

Performance Evaluation of a miniPET Camera for Brain Scanning

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Abstract

A nuclear miniPET camera was constructed with 2 bucket rings, each having 8 BGO detector modules for brain scanning. After calibration of the camera, an experimental investigation of sensitivity was carried out to evaluate the performance of this PET scanner. The characteristics of NECR were examined for comparisons of count rate considering the statistical noise due to scattered and random events. NECR performance was observed using 10 cm diameter phantom filled with 1 L water and 240 MBq of ¹⁸F. All data were acquired in 2D acquisition mode but without septa. Randoms were estimated by introducing delay into the coincidence circuit which was an extra 100 ns time delay. Multiples were recorded simultaneously with the prompt and delayed events. The true plus scattered coincidence events were calculated as the difference between prompt and random plus multiple events. After recording all the data, the noise equivalent count rate (NECR) was calculated and graphically presented. It is observed that NEC value is significantly lower than other similar scanners. Comparing the individual components of the count rate, a much higher randoms rate is observed for the camera because of the absence of any side shielding, so that out of field activity contributes significantly to the randoms rate and hence reduces the NECR value.

Keywords

PET, BGO, NECR, Prompt-Events, Detector-Module & Septa

1. Introduction

Positron Emission Tomography (PET) is a very sophisticated nuclear imaging instrument that used many clinical [1] research and industrial [2] applications. After designing a PET camera, it is necessary to measure its various characteristics performance. Noise Equivalent Count Rate NECR (or NEC rate) is one of the important

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NEC is fairly straightforward to measure and has become a standard metric for scanner performance provided by manufacturers and determined as part of acceptance testing for new equipment. NEC is most frequently (or invariably, in the case of acceptance testing) computed using a standard test object. NEC rate is a global measure of PET scanner count rate performance. It is used to understand the scanner performance under a wide range of imaging situations, and enables comparisons of count rate taking into account the statistical noise due to scattered and random events [3].

Currently the PET is available on the market, and both CT and PET are state of the art [4]. The CT scanner is in all cases a helical multi-slice system (from 2 up to 16 slices). The PET scanner is based on different crystal types [bismuth germinate (BGO)] and different detector architecture (blocks of detectors, continuous pixilated detectors). In the recent years, the PET scanner has received a deserving attention due to its important [5] role in the staging and restaging of cancer by showing the functional activity of neoplasms with respect to normal tissues. Very recently the characterisation of the physical (whole body) performance of the new integrated PET/CT system has been performed [6]. L R MacDonald *et al.* have measured count rates and scatter fraction on the discovery STE PET/CT scanner in different acquisition modes [7].

Count rate performance is evaluated by calculating the noise equivalent count rate (NECR). Due to scatter and randoms in the measured PET data, it is difficult to compare different scanners or the same system operating under different acquisition modes. The noise equivalent count rate is defined as the rate of true coincidences which would (in the absence of randoms and scatters) give rise to the same noise level in the data. Before the optimum use of a new system it is necessary to measure the scanner characteristics as a function of count rate. The general formula [8] [9] to calculate the NEC rate is,

$$NEC = \frac{T^2}{T + S + kR} \tag{1}$$

where T, S and R are the true, scatter and random rates respectively. The parameter k is the randoms correction factor with a value of 1 or 2 depending on the randoms correction method. The value k = 1 is used when the randoms contribution is estimated from the singles count rates. A value of 2 is used when randoms are measured using a delayed coincidence window, as in the present work, to account for the additional noise due to the subtraction. In the work, true, scatter and random events were measured aiming to test the camera NECR characteristics by taking into account the statistical noise. After designing a PET camera, it is necessary to measure its various characteristics performance.

2. Materials and Method

A miniPET camera with a field of view (FOV) of 20 cm was constructed using 16 BGO detector modules ("buckets") arranged in two rings. Four blocks, each block (4 PMTs plus crystal matrix) having 64 distinct crystal elements, together with the associated readout electronics comprise one detector module. The camera, a 16 ring tomography having 4096 individual crystal detectors, was operated in 2D mode with maximum ring difference 3 but without septa [10]. All data were acquired in 2D mode (ring difference \leq 3) but without septa. To measure the noise equivalent count rate of the system, a 10 cm diameter polyethylene cylindrical phantom was considered shown in **Figure 1**. The phantom was filled with 1000 ml water and mixed with 18 F having radioactivity 240 MBq. The cylinder was shaken to uniformly mix the 18 F radio isotope into the water. Then the phantom placed at the centre of the scanner. A set of 300 seconds scans was acquired every half hour. These scans were continued for almost 16 hrs.

Randoms were estimated by introducing delay into the coincidence circuit which was an extra 100 ns time delay. Multiples were recorded simultaneously with the prompt and delayed events. The unscattered (True) + scattered events were calculated as the difference between prompt and (random + multiple) events [11] as the formula: $T^* = [P - (R + M)]$, where T^* is the unscattered plus scattered coincidence rate. Scattered and true coincidences were separated from the formulae: $S = T^* \times (SF)$ and $T = T^* \times (1 - SF)$, using the value of scatter fraction (SF) = 0.236 previously obtained [12] from analysis of the sinograms from the scatter phantom. Finally, the noise equivalent count rate was calculated from the NEC formula Equation (1).

3. Results

The various components of the count rate (true, scatter, random and multiple events) obtained using the 10 cm diameter cylindrical phantoms are shown in Figure 2.

Figure 3 shows the Noise Equivalent Count (NEC) curves for the camera. The NEC peaks at about 60.5 kcps at 35 kBq/ml. Our NEC values are significantly lower than those of [13], who obtained NEC values for their small ring system which peaked at about 180 kcps. In 3D mode the peak value occurred at around 25 kBq/ml, whereas in 2D (high sensitivity) mode the peak occurred at 200 kBq/ml.

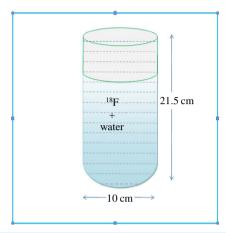


Figure 1. Polyethylene cylindrical phantom consisting ¹⁸F and water.

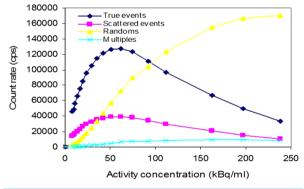


Figure 2. The behavior of various components of the count rate performance for a 10 cm diameter phantom filled with 1000 ml water containing an initial activity 240 MBq of ¹⁸F.

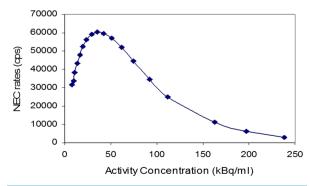


Figure 3. NEC rate for a 10 cm diameter phantom filled with 1000 ml Water containing an initial activity 240 MBq of ¹⁸F.

Comparing the individual components of the count rate, the major difference between the camera results and those described by [13] is that a much higher randoms rate is observed for the PET system. This is due to the absence of any side shielding in the miniPET geometry, so that out of field activity contributes significantly to the randoms rate and hence reduces the NEC rate.

4. Discussion

Noise equivalent count rate is the most important characteristics of a PET machine to determine the PET scanner quality. It is common metric to evaluate the count rate performance of a PET system. It was not clear whether there is a direct correlation between the NEC and the image noise and image quality, especially in situations where there is a significant contribution of scatter and randoms, originating from activity outside the scanner FOV. This study was therefore to investigate the correlation between NEC and activity under a variety of scanning conditions.

The measured scattered fraction is 20.6% [12] of a 10 cm diameter phantom which is slightly lower than reported for a scanner of similar geometry operating in 3D mode without septa. The NEC peak rate is 60.5 kcps at 35 kBq/ml. This is significantly lower than reported for a similar scanner, principally because the lack of side shielding results in a very large contribution of randoms due to out of field activity. The scatter fraction is not representative of a realistic body size. However, it is useful for standard evaluations among scanners of different configurations.

It is important in comparing performance between scanners to look both at the peak true and NEC counting rates and at the activity levels where these peak rates occur. A highly sensitive system may saturate at a relatively low activity level, but the counting rate at this level may be higher than that of a system with lower sensitivity at a higher activity level.

Activity outside the field of view was greatly affects the count rate performance, especially the scatter component, of the scanner as well as the spatial resolution. The random coincidence counts were mostly affected by the dead time of the system detector. However, the calculated random events continued to increase then their increase slows. This is due to the increased dead time of the system detector because of the more activity, and hence more counts, introduced. Each undetected event will only increase the dead time and therefore, some random counts will be lost.

The peak NEC value is a strong function of scanner geometry and scintillator material, scatter fraction, system dead time and random coincidence fraction. The scatter fraction depends mainly on the low level discriminator setting of the system and size of the imaging object. Access to time-of-flight information may have a strong impact on the signal-to-noise properties and hence on the NEC performance.

The method under the NECR experiment can be used for analyzing clinical positron emission tomography (PET) count rate performance that involves matching net trues (prompts—delayeds) and randoms (delayeds) count rate responses measured on a reference phantom to the actual patient data. We employ these estimated response curves to compute a performance metric closely related to the noise equivalent count rate, as a function of the singles rate in the system. From this we can determine the peak performance value relative to the measured performance for any individual coincidence event.

The experiments presented in this study indicate that the NEC as defined in Equation (1) is closely correlated to the radioactivity. This implies that the use of NEC is not only a measure to compare the count rate performance of imaging systems, but this measure also translate into a measure for comparing image noise, provided the same reconstruction parameters are used. Noise equivalent count rate is the most important characteristics of a PET machine to determine the PET scanner quality.

5. Conclusion

A miniPET camera was constructed and calibrated from a ECAT 951 system. After calibration of the camera, an experimental investigation was carried out to measure the NECR characteristics. The NECR value was measured and graphically represented taking into account the scattered and random events. Measured NEC peak is 60.5 kcps at 35 kBq/ml which is significantly lower than other similar scanners. The results found from the miniPET system are sensible and reasonably consistent. NEC represents the performance of a PET scanner and this result will help the researcher to develop a better PET camera by introducing side shielding, inter-ring septa and improved image reconstruction algorithms.

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