# Dentoalveolar changes following maxillary distraction osteogenesis

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Received 20 August 2012; revised 23 September 2013; accepted 15 October 2013

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# **ABSTRACT**

The purpose of this study was to compare the dentoalveolar changes produced when using two different intraoperative surgical procedures for maxillary distraction osteogenesis. Eight patients were assigned into two groups according to the surgical procedure: down-fracture (DF, n = 6) vs non-down-fracture (NDF, n = 2). Lateral cephalograms and 3-D models before and after maxillary distraction were analyzed. The Mann-Whitney U test was used to compare the differences in the amounts of advancement and dento-alveolar changes between the DF and NDF groups. The significance level was established at 0.05. Although a significantly greater amount of maxillary movement was observed in the DF group (10.0 mm  $\pm$ 2.2) than in the NDF group (5.9 mm  $\pm$  2.3), significantly greater arch length (8.7 mm  $\pm$  5.2) and arch width changes (6.0 mm  $\pm$  1.0) were observed in the NDF group than in the DF group, (arch lengths 3.0 mm  $\pm$  1.1 and arch width changes 3.2 mm  $\pm$  2.0). A significantly greater amount of dental anchorage loss was observed in the NDF group. The use of the NDF procedure resulted in greater amounts of dental anchorage loss than resulted from the DF procedures when tooth-borne devices were used during maxillary distraction osteogenesis. The type of surgical procedure might play an important role in the amount and direction of the dental changes.

**Keywords:** Maxillary Distraction; Non-Down-Fracture; Down-Fracture; 3-D Model Analysis

# 1. INTRODUCTION

Distraction osteogenesis is a biomechanical process where the application of incremental traction forces leads to new bone formation between the surfaces of osteotomized bone segments that are gradually separated [1,2]. This technique not only allows the development of increments of new bone, but also allows the stretching of the surrounding soft tissue [3-5]. Therefore, distraction osteogenesis has become a very important alternative in the treatment of patients with severe maxillary hypoplasia in craniofacial syndromes and cleft-related deformities [6,7].

Maxillary distraction osteogenesis has been applied successfully for the management of patients with clefts and has several advantages over conventional orthognathic procedures. These advantages, such as allowing large amounts of maxillary advancement [6,7], thus eliminating the need for bone grafting, have reduced rates of relapse [8].

Conventional surgical procedures for maxillary distraction osteogenesis often involve a Le Fort I complete osteotomy with pterygomaxillary disjunction, septal disjunction and careful medial sinus wall separation followed by an intraoperative DF to achieve the complete mobilization of the maxilla [9,10]. However, the DF is considered as a high-risk and aggressive procedure, since it may induce undesirable fractures extended to the pterygoid plate, sphenoid bone and cranial base, edema and bleeding [11]. In order to minimize the risk of the surgical procedure and to shorten the operation time, the use of maxillary osteotomy without the complete intraoperative DF, also known as the NDF technique, has been proposed by several authors [3,12,13]. In the NDF technique, the maxilla is mobilized just enough to ensure that the skeletal osteotomy has been completed [12]. Therefore, the traditional and aggressive DF procedure is not fully performed [12,13].

Some reports have shown that cases treated without the DF technique allow for sufficient mobilization of the maxillary bone, consequently providing similar surgical outcomes to those of cases treated with the conventional



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DF technique [13,14]. However, our hypothesis is that using two different surgical procedures may provide different levels of maxillary mobility at the time of the maxillary distraction.

As a consequence, maxillary mobility might play an important role in the total amount of maxillary movement, but also in the amount of dental movement.

Cephalometric measurement is the traditional technique for analysis of dental movement after treatment [9,10]. However, a cephalometric radiograph is a twodimensional projection of a three-dimensional structure and thus cannot be used to evaluate tooth movement in three dimensions [15]. Recently, digital dental models have been used to accurately document malocclusions and to evaluate tooth movement in three dimensions [15]. The measurement parameters for dental movement were the results of three-dimensional digitizing and not a reading of a two-dimensional radiograph, which can in theory be exposed with a change in orientation, which may influence the result [16]. Therefore, the three-dimensional model analysis can be used as an efficient approach to compare the different dental changes in the osteotomized maxilla following different surgical procedures.

The purpose of this study was to compare the dental changes following maxillary distraction when using two different intraoperative surgical procedures (DF and NDF) for maxillary distraction osteogenesis.

# 2. MATERIALS AND METHODS

# 2.1. Patient Selection

Between November 2009 and November 2011, eight patients (six male and two female, aged 15 to 26 years) who underwent maxillary distraction osteogenesis at the Faculty of Dentistry, Chiang Mai University were included in this retrospective study. Six patients had unilateral cleft lip and palate (UCLP), one had bilateral cleft lip and palate (BCLP) and one had cleft palate (CP). All patients volunteered and signed an informed consent based on the Helsinki declaration of 1975, as revised in 2000.

The patients were divided into two main groups according to the distraction device; six patients who received the DF procedure and two patients who did not receive the NDF procedure.

#### 2.2. Measurements

# 2.2.1. Cephalometric Measurement

Dento-skeletal changes were analyzed using serial sets of lateral cephalograms obtained in centric occlusion before and after distraction. All lateral cephalograms obtained at each interval were traced on acetate paper. The anterior cranial base was used for overall superimposition. Fourteen skeletal and dental landmarks and two reference planes were identified (**Figures 1(a)** and **(b)**). Custommade digitizer software (Smart Ceph v 9.0 XP, Y & B Products, Chiang Mai, Thailand) was used to perform all linear and angular cephalometric measurements.

An XY coordinate system was constructed on the sella turcica (S). A line parallel to the Frankfort horizontal (FH) plane passing through S was used as the X axis; a line drawn perpendicular to this plane through S was used as the vertical or Y axis [17]. The SN line and the X and Y axes were transferred from pre-distraction to post-distraction as accurately as possible by using the anterior cranial base for overall superimposition. The subtraction of the X and Y values for each landmark at each interval was calculated to estimate the horizontal and vertical displacement of the landmarks. The magnification of the cephalograms was 10%. No correction was made because all radiographs were made in the same cephalostat with the same object-film distance. The radiographs were obtained with the lips in the relaxed position.

# 1) Skeletal change measurement

The linear and angular skeletal changes after maxillary distraction osteogenesis were measured according to **Figure 2**.

# • Linear changes (Figure 2(a))

The amount of skeletal movement was measured

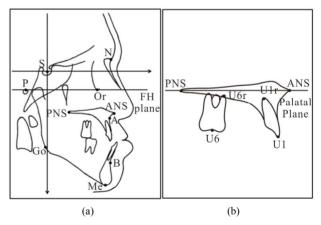
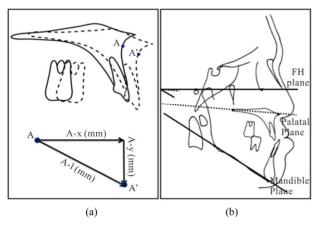


Figure 1. (a) Skeletal cephalometric landmarks and reference planes. The following skeletal points were assessed: Sella (S): the midpoint of the cavity of the sella turcica, Nasion (N), Orbitale (Or), Porion (Po), Anterior nasal spine (ANS), Posterior nasal spine (PNS), Point A (a), Point B (b), Menton (Me), Gonion (Go). Frankfort horizontal plane: extending from the porion to the orbitale. This plane is used as a reference for angular measurement of palatal plane and mandibular plane angulations. (b) Dental cephalometric landmarks and reference planes. U1: the tip of the crown of the most anterior maxillary central incisor. U1r: the apex point of the most anterior maxillary central incisor. U6: the midpoint of the maxillary first molar crown. U6r: the apex of the mesial root of the maxillary first molar. Palatal plane: extending from the anterior nasal spine to the posterior nasal spine. This plane is used as a reference for angular measurement of maxillary central incisor and molar tooth angulations.



**Figure 2.** Linear and angular skeletal changes after maxillary distraction osteogenesis (a) Linear changes, (b) Angular changes.

through the horizontal (A-x) direction movement of point A before and after distraction.

#### Angular changes (Figure 2(b))

The angular changes, including SNA, SNB, ANB, and the inclination of the palatal plane (PP-FH) and mandibular plane (MP-FH) relative to the Frankfort horizontal plane, which represented the maxillary rotation and resulting mandibular rotation, were measured before and after distraction. The angular changes after the activation period were calculated by comparing the measurements before and after distraction.

# 2) Dental change measurement (**Figure 3**)

The movement of the maxillary central incisors and first molars were measured by comparing the linear changes and angular changes before and after distraction.

# • Linear changes (Figure 3(a))

U1-PP (mm): vertical distance from the maxillary incisor edge to the palatal plane.

U6-PP (mm): vertical distance from the medial buccal crown top of the upper first molar to the palatal plane.

# • Angular measurement (Figure 3(b))

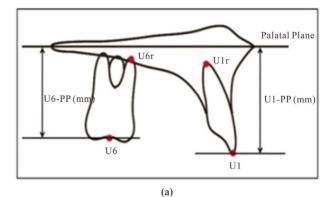
U1-PP (degree): inclination of the maxillary central incisor (U1 to U1r) relative to the palatal plane.

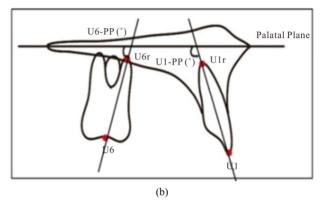
U6-PP (degree): inclination of the maxillary first molar (U6 to U6r-f) relative to the palatal plane.

The linear and angular changes after the activation period were calculated by comparing the measurements before and after distraction.

# 2.2.2. 3-D Model Measurement

The orthodontic models were digitized by using a 3-D scanner (Maestro, Age, Italy). Then the data were transferred from the 3-D scanner to the Maestro 3-D Ortho Studio software, in order to perform the measurements. All measurements were performed on 3-D scanned cast models before and after maxillary distraction osteogenesis by the same observer.





**Figure 3.** Dental change measurements after maxillary distraction osteogenesis. (a) Linear changes, (b) Angular changes.

# 1) Transverse plane measurement Reference points (**Figure 4**)

- U3: the cusp tips of the right/left maxillary canines.
- U4: the midpoints of the central groove of the right/ left maxillary first premolars.
- U5: the midpoints of the central groove of the right/ left maxillary second premolars.
- U6: the midpoints of the transverse fissure on maxillary first molars.
- The arch length was determined by measuring the length of a perpendicular line constructed from the mesial contact point between the central incisors to the line connecting the reference point on the right and left first molars.
- The arch width was determined by measuring the length of the line connecting the midpoints of transverse fissure on the right and left first molars.
  Measurement list:
- U3-U3: the distance between the right and left labial cusp tips of maxillary canines.
- U4-U4: the distance between the midpoints of transverse fissure on the right and left first premolars.
- U5-U5: the distance between the midpoints of transverse fissure on the right and left second premolars.
- U6-U6: the distance between the midpoints of transverse fissure on the right and left first molars.

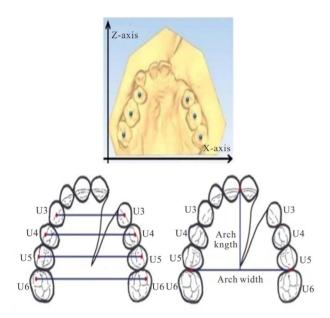


Figure 4. Transverse plane.

- Arch length: the length of perpendicular line constructed from mesial contact point between central incisors to the line connecting the reference points on the right and left first molars.
- Arch width: the length of the line connecting the midpoints of transverse fissure on the right and left first molars.
  - 2) Sagittal plane measurement Reference points (**Figure 5**)
- U3c/U4c/U5c: the buccal cusp tips of canine, first and second premolar.
- U6c: the midpoints between two buccal cusp tips of first molars.
- A line was drawn connecting the contact points of the canine, premolars and first molar. The midpoints of each tooth along this line were identified, and connected to the points U3c, U4c, U5c and U6c by lines which were extended at each end.

Measurement list:

The angles between the LU3/LU4/LU5/LU6 and the Y-axis.

- 3) Coronal plane measurement Reference points (**Figure 6**)
- U3: the cusp tips of the right/left maxillary canines.
- U4 the midpoints of the central groove of the right/ left maxillary first premolars.
- U5 the midpoints of the central groove of the right/left maxillary second premolars.
- U6: the midpoints of the transverse fissure on maxillary first molars.
- By connecting the buccal and palatal junction points of canine, premolar and first molar to get the midpoint, and draw the lines (LU3/LU4/LU5/LU6) through the midpoints and the U3/U4/U5/U6.

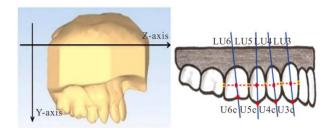


Figure 5. Sagittal plane.

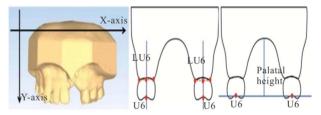


Figure 6. Coronal plane.

- The palatal heights were determined by measuring the height of a perpendicular line constructed from the surface of palate to the lines connecting the reference points U3/U4/U5/U6.
  - Measurement list:
- The angles between the LU3/LU4/LU5/LU6 and the Y-axis.
- The palatal height: the height of a perpendicular line constructed from the surface of palate to the lines connecting the reference points U3/U4/U5/U6.

# 2.3. Error Analysis

Dahlberg's formula [18] was used to determine the measurement error. Each radiograph was retraced, superimposed, and re-digitized for the error determination. The errors of 3-D model measurement were calculated based on the measurements of sixteen casts of all eight patients. Each cast was scanned and digitized twice with a one-week interval by the same observer. The reliability of the measurements was evaluated by paired t test with a 5% level of significance (SPSS Inc., Chicago, IL).

# 2.4. Statistical Analysis

The Mann-Whitney U test was used to compare the differences in the amounts of advancement and dentoalveolar changes between the DF and NDF groups. The significance level was established at 0.05.

# 3. RESULTS

# 3.1. Cephalometric Analysis

Cephalometric analysis demonstrated a significantly greater change in the value of SNA in the DF group than in the NDF group. Opposite vectors of displacement

were observed in the inclination of the palatal plane between the DF and NDF groups. The DF group experienced a clockwise rotation of the palatal plane  $(2.2^{\circ} \pm 2.3^{\circ})$ , while the NDF group experienced a counterclockwise rotation  $(-8.3^{\circ} \pm 8.5^{\circ})$ . No significant differences in the mandibular plane were observed between groups.

Significant differences in the amounts and patterns of dental changes throughout the distraction period between DF and NDF were observed. In the DF group, U1 ( $-5.3^{\circ} \pm 6.2^{\circ}$ ) and U6 ( $-6.3^{\circ} \pm 4.1^{\circ}$ ) were palatally inclined with a minimal amount of dental extrusion of U1 (0.9 mm  $\pm$  1.3) and U6 (-0.3 mm  $\pm$  2.1). In contrast, in the NDF group, U1 ( $12.6^{\circ} \pm 16.1^{\circ}$ ) was buccally inclined, whereas U6 ( $5.8^{\circ} \pm 2.4^{\circ}$ ) was mesially inclined. A large amount of dental extrusion was observed in U1 (3.5 mm  $\pm$  3.1) and U6 (1.3 mm  $\pm$  1.1). (**Table 1**)

# 3.2. 3-D Model Analysis (Table 2)

In the transverse plane, significantly greater arch lengths (8.7 mm  $\pm$  5.2) and arch width changes (6.0 mm  $\pm$  1.0) were observed in the NDF group than in the DF group, (arch lengths 3.0 mm  $\pm$  1.1 and arch width changes 3.2 mm  $\pm$  2.0). A large amount of extrusion was observed in U5 and U6 in NDF group. The widths between U3/U4/U5 on right and left side teeth were significantly wider in the NDF group than in the DF group.

In the sagittal plane, U3 ( $-6.4^{\circ} \pm 4.3^{\circ}$ ), U4 ( $-5.5^{\circ} \pm 3.9^{\circ}$ ), U5 ( $-6.4^{\circ} \pm 3.7^{\circ}$ ) and U6 ( $-12.1^{\circ} \pm 6.1^{\circ}$ ) were palatally inclined in the DF group. In contrast, in the NDF group, U3 ( $8.3^{\circ} \pm 3.5^{\circ}$ ), U4 ( $6.8^{\circ} \pm 5.2^{\circ}$ ), U5 ( $9.0^{\circ} \pm 7.1^{\circ}$ ) and U6 ( $18.4^{\circ} \pm 6.6^{\circ}$ ) were buccally inclined.

In the coronal plane, there was no significant difference in bucco-lingual tipping of U3/U4/U5/U6. In the NDF group, the arch heights measurements at the position of U5 (2.6 mm  $\pm$  3.6) and U6 (3.6 mm  $\pm$  7.2) indicated that these teeth were extruded; in contrast, in the

**Table 1.** Dental changes after maxillary distraction following two surgical procedures (DF vs NDF).

Variable	DF		NDF		Cia	
	Mean	SD	Mean	SD	Sig	
SNA (°)	7.5	2.7	4.4	1.3	0.039	*
SNB (°)	-1.3	1.8	-1.7	3.4	0.474	NS
ANB (°)	8.8	3.2	4.6	1.1	0.029	*
Palatal Plane (°)	2.2	3.5	-8.3	8.5	0.015	*
Mand-plane (°)	1.2	3.2	3.3	4.3	0.297	NS
U1-PP (°)	-5.3	6.2	12.6	16.1	0.019	*
U1-PP (mm)	0.9	1.3	3.5	3.1	0.064	**
U6-PP (°)	-6.3	4.1	5.8	2.4	0.003	**
U6-PP (mm)	-0.3	2.1	1.3	1.1	0.179	**

<sup>\*</sup>P < 0.05; \*\*P < 0.01; NS = No significant difference.

**Table 2.** 3-D Dental Model Analysis. Comparison of dental changes between DF and NDF groups.

Variable		DF		NDF		u.
		Mean	SD	Mean	SD	Sig
Transverse (mm)	Arch Length	3.01	1.13	8.73	3.42	***
	Arch Width	3.18	1.98	5.97	1.00	***
	U3	2.04	3.58	4.22	2.51	*
	U4	2.15	2.43	4.15	3.55	*
	U5	2.10	2.51	5.12	3.43	*
	U6	3.71	1.84	5.86	4.51	
Sagittal (°)	U3	-6.35	4.30	8.63	3.52	***
	U4	-5.50	3.93	6.82	5.25	***
	U5	-6.41	3.73	8.95	7.15	***
	U6	-12.14	6.10	18.39	6.58	***
Coronal (°)	U3	6.15	2.98	9.60	4.66	
	U4	8.43	4.01	11.75	4.22	
	U5	10.87	5.40	13.88	5.03	
	U6	15.68	6.40	19.17	5.94	
Palatal Height (mm)	U3	1.52	4.81	3.20	3.19	
	U4	1.93	3.14	2.70	2.13	
	U5	-2.16	4.38	2.58	3.64	*
	U6	-2.77	4.42	3.60	7.20	**

 $<sup>^*</sup>P < 0.05; ^{**}P < 0.01; ^{***}p < 0.001.$ 

DF group, U5 ( $-2.2 \text{ mm} \pm 4.4$ ) and U6 ( $-2.8 \text{ mm} \pm 4.4$ ) were intruded.

# 4. DISCUSSION

Cephalometric measurement has been widely used for measuring tooth movements after orthodontic treatment [19]. However, there are some shortcomings of conventional cephalometric measurement, included the difficulties in evaluating three-dimensional dental movement and identifying inherent landmarks. Further disadvantages are tracing errors, frequent radiation exposure, and high cost [20]. The 3-D model analysis can offer more information, not only in the sagittal plane, but also in the transverse and coronal planes, which are impossible to evaluate by lateral cephalometric analysis.

Different intraoperative surgical protocols involving the use of DF and NDF procedures have been applied to perform maxillary distraction osteogenesis [9,10,12,13]. The main advantage of the NDF over the DF procedure is the reduction of risks and complications, thus reducing the duration of surgery [12,13]. However, little is known about the biomechanical changes and stability promoted by the application of such different surgical protocols. In this study, comparisons of dental changes between these two different intraoperative surgical procedures have been performed.

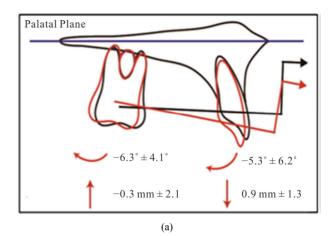
Analysis of dento-skeletal changes demonstrated significant differences in the amount and direction of the rotation of the osteotomized maxillary bone. In the DF group, a clockwise rotation pattern was observed, whereas a counter-clock wise rotation of the maxillary bone was clearly observed in the NDF group. Although it was not possible to confirm the amount or type of bone attachment through radiographic examination, the main explanation for such differences might be attributed to the differences in the bone attachment at the posterior maxilla. In the DF group, the maxillary bone was completely mobilized, consequently allowing the unrestricted down-forward movement of the maxilla at the planned position. In contrast, in the NDF group, the presence of bone contacts at the posterior maxilla or incomplete osteotomies, limited the movement of the maxilla. And as a consequence, when the distraction force was applied, the partially ostotomized maxilla did not moved to the planned down-forward position; instead it moved upforward [21]. Such undesirable and unplanned movements would lead to unsatisfactory results.

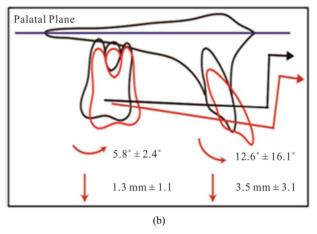
The presence of incomplete osteotomies has also been reported by several authors [3,14,22]. Dolanmaz *et al.* [23] also have observed different types of unpredictable fractures after the DF procedures in a group of cadavers. In their study, the incomplete osteotomies were evaluated using CT to identify the areas with incomplete fractures.

Cephalometric analysis and the 3-D model analysis in the sagittal plane demonstrated significant differences in the amount and direction of dental movement between the DF and NDF groups.

In the DF group, palatal inclination of U1 and distal tipping of U6 were observed. In contrast, in the NDF group, buccal inclination of U1 and mesial tipping of U6 were observed. Such contrasting dental movements can be explained by the different amounts of maxillary bone resistance to the movement during the maxillary advancement between DF and NDF groups. As a result, palatal tipping of U1 combined with distal tipping of U6 was observed. In the NDF group, since a relatively great amount of force was necessary to advance the maxillary bone, both U1 and U6 were moved mesially, indicating a large amount of dental movement (**Figure 7**). It is important to note that although a large amount of force was used in the NDF group, the maxillary bone did not move forward to the planned position.

The results of this study are in accordance with those of Block *et al.* [24] who investigated the amount of dental anchorage loss associated with the use of tooth-borne distractors. Block *et al.* [24] have demonstrated that some amount of dental anchorage loss is expected when tooth-borne devices are used. However, the pattern of dental changes between the DF and NDF groups observed in this study can be attributed to the different lev-





**Figure 7.** Dental changes resulting from different surgical procedures. (a) The dental movement in DF group (complete mobilization of the maxilla); (b) The dental movement in NDF group (Incomplete mobilization of the maxilla).

els of resistance to movement offered by the osteotomized maxillary bone. Such differences in the dental changes indicate that the type of surgical procedure might play an important role in the amount and direction of the dental changes. This can be critically important considering the use of tooth-borne devices. The distribution of force coming from the distraction pull may affect not only the skeletal structures but the maxillary teeth as well. Because the maxillary teeth serve as anchor units for the distraction device, the dental changes are very likely that dental changes may occur in addition to the skeletal changes [25]. The use of bone-borne distractors, or the use of distractors connected to miniscrew implants can reduce or avoid the undesirable dental effects during distraction osteogenesis [26,27].

There is no report in the literature to date of any study on 3-D model analysis after maxillary distraction. In this study, significantly greater arch length and width changes were observed in the NDF group than in the DF group. The higher levels of distraction force applied to the first molar in the NDF group, may have led to more

dental movement than in the DF group. Greater buccal inclination of the maxillary first molar produced a greater arch width increase, and greater anterior movement, and labial inclination of the maxillary incisors produced a greater arch length increase. The mostly force applied to the maxillary first molar might cause this expansion effect because the distraction force was delivered by a tooth-borne device that was attached to the band on the first molar. The inclination effect on the first molar was greater than on the incisor, canine and premolar due to the attended mode.

In the NDF group, the second premolar and first molar extrusion might be due to the counter rotation of the tooth-borne device. The posterior maxilla remained connected to the skull base following the NDF procedure, which might have led to the extrusion of the second premolar and first molar. In contrast, the osteotomized maxilla was completely mobilized in the DF group. In this study, the mobilized maxilla was not just the result of forward movement, but also of downward movement. This downward movement may have led to clockwise rotation of the tooth-borne device, which may have produced the second premolar and first molar intrusion.

# 5. CONCLUSIONS

The use of the NDF procedure resulted in greater amounts of dental anchorage loss than resulted from the DF procedures when tooth-borne devices were used during maxillary distraction osteogenesis. The type of surgical procedure might play an important role in the amount and direction of the dental changes.

Further studies, with increased numbers of subjects, are necessary to evaluate the effects of different cleft types on the dentoalveolar changes during maxillary distraction osteogenesis.

#### 6. ACKNOWLEDGMENTS

The authors gratefully acknowledge a grant from Thailand research Fund (RSA 5480029), and grant from the Faculty of Dentistry, Chiang Mai University. The authors acknowledge the assistance of Dr. M. K. Kevin O. Carroll, Professor Emeritus of the University of Mississippi School of Dentistry, USA, and Faculty Consultant at the Chiang Mai University Faculty of Dentistry, Thailand, in the preparation of the manuscript.

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