

Cigarette Smoke Induces Apoptosis by Activation of Caspase-3 in Isolated Fetal Rat Lung Type II Alveolar Epithelial Cells *in Vitro*

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ABSTRACT

Smoking during pregnancy is a major source of fetal exposure to numerous harmful agents present in tobacco smoke. Lung development involves complex biochemical processes resulting in dramatic changes which continue even after birth. In addition to type I cells which form the blood-air barrier, type II alveolar epithelial (AE) cells have important and diverse functions related to immunological protection and stabilization of the alveolus through synthesis and secretion of the pulmonary surfactant. Apoptosis or programmed cells death is an important physiological process during lung embryogenesis and for the proper maintenance of homeostasis. Caspases are proteases that play important roles in regulating apoptosis. Caspase-3 is the key executioner caspase in the cascade of events leading to cell death by apoptosis. We explored the hypothesis that cigarette smoke extract (CSE) induces apoptosis in fetal rat lung type II AE cells were exposed to different concentrations of CSE (5%, 10% or 15%) (v/v) for 60 min. The results of the present study showed that CSE induced apoptosis in fetal rat lung type II AE cells with a significant increase (p < 0.05) in caspase-3 activity and decrease in cell proliferation at CSE concentrations of 10% and 15% (v/v). These observations indicate that cigarette smoke extract induces apoptosis by activation of caspase-3 in fetal rat lung type II AE cells in a dose-dependent manner and may potentially alter the regulated development of the lung and the appearance of the surfactant-producing type II alveolar cells which are critical for the establishment of adequate gas exchange at birth.

Keywords: Cigarette Smoke Toxicity; Fetal Rat Lung Type II Alveolar Cells; Apoptosis; Protease; Caspase-3; Lung Development; Developmental Toxicity; Maternal Smoking

1. Introduction

Cigarette smoke contains more than 4000 chemicals including addictive and carcinogenic agents which significantly contribute to the progression of pulmonary disease. Cigarette smoking during pregnancy is a major source of prenatal exposure to harmful agents in tobacco smoke to the developing fetus. Despite the consequences, 30% -40% of women smoke during pregnancy worldwide [1]. Exposure of tobacco smoke and second-hand smoke *in utero* has been associated with neonatal mortality, growth retardation [2], low birth weight, sudden infant death syndrome, preterm delivery and higher incidence of stillbirth [3].

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The respiratory system is one of the most structurally complex and critical systems of the body and its development begins during the fifth week of gestation [4]. The adult lungs are comprised of forty different types of cells. Among these the major cell types include fibroblasts, type I alveolar epithelial (AE) cells, type II alveolar epithelial (AE) cells and macrophages. The alveolar epithelium is formed of type I AE cells and type II AE cells. The type II AE cells cover only ~5% of the total alveolar epithelial surface comprising 16% of the total lung cell population [5]. They are interspersed between type I AE cells and are thought to be progenitor cells of type I AE cells during lung development [6] and injury [7]. Furthermore, these cells release growth factors which help regulate cell growth following injury. Type II AE cells are characterized morphologically by the presence of large intracellular concentric membrane bounded storage units of surfactant, known as lamellar bodies (LB). The major functions of type II AE cells include synthesis, secretion and regulation of surfactant which essential for normal biophysical and immuno-modulatory functions of the lung. It is the first site of defense against inhaled components of air such as cigarette smoke (CS). There is preliminary evidence that intrauterine fetal smoke exposure alters lung development [3] and the infants born to mothers who smoke during pregnancy are small for their gestational age.

Typically, in normal lung development apoptosis or programmed cell death plays an important role to maintain equilibrium between cell death and cell proliferation. A defect in apoptotic processes during embryogenesis may lead to developmental abnormalities [8]. Apoptosis is an irreversible, timely regulated form of cell death essential for proper maintenance of homeostasis, during embryogenesis and for functional regulation of the immune system [9]. Cells undergoing apoptosis show characteristic well defined morphologic changes differentiating it from necrosis. Apoptotic stimuli can be initiated extracellularly or intracellularly. The process of apoptosis is not associated with any inflammatory response as the cellular contents of dying cells are not released in the surrounding interstitial tissues. Furthermore, apoptosis is a complex, multi-step process which involves biochemical events including activation of an intracellular proteolytic caspase cascade, which is important in the regulation and execution of apoptotic cell death. Knowledge of the importance of caspases in apoptosis has been made possible through studies on knockout animals deficient of particular caspases which confirmed profound defects in apoptosis [10]. Moreover, studies involving use of inhibitors of caspases which effectively inhibit apoptosis also help understand the important role of caspase activation in apoptosis [11].

Caspases, are proteases which belong to the family of cysteine-aspartic acid endopeptidases. Caspases are primarily localized in the cytoplasm and are synthesized as inactive enzyme precursors or zymogens [12]. Recent studies report the existence of caspases in the mitochondrial intra-membrane space (pro-caspase-2, -3, -8 and -9), endoplasmic reticulum (pro-caspase-12) nucleus and Golgi apparatus (pro-caspase-2) [13].

Caspases are broadly classified into two groups; one which is thought to play a central role in apoptosis (caspases-2, -3, -6, -7, -8, -9, -10, and -12) and a second group which is primarily involved in cytokine processing during inflammation (caspases-1, -4, and -5) [14].

Of these enzymes caspase-3 also known as CPP32, YAMA or apopain is considered as the major executioners of apoptosis. It is the first of all the effector caspases to be activated for amplifying downstream apoptotic processes. Caspase-3 can be activated through caspase-8 and caspase-9 by extrinsic or intrinsic signaling, respectively [15], suggesting, that the apoptotic signals from either extrinsic or intrinsic pathways converge for activetion of caspase-3. Activated caspase-3 has been reported to contribute mainly to the morphologic changes in apoptotic cells including membrane blebbing, chromatin condensation and DNA fragmentation [10] and has been reported in developing lung in the pseudoglandular branching morphogenesis phase [16].

The aim of the present study was to examine the effect of cigarette smoke extract on fetal lung type II AE cells. We hypothesized that cigarette smoke extract induces apoptosis in type II AE cells through activation of caspase-3.

2. Materials and Methods

2.1. Preparation of Cigarette Smoke Extract

Cigarette smoke extract (CSE) was prepared according to method designed by Janoff and Carp [17]. Unfiltered research cigarettes from University of Kentucky, each containing 2.45 mg nicotine/cigarette [18] were used. Cigarette smoke was drawn from each cigarette into a 50 ml syringe for two seconds maintaining a gap of 20 seconds between each draw with the syringe and bubbled through 50 ml of minimum essential medium (MEM) at room temperature. This cycle was repeated until the end of the cigarette. 50 ml of fresh MEM was used for the next cigarette. The resulting smoke extracted MEM was considered to be 100% CSE. It was filtered using 0.22 μ m pore filters (Millipore) to sterile and stored at -80° C. Further dilutions (5%, 10% and 15%) were made in serum-free media containing antibiotics and fungizone. Before treating cells with conditioned media, the pH was adjusted to 7.2.

2.2. Isolation and Culture of Type II AE Cells

Use of animals was approved according to the Canadian Council on Animal Care guidelines. Timed pregnant Sprague-Dawley rats purchased from Central Animal Services, University of Manitoba were used to isolate fetal lung type II alveolar cells. Rats were euthanized with an intra-peritoneal injection of 1 ml Euthanyl (240 mg/ml sodium pentobarbital) on gestational day 21 (day 22.5 is term gestation). Fetuses were removed by hysterotomy, decapitated and placed in cold, sterile Hanks Balanced Salt Solution (HBSS, Gibco, ON Canada). Lungs were dissected from fetuses by making an incision in the midsternal region. Lungs were minced using a Sorval tissue chopper (Sorval Instruments, Newton, CT) in a laminar flow hood. The minced lung tissue was dissociated by incubating with trypsin-EDTA (0.05%/0.02%) in HBSS at 37°C for 45 minutes in a water-jacketed trypsinization flask which was placed on a magnetic stirrer. Minimal

essential medium (MEM) (Gibco, ON Canada) containing 10% of newborn calf serum (NCS), antibiotics/antimycotic (1%) and fungizone (1%) (Gibco, ON Canada) was added to stop further enzymatic disaggregating. The dissociated cells were filtered through three layers of 150 um Nitex gauze to remove tissue fragments and centrifuged for 10 min at 1000 rpm at 4°C. The cell pellet was re-suspended in 10 ml of MEM/NCS and cells were plated in five 75 cm² tissue culture flasks in a humidified incubator (95% air/5% CO2 and 37°C) and allowed to adhere for one hour. Fibroblasts have the ability to attach faster when compared to type II cells [19]. Fetal type II AE cells were separated by differential adherence [20]. After one hour of incubation and adherence of fibroblasts, the media with unattached cells was collected. Cells were counted and re-plated at a density of 1.5×10^5 cells/flask. Type II cells were cultured in media supplemented with 10% carbon stripped serum (sNCS) in MEM and 1% antibiotics, antimycotic, fungizone and cultured in a humidified incubator (95% air/5% CO2 and 37°C). Medium was changed after 24 hours and 48 hours thereafter.

2.3. Detection of Caspase-3 Activity in Adherent Cells Exposed to CSE

Once the cultures reached 70% - 80% confluence, they were washed twice with HBSS and treated for 60 minutes with different concentrations of CSE diluted in serum-free media. Cells were washed three times with HBSS to ensure complete removal of traces of CSE. Caspase-3 activation in cells was determined using the caspase-3 fluorometric assay kit, purchased from BioVision (MountainView, CA). The cells were lysed using the lysis buffer provided (50 ul per well), incubated on ice for ten minutes, and incubated with 5 ul of fluorogenic substrate 1mM DEVD-AFC (caspase-3 cleaves this substrate) in a reaction buffer (containing 10 mM DTT) in the incubator at 37°C for two hours. The enzymatic activity was measured using a fluorescence microplate reader with 400 nm excitation and 505 nm emission filters. Caspase-3 cleaves the AFC substrate (Figure 1) and releases a fluorogenic signal; this signal is directly proportional to the level of enzymatic activity of caspase-3 in cells. Caspase-3 activity was calculated in samples of cells exposed to CSE and compared to untreated controls.

2.4. Effect of N-benzyloxycarbonyl-Val-Ala-Aspfluoromethylketone (Z-VAD-fmk)

Z-VAD-fmk, is a broad spectrum caspase inhibitor which was used in the present study to examine the involvement of caspases in cell death due to CSE. The cells were incubated with 80 mM Z-VAD-fmk in serum-free medium at the time of exposure of cells to CSE for 60 min. After which the cells were washed and the caspase-3 activity was measured as described above.

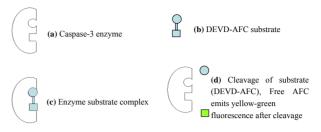


Figure 1. Schematic illustration of DEVD dependent detection of caspase-3 activity. Activation of caspase-3 is a key event of apoptosis. Caspase-3 fluorometric assay kit (BioVision, Mountain View) is based on detection of cleavage of substrate DEVD-AFC by caspase-3. DEVD-AFC substrate emits blue light (400 nm). After cleavage of the substrate by caspase-3, free AFC emits yellow-green fluorescence (505 nm). The amount of fluorescence can be quantified using a fluorometric plate reader.

2.5. Determination of Cellular Viability

The cells were treated with different concentrations of CSE as described above. After incubation with different concentrations of CSE the cells were washed with HBSS three times to ensure complete removal of CSE and further incubated with MTT solution for three hours. The MTT-based cell proliferation assay (Sigma Aldrich, St. Louis, MO, USA), is a calorimetric assay used to measure the ability of mitochondrial dehydrogenase of viable cells to reduce the key component, MTT or 3-[4,5-dimethylthiazol-2-yl]-2,5diphenyl tetrazolium bromide, a yellow tetrazole to insoluble purple formazan crystals. Viable cells cleave the tetrazolium ring of MTT and the vellow water-soluble dye is converted to insoluble purple crystals of formazan. After three hours of incubation with MTT solution the crystals were dissolved in MTT solvent. The plates were read spectrophotometrically at an absorbance of 570 nm. The intensity of purple color in the solution is indicative of the number of living cells.

2.6. Western Blot Analysis

At the end of treatment with CSE, cells were washed three times with HBSS to ensure complete removal of any remnants of CSE. The cells were lysed by adding one ml of 2XRIPA buffer with protease inhibitor tablet [20 mM Tris-HCL pH 7.6, 316 mM NaCl, 2 mM EDTA, 2% triton ×100, 0.2% SDS, 2% sodium deoxycholate, 1 mM PMSF, 1 mM Na₃VO₄, 1 protease inhibitor tablet] and stored at -80 until processed. Protein samples were quantified using Bradford protein determination method. Equal amounts of protein extracts were subjected to electrophoresis on 12% sodium dodecyl sulfate-polyacrylamide pre-cast gels (BIO-RAD, Mississauga, ON), electrophoresed at 180 V and later transferred to nitrocellulose membranes. The blots were probed with primary antibody (rabbit polyclonal) purchased from Santa Cruz Biotechnology (Santa Cruz, CA, USA) and diluted (1:500) in blocking buffer overnight at 4°C. This antibody recognizes the p17 fragment of an activated form of caspase-3 (Santa Cruz, CA, USA). After three washes with TBS-T blots were incubated with goat anti rabbit IgG-HRP secondary antibody (Santa Cruz, CA, USA) at a dilution of 1:1000 in blocking buffer for two hours at room temperature and detected using ECL-plus (GE Healthcare, NJ, USA) and exposed on Kodak films. The densities of cleaved caspase-3 bands were quantified using Quantiscan.

2.7. Subcellular Localization of Caspase-3 Using Immunofluorescence

Subcellular localization of caspase-3 in cells exposed to CSE was observed using immunofluorescence microcopy. Cells were plated in four well glass chamber slides and left overnight in incubator at 37°C for attachment on glass slides. The cells were exposed to 10% or 15% CSE in serum-free medium and left in the incubator for 60 min at 37°C. After which the cells were washed with PBS three times and fixed with cold methanol $(-10^{\circ}C)$ for 5 min followed by three washes with PBS, suction was used between each wash to completely remove the reagents. The cells were blocked in 2% BSA/1×PBS for one hour in a humidified chamber. The primary antibody rabbit-polyclonal IgG, which recognizes active caspase-3 was diluted (1:800 dilution) in blocking solution was incubated overnight at 4°C with the cells in a humidified chamber. After four washes with PBS cells were incubated with secondary anti body, FITC conjugated donkey anti-rabbit IgG which recognizes rabbit IgG (Santa Cruz). The secondary antibody was diluted 1:80 in 2%BSA/1x PBS and cells were incubated in a humidified chamber for one hour in the dark. All steps after this were done in the dark. After four washes with PBS the cells were stained with Hoescht 33,342 (1:1000) for 15 seconds. Following washing the slides were air-dried and mounted with coverslips using 40 µl Prolong Anti-fade Gold. The slides were observed under an inverted fluorescence microscope (BX61 Olympus microscope) using Image Pro. Software.

2.8. Statistical Analysis

Statistical differences between group means were carried out using *post hoc* Duncan's Multiple Range Test [21]. A value of p < 0.05 was considered for statistically significant differences between the treated and untreated groups.

3. Results

3.1. Detection of Caspase-3 Activity in Adherent Cells Exposed to CSE

Exposure to CSE at concentrations of 10% or 15% (v/v)

produced significantly elevated activity (p < 0.05) of caspase-3 compared to the non-exposed cells (**Figure 2**). No significant differences were observed in the caspase-3 activity in cells exposed to 5% CSE compared to the non-exposed cells.

3.2. Effect of N-benzyloxycarbonyl-Val-Ala-Aspfluoromethylketone (Z-VAD-fmk)

For further confirmation, apoptotic cell death was evaluated after treatment with Z-VAD-fmk (**Figure 3**), a broad spectrum caspase inhibitor. Isolated fetal rat lung type II AE cells were exposed to different concentrations of CSE (5%, 10% or 15%) and Z-VAD-fmk (80 uM concentration) was added for 60 minutes. Caspase-3 activity in was measured using the fluorometric assay kit at 400 nm excitation and 505 nm emission. Z-VAD-fmk inhibited caspase-3 activity in all samples exposed to CSE when compared to the caspase-3 activity in cells without Z-VAD-fmk (p < 0.05).

3.3. Determination of Cell Viability

MTT formazan assay (Figure 4) was used to measure cellular mitochondrial dehydrogenase activity within a cell and is based on the conversion of mitochondrial-dependent MTT, (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl-tetrazolium bromide) to purple formazan crystals. There was a significant decrease (p < 0.05) in the mitochondrial activity of cells exposed to 10% or 15% CSE compared to the cells not exposed to CSE.

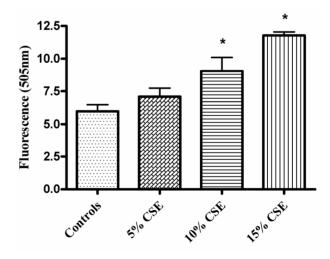


Figure 2. Effect of CSE on caspase-3 activity in isolated fetal rat lung type II alveolar epithelial cells. Fluorometric assay to assess the activity of caspase-3 in fetal rat lung type II AE cells exposed to different concentrations of CSE (5%, 10% or 15%) (v/v) for 60 minutes in 37°C incubator. Cells not exposed to CSE were considered as controls. Each bar represents the mean ±SEM of three experiments of 16 samples in each. *(p < 0.05) significantly different from the corresponding controls.

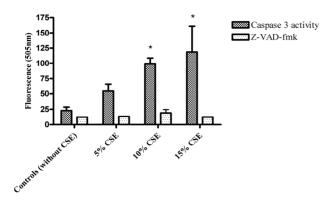


Figure 3. Effect of Z-VAD-fmk and caspase-3 activity in isolated fetal rat lung type II AE cells exposed to CSE. Caspase-3 activity and effect of Z-VAD-fmk was measured using caspase-3 fluorometric assay in fetal rat lung type II cells exposed to 5%, 10% or 15% (v/v) CSE for 60 minutes. Each bar represents the mean of ±SEM of three experiments of 16 samples each. *significantly (p < 0.05) different from the corresponding controls.

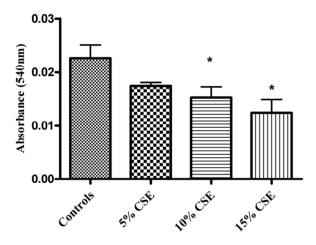


Figure 4. Effect of CSE on cell viability in isolated fetal rat lung type II AE cells. MTT activity was measured in fetal rat lung type II AE cells exposed to different concentrations of CSE (5%, 10% or 15%) (v/v) for 60 minutes. Cells not exposed to CSE were considered as controls. Level of absorbance was measured at 540 nm. Each bar represents the mean \pm SEM of three experiments of 16 samples in each. *(p < 0.05) significantly different from the corresponding controls.

3.4. Western Blot Analysis

The expression of caspase-3 in isolated fetal rat type II AE cells was analyzed by SDS-PAGE (**Figure 5**). Lysates of cells not exposed to CSE were considered as controls. The results of fetal rat lung type II AE cells shows that an antibody specific for detecting active form of caspase-3 bond to the protein band with relative molecular mass of 17 kDa, which is the accepted molecular mass of active caspase-3 [22]. The densitometric analysis of caspase-3 expression in these cells was significantly in-

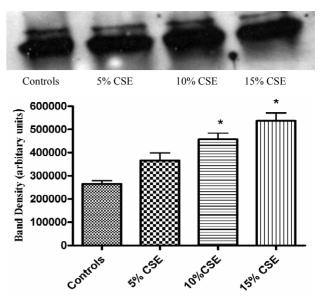


Figure 5. Effect of CSE on caspase-3 expression in fetal rat lung type II AE cells. (A) Representative Western bolt showing caspase-3 expression in fetal rat lung type II AE cells treated with 5%, 10% or 15% (v/v) CSE for 60 minutes. Cells not exposed to CSE were considered as controls. (B) Densitometric analysis of band intensity shows each bar representing the mean ±SEM of three experiments. ^{*}(p <0.05) significantly different from the corresponding controls.

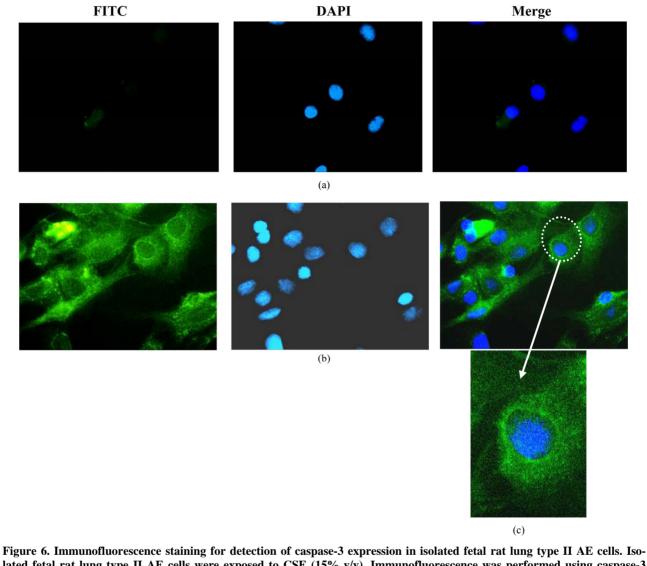
creased (p < 0.05) in the samples exposed to 10% or 15% CSE.

3.5. Sub-Cellular Localization of Caspase-3 Using Immunofluorescence

The sub-cellular localization of caspase-3 expressed in isolated fetal rat lung type II AE cells after exposure to CSE was determined by immunofluorescence using fluorescence microscopy (**Figure 6**). Controls consisted of samples in which the primary antibody against caspase -3 was omitted. No green fluorescence was observed in these samples. Caspase-3 activity was localized largely within the cytoplasm of the isolated type II cells. A gradient of expression appeared to be present in that relatively little fluorescence was present at the periphery of the cell immediately adjacent to the cell membrane but fluorescence increased towards the nucleus. Caspase-3 activity appeared to be the most intense near the nuclear membrane.

4. Discussion

In the present study we demonstrated that CSE induces apoptosis through activation of caspase-3 in isolated fetal rat lung type II AE cells *in vitro*. As previously reported type II AE cells are regarded as the "defenders" of the alveolus due to their diverse functions [22]. Any damage



lated fetal rat lung type II AE cells were exposed to CSE (15% v/v). Immunofluorescence was performed using caspase-3 rabbit polyclonal IGg antibody. Caspase-3 was visualized using donkey anti-rabbit IGg-FITC (green fluorescence) and counter stained with Hoescht 33,342 (nuclear staining—blue). Image (a) shows controls (without primary anti-body); Image (b) shows expression of caspase-3 (green) primarily localized in the cytoplasm; (c) Shows an enlarged image of a positive stained cell. FITC—Fluorescein isothiocyanate; DAPI—4,6-diamidino-2-phenylindole; Merge—merged image of FITC and DAPI.

to type II AE cells may result in 1) alveolar collapse due to decreased surfactant production; 2) defects in remodeling of alveolar structure due to decrease in cytokines and growth factors; 3) increase in epithelial permeability [23]. It has been reported that exposure of type II AE cells to CS leads to oxidative damage of the respiratory epithelium and induces DNA damage [24], which is an important feature of cellular apoptotic death. Cigarette smoke can be divided into two phases, the tar phase/particulate phase and gas phase, both of which are rich sources of free radicals [25]. The tar phase contains free radicals which are stable and are retained on the filter when a cigarette is smoked. In contrast, the gas smoke phase contains less stable free radicals, which are more reactive and can penetrate through the filter [26]. The gas phase can be further divided into mainstream smoke and side stream smoke. The mainstream smoke is directly inhaled through the cigarette and contains 8% tar and 92% gaseous components [26]. Side stream smoke is the smoke emitted from the burning end of the cigarette. Environmental smoke is a combination of side stream and exhaled mainstream smoke. In the present study CSE was prepared using unfiltered research cigarettes, which included both phases of smoke components. Water soluble components remain in the media during exposure to cells. The solution which is considered as 100% CSE

was further diluted for all assays. Previous studies in our laboratory have found these high levels of CSE to be cytotoxic. Fetal growth and development is influenced by intrauterine environment and governed by physical, environmental and hormonal factors [27]. This environment is carefully regulated and consists of various hormones including vascular endothelial growth factor (VEGF) and fibroblast growth factor (FGF) [27]. Both of these hormones contribute to type II alveolar cell differentiation as well as production and secretion of surfactant phospholipids and proteins [27]. Moreover, alterations in the intra-uterine environment due to exposure to cigarette smoke may affect lung function [28]. It may result in decreased alveolarization [1] and altered formation of pulmonary surfactant, which is the first line of defense against pollutants and critical for proper lung expansion at birth [29]. Furthermore, intra-uterine smoke exposure affects lung development adversely with a significant reduction in lung growth [30], with an increased risk of asthma in childhood [31]. The mechanisms underlying the pulmonary effects due to CSE exposure are still not clearly elucidated. It is widely accepted that apoptosis or programmed cell death plays an important role during all stages of lung development (pre and post-natal) and repair of lungs following injury [16,32]. The deregulation of apoptosis may lead to development of lung disease. Hyperoxia which inhibits distal airway branching within fetal mouse pulmonary mesenchyme and is associated with bronchopulmonary dysplagia activates caspase-3 [33]. In addition acute respiratory syndrome induced by coronavirus results in apoptotic activation through a caspasedependent mechanism [34]. Interestingly differential apoptosis in type II alveolar cells and interstitial fibroblasts may be involved with pulmonary fibrosis and post injury inadequate re-epithelialization [35].

Caspases, which are responsible for initiation and execution of apoptosis, upon receiving apoptotic stimuli become activated and the process of cell death is carried out through proteolytic cleavage. Caspase-3 is the central caspase in the caspase cascade that mediates the execution of the apoptotic process of cell death [36]; however, little is known about the ability of CSE to activate caspase-3 in fetal lung cells. Both the intrinsic and extrinsic pathways of apoptosis converge to the activation of caspase-3 [37]. Once activated caspase-3 cleaves nuclear protein substrates leading to DNA fragmentation [38] eventually leading to cell death.

In conclusion, our study showed that CSE induced an increase in apoptosis and a reduction of cell proliferation in fetal rat lung type II AE cells following exposure to CSE. As both these processes are critical for maturation and acquisition of the adequate pulmonary surface of the lung during development, observations that CSE disrupts

this program can account for the onset of respiratory inadequacies when the fetus is exposed *in utero* to chemicals found in cigarette smoke. Since type II AE cells secrete surfactant which is the first line of defense against pathogens and toxic substances, any damage to these cells could mean an overall deterioration of lung function. To our knowledge this is the first study which demonstrates the increase in apoptosis through activation of caspase-3 and decrease in cell growth in fetal lung type II AE cells exposed to CS *in vitro*. However, the underlying cellular mechanisms and signaling pathways that explain the theory behind these changes remain to be resolved. Further studies are required to investigate the specific factors inducing apoptosis in tobacco exposed fetal lungs.

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