

# Exploratory Study on Relationship among Body Weight, Body Condition Score and Some Blood Biochemical Parameters of Non-Descriptive Goats in Mzimvubu Local Municipality: A Case of Santombe Village

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## Abstract

Body weight is a crucial trait that aids farmers in decision-making regarding vaccinations, feeding, marketing and selection during the breeding programs. The study was conducted to investigate the effect of sex and age on body weight (BW), body condition score (BCS) and some blood biochemical parameters (BBP) and to determine the correlation amongst BW, BCS and BBP of non-descriptive goats at Santombe communal farming system. Blood samples were collected from 33 apparently healthy goats (27 females and 6 males) aged 6 - 8 tooth with a mean BW ( $32.62 \pm 11.39$  kg) while BCS ( $3.17 \pm 0.39$ ) was taken by means of palpating the lumbar area, sternum and the ribs. The BCS was rated on a scale of 1 to 5 with 1 being emaciated and 5 being extremely fat. The blood samples were analyzed using Cobas intergra 400 plus chemistry analyzer, Roche for biochemical parameters such as total protein (TP), urea, cholesterol (Chol), magnesium (Mg), phosphorous (P) and calcium (Ca)

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with mean values of  $72.79 \pm 5.84$  mg/l,  $2.76 \pm 1.16$  mmol/l,  $2.08 \pm 0.40$  mmol/l,  $1.09 \pm 0.09$  mmol/l,  $2.30 \pm 0.49$  mmol/l and  $2.45 \pm 0.12$  mmol/l respectively. Sex and age had significant effects on BW, BCS and some biochemical parameters. The BW and BCS for males were significantly higher than for females. Correlation results indicated that BW had a positive relationship with BCS ( $r = 0.677$ ), TP and BW ( $r = 0.400$ ), Chol and BCS ( $r = 0.4025$ ) and Mg and TP ( $r = -0.075$ ). Age and sex had significant influences on BW, BCS and some blood biochemical parameters. Consideration of the factors can aid in determining the accurate diagnosis of the nutritional status of goats.

## Keywords

Blood Metabolite, Communal Goats, Nutrition Status

## 1. Introduction

Goats play an important role in the socio-economic and cultural aspects of the rural population [1] [2] [3]. In comparison with other livestock species such as cattle, goats are renowned for their high ability to survive harsh environmental conditions [4] [5] [6] and their lower feed and capital requirements [7] [8] [9]. More so, goat milk fetches higher prices per litre compared to cow milk since the former has nutritionally desirable traits, such as lower concentrations of C12:0, C14:0, C16:0 and Na:K ratios, and higher concentrations of cis-polyunsaturated fatty acids (PUFA) compared to the latter [10]. Regarding meat from the goats, chevon contains less fat, fewer calories and higher levels of protein and iron in comparison with beef, pork, mutton and broiler meat [11] [12].

South Africa has approximately 2 million goats of which 29.6% are in the Eastern Cape Province [13]. If proper attention is accorded to the farming of this livestock species, goats could become a vehicle for poverty alleviation and wealth creation [14]. Farmers in the communal areas of South Africa can accomplish this objective through devising strategies aimed at efficiently and effectively raising goats. Such strategies should, however, be grounded on the determination of the nutritional status of livestock. Knowledge of the nutritional status of livestock enables owners to neither underfeed their goats resulting in sub-optimal production nor overfeed them culminating in unnecessary costs that then translate into reduced profits. Body weights (BWs), body condition scoring (BCS) and blood metabolite profiling have been used to evaluate the nutritional status of livestock under communal breeding systems [15] [16] [17].

Although some farmers might use body weight as a determinant of nutrient status, the index can be misleading if not properly interpreted. Farmers would be provided with a classification of nutrient level as low, medium and high, and this can be done through a scale of 0 - 100 self-explanatory measures. Below 50 to symbolize nutrient deficiency, adequate nutrients between 50 - 70, and between 80 - 100 nutrients are said to be highly available. By so doing, farmers are en-

sured to be better understanding the nutrient indexes. In the case of female animals, it is important to have information on which animals will be pregnant as this physiological status might exaggerate the actual weight of the animal. Even so, the situation is complicated by the possibility of single, twin or triplet fetuses in pregnant animals which might not give the true reflection of the weight of the animal. Another challenge associated with using the BW index is the lack of access to weighing facilities in the communal areas [18]. On the other hand, body condition scoring (BCS) has been reported by various authors as the main indicator of nutritional status. This technique, however, has its disadvantages in that it only assesses subcutaneous fat, and bias between the evaluators may influence the results, as such, it is subjective. It is under such scenarios that blood metabolites become relevant and are strongly recommended. Blood metabolite concentrations constitute an integrated index of the adequacy of nutrient availability in relation to nutrient utilization which involves the physiological state and leads to the known status of nutrients [19] [20] [21]. Knowledge of the metabolite profile is crucial in predicting, diagnosing, and preventing various nutritional, pathological, and metabolic disorders before adverse and irreparable conditions occur [22]. Among other factors, stress, age, sex, genetics, management, type of housing, physiological status and other environmental factors have been reported to have profound effects on BW, BCS and biochemical profiles in small ruminants [20] [23] [24]. It is crucial, therefore, to specify the individual values of metabolic profile and acid-base status for each goat breed. It is documented that there is a breed-specific close relationship between BCS and particular blood metabolites [25]. As for our knowledge, a few studies have been conducted on the use of blood metabolites as an indicator of the nutritional status of goats raised under communal goat breeding systems. This investigation, therefore, was conducted to determine if a relationship exists among BWs, BCS and blood metabolites of non-descript goats reared in Santombe village of the Eastern Cape Province.

## 2. Materials and Methods

### 2.1. Description of the Study Site

The study was conducted in Santombe village that falls under Umzimvubu Local Municipality of the Alfred Nzo district. The village is situated 3 km North of Mount Ayliff town at 30°49'25"S and 27°21'93"E. Its elevation is 1330 m above the sea level and most of the land is gently undulating. The mean annual rainfall is 780 mm whilst the mean annual temperatures range from 13°C to 29°C. The village covers an area of 719 ha of which a large (>80%) area is rangeland. The rangelands at Santombe are shared by members of the community and grazed continuously with no restrictions on stocking rates. The vegetation surrounding Santombe is a mixture of East Griqualand Grassland and Drakensberg Foothill Moist Grassland [26] with a browsing capacity of 1218 goats per annum. The main economic activities in the study area are livestock rearing and sand mining. The estimated livestock population is 1800, of which 64% are goats, followed by

sheep (27%) and cattle (9%).

## 2.2. Data Collection and Goat Management

Thirty-three (27 females with kids, 6 males) non-descript 6 and 8 tooth goats were randomly selected from one household (**Table 1**) using a convenient sampling technique. The data was collected on the number of goats available in the household. Variation in a number of females and males might be due to sales of male kids for income as compared to female's weaner or kids. The description by [27] that healthy goats be given BCS of 2.3 to 4.0 was utilized. Therefore, the selected goats were considered clinically healthy animals during data collection as their BCS ranged from 3.0 to 4.0. The goats were kraaled at night and browsed on rangelands from 0800 hrs to 1500 hrs with ad libitum availability of water. The main reason for the goats to be kraaled at 1500 hrs was to enable suckling kids, that remained in the kraal, to have access to their mothers early. Multi-sire breeding system was the dominant practice employed in the village, where bucks were running with does throughout the year. Plastic ear tags were used to monitor and facilitate accurate recording. The main source of feed was grass species and browse plants found in the rangelands. The major vegetation of the area is composed of herbaceous plant species that included *Alloteropsis appendiculatus*, *Aristida congesta*, *Cynodon dactylon*, *Cymbopogon plurinodis*, *Elionorus muticus*, *Eragrostis chloromelas*, *Eragrostis curvula*, *Eragrostis lehmanniana*, *Eragrostis plana*, *Heteropogon contortus*, *Hyperhenia hirta*, *Paspalum dilatatum* and *Sporobolus africanus*. The predominant woody plants species that goats had at their disposal during the experiment were *Aloe ferox*, *Artemisia afra*, *Coddia rudis*, *Diospyros lysiodes*, *Ehretia rigida*, *Euclea undulata*, *Grewia occidentalis*, *Maytenus polycantha*, *Olea europaea*, *Rhamnus prinoides*, *Sersia lucida*, *Scutia myrtina*, *Vachellia karoo* and *Vachellia mearnsii*.

Body weights, Body Condition Scores and blood samples were collected once from each of the goats during the spring season, in September 2020 from 0700 hrs to 0900 hrs. This was a preliminary investigation as the researchers were instructed by MEC to collect and collate data in that particular household. The body weights were recorded using a digital scale as indicated by [28]. The BCS were scored on a scale of 1 to 5, with a score of 1 indicating a thin and emaciated goat whilst a condition of 5 indicated an obese goat as explained [29]. The BCS was assigned not only through visual appraisal of an animal but through palpating

**Table 1.** Age-groups of bucks and does sampled in the study area.

| Age (tooth) | Male (Bucks) |     | Female (Does) |     |
|-------------|--------------|-----|---------------|-----|
|             | Number       | %   | Number        | %   |
| 6           | 3            | 50  | 9             | 33  |
| 8           | 3            | 50  | 18            | 67  |
| Total       | 6            | 100 | 27            | 100 |

the lumbar area, sternum and the ribs [30] as well. From each goat, a 10 ml blood sample was collected from the jugular vein into tubes that contained no anticoagulants. The blood samples were transported to the laboratory in an ice pack for analysis of total protein (TP), urea, cholesterol (Chol), calcium (Ca), magnesium (Mg) and phosphorous (P). Total protein was analyzed spectrophotometrically as described by [31]. The Colorimetric method was used to analyze calcium (Ca) [32], phosphorus (P) [33] and magnesium (Mg) [34]. For the analysis of urea and cholesterol (Chol), the [34] enzymatic method was used.

### 2.3. Data Analysis

Data collected was subjected to the Statistical Analysis System version 9.1 [35]. The effects of age and sex on BCS, BW and biochemical parameters (using a serum) were determined using the generalized linear model procedures [35]. Correlation coefficients for BCS, BW and biochemical parameters were determined using PROC CORR procedures [35]. Mean separation of the least square means was performed using the PDIFF procedure. Statistical significance was tested at a 95% level with all results with  $P < 0.05$  considered to be statistically significant.

## 3. Results

There were significant differences ( $P < 0.001$ ) in BW and BCS among sex and age groups as shown in **Table 2**. With reference to each age group, the body weights of males were higher than for females. For BCS, significantly higher scores were observed in the male goats compared with the female counterparts in both age groups (**Table 2**).

The serum concentration of TP and P were higher than the normal reference values but no significant differences were found either between the two age groups or between the sexes (**Table 3**). Urea, magnesium and calcium levels were within the reference range for healthy goats under field conditions with neither age nor sex effects on the levels of these metabolites as indicated in **Table 3**. The results also revealed that cholesterol was significantly lower ( $P < 0.01$ ) in the female 6 tooth goats compared to the other groups.

Correlation coefficients among BW, BCS and blood metabolites are shown in **Table 4**. Body weight was positively correlated to BCS ( $r = 0.677$ ;  $P < 0.01$ ). There, however, were no correlations ( $P > 0.05$ ) between BWs and several blood metabolites such as urea, Chol, Mg, P and Ca. Total protein was only positively correlated with BW ( $r = 0.400$ ;  $P < 0.05$ ) with no correlation between the TP and other blood parameters and BCS. Urea had no correlation with the other studied blood metabolites, BW and BCS. Cholesterol was positively correlated to BCS ( $r = 0.402$ ;  $P < 0.05$ ) and there was no correlation between the blood parameters and BW. As shown in **Table 4**, BCS were not ( $P > 0.05$ ) correlated with TP, urea, Mg and calcium. Amongst the given parameters, magnesium was positively correlated with TP only. No correlation existed between phosphorus and the given parameters. The same observation was also detected regarding calcium.

**Table 2.** Effect of age and sex on BW and BCS.

| Parameters | 6 tooth                     |                            | 8 tooth                    |                            |
|------------|-----------------------------|----------------------------|----------------------------|----------------------------|
|            | F                           | M                          | F                          | M                          |
| BW         | 28.14 ± 1.865 <sup>cd</sup> | 42.07 ± 3.231 <sup>b</sup> | 32.59 ± 1.319 <sup>c</sup> | 62.33 ± 3.231 <sup>a</sup> |
| BCS        | 3.11 ± 0.090 <sup>b</sup>   | 3.67 ± 0.150 <sup>a</sup>  | 3.06 ± 0.064 <sup>b</sup>  | 4.00 ± 0.157 <sup>a</sup>  |

Values with different superscript within a row differ significantly ( $P < 0.001$ ). Body condition score (BCS); Body weight (BW); Female (F); Male (M).

**Table 3.** Blood metabolites and macro-mineral profile for non-descript goats of different sex and age groups.

| Age     | Sex | TP<br>mg/l                  | Urea<br>mmol/l            | Chol<br>mmol/l             | Mg<br>mmol/l              | P<br>mmol/l                | Ca<br>mmol/l              |
|---------|-----|-----------------------------|---------------------------|----------------------------|---------------------------|----------------------------|---------------------------|
| 6       | F   | 71.61 ± 1.806 <sup>ab</sup> | 2.60 ± 0.400 <sup>a</sup> | 1.94 ± 0.113 <sup>b</sup>  | 1.13 ± 0.031 <sup>a</sup> | 2.46 ± 0.16 <sup>a</sup>   | 2.49 ± 0.041 <sup>a</sup> |
|         | M   | 73.30 ± 3.830 <sup>ab</sup> | 2.43 ± 0.693 <sup>a</sup> | 2.63 ± 0.196 <sup>a</sup>  | 1.12 ± 0.053 <sup>a</sup> | 1.92 ± 0.280 <sup>ab</sup> | 2.47 ± 0.070 <sup>a</sup> |
| 8       | F   | 74.89 ± 1.314 <sup>a</sup>  | 2.92 ± 0.283 <sup>a</sup> | 2.01 ± 0.080 <sup>ab</sup> | 1.12 ± 0.022 <sup>a</sup> | 2.30 ± 0.114 <sup>a</sup>  | 2.42 ± 0.029 <sup>a</sup> |
|         | M   | 77.03 ± 3.128 <sup>a</sup>  | 2.91 ± 0.693 <sup>a</sup> | 2.68 ± 0.196 <sup>a</sup>  | 1.13 ± 0.05 <sup>a</sup>  | 2.15 ± 0.280 <sup>a</sup>  | 2.41 ± 0.070 <sup>a</sup> |
| Min-Max |     | 61.5 - 83.9                 | 0.37 - 4.76               | 1.42 - 3.17                | 0.94 - 1.28               | 1.44 - 3.08                | 2.21 - 2.68               |
| RV      |     | 64.0 - 70.0                 | 3.57 - 7.14               | 1.10 - 2.30                | 0.31 - 1.48               | 0.23 - 0.50                | 2.23 - 2.93               |

Values with different superscript within a column differ significantly ( $P < 0.001$ ). Reference Values: RV; Minimum: Min; Maximum: Max.

**Table 4.** Correlation for BW, BCS, blood metabolites and macro-minerals among non-descript goats.

| Variable | BCS                  | BW                   | TP                  | Urea                 | Chol                 | Mg                  | P                   |
|----------|----------------------|----------------------|---------------------|----------------------|----------------------|---------------------|---------------------|
| BCS      |                      |                      |                     |                      |                      |                     |                     |
| BW       | 0.677 <sup>**</sup>  |                      |                     |                      |                      |                     |                     |
| TP       | 0.308 <sup>NS</sup>  | 0.400 <sup>*</sup>   |                     |                      |                      |                     |                     |
| Urea     | 0.101 <sup>NS</sup>  | 0.074 <sup>NS</sup>  | 0.239 <sup>NS</sup> |                      |                      |                     |                     |
| Chol     | 0.402 <sup>*</sup>   | 0.399 <sup>NS</sup>  | 0.235 <sup>NS</sup> | 0.138 <sup>NS</sup>  |                      |                     |                     |
| Mg       | 0.268 <sup>NS</sup>  | 0.275 <sup>NS</sup>  | 0.428 <sup>**</sup> | -0.075 <sup>NS</sup> | 0.063 <sup>NS</sup>  |                     |                     |
| P        | -0.237 <sup>NS</sup> | -0.119 <sup>NS</sup> | 0.014 <sup>NS</sup> | -0.285 <sup>NS</sup> | -0.214 <sup>NS</sup> | 0.022 <sup>NS</sup> |                     |
| Ca       | -0.043 <sup>NS</sup> | -0.193 <sup>NS</sup> | 0.059 <sup>NS</sup> | 0.178 <sup>NS</sup>  | 0.000 <sup>NS</sup>  | 0.018 <sup>NS</sup> | 0.091 <sup>NS</sup> |

Significant at <sup>\*\*</sup> $P < 0.01$ ; <sup>\*</sup> $P < 0.05$  and not significant (NS) at ( $P > 0.05$ ).

#### 4. Discussion

The finding, from the current study, that males were heavier than female goats might be attributed to hormonal differences and environmental factors. Similar findings were reported by [36], from research with the indigenous Maefur goats in Ethiopia, where males were found to be heavier than female goats (42.8 ± 6.6 kg versus 37.2 ± 4.1 kg). [37] also had similar findings from research with the South African indigenous goat where 8 tooth male goats weighed 37.7 ± 7.17 kg whilst females of the same age weighed 31.4 ± 5.87 kg. There are challenges in communal farming set up, one of these is unavailability of weighing scales which assist in marketing live animals as well as selection for breeding purpose [38]. The current study focused on investigation of relationship between BW, BCS

and biochemical parameters in non-descriptive goats.

Most blood metabolites showed results within the reference values reported by [39]. However, the values of TP, Chol and P were exceptions. The TP, Chol and P values were observed to be higher than the reference values. High TP levels might be due to dominance of acceptable browse species such as *Diospyros* and *Cordia* species which have a crude protein (CP) content above 8% [40] which is good for feed intake and optimum rumen function in goats. Alternatively, the elevation might be due to breed traits as reported by [41] among other indigenous small ruminants' breeds. Research studies [42] have, however, revealed that total protein (TP) is known to increase due to some adverse scenarios such as dehydration, chronic inflammation and paraproteinaemia, and access to feed containing excess protein. The observed positive correlation between TP and BW might indicate a desirable high level of TP. However, such elevated TP levels warrant investigation so that if they are due to an anomaly then such a condition can be corrected.

The high P concentrations obtained in the current study might be due to the availability of browse plants such as *Vachellia karoo* which have calcium and phosphorus contents of around 1.73% and 0.13%, respectively [43]. The high levels might also be attributed to the fact that the experimental goats (30 to 36 months of age) were still growing. [44] reported that the level of P decreases as the goats grow older since there is reduced capacity to assimilate P from the diet as the goats grow. Lack of an age effect on P with reference to goats under the current study could be due to the fact that the two age groups were close to each other.

The findings that urea, magnesium and calcium were within the normal range could probably indicate that the goats had access to browse and forage that had enough of the minerals during the time the blood was sampled. There, however, is a need to investigate if there will not be deficiencies in other seasons. Cholesterol plays an important role as an antioxidant and metabolism of cell-soluble hormones, hormone production, cortisone, bile formation, and fat soluble vitamins. Cholesterol is of clinical importance when present in abnormal concentrations, like many other essential components of the body. Our current finding of the high Chol levels that are above the reference values, usually exhibits abnormalities in the synthesis, degradation and transport of related lipoprotein particles [45]. The high Chol levels, however, might emanate from the absence of excess dietary energy intake which results in the animal mobilizing body fat reserves [46] [47]. The higher cholesterol levels in adult goats compared to values from young female goats can be attributed to the fact that the metabolite is a precursor to all sex steroid hormones and is, therefore, high in concentrations in adult livestock compared to young animals [48].

The significant correlation between BW and BCS indicates that body weight can be predicted based on body condition scores. Similar results were observed by [15] on indigenous Nguni goats of South Africa. This indicates that the combination of BW and BCS would be a good indicator of live weight in goats in

fields with no access to weighting scale. Contrary to this finding, [49] in Senegalese goats and [50] in indigenous Tswana goats reported a negative correlation between BW and BCS.

Sufficient supply of protein is a very crucial factor for proper growth. The findings from this study shows a positive correlation ( $r = 0.400$ ;  $P < 0.05$ ) between TP and BW. This differs from the findings of [37], who reported that change in protein levels had no effect on Body weight of Badali kids. Cholesterol is an energy source in all living organisms. Body energy reserves, mainly represented by body fat and muscle content, are important determinants of reproductive performance. Based on our results Chol had a positive correlation with body condition score. Similar results were found in previous studies [51]. [52] observed a negative correlation between BCS and Chol on indigenous Nguni goats.

## 5. Conclusion

Non-genetic factors such as sex and age had a significant effect on body weight, body condition and some biochemical parameters of non-descriptive goats. There were strong positive relationships between BW, BCS, total protein, cholesterol and magnesium. Therefore, BW, BCS and some blood metabolites could be good indicators of the nutritional status of goats in Santombe village. Further studies covering all the seasons, with larger sample sizes, are required to give a better understanding of the effect of the studied parameters on the goats studied. Follow-up investigation might include enzyme activities and parameters of the acid-base status to provide more in-depth information so as to explain situations that could not be explained by the current study.

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## Conflicts of Interest

The authors declare no conflicts of interest regarding the publication of this paper.

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