O Measles-Associated Acute Acalculous Cholecystitis^{*#}

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ABSTRACT

Background: Measles is a highly contagious viral infection whose complications most commonly involve the respiratory tract and the central nervous system. We report here what we think to be the first case of acute acalculous cholecystitis occurring during the course of measles. **Case Presentation:** A 22-year-old female presented with fever, sore throat, coryza and an erythematous maculopapular eruption. The diagnosis of measles was confirmed by the presence of IgM antibodies to measles virus in the absence of IgG antibodies. After initial favorable evolution, she developed abdominal pain with positive Murphy's sign and elevated liver enzymes. Ultrasonographic examination of the abdomen showed thickening (6.5 mm) of the gallbladder wall in the absence of stones or biliary tract dilatation. Evolution was spontaneously favorable, so that neither antibiotic therapy nor surgical intervention were necessary. **Conclusion:** In the context of worldwide recent measles outbreak, we think that clinicians should be aware of the possible occurrence of acute acalculous cholecystitis, a pathology usually associated with a high rate of complications.

Keywords: Acalculous Cholecystitis; Measles

1. Introduction

Measles is a highly contagious viral infection that predominately affects children, although it may occur in any age group, especially in the context of recent outbreak. The illness is characterized by fever, conjunctivitis, coryza, cough, Koplik's spots, and a diffuse erythematous maculopapular rash [1-3]. Complications most commonly involve the respiratory tract and the central nervous system. Other complications include otitis media, sinusitis, stomatitis, diarrhea, subclinical hepatitis (occurring in at least 30% of adult patients), appendicitis, ileocolitis, pericarditis and myocarditis [1].

To our knowledge, Acute Acalculous Cholecystitis (AAC) has never been reported. We report here a case of AAC occurring during the early convalescence phase of measles.

2. Case Presentation

A 22-year-old female presented to the emergency department with a 6-day history of fever, sore throat and coryza. She also complained of an erythematous maculopapular eruption that started 3 days before on the face and the upper trunk, and then spread to the lower trunk and extremities. The patient had never received the MMR (Measles, Mumps, Rubella) vaccine.

Physical examination revealed pharyngitis, stomatitis, conjunctivitis, posterior cervical and axillary lymphadenopathy. The maculopapulous eruption was diffuse, and confluent on the face and upper body. Abdominal examination was normal.

Laboratory studies showed white blood cell count of 4.1×10^9 /L, in the presence of lymphopenia and thrombocytopenia. The C-Reactive Protein (CRP) was 23 mg/dl (Normal Value Nl < 1 mg/dl). Liver function tests showed mildly elevated AST at 68 IU/L (Nl < 33 IU/L), LDH at 374 IU/L (Nl < 192 IU/L), GGT at 98 IU/L (Nl < 50 IU/L), direct bilirubin level of 0.3 mg/dl (Nl < 0.2 mg/dl), with a normal total bilirubin level of 1.1 mg/dl (Nl 0.3 - 1.2 mg/dl). Pancreatic enzyme levels were normal.

The diagnosis of measles was confirmed by the presence of IgM antibodies to measles virus in the absence of IgG antibodies. Serologic tests for cytomegalovirus, rubella, hepatitis A, B, C, and HIV were negative, and showed immunization against Epstein-Barr Virus.

Over the next 24 hours, her symptoms improved and the rash progressively faded, but she developed abdominal pain. Abdominal examination revealed right upper quadrant tenderness with a positive Murphy's sign. Laboratory tests showed a regression of CRP but an elevation of AST at 89 IU/L (NI < 33 IU/L), ALT at 87 IU/L



^{*}Consent: Written informed consent was obtained from the patient for publication of this Case report.

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(Nl < 63 IU/L), and GGT at 118 IU/L (Nl < 50 IU/L), with normal total and direct bilirubin.

Ultrasonographic examination of the abdomen showed thickening (6.5 mm) of the gallbladder wall in the absence of stones or biliary tract dilatation.

No antibiotic therapy was initiated, and the patient spontaneously improved within three days with regression of abdominal pain and normalization of liver enzymes.

Follow-up two months later showed a normal gallbladder wall on ultrasound, and the presence of IgG antibodies to measles virus with disappearance of IgM antibodies on serologic tests.

3. Discussion

Our patient developed AAC in the recovery phase of measles. Although measles has been often associated with hepatitis [4-6], this is to our knowledge, the first case of measles-related AAC.

AAC is defined as an acute necroinflammatory disease of the gallbladder in the absence of cholelithiasis. It accounts for approximately 10% (range, 2% - 15%) of all cases of acute cholecystitis, and occurs mostly in critically ill or injured patients [7]. Given the high mortality of untreated disease, treatment usually consists of cholecystectomy or percutaneous cholecystostomy, with concomitant antibiotic therapy [7-9].

The pathogenesis of AAC is complex, involving ischemic and chemical injury. Gallbladder ischemia and reperfusion injury is central to the pathogenesis of AAC, as demonstrated by gallbladder microangiography [9]. Whereas gallstone-related cholecystitis is associated with arterial dilatation and extensive venous filling, AAC is characterized by multiple arterial occlusions and minimal-to-absent venous filling, suggesting that vascular occlusion and disruption of the microcirculation are central to the pathogenesis of AAC [8,10]. Bile stasis represents another main pathogenic factor, resulting in concentration of bile, which can inspissate in the absence of gallbladder emptying, producing a functional obstruction to outflow from the gallbladder. Moreover, bile stasis may also alter the chemical composition of bile, which may promote local gallbladder mucosal injury [8].

Infection usually represents a secondary phenomenon and involves Gram-negative enteric flora. However, infection can also represent the primary phenomenon, as it has been described with *Staphylococcus aureus*, *Salmonella* sp, *Campylobacter jejuni*, *Mycoplasma pneumoniae*, *Clostridium perfringens*, *Brucella* sp, *Candida* sp, *Cryptosporidium* sp, *Microsporidium* sp, *Leptospira* sp, *Shistosoma* sp, *Rickettsia* sp, *Coxiella* sp, *Isospora* sp, *Cyclospora* sp, *Vibrio cholerae*, *Mycobacterium tuberculosis*, *Leishmania* sp and *Plasmodium falciparum* and *vivax* [7,9,11]. Although AAC caused by viral infections is extremely rare, it has been reported in the course of infections by Epstein-Barr virus, Cytomegalovirus, hepatitis A and B virus and Dengue virus [12-14].

The pathogenesis of AAC in the course of measles remains unclear. A direct viral action is suggested by the results of autopsy reports [15,16], in which viral antigen was found in a variety of epithelial cell types, including biliary duct epithelium. Moreover, we speculate that the particular tropism of measles virus for vascular endothelial cells [3,17] could play a role in the genesis of microangiopathy observed in AAC [10]. The role of bile stasis induced by fever, dehydration and prolonged fasting may also be evocated.

4. Conclusions

We present here the first case of AAC associated with measles. In the present context of resurgence of measles, clinicians should be aware that AAC may occur during the course of measles. Ultrasound of the gallbladder should be considered in patients with measles and right upper quadrant tenderness.

Because of prompt resolution of symptoms of cholecystitis in the presented case, neither antibiotic therapy nor surgical intervention seemed mandatory. However, because of the high rate of complications observed in AAC in critically ill patients, antibiotic treatment and surgery might be considered in case of unfavorable evolution.

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