of migrants, of women, of men, etc.) and some direct observations (observation of the activities, of the work tools and

of the actors' practices) have permitted to complete the data collected from the surveyed people.

2.3. Treatment of the Data

In our approach, the qualitative data have been recorded on a magnetic tape and completely transcribed on paper later. However, only some extracts of interviews have been used in the analysis of the market-gardening channel. The treatment of the quantitative information with the help of the software Sphinx Lexica, after a preliminary work of encoding, has permitted to obtain some synthesis tables and some orders of highness of the market-gardening channel. A botanic analysis has been made in order to determine the number of species and varieties of plants cultivated on the one hand, their alimentary and nutritious values on the other hand. A typology of the commercialized organs has been achieved.

The spatio-temporal dynamics of the market-gardening perimeters has been analyzed with the help of the Geographical Data Processing System (SIG). In the field, the GPS (World Positioning System) has been used to make the statement of the market-gardening perimeters. Those data have been used with the software Arc View to achieve the map of the market-gardening perimeters (**Figure 1**) and calculate the exploited surfaces.

3. Results

3.1. Dynamics of the Market-Gardening Surfaces

The market-gardening perimeters of Parakou city are sorted out into the three districts that the Commune of Parakou is made up of and situated in the underworlds. The localization, the surface, the dynamics from 2008 to 2013 and the status of the market-gardening sites of Parakou are presented in **Table 1**. From the analysis of **Table 1**, it stands out that the total surface of market-gardening perimeters has progressed from 121 hectares between 2008 and 2013, passing from 79 hectares to 200 hectares, or an increase of 153%. Among the surveyed market-gardeners, 60% of the market-gardeners occupy the land estate of the commune, 27% exploit hired lands and only 13% have acquired family lands.

3.2. A Diversified Production and the Contribution of Food Security

The species which that study has leant over are: the fruit vegetables (eggplant, okra), the root vegetables (carrot) and the leafy vegetables (garden marjoram). The evolution of the market-gardening production of those species between 2008 and 2013 in Parakou is presented by **Figure 3**.

From the analysis of **Figure 3**, it stands out that the market-gardening production has progressed from 29,765 tons between 2008 and 2013, passing from 8938 tons to 38,703 tons, or a growth rate of 54%. The alimentary and nutritious value of vegetables per 100 g of eatable stuff is presented in **Table 2**.

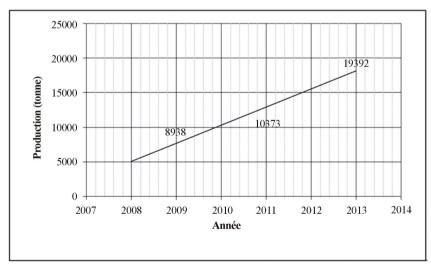


Figure 3. Evolution of the market-gardening production from 2008 to 2013. Source: Results of the analysis of the data of the surveys, 2013.

Table 1. The dynamics and the status of the market-gardening sites of Parakou from 2008 to 2013.

No. of order	Quarter	Name of the site	2008-2009 surfaces (ha)	2010-2011 surfaces (ha)	2012-2013 surfaces (ha)	Status of the site
			1st District			
1	Guinsi	Guinsi Tora	1.5	2	7	Commune
2	Tourou	Sonkpian	3.5	3.5	8.5	Commune
3	Madina	Adessina	1.75	5.75	10.75	Commune
Total			6.75	11.25	26.25	
			2nd District			
4	Koroborou	Diboudi		2.5	4.5	family
5	Koroborou	Kabounare		2	8	Commune
6	Sokounon	Dam		4	6.75	hiring
7	Ladjifarani	Cabounare		2.75	4	hiring
8	Madjaton	Madjaton	7.25	7.5	10.5	Commune
9	Banikani	Toko kpe kara		12	18	Commune
10	Bawèra	Kokoura		12	22	Commune
11	Madjaton	Dama		6.5	10	familiale
12	Arafat	Kaabounaré		2	12	Commune
Total			7.25	43.75	95.75	
			3rd District			
13	Kpassa Gambou	Monastery	2	5	7	location
14	Wansirou	Koubouré	3	3	3	location
15	Zongo II	Zongo II	60	57	68	Commune
Total			65	65	78	
GENERA	L TOTAL		79	120	200	

Source: Results of the analysis of the data of the surveys, 2013.

It stands out from the analysis of **Table 2**, that the leafy vegetables cultivated in Parakou occupy a place of choice given their interesting properties, notably a rapid growth, a production facility and a high nutritious value.

3.3. Protection of the Environment through the Drainage of the Urban Area

Parakou city enormously produces waste, as it is the case of three municipal markets illustrated in **Table 3**. The needs in composts of six market-gardening perimeters of Parakou are contained in **Table 4**.

From the crossed analysis of **Table 3** and **Table 4**, it stands out that the annual need of the six market-gardening perimeters of Parakou is reached.

Of all the waste produced in the three markets of Parakou (33580 m³ per year), the market-gardening channel consecrates 18436 m³ per year to the revalorization through burying (green fertilizers) and through composting for the needs in compost (**Table 4**). This corresponds to 55% of recycled waste to produce 6280 tons of compost necessary per year (**Table 5**).

3.4. Creation of Employments and Increase of Income

3.4.1. Source of Employment

It is revealed according to the data of CARDER/BORGOU-ALIBORI (2013), that the census of a total of 420 market-gardeners has been taken in the market-gardening perimeters of Parakou for the year 2013 among whom

Table 2. Alimentary and nutritional value of vegetable per 100 g of eatable stuff.

					Eatal	ole nutritio	us stuff					
Crops	Water g	Proteins g	Cellulose g	Calcium mg	Iron Caratein mg mg		Vitamin C,	Othe	Other Vitamins (mg)			Energizing value
								Thiamin (B1)	Riboflavin (B2)	Niacin (PP)	-	
Fruit vegetables												
Eggplant	92	1.6	1.5	22	0.9	-	6	0.08	0.07	0.7	108	26
Okra	90	1.8	0.9	9	10	0.1	18	0.07	0.08	0.8	129	20
Root vegetables												
Carrot	89.6	1.1	0.9	3.6	1.2	4.2	8	0.06	0.05	0.7	154	37
					I	Leaf vegeta	bles					
	Eatable nutritious stuff						Eı	nergizing	value			
	Wate	er g Prote	eins g Cel	lulose (g	Calciur mg	n Iron mg	Caroten mg	Vitamin C, mg	Kj		K	cal
Garden marjoram	84 -	89 3.6 -	4.6 1.3	- 1.8 1	54 - 41	0 2.9 - 8.9	5.7 - 6.5	64	108		2	26

Source: [8].

Table 3. Average volumes of waste in cubic meters produced by three markets of Parakou.

Markets	ARZEKE	DEPÔT	TINRE	TOTAL
Average volume of waste (m³/day)	50	27	15	92
Containers/bac (10 m ³)	3	2	1	6

Source: Results of the analysis of the data of surveys, 2013.

Table 4. Needs in composts of six market-gardening perimeters of Parakou.

Market-gardening perimeters maraîchers	Tourou	Madina	Banikani	Bawera	Wansirou	Zongo II	Total
Necessary organic waste (m³/year)	699	349	2398	2398	599	11,993	18,436
Necessary quantity of compost (T/year)	238	119	817	817	204	4085	6280

Source: Results of the analysis of the data of surveys, 2013.

Table 5. Synthesis of the management of waste by the market-gardening channel of Parakou.

Average volume of waste of three	Compost used in the market-gardening perimeters of Parakou					
markets of Parakou (m³/year)	Necessary quantities of waste (m³/year)	%	Necessary quantities of compost (T/year)			
33,580	18,436	55	6280			

Source: Results of the analysis of the data of surveys, 2013.

34% are women; each farmer uses in terms of occasional employments, at least one or two farm-labourers who constitute a non-qualified manpower and which, however, is trained on the spot; the unemployed find, close to the producers already established, employments for farm-labourers; students, pupils, apprentices, can place themselves as labourers or temporary workers; market-gardening is an interesting activity which offers employment perspectives and permits to absorb part of the urban unemployment and to occupy numerous idle people by guaranteeing a social peace.

3.4.2. Source of Income

The financial results in a farm strongly depends on the charges and returns achieved. On bringing back to the dimension of a flat band, the charges and returns achieved are presented in **Table 6**.

With regard to **Table 6**, the margin of profit of the farming of garden marjoram by flat band of 20 m³ is of 365 FCFA, with an economic profitability of 59%. From what precedes, we can say that at the present stage of economic development in Parakou city, and this despite the economic performance registered in a theoretical manner between 2008 and 2013, we notice that owing to the phenomenon of urbanization in the city, and the degree of the perceptible misery; the market-gardening channel is a profitable activity and it increases the income for the households which devote themselves to it. The financial profitability is the margin of profit expressed in the percentage of the sales price. Those results could make the market-gardening activity economically viable on the one hand and Parakou a durable city on the other hand.

4. Discussion

4.1. Dynamics of the Market-Gardening Surfaces in Parakou

The main handicap to be noted is that 73% of the total surface of the market-gardening perimeters is made up of land belonging to the estate of the commune and to the private owners who hire their plots to farmers in return for some annual dues, which would constitute a source of land insecurity and of land conflict. The exploitation of the land estates of the State is a source of spatial insecurity [9]. That diachronic analysis puts in evidence the land constraint that urban farmers face in most African cities. Land precariousness thus remains a major problem which brakes the development of market-gardening. It partly explains the choice of short cycle market-gardening crops, as it has also been noted in Dakar [10]. Urban agriculture is a well visible activity owing to its intensiveness and to the more and more important proportion of city-dwellers who practise it. If in some countries like Japan urban farmers are protected and encouraged by the government through some regulations and some reductions of land taxes, in Africa, they are, in most cases, submitted to the repressive measures of the municipal administrators and planners [11]. Contrary to some African cities where urban agriculture is not well-perceived by local powers, the difficulties related to the access to land does not seem to exist in Parakou. It is, at least, what the market-gardeners have affirmed.

Table 6. Account of the exploitation of a flat band of 30 m³ in FCFA for the farming of garden marjoram.

Rubriques	Cost per par flat band of 20 m ²
Variable Charges	900
Seeds	205
Organic fertilizers	150
Chemical fertilizers	200
Plant-treating products	45
Manpower	300
Fixe Charges	1375
Hiring of field	360
Amortization of tools	25
Wages to be paid	780
Energy (water)	210
Total Charges (TC)	2275
Average Receipts (AR)	5640
Net Margin (NM)	3365
Internal Rate of Profitability (IRTP)	59.7%

Source: Results of the analysis of the data of surveys, 2013.

4.2. Diversification of the Production and Food Security

The diversity of the cultivated species is related to the insistence of the consumers' demand and, in particular, to the diversity of the cultural communities. According to [12], market-gardening products present a number of comparative advantages in relation to other agricultural products in the context of farming in the urban zone: a big diversity of species and varieties; a potential of yield per time unit and per very high soil unit; a rapid growth; a high intensity of manpower; a high merchant value and nutritious qualities and health.

Urban agriculture could contribute to collective productivity. But beyond its contribution to the feeding of the poorest households, and albeit difficult to evaluate, [11] situates the contribution of urban agriculture at two other levels. At the level of the urban community, he argues that agriculture can: contribute to collective productivity; constitute an employment multiplier; serve as a point of women's entrance in entrepreneurship and the urban work market; and contribute to the valorization of the spaces left vacant. The contribution of those market-gardening products aims at improving food security, the increase of the income and, in case of vulnerability following agricultural and other disasters, at reducing its damage. Thus, urban agriculture easily adapts itself to the consumers' food security strategy and our study demonstrates that the market-gardening channel permits a quantitative and a qualitative availability of market-gardening products. As a matter of fact, a balanced diet includes according to [13] a series of elements the most important of which are glucides, proteins, vitamins and mineral salts. Each of these substances plays a role in the building, the maintenance and the activity of the living organism. And to be really well-nourished and in good health, man should find in his diet a balanced set of those substances.

According to [8], in terms of contribution to food security, the market-gardening channel mainly illustrates itself through the garden marjoram which represents the biggest provider in nutritious elements of all the cultivated vegetables in the market-gardening perimeters of Parakou. Its leaves represent between 60% to 76% of the fresh weight of the shoots, rich in proteins (3.6% - 4.6%) and in vitamin C (64 mg per 100 g of eatable stuff). As for fruit vegetables, a slight superiority of okra in proteins (1.8/100g) and in vitamin C (18 mg) as compared to eggplants (1.6 g of protein and 6 mg of vitamin C/100g). Carrot, as far as root vegetables are concerned, possesses 1.8 g of protein and 8 mg of vitamin C/100g. As far as the energizing value is concerned, leaf vegetables are represented by garden marjoram (108 kj/100g and 26 kcal/100g), and fruit vegetables by okra (129 kj/100g and 20 kcal/100g) and eggplants (108 kj/100g and 26 kcal/100g) in addition to its faculties of fighting against insects and nematodes. The biggest energizing value is found in the category of root vegetables with carrots which possess 154 kj/100g and 37 kcal/100g. Beside micro-nutrients, namely glucides, proteins, lipids, the organism needs micro-nutrients whose contributions are necessary in small but essential quantities that can easily be found in vegetables. Per capita, the market-gardening channel contributes up to 1.3 kcal and 8.1 g of proteins. Although it is relatively insufficient, it constitutes an interesting nutritional complement as far as food security is concerned.

4.3. Protection of the Environment through the Drainage of the Urban Area

As a risk factor for the environment, the waste in constant increase invades the city and when they are often thrown away in vague pieces of land, in gutters and in rivers, they generate an increasing evacuation and treatment cost and constitutes as a result an increasing pollution problem [5]. The treatment of those wastes in composts usable in the market-gardening perimeters thus participates in the drainage of the city on the one hand and contributes to the protection of the environment on the other hand.

The role of urban agriculture in the management of the environment has also been underlined by many authors, [14] [15]. For those authors, urban agriculture through the market-gardening activity permits to reduce pollution in the city (urban and outskirts quarters). It permits, as a matter of fact, to recycle household garbage and the waste of the cities (in municipal markets, breweries, etc.). That garbage collection constitutes up-stream a contribution to the drainage of the intra and out-of-town area through garbage collection, and down-stream an agronomical advantage due to the availability of fertilizers, in view of the weak texture and structure of the soils of Parakou [16]. According to [17], the merits that compost offers in the market-gardening channel are of six orders: it favours the growing of root vegetables; it improves the rhythm of the diffusion of nutrients; it improves the porosity of the soil; it improves the capacity of water retention; it limits the appearance of diseases; it increases the gross margin of the exploitation, for the presence of organic fertilizers increases the gross margin of the exploitation through the quality of the products which influences the sales price, and through the reduc-

tion of the charges devoted to the chemical fertilizers and plant-treating products. As far as the manure is concerned, ripe compost increases approximately to 50% the quantity of stable humus left on the soil. In view of what precedes, it is a compost the conductivity of which is not disputed.

4.4. Creation of Employments and Increase of Income

Today, because of the difficult economic situation that Africa is confronted with, urban agriculture becomes more and more important. In the cities of Central Africa for example, it is largely practiced by women. Thus, at Makékélé, (a quarter of in the north of Brazzaville), [18] estimates at 4 to 5 the number of women practicing that activity. In Libreville, Gabon, he situates the number of women practicing agriculture at 80%. In Bangui, the official statistics estimate at 10% the number of heads of families who are farmers. That number expresses reality badly, for the majority of women practice agriculture in one form or another. More than 20% of women declare themselves farmers. A durable city is the one which is capable of developing without destroying itself in the long term, the one which gives access to the benefits of urban life by offering the best quality of life for everybody, the one which rejects social exclusions, the one which masters its prejudices through the recycling of its waste, the one where the city-dweller enjoys living, working and developing his social life.

Most researchers, [10] [19]-[21] who have leant over the phenomenon agree at least on one thing: urban agriculture is a key element in the economy of poor households. It constitutes an important source of food and income for the most deprived households. The presence of agriculture in cities generally expresses a certain poverty of the populations. At the level of national development, urban agriculture can contribute to the reduction of imports and to fight malnutrition. As a result, that element of urban reality of such an importance must be incorporated in urban theory [20].

In view all that proceeds, the market-gardening channel contributes to the durability of Parakou city. For that reason, it permits the best quality of life through the created employment, the generated income and the social insertion brought about. As result, it induces lasting socio-economic development through the partial mastering of its waste through the recycling of biodegradable waste.

5. Conclusions

The present study on urban market-gardening in Parakou has dwelt at length on diversified species (the fruit vegetables (eggplants, okra), root vegetables (carrots) and leaf vegetables (garden marjoram).), thus adjusting to the demand. Despite the availability and the evolution of market-gardening perimeters (an increase of 153% between 2008 and 2013), the high land instability (73% of the total surface of the market-gardening perimeters are made up of lands belonging to the estate of the commune and to private owners) constitutes a handicap to the development of the market-gardening channel. The local leaf vegetables cultivated in Parakou occupy a place of choice given their interesting properties especially, a rapid growth, a production facility and a high nutritive value; they thus contribute to food security. Of all the waste produced in the three markets of Parakou (33580 m³ per year) the market-gardening channel consecrates 18436 m³ per year to the revalorization through burying (green fertilizers) and through composting for the needs in compost; the treatment of waste in compost usable in the market-gardening perimeters participates in the drainage of the city and contributes to the protection of the environment. Finally, market-gardening appears as a source of creation of employment (in 2013, the census of 420 market-gardeners has been taken in the market-gardening perimeters of Parakou) on the one hand, a profitable activity (the margin of profit of the cultivation of garden marjoram through the flat band of 20 m³ is of 3365 FCFA, with an economic profitability of 59.7%) on the other hand. The perspectives on the market-gardening dynamics in Parakou city being promising, the reinforcement of the measures or the actions to regulate the land system, increase the production, reinforce the commercialization device of vegetables and grant micro-credits to market-gardeners would permit to further make the market-gardening channel dynamic and contribute to the durability of Parakou city. However, urban agriculture does not permit at all to enrich oneself, it is in fact a survival activity; it still requires mastering the planning of crops, the agricultural techniques to dominate the competition between producers and establish correct relationships with the well-organized traders who take upon themselves to sell market-gardening products.

The place of market-gardening in urban planning should be better studied in order to improve the management of the fertility of market-gardening soils, to reduce energy costs and environmental risks, and to secure the supplying of cities. Finally, the multi-functionality of out-of-town agriculture should also deserve more attention [22].

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