# Wrist blood flow signal-based computerized pulse diagnosis using spatial and spectrum features

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Received 4 January 2010; revised 11 January 2010; accepted 22 January 2010.

#### **ABSTRACT**

Current computerized pulse diagnosis is mainly based on pressure and photoelectric signal. Considering the richness and complication of pulse diagnosis information, it is valuable to explore the feasibility of novel types of signal and to develop appropriate feature representation for diagnosis. In this paper, we present a study on computerized pulse diagnosis based on blood flow velocity signal. First, the blood flow velocity signal is collected using Doppler ultrasound device and preprocessed. Then, by locating the fiducial points, we extract the spatial features of blood flow velocity signal, and further present a Hilbert-Huang transform-based method for spectrum feature extraction. Finally, support vector machine is applied for computerized pulse diagnosis. Experiment results show that the proposed method is effective and promising in distinguishing healthy people from patients with cholecystitis or nephritis.

**Keywords:** Pulse Diagnosis; Blood Flow Velocity; Hilbert-Huang Transform; Support Vector Machine

#### 1. INTRODUCTION

Pulse diagnosis, one of the most important diagnostic methods in Traditional Chinese Medicine (TCM), has been used in disease examination and in guiding medicine selection for thousands of years [1]. In traditional Chinese pulse diagnosis (TCPD) theory [1], the wrist radial pulse signals, which caused by the fluctuation of blood flow in radial artery, contain rich and critical information which can reflect the state of human viscus, *i.e.* gallbladder, kidneys, stomach, lungs and so on [2]. That is the pathologic change of these internal organs can be reflected from the variations of rhythm, velocity, strength of radial pulse by which an experienced practitioners can tell a person's healthy condition. Moreover, TCPD is noninvasive and convenient for effective diagnosis.

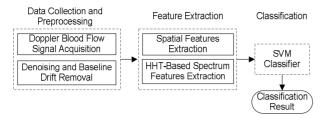
The diagnostic results of TCPD, however, sincerely depend on the practitioner's subjective analysis and sometimes may be unreliable and inconsistent. Therefore, it is necessary to develop computerized pulse signal analysis techniques to make TCPD standard and objective. In recent years, techniques developed for measuring, processing, and analyzing the physiological signals [3-5] are considered in computerized pulse signal research [6-8]. A series of pulse signal acquisition systems [9,10] have recently been developed and a number of methods have been proposed to analyze the digitized pulse signals [11-15].

By far, considerable achievements have been obtained in the development of computerized pulse diagnosis based on the analysis of pulse signal acquired by pressure [9] or photoelectric sensors [10]. Since the information utilized in TCPD is comprehensive and complicated, photoelectric or pressure sensors cannot acquire all the necessary information for pulse diagnosis. Thus it is necessary to develop new types of sensors, to develop appropriate feature extraction methods, and to test the feasibility of other types of pulse signal.

Doppler ultrasonic blood flow inspection and measurement [16] is widely used as a noninvasive clinical check technique to evaluate the dynamic characteristics of peripheral artery. Thus, the effectiveness of Doppler ultrasonic blood flow signal for computerized pulse diagnosis has been recognized and preliminarily investigated [17-19]. In this paper, we systematically investigates the acquisition, pre-processing, feature extraction and classification of Doppler ultrasonic blood flow signal, and propose to use both spatial and spectrum features for computerized pulse diagnosis.

Generally speaking, as shown in Figure 1, the proposed scheme involves three major modules: data collection and preprocessing, feature extraction, and classification. In the first module, blood flow signal of the wrist radial artery is first collected by Doppler ultrasound device and then denoised using empirical mode decomposition (EMD)-based method [18]. In the feature





**Figure 1.** Schematic diagram of the proposed computerized pulse diagnosis method.

extraction module, spatial features are first extracted and then a Hilbert-Huang transform (HHT)-based method is adopted to extract the spectrum features. Finally, in the classification module, the support vector machine (SVM) classifier is used to distinguish healthy person from patients with two typical visceral diseases, cholecystitis and nephritis.

The remainder of this paper is organized as follows. Section 2 describes the procedure of data acquisition and preprocessing. In Section 3, we first extract the spatial features of blood flow signal, and then a HHT-based method is proposed to effectively extract the spectrum features. The classification results are described in Section 4. Finally, Section 5 concludes this paper.

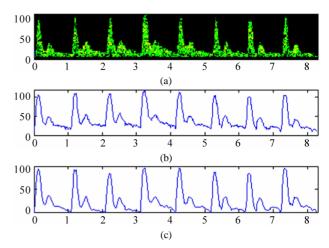
## 2. DATA ACQUISITION AND PREPROCESSING

In our scheme, blood flow signals of the wrist radial artery are collect by a Doppler ultrasonic acquisition device. At the beginning of signal acquisition, operator uses his/her finger to feel the fluctuation of pulse at the patient's styloid process of radius to figure out a rough area where the ultrasound probe is then put on and moved around carefully until the most significant signal is detected. Then, a stable signal segment with 30 seconds is recorded and stored. The raw data acquired is represented in the form of Doppler spectrogram (see Figure 2(a)), of which the up envelope corresponds to the blood flow velocity signal.

In the preprocessing, the blood flow velocity signal is first extracted, and is then further processed to remove the noise and the baseline drift. An EMD-based method described in our former work [18] is adopted for denoising. To address the baseline drift problem, the wavelet-based cascade adaptive filter method [20] is adopted. As an example, **Figure 2(b)** shows an extracted blood flow velocity signal, and **Figure 2(c)** shows the result of blood flow velocity signal after denoising and baseline drift removal.

#### 3. FEATURE EXTRACTION

This section describes the feature extraction methods used in our scheme. First, the spatial features of blood flow velocity signals are extracted. Then we discuss how

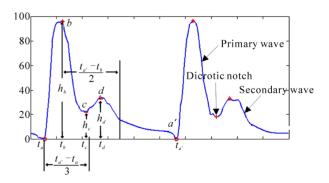


**Figure 2.** An illustration of the preprocessing of wrist blood flow signal, where: (a) is a typical Doppler spectrogram of blood flow signal; (b) is the blood flow velocity signal extracted from Doppler spectrogram; (c) is the blood flow signal after denoising and baseline drift removal.

to utilize the Hilbert-Huang transform (HHT), which includes empirical mode decomposition (EMD) and Hilbert transform, for spectrum feature extraction.

### 3.1. Spatial Feature Extraction of Blood Flow Velocity Signal

Blood flow velocity signal is a semi-periodic signal where each period signal is constructed by a primary wave, a secondary wave, and a dicrotic notch (see **Figure 3**). As shown in **Figure 3**, we define several fiducial points, and the meanings (of a, b, c, d, a') are explained in **Table 1**.



**Figure 3.** An illustration of the fiducial points of blood flow velocity signal.

**Table 1.** Fiducial points of blood velocity signal.

Points	Feature Meaning		
а	Onset of one period		
b	Peak point of primary wave		
c	Dicrotic notch		
d	Peak point of secondary wave		
a'	Onset of the next period		

The procedure of fiducial point location is described as follows

- 1) Find the onsets of each period using the method described in [20], and then locate the points a and a', and their corresponding time labels are  $t_a$  and  $t_a$ .
- 2) Detect the peak point b of the primary wave in  $[t_a, t_a + (t_a, -t_a)/3]$ , and obtain the time label  $t_b$  and the amplitude  $h_b$  corresponding to b.
- 3) Detect the subsequent peak point d within the time interval  $[t_b, t_b + (t_{a'} t_b)/2]$ , and obtain its corresponding time label  $t_d$  and amplitude  $h_d$ .
- 4) Detect the dicrotic notch point c within time interval [ $t_b$ ,  $t_d$ ], and obtain its time labels  $t_c$  and amplitude  $h_c$ .
  - 5) Calculate the parameters in this period by

$$T = t_{a'} - t_{a} 
T_{ba} = t_{b} - t_{a} 
T_{cb} = t_{c} - t_{b} 
T_{dc} = t_{d} - t_{c} 
T_{a'b} = t_{a'} - t_{b}$$
(1)

6) Repeat Step 1-Step 5 until all the fiducial points of blood flow velocity signal is detected.

After all the fiducial points are detected, we extract six spatial features from blood flow velocity signal, as listed in **Table 2**. We adopt the mean of relative ratios between different fiducial point information as spatial features because they are more stable.

#### 3.2. EMD-Based Spectrum Feature Extraction

In this subsection, we first introduce the Hilbert-Huang transform (HHT), and then discuss how to utilize HHT for spectrum feature extraction of blood flow velocity signals.

#### 3.2.1. Hilbert-Huang Transform

Hilbert-Huang transform (HHT) [21] is an adaptive signal processing method for analyzing non-linear and non-stationary signals. In HHT, Hilbert spectrum, a time-frequency-energy spectrum of a signal is generated for signal analysis. The cores of HHT are empirical mode decomposition and Hilbert transform.

Table 2. Meanings of spatial features.

Features	Meanings
$T_{ba}/T$	Ratio of time of ascent part of primary wave to the period
$T_{cb}/T$	Ratio of time of decent part of primary wave to the period
$T_{dc}/T$	Ratio of time of ascent part of secondary wave to the period
$T_{a'b}/T_{ba}$	Ratio of time of ascent part to decent part of wave- form
$h_o/h_b$	Ratio of amplitude of dicrotic notch to that of pri- mary peak
$h_d/h_b$	Ratio of amplitude of secondary peak to that of pri- mary peak

#### 1) Empirical Mode Decomposition:

Empirical Mode Decomposition (EMD) is a successful method used to generate a decomposition of signal into several individual components, intrinsic mode functions (IMFs) [21]. An IMF must satisfy the following two criteria: (1) the numbers of extrema and the number of zero-crossings of an IMF are equal or differ at most by one; (2) at any point, the mean value of the envelope defined by the local maxima and the envelope defined by the local minima is zero.

With EMD, a signal S(t) is decomposed into a series of  $IMF_n(t)$  and a residue r(t). For expression convenience, the residue r(t) is treated as the last IMF. Consequently, the original signal S(t) can be reconstructed by IMFs:

$$S(t) = \sum_{n=1}^{N} IMF_n(t), \qquad (2)$$

where *N* is the numbers of IMFs.

2) Hilbert Transform

Hilbert transform of  $IMF_n(t)$  is defined as:

$$Y_n(t) = \frac{1}{p} P \int_{-\infty}^{\infty} \frac{IMF_n(t)}{t - t} dt , \qquad (3)$$

where P denotes the Cauchy principal value [21].

With Hilbert transform, an analytic signal  $Z_n(t)$  can be generated using  $IMF_n(t)$  and the corresponding  $Y_n(t)$ , forming a complex conjugate pair defined as

$$Z_n(t) = IMF_n(t) + iY_n(t) = a_n(t)e^{jf_n(t)}$$
 (4)

where  $a_n(t)$  and  $f_n(t)$  are instantaneous amplitude and phase defined as:

$$a_n(t) = \sqrt{(IMF_n(t))^2 + (Y_n(t))^2}$$
, (5)

$$f_n(t) = \arctan\left(\frac{Y_n(t)}{IMF_n(t)}\right),$$
 (6)

respectively. Furthermore, the frequency of  $Z_n(t)$  could be calculated as

$$f_n(t) = \frac{1}{2p} \frac{df_n(t)}{dt} \tag{7}$$

### 3.2.2. Feature Extraction by Hilbert-Huang Transform

The procedure to use HHT for blood flow velocity signal feature extraction is described as follows:

For each blood velocity signal S(t), EMD is applied to decompose it into a series of IMFs which satisfy

$$S(t) = \sum_{n=1}^{N} IMF_n(t) \quad t = 1, 2, \mathbf{K}, m,$$
 (8)

where N is the number of IMFs and m is the length of S(t).

For each  $IMF_n(t)$ , we extract  $a_n(t)$  and  $f_n(t)$  using **Eq.5** 

and **Eq.7**, and then define the average amplitude  $\overline{h}_n$  and the average frequency  $\overline{w}_n$  of each  $IMF_n(t)$  as

$$\overline{h}_{n} = \sum_{t=1}^{m} a_{n}(t) / m, \qquad (9)$$

$$\overline{w}_{n} = \sum_{t=1}^{m} a_{n}(t) f_{n}(t) / \sum_{t=1}^{m} a_{n}(t) . \tag{10}$$

We define the energy  $P_n$  of  $IMF_n(t)$  as

$$P_{n} = \frac{\sum_{t=1}^{m} |IMF_{n}(t)|^{2}}{\sqrt{\sum_{n=1}^{N} \sum_{t=1}^{m} |IMF_{n}(t)|^{2}}}.$$
 (11)

Using **Eqs.9-11**, for each blood flow velocity signal S(t), we extract  $3 \times N$  parameters  $\{\overline{h}_n, \overline{w}_n, P_n\}$ , which form a vector to be used for blood flow velocity signal classification.

### 4. EXPERIMENTAL RESULT AND DISCUSSION

In this section, the extracted features by methods described in the Section 3 are tested on our blood flow velocity dataset. The dataset includes 33 healthy persons, 25 nephritis patients, and 25 cholecystitis patients. All of the data were collected at Harbin 211st Hospital using our Doppler ultrasonic analyzer. Before the classification, all the blood flow velocity signals are segmented to have the same length with the result that each has 2060 points.

For the HHT-based feature extraction method, all the 2060 points of data are used. Figure 4 and Figure 5 show the EMD of a healthy person and a nephritis patient. EMD is an adaptive signal processing method. For different signals the numbers of their IMFs may not be the same. For blood flow velocity signal, the typical numbers of IMFs are between 7 and 9. Since the number of *IMF*s differs in different signals, the feature vectors extracted from different signal are not guaranteed to have the same feature dimension. For each blood velocity signal, there is less oscillation in the higher order of IMFs, which means that these IMFs contain the direct-current component of the original signal. So, we discard the higher order IMFs and use the first five lower order IMFs (IMF<sub>1</sub> to IMF<sub>5</sub>) for feature extraction. Then a 15-dimensional vector is extracted as

$$E = \left\{ \overline{h}_n, \overline{w}_n, P_n \mid n \in [1, \mathbf{K}, 5] \right\}$$
 (12)

For the spatial feature extraction method, since we have fixed the length of blood flow velocity signal and the periods of different signals are not the same, there may be a span at the end of each segmented data which could not cover a complete period and some spatial feature could not be extracted in that span of signal (see **Figure 6**). Thus we discard that span and only use the remained part for spatial feature extraction. Using the method described in Subsection 3.1, we form a vector,

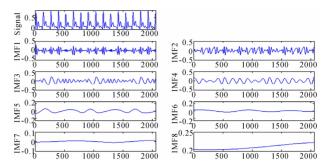


Figure 4. EMD of blood flow velocity signal of a healthy person.

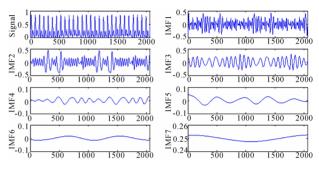
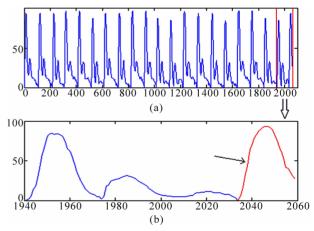


Figure 5. EMD of blood flow velocity signal of a nephritis patient.



**Figure 6.** Data processing for spatial feature extraction: (a) is an example of segmented data with the incomplete last span of data; (b) is partial enlarged of (a).

$$S = \left\{ \frac{\overline{T}_{ba}}{\overline{T}}, \frac{\overline{T}_{cb}}{\overline{T}}, \frac{\overline{T}_{dc}}{\overline{T}}, \frac{\overline{T}_{a'b}}{\overline{T}_{bc}}, \frac{\overline{h}_{c}}{\overline{h}_{b}}, \frac{\overline{h}_{d}}{\overline{h}_{b}} \right\}$$
(13)

where "-" denotes the mean value of parameters.

Using both spatial and spectrum feature extraction, we extract two vectors E and S for each blood flow velocity signal, and formulize them into a new vector  $T = \{E, S\}$  for effective pulse classification.

In our experiments, we adopt support vector machine (SVM) [22] with Gaussian RBF kernel for that it has good generalization on small dataset. Our experiments were done under the MATLAB environment by using

the SVM-KM toolbox [23]. In SVM, we should determine the values of two hyper-parameters, C and s. Figure 7 shows the influence of the two parameters on the classification error rate. According to the result shows in Figure 7, we choose C = 20 and s = 25. In order to reduce the bias, we adopt 10 runs of 3-folder cross-validation, and the classification results are listed in Table 3.

Table 3 shows that the proposed method achieves the highest accuracy, 92%, in the classification of the nephritis patients group, and the lowest accuracy, 56%, in the cholecystitis patients group. For all the three groups, the experiment achieves an acceptable accuracy of 75.9% in average.

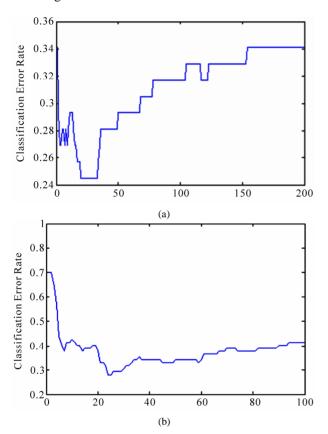


Figure 7. The influence of C and S on the classification error rate: (a) S is fixed to 10 and C varies from 0.5 to 200; (b) C is fixed to 10 and S varies from 0.5 to 100.

**Table 3.** Classification results using support vector machine.

Sample Class	Samples	Classification Results	Accuracy	
Cholecystitis Patients	25	14	56%	
Nephritis Patients	25	23	92%	75.9%
Healthy People	33	26	79%	

The similar work of adopting pulse signals to classify healthy people from patient with nephritis and cholecystitis were reported in [24], where the pulse signals were acquired by a typical pressure sensor. The size of data set used in [24] is comparable with that of this paper. Compared with the results of [24], our works get a promotion in discriminating nephritis patients from the other two classes where the accuracy was equal to 92%. This result shows that the Doppler spectrogram is superior to pressure sensor in nephritis diagnosis and thus may contain valuable complementary information for pulse diagnosis.

#### 5. CONCLUSIONS

The wrist pulse signal of a person contains important information about the pathologic changes of the person's body condition. In this paper, we establish a systematic approach for computerized pulse diagnosis by studying the quantitative features of blood flow velocity signal of radial artery. First, the spatial features were extracted by locating several fiducial points of the blood flow velocity signal. Then, a HHT-based feature extraction method was proposed and a series of spectrum features were extracted. Experimental results show that blood flow velocity signal carries important information for computerized pulse diagnosis, and the proposed method achieves an accuracy of over 75% in classifying the healthy person from the patients with cholecystitis and nephritis. In the future, we will build large scale dataset with more kinds of diseases to further verify this new computerized pulse diagnosis approach, and analyze the heterogeneity and complementarities of blood flow velocity signal and other types of pulse signal.

#### 6. ACKNOWLEDGEMENTS

This work is partially supported by the CERG fund from the HKSAR Government, the central fund from Hong Kong Polytechnic University, and the NSFC/SZHK-innovation funds of China under Contract Nos. 60620160097, 60871033, 60602038, and SG200810100003A.

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